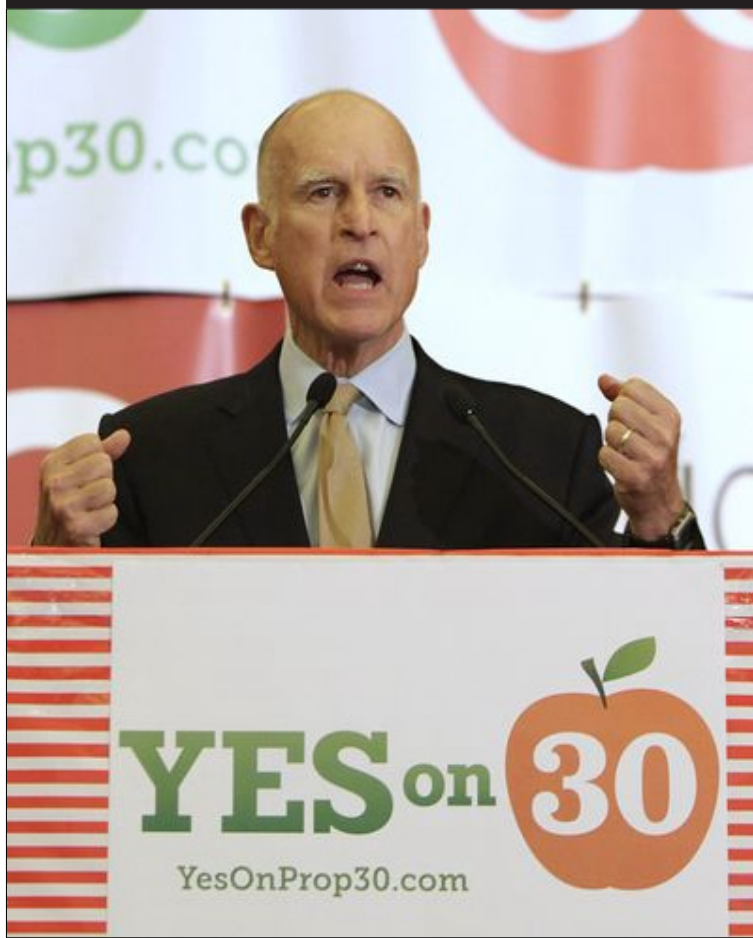


Hi-Tide

Volume LXXVVIV Issue 2 - November 16, 2012



Foreign
Chart-Toppers
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Governor Jerry Brown spoke near Hoover High School before proposition 30 was passed last Monday.

Saving the Vikings

By Trevor Menders
Staff Writer

Students at La Jolla High School are often blissfully unaware of the mechanics of the budget that governs their scholastic lives. However, as each year passes in this so-called “great recession,” they are forced to become more involved with the monetary reality of San Diego Unified Schools. But now with the passage of Proposition 30, this monetary reality may not be so grim.

La Jolla High started off on a bad foot this year, with below average enrollment numbers; as of September 28, our official enrollment was 1,544 students—approximately 100 students less than the usual head count. This may seem

inconsequential, but for every student La Jolla High gets, it receives an extra allowance, which is a boost to our ADA, or Average Daily Attendance money. For each student enrolled at any SDUSD school, there is a daily sum allowed for that student, essentially a daily tuition paid to the school budget by the state of California. A loss of thirty students was predicted for LJHS, but the large enrollment drop meant a lower budget on which the school can run, larger class sizes, and fewer teachers.

This newfound lack of teachers is district-wide, but has affected LJHS in a particularly disruptive way. In October, just after many students thought their schedules had settled down for good, the new un-

derclassmen English teacher and the returning Ms. Boaz abruptly vanished.

This disappearance occurred because of an excess of teachers at other schools: teachers’ contracts, which had been renewed the year before, turned out to be out of the scope of what other schools could afford. San Diego Unified told Mr. Shelburne he could hire whomever he liked to fill the three extra positions here at La Jolla: two English teachers and one ASL teacher. But the contracts of the teachers from other schools could not be voided: since they had been renewed the year before, they had to be honored and paid for the year.

However, the new contracts continued on page 10...

DEATH BY INTERNET

By Emma Scott
Staff Writer

Many students have felt the sting of an insulting comment on Facebook or a harsh text message...very few however, know the pain and catastrophic psychological effects of cyber bullying on a larger scale.

Amanda Todd was a 15 year old girl who was found hanged in her home in Vancouver on October 10th, 2012. Only a month before, Todd had posted a video on YouTube titled My Story: Struggling, Bullying, Suicide, and Self Harm, in which she described her short life in a series of flashcards.

In this video, Todd said that she used video chat rooms to “meet and talk to new people...” One stranger convinced her to flash her breasts over video, then threatened to post the picture all over the internet if she didn’t “give a show.” Todd became depressed, developing habits of alcohol and drug abuse, when the picture began to circulate through Facebook and the internet. She changed schools and houses multiple times within the years following, but moving was not enough to keep the photo from following her.

continued on page 10...

ASB UPDATE

Fellow Vikings-

October and November were busy months! Thank you to everyone who participated in Spirit Week and the Homecoming Activities. Over 600 members of our student body were in attendance at the dance.

In other news, Powder Puff is just around the corner! It will be on Wednesday December 9th during 5th period. Tickets will start at \$3 and go up to \$5 the day of. Please come out and support your class’ girls as they battle to be Powder Puff Champions.

I hope you all have a safe and productive holiday break.

Kindest regards,

Daniel S. Hamilton
ASB President

U-Benefit Uganda

By Sarah Devermann
Editor-in-Chief

It is not every day that a world renowned singer performs at LJHS. However, students and the surrounding community are in luck; Tyler Hilton will be starring in the U-Benefit Uganda concert on November 30. This concert, held in the Parker Auditorium, will feature Tyler Hilton, star of One Tree Hill, who also played Drew in Taylor Swift’s music video “Teardrops on My Guitar.” Local Savannah Philyaw, an up and coming star, will open for Hilton with a few of her original acoustic songs.

This concert is a fundraiser for the U-Touch club of LJHS. The club works to raise funds to support Ugandan students orphaned by the tragic LRA war. The non-profit U-Touch organization, which stands for Universal Technology Outreach Community Hubs, brings

November 30, 2012
7:00-9:30p.m.
Parker Auditorium

technology, internet, and training to rural villages to empower the Ugandan population. Concert tickets are priced at \$10 for students and \$15 for the general public (they can be found at www.u-touch.org/tickets or at Cups La Jolla) or purchased at the door for a slightly higher fee.

Doors open at 5 p.m. for a holiday shopping experience which includes jewelry and assorted merchandise from Uganda. The club will also hold a raffle of items donated from local sponsors. Following the concert there will be a very special “Meet and Greet” session with both Philyaw and Hilton.

This concert is a wonderful opportunity to see incredible performers while supporting a wonderful cause, and word on the street is that a few teachers will be giving extra credit for attendance.

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photo courtesies of <http://www.countryuniverse.net>, Connor McCoy, and Mae Goodjohn

The La Jolla High School

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White Stone: Definitely Not Marble

By Megan Carroll*Staff Writer*

Picture a beautiful day at La Jolla Cove. The sun is shining, the waves are crashing, and dozens of people are walking around enjoying the view. There is just one problem. The smell is disgusting. The marine life at the La Jolla Cove has caused it to stink so badly that people are visiting less often.

The excrement of birds and seals is the main cause of the awful smell down at the Cove. Once aesthetic cliffs surrounding the Cove are now covered in feces. People cannot walk down the street without covering their noses. Freshman Ben Wintringer said he “wants the smell to go away.”

La Jollans are proposing an organic odor treatment to cure the terrible stench. Similar treatments are used at SeaWorld and the San Diego Zoo. A member of the community has offered to pay for it, according to the La Jolla Light.

However, government bureaucracy is holding up the implementation of this treatment. Permits cost between \$4,000 and \$5,000 and can take more than a year to obtain. However, people want action now.

According to 10News, The La Jolla Village Merchants Association released a statement that said, “the mess significantly affects our businesses, hotels, restaurants and general retail in La Jolla, discouraging tourism and embarrassing business owners who try to explain why the city of San Diego allows this excrement to remain untreated.”

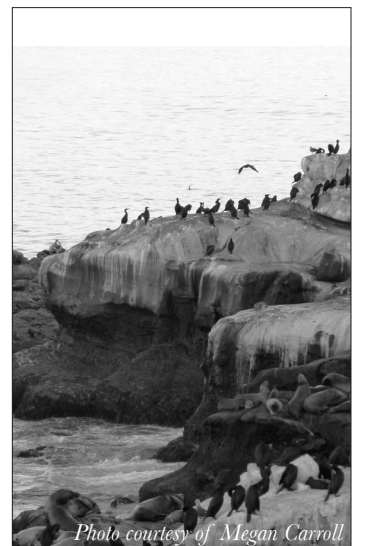
The La Jolla Cove serves as an important part of the local tourist scene. If businesses are saying that tourism is being discouraged, then the smell is obviously a problem that needs to be fixed.

The case of the La Jolla Cove is the perfect example of how the government’s environmental policies are hindrances rather than helpful measures. There is a perfectly safe solution to cleaning up

*Photo courtesy of Megan Carroll*

the Cove. However, there is so much red tape that a problem that is affecting our community cannot be solved in a reasonable amount of time.

If the La Jolla community wants the Cove to not smell anymore, it is going to take action. If people do not want La Jolla’s tourist industry or beloved businesses surrounding the Cove to decline, then people will need to voice their opinions to their local councilperson. The Cove reeks, and we should not sit back and let our noses suffer.

*Photo courtesy of Megan Carroll*

It's All the Same Love *Marriage is About Love, Not Gender*

By Jordan Linsky*Staff Writer*

In a country where we “hold these truths to be self-evident, that all men are created equal,” it is despicable that not all individuals are treated equally under the law. Many people pride themselves in the fact that America is a ‘free’ country.

Denying homosexuals the right to call their partners husband or wife is cruel and inhumane.

However, no country can be considered free if it dictates peoples’ private lives.

Not allowing gays and lesbians to marry legally in all territories of the United States is backwards and absurd. Marriage is a contractual relationship recognized by the law, and all humans should be given the same opportunities under the law. Denying homosexuals the right to call their partners hus-

band or wife is cruel and inhumane.

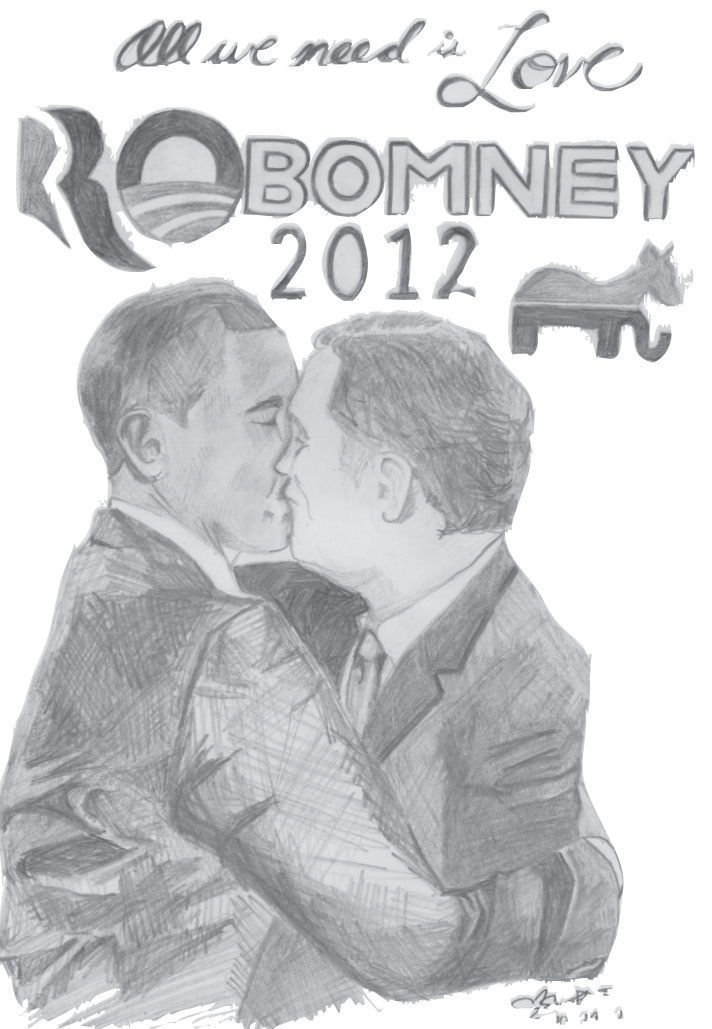
Love is love. It does not matter who it is between, whether it be between a man and woman or two people of the same gender. Those opposed to gay marriage are closed-minded and stuck in outdated tradition.

No one wants to be told that their love is not “correct”. Just because homosexual marriage is not viewed as “traditional” does not mean it is wrong. People need to accept all forms of love.

As the openly gay politician and activist Harvey Milk said, “It takes no compromise to give people their rights...it takes no money to respect the individual. It takes no political deal to give people freedom. It takes no survey to remove re-

Those opposed to gay marriage are closed-minded and stuck in outdated tradition.

pression.” Trying to tell people who to love is loathsome. Love cannot be controlled and no one should ever feel insignificant because of their sexual preferences.



Now that the election is over, let’s just kiss and make up.



By Megan Carroll

Staff Writer

There is a new rule in the PE Department that requires students who miss a PE class to make up the points by running 20 minutes before or after school, or at lunch. However, students who miss PE for a game, match, or meet also have to make up PE points by running 20 minutes. This means that even if a student misses PE to go run a cross country race, they still have to make up the PE class by running.

DON'T BITE THE HAND THAT TEACHES

By Emma Scott

Copy Editor

Day after day, period after period, students of La Jolla High School continue to behave with the manners of Muirlands Middle Schoolers. And not even the eighth graders – oh no. They behave like the cocky sixth graders whose frontal lobes are still too underdeveloped to comprehend the stupidity of their actions.

By this I mean to say that our students, predominantly the

slackers, genuinely do not have the least bit of respect for their classmates and teachers.

Personally, I am not an extremely advanced student. I am not the first one to raise my hand in class, nor am I the one to come into first period bright-eyed and bushy-tailed each day. I get average grades, I take average classes, and I will most likely continue on to lead a successfully average life.

Nevertheless, I do not settle for less than advanced. Driven by the desire to attend college,

as well as by personal pride, I do try to pay attention in each class long enough to take notes, as dreadful and dry as the lecture may be. And during those times when I simply do not have the energy or brain capacity to care about matters such as the quadratic formula, I proceed to zone out as quietly and discreetly as possible. Why do I do this?

I do this out of respect. Because even if I am not in the mood to learn, I do not want to prevent the try-hards and

the over-achievers from soaking in every ounce of regurgitated facts they can. I do not want to disturb the teacher's lesson plan, which most students fail to recognize, takes up the majority of these underpaid teachers' nights to prepare.

So when I see students bouncing tennis balls off the walls when teachers are speaking, leaving crumbs of their breakfast on the carpet for the mice to eat, and nearly drilling a hole through their desks with

excessive pencil tapping, I am irritated.

Therefore, I challenge you, fellow Vikings, to treat each other with respect. If you do not want to pay attention and earn the grades that will determine your income in a few years to come, then, by all means, take a nap. But please, do not prevent your peers from getting what they can out of this poorly funded state education system. Act your age and your grade – keep our school's dignity intact.

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FOREIGN INVASION

Meet the Foreign Exchange Students who Tread the Halls at La Jolla High

By Mia Kelliher
and Misha Kabbage
Copy Editor and Staff Writer

Moving from houses within the state, or even between states is hard enough, but imagine moving to an entirely new country. La Jolla High School students may think they know all about their student population; however, few people know that there are many different people from around the world, like foreign exchange students. Since La Jolla High School has a diverse student body, and there are many customs and holidays celebrated, new foreign students are not that unusual. Do not be shy, get to know them!

For instance, sophomore Kamma Fogh is originally from

her year here at La Jolla High, so keep on making her feel welcomed and do not hesitate to talk to her.

Another student, junior Sara Kovacs from Hungary , is also in the foreign exchange program and is staying with a family from La Jolla High. For the most part, she is adapting well to the environment, especially after only having been here for three weeks. However, she sometimes gets lost, but thanks to the helpful people, she finds her way back easily. She notices that America is much bigger than Hungary, and even San Diego alone is larger. She also mentions that there are signifigant differences in the educational system compared to that of the Hungarian school system.



Senior Connal McLean, from New Zealand, explains that customs are different, saying "... Santa Claus wears shorts."

Denmark, and is adjusting very well. She has made many new friends and she blends in easily. Fogh says, "Everyone has been so welcoming, they've just been asking so many questions! They're always asking me to speak Danish." She also shares that she really enjoys the foreign exchange program, and loves the family she is staying with.

Some things that she likes better in La Jolla, compared to Denmark, is the weather. It is not always as warm in Denmark. However she cannot wait to get back home and see her family, friends, and the home she has been missing. Plus, she misses her only means of transportation: her bike! She is looking forward to

"I'm really happy to be here, especially to learn the language," Sara explains. "I would love to go to university here, and expand my discoveries here."

Sara also says that her family is what she misses most, along with her friends, boyfriend, and regular hobbies, like dancing. One last thing she added was the fact that she was very shocked that most people she has met here, have not been to Europe or do not know much about it. She loves the U.S. so far, and is exploring many new things here.

Senior Connal McLean, who moved from New Zealand because of his dad's work, has lived in the United States for about three years and in San



All photos courtesy of Tim Rayner

Junior Sara Kovacs, from Hungary, says, "I'm really happy to be here, especially to learn the language."

Diego for about a month. While discussing schools, McLean says, "School [in New Zealand] is more laid-back, while here [United States] schools are more focused on college." Another difference between the two countries is the weather and seasons. Because winter in New Zealand is summer in the United States and vice versa, he notes that, "we have Christmas, but Santa Claus wears shorts." McLean says a major holiday over there is Boxing Day, the day after Christmas and New Years where everything is on sale.

His favorite thing about the United States is the variety of food. "There are more options

in fast foods and types of restaurants. There are not as in New Zealand as compared to here," explained McLean.

Whether the foreign students noticed the good or bad differences, the main comments among the students were the changes in school life and the temperature, as well as how the United States and LJHS have more diversity than their native countries.

La Jolla High School should continue adding to their diverse student body while welcoming new customs and cultures. Remember to meet these people if you have not already. Everyone appreciates a little good old fashioned American hospitality!



Sophomore Kamma Fogh, from Denmark, says students express interest. "They're always asking me to speak Danish."

BRAIN FOOD

By Mia Kelliher
Copy Editor

Students at La Jolla High School should be cautious of the foods they consume because they can affect brain function. There are a variety of foods to stimulate the brain and help with concentration, memory, clarity, and better physical and mental health. Here are few quick and simple foods to help enhance brain functions throughout the day.

1. Blueberries and Strawberries—High in antioxidants, anthocyanidins and flavoroids, berries help decrease cognitive aging and influence memory and learning.

2. Mixed Nuts—Almonds, walnuts, flaxseeds, and peanuts, are proven to help improve memory. They can help enhance brainpower and regulate mood. Almonds contain oleic acid, a substance which is responsible for stimulating the memory.

3. Dark Chocolate—Because, of its chemical makeup, dark chocolate can improve one's mood and increase positivity and happiness. Dark chocolate also contains mild caffeine that acts as a small energy and brain booster. Because dark chocolate increases the blood flow to the brain, there is an increase in cognitive functioning.

4. Eggs— Filled with folic acid, eggs help the chemical messengers connect between the neurotransmitters and brain cells. Egg yolks are also better for the health of your body compared to egg whites because they contain a larger amount of nutrients and vitamins, that are beneficial in the overall heath of the skin, eyes and brain.

5. Whole Grains— Abundant in fibers, whole grains included in breads, crackers, pastas, and more, are beneficial to enhancing brainpower. The carbohydrates in the whole grains are converted into healthy glucose that promotes memory and speeds up reaction time.

While simply taking in these few brain foods will not account for an instant increase in brain function, but moderate and daily intake will be propitious to their overall healthy in both the brain and the body. Many of these foods can be found in the majority of grocery stores and are favorable to the brain's function.

COLLEGE ALTERNATIVES

By Megan Carroll
Staff Writer

Contrary to what many students believe, going to college after graduation is not the only option. Some students are not made for the four-year college experience. This does not doom them to a life of failure and unemployment. In fact, there are many alternatives students can choose besides going to college.

The Gap Year: Some people are not ready for college immediately following high school. Instead, they can take a year off of school. During this year, they can participate in activities such as traveling the world. Traveling teaches people to be responsible and teaches them how to take care of themselves. There are amazing sights to see, new people to meet, and new experiences to be had.

People can also do charity work in a foreign country. Many organizations such as Global Vision International and TeenLife have a plethora



Students who enjoy a year off from college can travel and learn more about different countries and their cultures.

of programs set up in different countries, where people can do anything from teaching young children how to play sports, to building homes, to helping conserve wildlife resources. Increasingly, employers want to see that potential employees have demonstrated an interest in giving back and helping the less fortunate.

Start a business: You could always start a business. If you have something you are passionate about, put your skills and determination to use. With the Internet and large amounts of resources available today, starting a business is not as hard as it would seem. Both Steve Jobs and Bill Gates dropped out of college and started two of the most successful businesses in the world.

Go to trade school or get an apprenticeship: Trade schools or vocational schools give you job specific skills. Schools such as culinary school or beauty school fall into this category. Apprenticeships are also available for jobs such as

mechanics and plumbing. You immediately receive training in an area that you are interested in. You can get a job that you enjoy as soon as you finish your program.

Community College: Community college comes with a great deal of negative stigma attached to it. However, community colleges in California can give a student a quality education, and have incredible value. Students can attend a community college for a few years and then transfer to a four-year university. It is an easier route to get into a university they had no chance of getting into when they were in high school, and obviously money is a huge factor for transfer students.

There are options out there for students if they do not want to go to a college right after high school. Students have to weigh the pros and cons of college and college alternatives and choose whatever is best for them. It is important to remember that a gap year can affect the path of life forever.



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Seniors

"SlenderMan would walk around campus collecting his pages," Daniel Rios

"Submit more college applications," Hannah Polston

"I would want to be the greatest story teller and have the greatest imagination and finally know how to animate," Gerardo Lipez-Carrillo

Juniors

"I wish that a flying unicorn would poop tacos all over the school and we would have free taco bell," Hallie Bodenstab

"A mysterious and gorgeous man to sweep me off my feet and ask me to homecoming," Allsion Dowd

"Own eight cats, dye my hair yellow, and respectfully molest Ryan Gosling," Marissa Abbott

"I'd want to travel to the moon and have some dip n dots," Zoe Kleinfeld

"Win a million dollars," Sachin Mechta

"I would like to have a restful Friday and have a good practice at Waterpolo," Adam Hersko Reno Tas

"Gummy Bears fall from the sky," Billy Higgins

"Hop on a plane to Tahiti," Lauren Silver

"I would like to eat this pear and finish it completely and be completely full and happy and content and go home and study," Amy Guerts

"Humans grew wings so we could fly anywhere," Austin Madden

"I wish I could watch a miracle happen," Dakota Scoppettuolo

"For our football team to win our game against madison...its gonna be sick," Tyson Youngs

"I would like Prince Henry to show up at my doorstep with a helicopter and take me with him to England so we can live happily ever after," Anna Osypka

"Become the first woman NFL referee and referee every Green Bay Packers game!" Marian Dorst

"I want Kate Upton to knock on my door and ask me to prom," Coleman Lee

"I would love to go skydiving or squirrel suiting or both!" Maura Kanter

"See a green flash," Karly Zlatic

Sophomores

"To be flown to Hawaii," Kendra Salo

"To become the next Will Ferrel, and to become the teacher of Tellers," Jack Chapman

"Get an acai bowl," Kate Mahoney

Teachers

"To have an everlasting supply of chocolate," Connor Walton

"I'd like to listed to a sweet drum solo by Neil Peart," Patrick Evans

"Only Mr. Essex's mouth remains visable like the Cheshire cat in Alice in Wonderland," E. Zink

"That people would be kind, compassionate, and considerate to one another and get along," C. Valentine

"Find a thousand dollars and give it to a homeless person," Adriana Chiquete

"Hit a hole in one," Holden Ward

"Free food!" Gavin Heap

50 People 1 Question

If anything could happen by the end of the day, what would you like it to be?

For fifty people, one question, the LJHS journalism department asked fifty La Jolla High students and teachers one question: What would you wish to happen by the end of the day? The results varied from funny to plausible, as well as completely ridiculous. Here are some of the best:

"Pigs to fly," Spyke Schumacher

"I want to party 24/7 so I come up in a Ferrari and land in a planet where I can honestly eat all the food I want...and be a freshman again," Jesus Ochowa

"If Carrie Underwood came to the quad and started singing for us all," Priyanka Nanayakkara

"That my car battery won't be dead from leaving my lights on this morning," Jojo Webb

"That we beat point loma tonight in the vball game," Riley Young

"My answer is simple.. world peace," Maddie Green

Freshmen

"Water Balloon fight," Celia Saenz

"It would snow," Curren Robertson

"To be drafted by the NFL with a 30 year 1 billion dollar yearly contract," Austin Richmond

"Go to Disneyland when all the Christmas stuff is up and the lines are magically short," Jade Moujaes



View the La Jolla High 50 People 1 Question video at ljhitide.com

Special thanks to Lauren Robertson, Hannah Orr, Giovanni Moujaes, and fiftypeopleonequestion.com

SKATEBOARDING: PASSION OR CRIME?

By Lilly Glenister and Misha Kabbage
Staff Writers

There is definitely no shortage of skateboarders at La Jolla High School. With a culture all its’ own, the sport has gathered a huge following of skaters of all skill levels. Although skateboarding has become relatively popular in modern society, the sport is still widely controversial.

Skateboarding in pop culture has become much more accepted; however, in small communities and cities, where local skaters reside, the principles of skating are turned completely upside down and are depicted more as a crime than as a sport.

On the other hand, despite the amount of negative feedback the sport receives, skaters, from all over the world, continue to pursue their skateboarding aspirations.

With only a few skate parks around San Diego, skateboarders are always on the hunt for new street spots to claim. Freshman Kyle Jetter, who has been skating for three years now, argues “If there were more skate parks, skaters would find less reasons to skate in the streets, which would cause less property damage.”

Jetter goes on to explain that regardless of how many skate parks are established, skaters will still find spots to skate in the city because it is a tradition that is associated with the skateboarding culture. According to Jetter, skateboarding comes with many benefits including bonding with fellow skaters, increasing focus, and being simply entertaining and adrenaline-pumping.

Junior Matty Taylor has been skateboarding for the majority of his life, but has only been seriously skating for about four years. Skating takes up the majority of his time, but to him, it

is a productive way to spend his days. Taylor understands the common “no skateboarding” rule, however he is only attentive to that restriction if



Photo courtesy of Michael Mitchell
Junior Matty Taylor skateboarding in an alley near LJHS.

it is applied to private property. He believes that public property should be open to skating because it is not doing any actual harm.

Another skateboarder, ju-

nior Alex Tomescu, is very opinionated about the issue.

“You always see kids playing soccer or football at local parks messing up the fields and noth-

He continues to argue that they are just having fun and that the prohibition of skateboarding is unfair because it is not a crime.

“Cops should be out catching people for robberies or drug deals”, says Tomescu, “but instead they are wasting their time stopping groups of harmless kids that are just expressing themselves and doing what they love on the streets.” Tomescu hopes that one day the public will come to realize these points and take action on them.

Local skaters in La Jolla High School’s community would love for their sport to be accepted and understood, rather than condemned. However, no matter what society’s point of view, Jetter, Taylor, and Tomescu all agree that skateboarding is not based upon acceptance. It is about hanging out with friends, having fun, and enjoying what the sport really has to offer.



As the winter season begins, the fall CIF Playoffs are coming to an end. Many LJHS fall sports have qualified for CIF and have gone quite far. Girls’ tennis won CIF and many individual CIF titles as well. Other sports, like mens’ water polo and girls’ volleyball made it all the way to the semifinals, both losing in very competitive games. The girls’ field hockey team also lost a heartbreaker in quarterfinals. La Jolla’s cross country and girls’ golf are still in the hunt for the CIF Champion title.

Track Club

By Rachel Carroll
Staff Writer

The fall sport season is winding down. Some students are looking forward to winter sports while others are taking a break from organized sports.

This year, La Jolla High started a track club, also known as pre track. The track and field season is in the spring but pre track will take place in the winter. The track club is being offered as a way to help students keep in shape and prepare for the upcoming track season.

Coach McCarthy, one of the track coaches, said that the pre-season training will be two to three days a week composed of weight training, running, and flexibility training.

Athletes will keep track of their training so that they can monitor their improvements. Coach McCarthy noted that he is excited about this years upcoming track season and that there will be at least two more coaches to help the athletes.

Track and Field is a sport that everyone can compete in. Track events range from the 100 meter dash to the 3200 meter run. For those that prefer team events, there are also relay teams for the 4 by 100 meter sprint and the 4 by 400 meter run.

If you are not afraid of falling, then you may want to consider trying the 100 meter or 300 meter hurdles. If you don’t like to run, other field events include the long jump,

triple jump, high jump, pole vault, shot put, or discus.

The pre track program, allows students to try out different events, so they can decide which events they may want to participate in during the track season.

Sophomore Lauren Roberts said, “I had a great time in track last year and I am very excited that they are having a pre track program because I think it will help me for the track season and I am excited to get a head start on training.”

The pre-track season will start in the beginning of the winter. If you are thinking of competing in track and field, and you are not in a winter sport, then it would be a good idea to join the pre track program.

Aiming Low

By Nessie Navarro
Staff Writer

This season has been on the best ever for girl’s golf at La Jolla High School. Nearly undefeated, with only one loss to Scripps Ranch, girls’ golf has never seen a better season. This team has a great coach, Mr. Quesnell, and some of the best golfers La Jolla High has seen yet. “[Our team is doing so well] because most of our team is really experienced and they take it seriously,” says freshman golfer, Emma Carlson.

In this particular season, some of the girls, like freshman Madeline Garay and sophomore Daniela Anastasi, are very experienced and definitely add to the team. “...We have seven girls that can shoot forty-five or less and two that can shoot under forty: Daniela Anastasi and Madeline Garay,” says Coach Quesnell. Scores in that range are great and help out the team tremendously.

Senior captain Mara Canter says, “[We are so successful because] we are a fairly close team. If one player is playing well, all are congratulatory. If however, vice versa, all teammates want to help out.” She also mentions that even their “worst” players are better than

those of other teams’. Due to this great success and cohesiveness, there is no doubt that a select number of girls will be asked to play competitively at the collegiate level.

Mara Canter adds, “I am a very dedicated golfer, but I play because I love the sport, not for my skills...College golf for recreational fun is definitely in my future!”

Despite the fact that there are many experienced golfers on this year’s team, even the new girls are still getting a great experience. Emma Carlson also mentions that “...Some of the girls stand as role models.” The girls who really are good at golfing motivate every girl on the team to work hard.

Sophomore Daniela Anastasi says, “We definitely do influence each other through our attitudes...The more positive we are, the more likely we are to succeed.” The combination of high energy, strong work ethics, and encouragement, will make it very difficult to stop the progress the girl’s golf team at La Jolla High.

Overall, the main forces behind the varsity team are the passion that the girls feed off, the constant motivation and a strive to improve, will help every single one of them push through the season to CIF Finals and possibly further.

It Runs in the Family

By Heidi Moreland and Stephanie Buchbinder

Staff Writers

Billy and Mike Penny Senior and Sophomore

The Penny brothers are both on the varsity football team this year. As viking teammates, they get along and do not mind playing on the same team as their sibling. Billy, a senior, has been playing football for seven years and Mike, a freshman, has been playing for five. This is the first year they have played together on the same team. Both expressed that besides the fact that it was extremely convenient, it is truly an amazing experience.

“I love having my brother on the same team as me. Mike and I get along pretty well and we never get in fights,” said Billy. Billy enjoys having his brother’s company on the field because they understand and help each other out.

“It’s awesome to have my other brother on the team. It never causes conflict because we play different positions. If we do have any sort of conflict it’s never about football,” said Mike. Mike knows that he can learn a lot about the game from his older brother.

The Penny brothers enjoy supporting each other in all the different sports they play. During the spring, Billy is in the gym playing volleyball while Mike is on the field playing lacrosse. Both enjoy seeing each other from a different perspective, when one is in the game and the other is cheering them on.

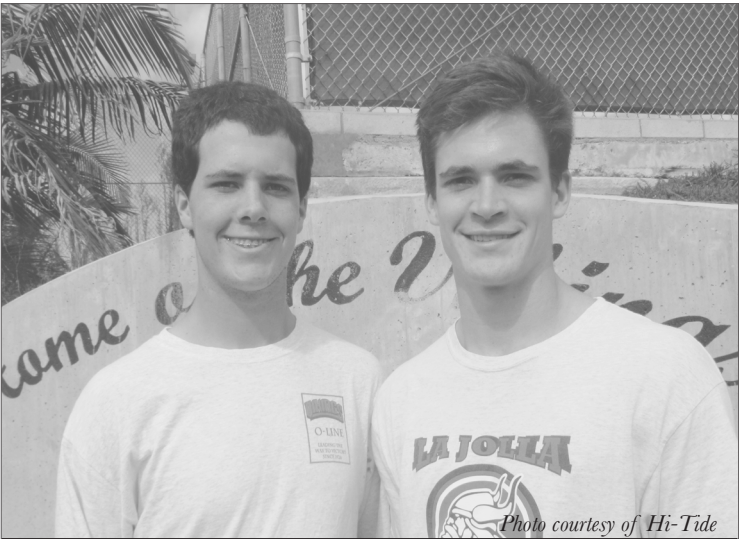


Photo courtesy of Hi-Tide

Both Mike and Billy Penny enjoy playing football together and cheering each other in their respective Spring sports.



Photo courtesy of Courtney Gainer

Jenna and Katie Harmeyer at the field hockey senior game.

Katie and Jenna Harmeyer Senior and Sophomore

Trying out and making varsity field hockey, varsity soccer, and varsity basketball was just a little bit easier for sophomore Jenna Harmeyer, thanks to her older sister, current senior Katie Harmeyer, who helped her make friends and feel more comfortable while adjusting to the new teams.

At first, Katie was “kind of nervous [about having Jenna join her teams], because it’s always hard to have a sibling on a team because you know you are going to be a little competitive with them.” But it turned out working with her sister was even easier than working with a normal teammate.

“I find it easier because we can give each other constructive criticism and we don’t have to worry as much about being mean to each other,” Jenna said. Both agreed on the fact that they influence each other in many ways, both on and off the field.

“We make each other work harder because we’re constantly competing with each other, trying to get better, and pushing each other to get better,” Katie said. Although being teammates can be difficult at times, both Jenna and Katie agreed that if given the chance to change their situation, they most definitely would not.

Taylor and Nicole Bertrand Junior and Freshman

Taylor and Nicole Bertrand have been playing on the same water polo team together for the last three summers. Both of them enjoy having the other on the same team. Taylor, a junior here at La Jolla High School , said, “I think it’s cool that we play the same sport and are on the same team because we can be supportive of each other. We also both understand one another better and we get a lot of bonding time”.

The sisters say that playing on the same team as siblings does not cause conflict for them. They said that it is more support than competition. Nicole Bertrand, the younger of the two, said, “I know Taylor is better than I am and since she’s older and has been playing longer, she has an advantage over me. I understand why she would get put in the game before me”. Their first high school season for water polo is coming up and Taylor is excited to see if her freshman sister will make varsity.

“This season may be a little weird because its going to be more competitive for Nicole when trying out for varsity, but I will be there to support her. I hope Nicole *does* make varsity so I can see her improve and spend more time with her,” said Taylor . “I am going to try to make varsity because then I will be able to look up to my sister like I had these past few summers,” said Nicole.



Photo courtesy of www.facebook.com

Taylor and Nicole Bertrand can often be found in the pool.



Photo courtesy of Hi-Tide

Water polo brothers, Jimmy and Jake LaBeau each look to each other for support.

Jimmy and Jake LeBeau Senior and Sophomore

For brothers Jake LeBeau, a sophomore, and James LeBeau, a senior, playing on the same varsity water polo team came naturally. Around eight years ago, their babysitter, a water polo player at LJHS, told them that “only real men wear speedos” and encouraged them to try water polo. Jimmy tried water polo and loved it, and when Jake saw how much his older brother was enjoying it, he decided to begin playing as well.

“I was really happy because my brother is my best friend and I was really excited to play with him,” recalled Jimmy about when his brother first joined the team. Jake still feels that he has some growing to do to get to his brothers level.

“I feel like if I were able to live up to my brothers name I wouldn’t be happier because he’s the best person inside and out that I know,” said Jake when asked if he feels like he lives up to his brothers name. “I don’t feel like I’m quite there yet, because he’s at a little bit of a higher level than me but I hope that when I’m his age I will be just as good, if not better than he is.”

Both brothers agreed that they indeed influence each other in the pool; by competing with each other and making each other work harder. “He’s a really hard worker so he influences me a lot. I probably influence him a little bit with the way I play too,” said Jimmy.

On the other hand, Jake said his brother influences him because “Jimmy is the best player I know so he pushes me to play better and be stronger in the pool.”

CALIFORNIA BUDGET CUTS

...continued from page 1

here at La Jolla could be terminated, so Ms. Boaz and the others were out, and the new teachers were in, thus more schedule chaos.

This uncertainty is not just confined to the public K-12 schools; many public institutions of higher education are feeling the cinching of a fiscal-belt being fastened ever tighter. The University of California at Berkeley, where over forty LJHS alumni currently study, is just one of many public colleges projecting pessimistically into the a grim future. UC tuitions have already doubled in the past five years, but without the passage of drastic budget measures, fees will continue to rise.

However, with the passage of California state Proposition 30, the days to come no longer look so dark for California’s educational institutions. Proposition 30 was Governor Brown’s tax initiative to create emergency funds for California public schools, and within days of the election, its approval has already elicited a joyous response from many a

SDUSD official. For example, Superintendent Bill Kowba issued a statement on the San Diego City Schools website just days after the election.

“California voter approval of Proposition 30 has a very immediate and positive impact on San Diego Unified and school districts throughout the state. The Governor will not exercise midyear trigger cut... Our staff and students will continue the planned school year without any change in schedule and build upon the academic successes of [our] district.”

Public schools were created with the intention to provide education to the general population. But, if their funding was to continue to shrink at a devastating rate, soon the education they offer may not have been worth anything.

La Jolla High remains ranked one of the top fifty schools in California and top 200 in the nation by U.S. News and World Report, and hopefully, with the passage of Proposition 30, LJHS will be able to maintain or even improve upon its rankings.

Loose Lips Sink Ships

By Ben Allen and Amanda Menas
Staff Writer and News Editor

Students everywhere know the fact that colleges use applicants’ Facebook accounts to recruit or determine their eligibility; however, when it comes to wars, it’s easy for friends, colleges, and even the government to graduate from cute “Facebook stalking” to federal hacking.

Sometimes, a hacker’s job can be cut short with a click in the Google search box, other times, enemies can gain information through simple Facebook posts and Twitter updates. Just saying, “my big brother is shipping out for Afghanistan tomorrow,” could compromise his safety.

Even if these posts seem harmless, breaks in security are very dangerous. The ability for average citizens to access and update websites such as Wikileaks could have drastic consequences.

In an effort to curtail the leaking of classified intelligence in the wake of 9/11, President Bush passed the bill known as the USA PATRIOT Act(to be ruled on in 2013). It gave the federal government certain surveillance liberties--most of which were met with considerable criticism from the media and concerned citizens--

including the right to perform warrantless wiretaps. Although President Obama said he would end the Act, it was merely altered and continued.

One leaker, Bradley Manning, was prosecuted by the Computer Fraud and Abuse Act (CFAA or 18 USC § 1030-Fraud and related activity in connection with computers)



Photo courtesy of wikipedia.org

which gives the ability to punish or imprison hackers who knowingly access or damage electronic information without approval.

Examples of forbidden data include executive orders and statutes that could prove harmful to the US or advance a foreign nation. The CFAA can imprison a guilty offender for up to 20 years. The CFAA, unlike the Patriot Act, does not authorize wiretapping by any law enforcement or intelligence

NEWS DEATH BY INTERNET

...continued from page 1

At one point she began to chat with an older male friend of hers, which led to him convincing Todd to come to his house and have sex. The “friend” and his group later attacked Todd at school, leading to her first suicide attempt by drinking bleach. Even then, Todd was mocked by posts including, “maybe she should have tried different bleach.”

Todd moved another time before posting her video. She was still very anxious, rarely leaving home, but her mother thought she was doing better. The video went viral and had more than 1,600,000 views by October 13, 2012.



Photo courtesy of ABC News

Todd’s death should be a wakeup call to families all over the country. Growing up in a world increasingly published online is dangerous. Millions of people suffer from cyber bullying every day and do not have any way of preventing it. V.A.C.H.I. (Voices against cruelty, hatred, and intolerance club) at La Jolla High School is working to prevent bullying. If there is knowledge of a bully, please encourage them to consider the severity and consequences of their words, they may mean the taking of a life.

The source of the article is from Ryan Greabole’s article on www.huffingtonpost.com and www.bullyingstatistics.org

SIGNS THAT SOMEONE IS BEING BULLIED:

The victim may have a shift in personality. He or she may have an increase in cell phone/ internet use. He or she may have a decreased interest in favorite activities and avoid human contact. The victim might also be extremely reluctant to attend school. Note that up to 85% of students who are being cyber bullied are also being harassed while on campus.

IF YOU HAVE WITNESSED SOMEONE BEING BULLIED:

Do not be a bystander. Make sure to either intervene in the situation, or get an adult to help. Studies show that when a friend intervenes, close to 60% of bullying stops. It is also vital to listen with undivided attention. It is key to listen to them without judging them or panicking, and let them speak however they can.

IF YOU ARE BEING BULLIED AND DO NOT KNOW HOW TO ASK FOR HELP:

It is important to know that there are people who are eager and willing to help. There is not always a simple solution to being bullied, but with the help of a teacher, school counselor, therapist or parent, it may be easier to begin the process of coping with if not resolving the issue. If there is still discomfort with talking to adults, there is the option of the Kids Help Phone. They are confidential, anonymous, and able to listen at any hour.

HOW TO PROTECT YOURSELF ONLINE:

Always be cautious. Not everyone online is trustworthy and it is easy to get carried away. Be sure to use the highest privacy settings on social networking websites and apps., and only accept requests after viewing the person’s profile. For those with low self-esteem, beware; it is easy to become susceptible to the compliments of seemingly innocent strangers.

Loss of PTA Members

President Beth Penny encourages students and parents to get involved

By Mia Kelliher
Copy Editor

Attention all students, parents, and teachers, recent decreases in the number of PTA members are affecting La Jolla High School and the activities of every graduating class.

The PTA, Parent Teacher Association, is composed of "many hardworking and creative parents who will make good things happen this year," said the board president, Beth Penny. However, involvement is decreasing, by about 200 members in the 2012-2013 school year. Penny suspects this is due to change in registration methods. "In our efforts to modernize registration, we eliminated the paper form and offered PTA memberships through the Webstore," said Mrs. Penny. Although, in the past, PTA membership has remained mostly constant, with membership at the highest in the San Diego Unified School

District, the new registration process as well as technical difficulties have made the association unclear of their rankings.

One way for students to get involved with the PTA is by becoming a member, increasing membership, donate money, and help out with fundraisers to create more opportunities for students and parents. Mr. Shelburne

has also been involved in encouraging people to become members.

While the PTA has a very important role in the school's activities, their decrease in membership-- causing many budget problems--so far has not greatly impacted the students. In order to keep LJHS’s PTA membership the highest in SDUSD and keep the benefits of the PTA members’ hard work, get involved and tell others to become members. Mrs. Penny strongly encourages students to “share any ideas they have with the PTA to make LJHS a better place.”

The PTA is composed of “many hardworking and creative parents who will make good things happen this year,” said Beth Penny



Why are Foreign Bands Topping the Charts?

By **Hannah Orr**
Staff Writer

Photo Courtesy of *sandiegoreader.com*

In the recent months, there has been an overwhelming increase in the popularity of foreign bands. It all began this summer, with the appearance of Psy and his smash hit, “Gangnam Style.” Not only has this K-pop hit reached over 300 million views on YouTube, it has also spawned multiple parodies and has been on *billboard.com*’s top 100 chart for six weeks and counting.

Psy’s 15 minutes of fame are ticking: he has appeared on *Ellen* with Britney Spears and there is a photo circulating of him and Hugh Jackman on the set of the upcoming X-Men Origins: Wolverine.

Many people are already sick of “Gangnam Style,” but some just can’t get enough of it. One of these people is senior Thomas Freidrich, who said that, “everyone around me seems to hate it, but I still like it. I can still dance to it and its beat is still original.”

What is it that makes overseas music so popular here in America? Junior Spyke Schumacher’s explanation was, “you’re used to this culture specifically and if you hear something from a faraway place you think it’s different.”

There are other artists that have been popular for a

seemingly long period of time in the U.S., such as Mumford and Sons and Ellie Goulding. “Lights” has been on the charts for 43 weeks, according to *billboard.com*, but it was actually released in March of 2011. Lately, “Lights” has been getting a lot of radio time, which may have contributed to its ever-growing popularity.

Ellie Goulding, the girlfriend of Skrillex, has been enjoying her recent fame in the U.K. as well as America, and her North American tour showed just how many fans she has here in the U.S. In a May 2011 interview with *nme.com*, she said; “the crowds [in America] are very enthusiastic, very energetic and very happy” adding “I think generally in America being successful is very celebrated over there.” Perhaps this is why Goulding has been such a constant presence in American radio and popular culture.

Another newly discovered talent from across the pond is Marina Diamantis of Marina and the Diamonds. Her sophomore album, *Electra Heart*, was released with amazing success in the United Kingdom and fairly good results in the United States. With her soulful yet poppy sound, Marina has been slowly

accumulating a fan base here in America after first appearing at SXSW in March of 2010.

One unique artist that La Jolla High students might recognize is Basshunter, a Swedish electronica artist whose music was used by German Club in their airband performance last year. Thomas Friedrich, a senior and VP of German Club, said that they chose the song “because we had some people who were Swedish in the group and it was kind of the sound we were looking for, but we just couldn’t find a good techno with a really good voice and Basshunter was just great.” Jonas Erik Altberg’s music is classified by heavy bass and a full, electronica sound, that makes it very easy to listen and dance to.

But Basshunter is not the only Swedish band that deserves recognition. First Aid Kit, a sister act made up of Johanna and Klara Soderberg, is slowly gaining an American audience. Their music is folk, with beautiful interlacing harmonies. A big plus for their American audience: they sing in English, which means that their lyrics are actually discernable, unlike “Gangnam Style,” which requires the use of a translator.

There is undeniably a foreign invasion occurring in today’s music scene, whether the genre is pop, folk, or electronica. Many new bands have just sprung up here in the U.S., and many more are sure to come. Who knows what the next “Gangnam Style” will be?

STAGECOACH

By **Erin Riley**
Staff Writer

If you enjoy rocking those cowboy boots and jamming to country music, then you better start rounding up your tickets for Stagecoach: California’s official Country Music Festival.

The Stage Coach music festival is one of the country’s most highly anticipated events of the year, and the 2013 fest will be more exciting than ever. Featuring performances by top country music acts such as Lady Antebellum, Toby Keith, Zac Brown Band, and Darius Rucker, this festival is anxiously awaited by country fans everywhere.

A three-day event filled with many performances, this festival has something for everyone who follows country music. Stagecoach is located in Indio, California, at the

same venue as Coachella. This crazed country music festival is happening April 26-28, 2013. “I’ve been to Stagecoach the first two years and I am planning to go this year,” senior Sarah Alton said. She believes that the line up is “really good, which will make the festival really fun.”

Many country music lovers at La Jolla High School revealed to the Hi-Tide who their favorite country music artists are. Senior Savannah Harvey told us, “My favorite country artist is a tie between Jason Aldean, Darius Rucker, and Lady Antebellum.” Alton responded, “Luke Bryan; its too bad he’s not part of the line up for this year’s festival.” For country fans everywhere, Stagecoach is a must see.

See Some Shows: 91X's Wrex the Halls

By **Lilly Glenister**
Staff Writer

Without having to spend copious amounts of money, La Jolla High students looking for excitement can see 91X’s annual Wrex the Halls concert. With a lineup featuring eight bands including The Killers, M83, Passion Pit, Tegan and Sara, The Joy Formidable, Imagine Dragons, Youngblood Hawke, and Audio Addiction, concert attendees are in for an excellent time.

Much of the LJHS student body is excited about the upcoming event on Friday, December 7th. Junior Jonna Scribman said, “I went to Wrex the Halls last year for the first time and it was really fun. The lineup was insane and I had a great time with all of my friends! I am looking forward to going to this year’s Wrex the Halls just as much, but I am pretty disappointed that it is not a two night concert like it was last year.”

Although Wrex the Halls is only one night and has less bands performing this winter, there are still many great things about the show, which will cause the event to sell out rather quickly.

This concert is priced to meet a student’s budget. Not only is it located centrally in San Diego at the Vicjas Arena on the San Diego

State University campus, but it also has reasonable ticket prices starting at only \$19.91 and ranging up to \$60.91. So if you are short on cash, you will not have to totally break the bank to see some quality bands.

Senior Karina Bistrong said that “Wrex the Halls last year was filled with good vibes and good music. Sneaking on to the floor with friends to see Florence and the Machine up close was unreal and totally worth every penny. It is also a plus that we do not have to drive very far and the show is on a Friday this year!”

The annual indie music concert is sure to be a good time for any music lover. If you are a La Jolla High student and enjoy listening to live bands, hanging out with some of your friends, and not spending a lot of money for a good time, Wrex the Halls is definitely the place to be when December rolls around.

The concert always sells out fast, so if you are interested in attending, be sure to not wait until the last minute to buy your tickets. If you cannot make it to Wrex the Halls this year, do not worry, because more great shows are always around the corner. Be on the lookout for more exciting concerts this winter and be prepared to see some shows!

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Splatter! Club Making a Splash

By Trevor Menders
Staff Writer

Last year, Stephanie Foster was just a freshman with a pencil in her hand and a dream in mind. Today, she steps on campus every Monday with a mission in focus. Foster, currently a sophomore, runs the new Splatter! Club, along with officers Kate Jensen, Cailin Liu, and Kaitlin Wheeler. Splatter! Club's name is not clearly indicative of its

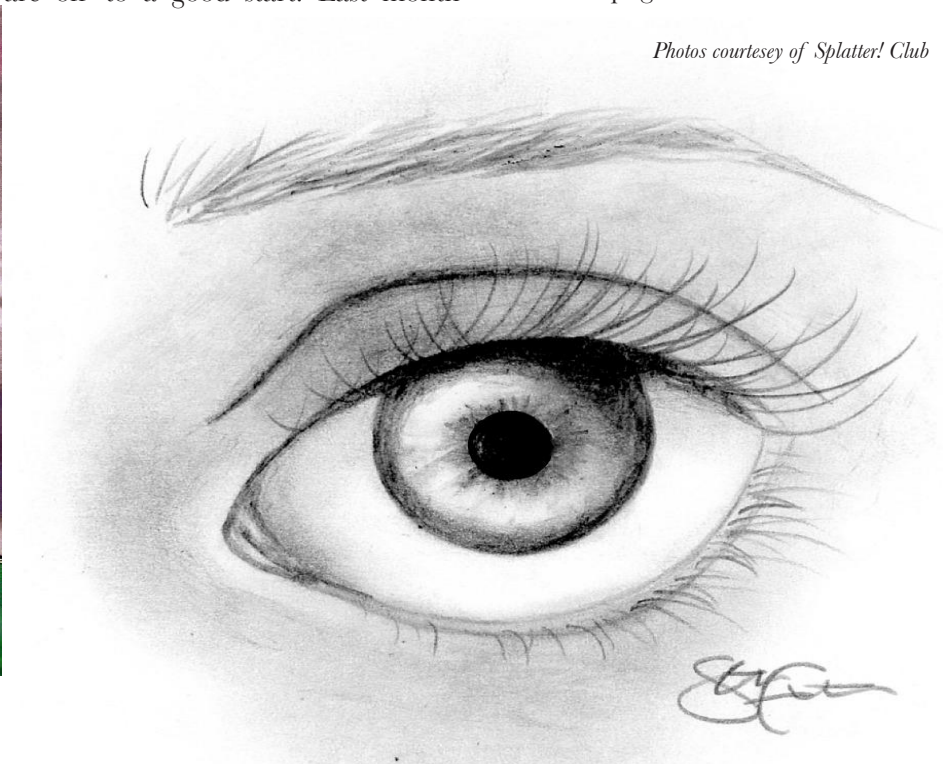
purpose; to serve the greater San Diego community through art. For now, Foster is starting local, obtaining permission for her club to paint electrical boxes in Pacific Beach, and working on LJHS campus beautification, but the breadth of the club will soon be expanding at an exponential rate.

Foster's original goal was simple; to help students at La Jolla get their daily dose of art. Many students would like to take an art class, but cannot because

of the interminable quest for a 5.0 G.P.A. Originally, the concept for the club was just to give art lessons at lunch during the week, but the idea quickly grew. Foster hopes to have Splatter! Club branch out to multiple schools in the San Diego Unified School District, providing art lessons to students at schools which may otherwise not have any art classes offered.

So far, Foster and her Splatter! Club are off to a good start. Last month

on the 19th, they held a candlelight labyrinth down on Law Street Beach to raise money for Interact Club's Tijuana Home Build project and to buy art supplies so that Splatter! members who purchase their own materials could still participate in lessons. If you want to get involved with Splatter! Club, come to Essex's room Mondays at lunch, or you can enter their monthly art competitions: see the Splatter! Club Facebook page for more details.



Photos courtesy of Splatter! Club

From left to right: artwork by Christina Aliev and Stephanie Foster

A Piece of My Heart

By Zoe Hildebrand
Staff Writer

If you were expecting La Jolla High's drama department to produce another round of comedies and lighthearted mysteries this year, then you are in for quite a surprise. This year's fall play "A Piece of My Heart," set during Vietnam War-era America, is intense, gritty, unapologetically emotional, and entirely true. Written autobiographically by Shirley Lauro, the play chronicles the stories of six women (four nurses, a red cross volunteer, and an intelligence officer) who served in the Vietnam War. The story unfolds as these women survive the horrors of the warzone, and the emotional toll it takes.

"A Piece of My Heart" brings up a key issue that can be seen in every headline this past election season—women's rights. Ms. Boutelle said, "I [chose this play] to remind the young audience here of the obstacles women faced in the sixties and seventies. For you, it might seem like a lifetime ago, but for me it was when I was a teenager... I know how far women's

rights have come in the United States, and we're at a political point right now where we might lose a lot of them. That needs to be paid attention to, no matter where you stand." While these women dealt with death and destruction every day, they often came home to no promotions or medals for bravery, simply because of their gender.

The play is told through media filled flashbacks, further emphasizing its intensity. Cast member and junior Hallie Bodenstab described it as "A great way to learn the history of the Vietnam war, and how people felt about it... the difference between what went on both on and off of the battlefield, and it's done in a [good] weird and modern way."

Starring Truly Bailey, Lea Papas, Amy Geurts, Savannah Visser, Hallie Bodenstab, and others, "A Piece of My Heart" opened with a 3 P.M. matinee on November 13th, and is presenting 7 P.M. showings on the 15th, 16th, and 17th. Tickets cost seven dollars. Surely this production will not be easily forgotten.

Seeing Red

By Jordan Linsky
Staff Writer

October 22nd, 2012 was a monumental day for all Taylor Swift fans. Two years after her release of the stellar album *Speak Now*, Swift came out with her fourth album, *Red*. Released through Big Machine Records, Swift's new album consists of sixteen songs ranging from her signature love ballads to modern day pop music. Although *Red* is extremely experimental and unlike anything else fans have ever heard, Swift still delivers an outstanding album.

Taylor Swift started out as a young, curly blonde-haired aspiring country girl. In 2006, at age sixteen, Swift released her first album and has continued to climb her way to the top of music charts. Swift has been the recipient of six Grammy Awards, ten American Music Awards, seven Country Music Association Awards, six Academy of Country Music Awards and thirteen BMI (Broadcast Music, Inc.) Awards.

Long gone is the innocent young teenage country star that was Taylor Swift. Now 22 years old, Swift moves further away from her country roots and into a rock and pop sound. Glossy singles such as "We Are Never Ever Getting Back Together" and "I Knew You Were Trouble," are danceable tunes which are unlike anything else Swift has come out with. Although the songs are unlike "traditional" Taylor Swift, they still contain her spunky attitude and passionate lyrics.



Photo courtesy of www.billboard.com

Junior Brandon Richmond loved the album; "her music has approached the borders of many genres and it can't get any sweeter" he stated.

Although *Red* contains edgy and unique songs, Swift does not lose her country roots altogether. The album contains heart wrenching songs such as "All Too Well" and "I Almost Do". The ballads contain tear jerking lyrics which are accompanied by incredible acoustics.

"I fell in love with the entire album, there isn't one song that I dislike on it. Her songs are so easy to relate to!" stated senior Mel Wilson.

Swift's vocals are as powerful as ever and contain raw emotion that listeners can easily sympathize with. Swift also collaborates with other male artists such as Gary Lightbody and Ed Sheeran, whose voices add a stunning contrast with Swift's clear sweet voice.

Swift's fourth studio record shows fans a new side of the young country/ pop star, however, it is still as dazzling as her other albums. *Red* is the entire package, with its wide variety of spirited pop songs to heart breaking love ballads. As she is only 22, fans can look forward to many more heart stopping albums from Taylor Swift.



La Jolla High's drama department

Photo courtesy of Hannah Orr