

CUB ISSUE

Hi-Tide

Tragedy strikes in Boston: the marathon, the victims, the perpetrators, the aftermath

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	-Spanish Lang.
P.M.	-Art History
May 8	
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	-Calculus BC
P.M.	-Chinese
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P.M.	-Japanese
	-Latin
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A.M.	-English Lang.
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A.M.	-Human Geo.
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We Killed the Messenger

By Amanda Menas
Editor-in-Chief Elect

Internal and external audits of high schools in the San Diego Unified School District are supposed to occur once per year. Every time there is a change in the financial clerk there should be an internal audit as well; since the beginning of the semester, La Jolla High's financial office has switched employees four times without an audit.

A fiscal "ship" needed to be turned in order to keep finances on track, but not a small boat, a "giant aircraft carrier filled with a bunch of opinionated high school people," according to Principal Shelburne. However, now that

"the boat has been rocked and twisted and turned and the merry-go-round has been turned around and spun, and the music has stopped and everyone is in a chair (thankfully)," there is no set plan of attack for the future.

Mrs. Safa was set to be the captain of our ship for the remainder of the school year before she ran into difficulties with both the district and the staff at LJHS. Bringing with her changes (specifically to office hours and paperwork) to the fiscal system which had been in place for over twenty years, Safa faced ridicule. Mr. Shelburne acknowledged that the reason for her return to Madison High was due in part

to his questioning of her policies. The revisions she brought were district policy, but new to the school.

These frequent changes led teachers, such as Mr. Teachworth, to become frustrated. The money (\$3500+) that the Science Team had earned over the years and had placed in the financial office (per the request of past clerks) was unreachable during Mrs. Safa's first time at LJHS, according to Mr. Teachworth. With no intention of being fired from her new position in the district, she made it clear that the materials for the Science Team needed to be bought by the district as "instructional materials" or

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GOING POSTAL



By Ali Davallou
Staff Writer

For the past couple of years, rumors have been rampant about exactly what will happen to the historic La Jolla Post Office. At first, the community feared that the building would be knocked down, since the State wants to sell the land to help ease the budget deficit. Others said that the building would be sold, then leased back the post office, so nothing would change except the own-

er of the property.

Most recently, the plan was that the office would move to a smaller leased space in the Village. However, things have changed: the post office building, located on Wall Street, received a Historical designation by the federal government in January of 2013. In theory, such a designation would prevent the building from being demolished, regardless of the who the owner may be.

But of course, the plan has changed again, and as of April

Photo Courtesy of UC Berkeley

2013, the office has been put up for sale with local La Jolla broker Paul Lafrenz. No one knows what is going to happen moving forward. The fact that the building is now historically designated does not mean the post office is saved forever, since there are ways to bypass the designation.

The Postal Service has not exhibited any behavior indicating a desire to keep the historical location, as the Service was the party with the idea to sell the property.

ASB Update

Fellow Vikings,

Congratulations on making it this far! We only have a few more weeks before another senior class leaves and new freshmen join the ranks. In the mean time, there are quite a few exciting dates before graduation.

Tomorrow night is the boys' lacrosse senior game; baseball is May 14, and the others will be announced as

they approach.


The ASB Applications are due on May 7; on May 17, Senior Dues (\$95) and Link Crew Applications are due.

The Drama Department will present The 25th Annual Putnam County Spelling Bee May 9, 10, and 11. LJHS's 2nd Annual Film Festival will be May 17 and the 1st annual movie night in the quad will follow on May 24.

Prom will be held May 31

prior to the Senior Awards Night June 5. Grad night is June 7 followed by the Senior Breakfast (and the distribution of the Hi-Tide Senior Issue) June 8. Finally, Graduation is June 11.

Good luck and warmest regards,



PP. Daniel S. Hamilton
ASB President

WHOLE NEW WORLDS

By Stephanie Buchbinder
Staff Writer

For as long as humans have gazed upon the cosmos, Earth has been the only planet known to mankind to host life. However, this could soon change. On Thursday, April 18, 2013, scientists announced the discovery of three planets outside of our solar system that could very well support life.

The discovery was made by NASA's Kepler satellite, which is keeping a close watch on more than 150,000 stars in the hopes of finding planets similar to Earth.

Since these new planets are not part of our solar system, we do not share a sun. Their sun is smaller and cooler than ours, called Kepler-62, and is 1,200 light-years away. Keep in mind that one light year is equal to six trillion miles.

Each of the three planets is named Kepler-62, with different sets of lowercase letters following the number 62.

Although they are extremely far away, these planets have comparable climates to places on Earth. Comparable to Alaska, Kepler-62f is thought to be 40% larger than Earth and the

most like our planet. It could be rocky, with polar caps, land mass, and water as well," predicted William Borucki, science principal investigator at NASA Ames Research Center. Kepler-62e seems to be about 60% larger than Earth, slightly closer to its host star, and could be mostly made of deep oceans.

It seems as though Kepler-69c orbits a star similar to Earth's sun, is estimated to be 70% larger than Earth, have a significantly warmer climate, and may also be very deep but not rocky. Because of the milder climates, there is a strong possibility these planets could have liquid water, which means a likelihood of some form of life.

For now, all research and predictions about finding new life are just theoretical. Although the climates on the new planets are similar to Earth's climates, the types of life we are used to here on Earth is almost definitely not the type of life that may be discovered in future.

However, one can rest assured knowing that there will not be any aliens roaming around Earth any time soon.

BREAKING NEWS

According to NBC7.com, 33 students were suspended from Scripps Ranch High School for twerking on a video tape that was later put onto youtube.com.

The La Jolla High School

HI-TIDE

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SWEATSHIRT COLLEGES

Pride or Prestige?

By Mia Kelliher*Copy Editor*

Choosing which colleges to apply to is a very stressful process. It can be hard to decide on the one “perfect college” that meets all requirements. When applying, students should focus on the experience and the academic knowledge they will gain from their chosen college instead of the name of the college. Since many La Jolla High School students have taken competitive and challenging courses, we tend to apply to higher-ranked schools or focus on a college just because of the excellent reputation it may have.

But students need to know that attending a college that will help them achieve success in life is better than attending a “sweatshirt college”—a college choice based on name recognition.

There are plenty of colleges throughout California, if not the country or the rest of the world, that many students look up to as a dream school. While some colleges, like UC Berkeley and UCLA, have exceptionally rigid standards and well-to-do students, they may not be right for a myriad of reasons. A “prestigious” college could be too challenging or not right for a particular student’s personality, but

said student could still choose it just for the reputation of the name. A California State University—although it may not have the national ranking associated with some UCs or other top private schools—may be a better fit for students and provide them with better assistance to graduate and earn a degree. Just because the name is not as appealing to other students or society, it does not mean it is not the right college for you.

Instead of struggling and doing poorly at a college that students choose based on the connotations related to its name, they have an opportunity to attend a lesser known or lower ranked college and put more ef-

fort into the classes and really engage in their college experience and possibly.

Attending a lesser-known college and graduating is much better than attending a college that you might flunk out of just because of its reputation.

College is a very important decision that has a huge impact on all other aspects of a person’s life. Still, as important as this life event may be, the application process should be taken with a grain of salt. After all, it is not what college you attend but what you gain and contribute to the school of your choice.

DEAR NORTH KOREA,

By Ben Allen*Copy Editor*

Last January, you, more specifically your leader Kim Jong-un, made some “belligerent” comments wherein you called America your “archenemy.” Now, as an American, I find these comments to be very hurtful and disparaging; I have never done anything to harm your country. As a nation that calls itself communist, it might be hard to understand the concept of individualism, especially when under a “supreme leader” like the Kims.

However, in America, the actions of a few do not represent the actions of all. The Korean War, the Cold War, and the days of our “containment” policies are long gone. See, now as a nation, we don’t really care what ideology you follow—so long as you don’t have oil, support abortion, or believe in gay marriage, and something tells me, N.K., that

ers watching you to see what your next move is. Don’t get me wrong—and this segment is directed to you Kim Jong-un—we’re flattered. I mean, not just any country would hold a grudge for 59 years, and not just any country would threaten the United States with nuclear weapons. It’s like threatening to throw a stone at a catapult holding fifty stones—or in America’s case 7,700 nuclear stones.

See, Kim Jong-un, not only do you lack the stones that would get anywhere near America, but I’m pretty sure I could count all of your stones on one hand. In America’s case, we have over 7,000 stones, and we know how to pump them out quickly.

Remember North Korea, every Republican in Congress is looking for a reason to increase defense spending as the result of some distant threat; we did it in Iraq over the very threat of nuclear missiles, and now you start pointing existing

“ So congratulations, you now have all the world powers watching you to see what your next move is. ”

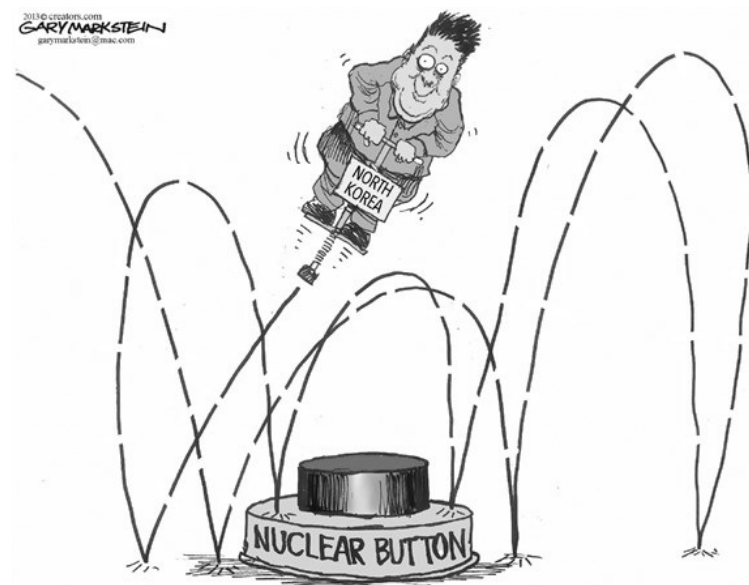
you don’t meet any of those requirements.

But I’m getting off track; the point is, the one exception to our “live and let live” foreign policy is when a nation threatens us. North Korea, especially you Supreme Ruler, when you start talking about sending nukes our way we’ll notice.

So congratulations, you now have all the world pow-

er nuclear missiles our way? I’m surprised Republicans aren’t wetting themselves with delight.

Not only that, but if you pick a fight with us, you will be picking a fight with the original nuke droppers. In the Cold War the threat was always, “If you drop ten nukes on us, we’ll drop eleven nukes on you.” But nowadays the

*Photo Courtesy of cagle.com*

threat is more like, “If you drop one nuke on us, we’ll drop one thousand nukes on you.” And I sure hope that you aren’t hoping your fellow communist allies will be backing you up should you turn to nuclear conquest. Fidel Castro has just about kicked the bucket, and China makes all of its money from us and our allies—I don’t think they’ll want to wreck their economy in order to back up their bellyaching neighbors.

Look Kim Jong-un, we understand. You have a lot to live up to. You want to affirm your power, bring North Korea into the nuclear age, and who wouldn’t want you to end up just like your father?

Well America, for one, if it means that we’re going to need to listen to your whiny sabre rat-

ting for your entire reign. If you are going to take on some great evil in order to inspire loyalty in your citizens then fine, but don’t go pointing your guns where they don’t belong, because, frankly North Korea, you don’t have the stones for it. Come back to play when your leader doesn’t look like a “Gangnam Style” knock off from the better part of your peninsula.

Following the attack on Pearl Harbor, urban legend states Japanese admiral Isoroku Yamamoto said, “I fear all we have done is to awaken a sleeping giant and fill him with a terrible resolve.” If you dare come near us, this giant will once again awaken.

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THE VISION WARRIOR

By Emma Scott
Copy Editor

When I heard about the mandatory three hour assembly, I was less than eager to comply. Being a senior at La Jolla High, I had heard it all before. Don't do drugs, never give into peer pressure, etc. The spiel was nothing new. Even the thought of missing three of my classes didn't entice me. But like every other assembly, I shuffled through the mob of students and headed towards the back of the gym, where I opened my unfinished homework, and prepared to put the three hours to use.

The first fifteen minutes were enough to tear my concentration from my math. My fellow classmates watched in confusion as Scot Antony Robinson mumbled and threw himself across the stage in an awkward scene that seemed to have every student uncomfortably silent. Then he pulled a hesitant boy from the front row and began to recite an act from the Shakespearean Julius Caesar. The students began to nervously giggle, and a friend turned to me and said, "Is this for real?"

It turned out to be all too real. As the rest of Scotty Rock's program unfolded, his character shifted from an exaggerated thespian to a genuine storyteller, relaying the spiraling events that led him to a grievous dependence on drugs. The story began with his first joint at only eleven years of age, and continued through every hard drug imaginable, until he described his experiences as a homeless dealer in Los Angeles.

He highlighted several instances when he had hurt those he loved the most, and how his drug usage had affected his self-esteem. He described the whole spectrum of each drug he tried; not only the incredible high, but the equally agonizing low. He spared no details in his narration of the side effects of heroin, painting excruciating scenarios of simultaneous diarrhea and vomiting. "You'll never hear the negative pitch," he said as he explained the glorification of hard drugs.

Still, I felt that the presentation was wasted on us. Teenagers were going to be teenagers, and the curious were still going to experiment. At one point, he stopped in the middle of a story and said "Who here smokes weed at La Jolla High?" One student raised a hand. "One student?" He bent over with laughter. "One student at La Jolla High smokes weed? We better call National Geographic, this school is a miracle!" The whole room laughed with

him, and as I looked around I knew I was thinking the same thing my classmates were. We had seen each other at the house parties and in the gratuitous Instagram posts. Clearly, there was no miracle at hand. As if he was interpreting our thoughts, he reiterated how our mindset was our downfall. He explained the combination of low self-esteem and superhero complex that tricked us into feeling invincible.

He said that everyday teens were dying. Dying of a spiritual, emotional, psychological, and physical death. He asked a student what the emotional death meant to him. And he replied "Uh, I don't know, like, your feelings." Scotty laughed and wrung his hands. He then looked out at the students and predicted that most of us had walked into that gym with a broken heart. That many of us feel these intense emotions every day, but we shrug them off and carry on. That we've taught ourselves to be numb.

Looks were exchanged between the kids next to me, and you could tell that they could relate. That's what made Scotty Rock's presentation so real and moving. With his vivid words and personal anecdotes, we could all envision ourselves easily going down the same path. "Life is short, little dudes...", he said as he massaged his immobilized hand.

Later each grade gathered in an open dialogue setting. He was gracious and humble, and willing to answer any probing question a student could imagine. He looked us individually in the eyes and connected with us in a way no school funded drug program ever has.

I'm not sure if he reached every student like he reached me. When he asked us how many of us had been impacted, nearly everyone raised their hand. But at the end of our dialogue period, when the bell rang, I was surprised to see that not a single student jumped up and headed for the door. They waited for Scotty to finish his sentence, and hung onto every word. Several stayed behind, willing to miss class for the opportunity to speak more personally with him.

I left the gymnasium feeling touched that day. Throughout my years I've seen several counselors and PHDs explain to classrooms facts and statistics of drug usage. I've seen the videos of teens trying to scare me straight. But not until I shook the hand of Scotty Rock did I truly feel a difference in the importance of my decisions.

Letter From the Editors

Dear Readers,

As another school year comes to an end we would like to express our deepest gratitude to all of our loyal readers. Throughout the year we have worked long hours, often into the early hours of the morning, to make the Hi-Tide a place for students, teachers, and the community to look to for upcoming school events, student editorials, as well as entertainment. As a student published newspaper we realize that our finished product is far from perfect, however we at the Hi-Tide feel that this year was yet another year of improvements in our editing and writing alike.

With our upcoming graduation this June, we are more than pleased to announce the Editors-in-Chief of next year's staff, Laura Derickson and Amanda Menas. We have full faith in their abilities to take this publication to the next level and are excited to see what changes they will bring.

As one of the only surviving printed newspaper publications in the San Diego Unified School District, we are, again, extremely grateful for all of you who took this time to read our issues this past year. We hope that you will continue to follow our publications in the coming years.

Sincerely,

Sarah Devermann and Tim Rayner

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LA JOLLA’S LEGACY

By Skip McCullough and Janet Shackleton
Staff Writers

Living in La Jolla, for the student and faculty surfers at La Jolla High has and will always be imperative. Going to school in this prime location and being so close to the beach influences the lives of all of us here, especially the surfers. The accessibility and the convenience of being so close is crucial to a surfer’s routine, because they don’t have to put effort into getting to the beach, which helps them get better and gives them something to do, almost everyday.

Surfing has dominated the culture of La Jolla High School for the last 50 years. Since the formation of the Windansea Surf Club in 1963, La Jolla has been one of the most prestigious surf towns in California. With kids living so close to the beach, and the school being so close, La Jolla’s been surfing for generations, and has influenced these students. Famous surfers like Patrick Curren, Butch Van Ardsdalen, Saxon Boucher, and Derek Dunfee have all gone through La Jolla High School.

The surfing legacy does not stop with these alumni nor will it. A handful of faculty members here at LJHS are also avid surfers. The best example would be Vice Principal Hawthorne. New to LJHS this semester, the surfers embraced him with open arms when they were in his office and noticed a Surfer Magazine on his desk. Vice Principal Hawthorne spoke about his surfing life; “Surfing is so important to me because it gives me a chance to get away. After a stressful day I go out and I always come back happier. I started surfing consistently about 15 years ago when I moved to California. I usually surf Tourmaline or Old Man’s. Working in La Jolla has influenced my surfing life by being so close [to the ocean] and having it right there when I need to go surf.”

Hawthorne, a Bird Rock Reefs regular, has high hopes of promoting a surfing program in the future so LJHS can have an official surf team. Hawthorne said he has already mentioned the idea to Principal Shelburne, but there are a few complications preventing them from forming a surfing class. The main reason he said is that, “there is no room in the budget for such a program.” But, he added, “If there were to be an official surf team in the future for our school I would most definitely support it.”

Surf team or not, the LJHS surfing legacy will never die.

For Windansea locals like Tate “Taint” Kim, it is not about winning or losing or being a part of a team. He, like Vice Principal Hawthorne, surfs because of the pure ecstasy he feels while he is in the water. Tate said; “Surfing is important to me because it gives me something to do when I’m bored, and there’s nothing bad about it. It’s a big part of my life. I started when I was about ten years old and my favorite place to surf is OB Dog Beach and my home break is Windansea because I live so close to there. Living in La Jolla affects my surfing life because it’s more accessible and I can do it more often.”

Tate also recalled his most exciting moment; “I was surfing Simmons (surf break next to Windansea) with Erik Vanstrum (LJHS Class President 2012) and we saw a great white Shark jump out of the water and eat a seagull.” To most humans this is a sign to never surf again. But for real surfers, like the guys and gals from La Jolla, neither man nor beast is going to keep them out of the ocean.

That being said, the La Jolla surfing story is far from finished. Grady Loosen, a senior here at LJHS, explained to the Hi-Tide that the craziest moment of his life was learning to stand up at age five. “The reason I surf is just for the enjoyment. It’s a hobby. I started surfing when I was around five years old and I grew up surfing Diamond Street in Pacific Beach. Growing up so close to the beach made me want to do it more and I started to love it. It’s affected my surfing life, being able to surf with other people that are better than me and learning from them. My greatest experience while surfing was learning to stand up.” He surfs every single day without question.

People like Loosen, along with a large number of other students and faculty alike, are the reason that La Jolla has such a royal name in the surf community. The talent and commitment of the surfers, along with the Grade A waves that La Jolla owns, makes this place a surfing dynasty.

La Jolla High School is conveniently close to the beach for students to go, have fun, get outside and get active, which makes our school special and interesting in its own way. Hopefully, it will still be this way in the future, and bring the children of the next generation the same lifestyle and accessibility.

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OPERATION: PROM

By Erin Riley and Sarah Shug Staff Writers

As the end of school nears, so does the biggest dance of the year, prom. Girls begin to stress over finding that perfect dress while the guys are relieved they simply just have to rent a tux. One thing that makes prom a big deal are the ways that guys ask girls or girls ask guys, so here are some fun, unique ways to ask a girl or guy to prom. It can be hard thinking of creative and unique ways of asking someone to prom, which is why we are presenting some ideas that can be used or simply for inspiration. Whether you are asking someone just as friends or as a significant other, one of these ideas WILL work. Remember not to ask someone in a way that forces him or her to say yes, and if you want to go stag, that is amazing as well!

- **Write on a note** “Now that we’ve broken the ice, will you go to prom with me?” then laminate the note and freeze it in water so it becomes surrounded by a chunk of ice. Give the girl or guy the piece of ice, and they will literally have to break the ice to get to the note.
- **Make a treasure hunt** by sticking notes around the neighborhood or school. Once the lucky victim finds one note, it will give them hints for the next note, and wait at the end with a sign saying “Prom?” or with something sweet, such as flowers.
- **Order a pizza and write on it** with pepperoni “Prom,” or take the guy or girl out to sushi and have pre-made a sushi roll in the letters of PROM. Donuts would work as well.
- **Make a You Tube video** of yourself asking the person to prom, and then show them the video. You could also slip into a fortune cookie a prom message, or write on a parking ticket and stick it on their windshield.
- **Light candles** just after dark, get a bunch of tiny tea and arrange them in her driveway to spell “Prom?” Carefully light them, and then ask her to come outside.
- **Get inspiration from movies** such as *Mission Impossible*: Deliver a tape with this message, “Your date, should you choose to accept it, will be with _____ at _____ time on _____(day). You will be picked up by a person wearing _____. Your date will feel like he may self-destruct if you do not reply by _____.”
- **Fill his or her room with balloons**, and leave a note with a pin saying to pop all the balloons to find the question.
- **Write “Prom?”** in the sand, when you visit the beach.
- **Write a bunch of names on a white T-shirt** in washable marker, but have yours written in permanent marker. Leave a note saying, wash this shirt to find out who wants to take you to prom.
- If they surf, **write on their surfboard** with colored wax saying “Prom?”

By Haley Richards and Misha Kabbage
Staff Writers

Traveling Essentials

As summer vacation comes closer and closer, many exciting trips are in the works for La Jolla High School’s students and their families. Whether you are going to a resort on a tropical island, or spending a week in a cabin in Aspen, there are always certain belongings that will be essential to your vacation. Living in or near such a beautiful town as La Jolla, many of us forget how the weather patterns vary in other places of the world. Here, you will find some helpful packing hints for the beach, city, and mountains.

San Diego is known for its spring gloom when everyone really just needs some fun in the sun. A road trip to Santa Barbara is your ticket to clear skies and warmer air. If you are going somewhere near or on a beach, such as Hawaii, Fiji, Greece, or anywhere along a coastline, it is a good idea to follow this list of things

to pack: sunscreen, hats, bathing suits, tank tops, t-shirts, shorts, and some headphones or a good book to entertain yourself. You may want to bring all of your swimsuits because summer by the coast can get up to 100 degrees Fahrenheit or more! However, most places along the coastline, even during summer, get chilly at night, so it is always a good idea to bring a sweatshirt and pair of pants just in case. Don’t forget your favorite pair of sunglasses, and flip-flops.

If you’re more of a chilly weather type of person, perhaps a week in Deer Valley, UT is the perfect trip for you. Whether it’s snowboarding or sledding, it’s a good idea to be wearing lots of layers. It tends to be very hot during the day, and freezing at night. If you are planning on going somewhere like Big Bear, bring swimsuits for a lake, but very warm clothes for night. Bring all your coats and heavy-duty attire. It is much better to be prepared for any kind of weather than to

be stuck freezing or baking hot throughout the entire vacation. A bigger suitcase will allow maximum puffiness for all your jackets!

The weather may not be a factor to consider for you, so maybe the nature around you is what you want to see. A nice weekend in the mountains may be your cup of tea, particularly in Yosemite. Whether it’s hiking, climbing, or singing songs and roasting s’mores by the campfire, Yosemite is a great getaway. Be sure to bring some hiking boots that are high enough on your legs to avoid dangerous spiky plants. Also, don’t forget a hat to protect your head from strong sun rays, and a windbreaker to keep you warm. A variety of shorts and pants will be perfect for this small vacation.

If your family is planning a trip to a city, such as New York City, be prepared for hot weather. The temperature in cities in the summer months between June and August ranges from 80-100

degrees Fahrenheit, and can be very humid. When visiting a hot humid place like this, it is important to bring light breathable clothes, and for the ladies, lots of hair ties to keep that hair out of your face and off your neck. No matter where the destination might be, it is also important to pack for the right time frame. If you are only going away for a weekend, you really don’t need that much! Just bring a few necessities and a sweatshirt in case it gets cold at night. For the families that go on long vacations for a time frame of around a month, call and make sure that the place you are staying at has laundry services, otherwise you will be stuffing multiple bags with all sorts of clothes you probably won’t even wear.

No matter where the summer destination may be, follow these tips and you’ll have everything you need to enjoy yourself!

***And, of course, you’re going to need an amazing suitcase to carry it all! Enjoy your summer, and happy travels LJHS!**

COLLEGE ESSENTIALS

By Mia Kelliher
Copy Editor

As a student goes off to college there are many factors in deciding what is necessary to bring for not only the first year of college, but also the rest of the four years. Below are some ideas of what students should bring with them to college. Depending on the location, size, and restrictions of a college, the necessities will vary. So, adjust the requirements for each item to fit your specific needs.

All Freshmen Heading Off To College:

- A Mini Fridge (if allowed):** It can be easily stored in your dorm room and help preserve food. With this you won’t constantly be eating cafeteria food.
 - Water Boiler:** If you’re a warm beverage person, a water boiler would be easy to use and convenient in order to obtain your favorite drink—tea, coffee or hot chocolate.
 - Bedding:** Add your own personal touch to your dorm room to liven up your living space with different patterns, colors, and styles of blankets and pillows.
 - Shower Tray:** Instead of having to separately carry all of your shower necessities from your dorm to the showers, a bath carrier will hold all of it in one place.
 - Mats:** If your dorm room has wood flooring, a more comfortable option is to bring rugs or mats to walk on instead of cold, wood or tile floors. Plus they add personality to a room.
 - Clothing Organizers:** As a way to save space and bring more clothes to college, clothing organizers can store almost anything and can easily be tucked away under the bed or in a corner.
 - Posters and Pictures:** Cherish the old memories by placing pictures around your dorm or making a collage. Represent your interests with posters to add to the white walls of a dorm room.
 - Laundry Bag:** Gather all your dirty laundry in one area to simplify your trips from your dorm to the laundry mat.
 - Emergency Food:** Instead of relying on college food, bring your own snacks and dry food to satisfy your personal tastes. Dried fruits, nuts, pretzels, crackers, or energy bars can be easily stored and are good for snacks to keep in your dorm.
 - Plastic Containers & Reusable Water Bottles:** They are easy to use and carry around making food transportation simple and effective.
- Students who will experience harsher weather conditions:
- Boots:** In case it snows or rains, boots will keep your feet heated.
 - Warm Jackets:** Layer multiple pieces of clothing and add a thick jacket to keep you warm.
 - Gloves & Scarves:** Essential in walking around campus during the cold winter days.
 - Mini Heater & Fan:** Depending on the weather and the heater or air conditioner in your dorm building, you can adjust the temperature to satisfy your needs.

Students Studying at International Colleges:

- Passport:** To travel from one country to another and in case you decide to travel while in a foreign country.
- Currency:** Bring US dollars as well as money with respect to the country you are in, in order to be prepared for any situation.
- Maps:** To help guide you during your stay in a foreign area.
- Translator:** Helpful if you’re ever alone and in an unknown area or to easily communicate with citizens.

In order to easily obtain the best college essentials, students should buy from big department stores that sell a variety of items such as Costco, Target, and Ikea. To get more unique or intricate supplies for college, visit small boutiques or shops. Bringing your own personal belongings and items to college will ease your way into comfortably living away from home.

SUMMER JOBS

By Waverly Richards
Staff Writer

As another year of high school comes to an end, students are getting closer and closer to adulthood where they will have to enter the workforce. Summer jobs are a great way to become aware of the hard work and dedication required for becoming a mature, successful adult while earning some spending money. Here is a list of a few summer jobs that LJHS students have:

W o r k
Retail. Kristen Chiu, a junior at LJHS who works in retail said, “I made a resume including my interests, work experience, achievements (academic, or any others), current jobs I had when I applied, my name, phone number, address, and my email. Then, I walked into the boutique where I wanted to work and talked to one of the girls who worked there and gave her my resume. Soon enough, I got an email and was asked to have an interview with my boss. After the interview, she told me that I was going to start in just a couple of days, and I was so excited and happy that I got the job!”

Be a
camp counselor. Whether you are an athlete, an artist, or have a passion for something else, help out with a camp based on the topic you love. This presents the opportunity to teach younger children about your passion and you might even get paid for it! Senior Izabel Hardy said, “Before I became a Counselor in Training (CIT) I was a camper. I learned how to sail relatively well in my years before becoming a CIT. To become a CIT you have to be between 13 to 17 years of age. I feel lucky to have worked for the Mission Bay Aquatic Center in the Water Sports Camp. I earned volunteer hours, which helped out a lot with applying to colleges, and did it mostly for the love I have for sailing and to be able to spend time with the amazing people I met!”

Work at
a restaurant. Senior David Beary said, “I have the perfect summer job because it starts right as school gets out and ends on July 4. So I still basically two months left of summer to relax and enjoy with the good money I made at the Greek restaurant I work for at the San Diego County Fair. I was able to get this job luckily because of a family friend, but I still had to apply with a resume.”

majors

THAT LEAD TO THE HIGHEST AND LOWEST PAYING JOBS

In a competitive world, picking the right college major is a vital step in the quest to make a good living. According to the Huffington Post, if you want to make a lot of money, the best majors to go into are in the areas of math and science. These majors provide better job security, higher wages, and more options for employment. The top five highest paying majors, according to the National Bureau for Economic Research are:

1.Economics
An economic major has wide career options. Jobs can range from being an economist, to being an auditor.

2.Electrical Engineering
Electrical Engineers are high in demand. America is in need of people that can design better solar panels and more fuel-efficient vehicles.

3.Mechanical Engineering
Those who major in mechanical engineering can get jobs in areas as diverse as the petroleum industry, automotive industry, and aerospace industry.

4.Finance
If you like money, major in finance. Available jobs include investment banking, financial analysis, and corporate finance.

5.Mathematics
Majoring in mathematics can set you up for many careers. Careers available to you would range from being a teacher, a statistician, or a cost estimator.

Math and science majors are high in demand. There tends to be a lack of them in the United States and a lot of companies are hiring people from other countries to fill this gap.

By Megan Carroll
Staff Writer

The five worst majors, according to *Forbes* are:

1. Anthropology and Archaeology
2. Film, Video, and Photographic Arts
3. Fine Arts
4. Philosophy and Religious Studies
5. Liberal Arts

These majors are reported to correlate with high levels of unemployment and low wages.

While one should take these lists into account, it is important to major in something you enjoy studying. Furthermore, graduate degrees are becoming increasingly important.

By Jordan Linsky
Staff Writer

INTERNSHIPS

Finding work in this economy is not an easy task, especially if you lack experience; however ironically, to gain experience, a job is required. A solution to job experience issues is to get an internship.

Internships provide work experience and look great on college applications if they relate to your career choice. Although interns work for very little or no money, the withstanding effects of being an intern can lead to more job opportunities in the future and can assist you in deciding what you

are looking for in a career.

High school is an ideal time to intern because many options can be explored and there is time to work in multiple job fields. Many students at La Jolla High have interned and have shared their experiences, recommendations, and advice with the rest of the student population at LJHS.

This year, Taylor Mohrhardt is interning for U-T-TV, the Union Tribune’s media section. As an intern, Mohrhardt works in the studio as a floor director, making sure the cameras and guests

are positioned correctly. She also runs the teleprompter. Mohrhardt enjoys her internship, stating, “I love it so much. I am able to work with amazing people that want me to succeed. They are very patient and understanding as well.”

When asked to give advice on how to land an internship, Mohrhardt said, “Be very open and personable. Adults love to see eager and sociable teenagers who want to succeed at a young age!”

Senior Katie Harmeyer also held a prestigious internship last summer at the J. Craig

Venter Institute.

“I extracted DNA from the blood of sub-Saharan African people. Then, I was able to amplify and sequence the DNA in order to characterize these individuals into different “haplogroups” which, are a group of people with the same genetic mutation.” Harmeyer stated, “Characterizing these individuals by their DNA showed how these different ethnic groups migrated in and Africa and therefore can show how the first humans populated the entire world.”

Another student who started in-

terning for the UT was senior Giovanni Moujaes. “When I interned at the UT, I was put right into the mix. I started out learning audio management, the basics of video editing, and much more.”

However, Moujaes proves the old adage that hard work pays off. “Eventually, I proved my worth and became a floor director and one of the main videographers. I loved what I was doing.”

As a high school student, internships are an excellent way to gain work experience and point you towards the career you want later in life.

JOBS OF THE FUTURE

By Giovanni Moujaes
Staff Writer

The biggest topic for students leaving high school seems to be whether they will get a job that will allow them to achieve their desired standard of living. Ultimately, it’s the job, not the money, that a person should be going for. Here are some picks that are sustainable, and appealing to a broad range of people. According to U.S. News and World Report, these are the top five most sustainable jobs on the market for this year. The trend is definitely leaning to degrees heavily influenced by biology, chemistry and physiology. In the end, do what you love and money will find its way in if you look hard enough for it.



Registered Nurse

Median Income:
\$65,690
-Although the median income doesn’t seem that high, the nursing profession is one of the most stable ones out there. There is always a need for assistance in hospitals and clinics, so the chance of you becoming unemployed is very low.

Dentist

Median Income:
\$142,740
-If you are into keeping a bright smile and good oral health, a profession in dentistry could be a good option. With an increase in oral surgeries and orthodontic work, this profession is bound to only grow bigger.

Physician

Median Salary
\$183,170
-Physicians are highly specialized medical officers and often diagnose patients. There is a lengthy application process for becoming a physician, so those considering a career in the medical field may want to be sure they are ready for this time commitment.

Pharmacist

Median Salary:
\$113,390
-This is another healthcare profession where there seems to be almost always job availability. Pharmacists work with patients and the community and also spend a portion of their time filling prescriptions.

Computer Systems Analyst

Median Salary:
\$78,770
-Unlike Information Technologies (IT), a system analyst is required to be well versed in the business and customer service side of a company, making this profession a hot commodity of our generation.