

Hi-Tide

Volume LXXVVIII Issue 6 - March 30, 2012

Celebrating La Jolla High's 90th Year



Austin Burke and Kevin Usselman are this month's Standout Athletes

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Be sure to visit the Hi-Tide's new website:
ljhitide.com
Facebook: Hi-Tide
Twitter: @ljhitide

ASB Update

Hey Vikes!

First off I want to thank the participants in Airband for their hard work in putting on such a huge production. We hope you enjoyed the show.

The Finals of the Super Smash Bros Melee Tournament took place during lunch. Another congratulations to the winners of \$40!

It is not too late to start filming for the First Annual Film Fest. Have your video shown in the auditorium during the festival and win prizes such as money, trophies, and, of course, potatoes. For more information visit www.facebook.com/ljhsfilmfest.

April is another busy month; Multicultural Food Fair is April 13, ASB will begin Dodgeball sign ups on April 16 for our tournament in the gym, and applications for next year's ASB will also begin!

Have a great Spring Break,

Erik Vanstrum
ASB President

Interact Car Wash
LJ Methodist Church
 April 14, 10 a.m.- 2 p.m.
 All proceeds go to support the club's next homebuild in Mexico

La Jolla High Showcases Student Artists

By Mae Goodjohn and Amanda Menas

Student Focus and Sports Editors

Join us for the Celebration of the Arts Festival in honor of the LJHS 90th Anniversary. On Saturday, April 21, students enrolled in a variety of classes including Madrigals, Band, Dance, Theatre, Improv Club, Wood Shop, Ceramics, Photography, and Art will be entertaining the community on the LJHS grounds. Students are encouraged to invite friends and family to join them in absorbing the performances and visual arts that the school is offering for free.

"I think it's great. La Jolla is such an artistic community with so many talented students in every area of art whether it's photography or painting. It's great that La Jolla is still supporting the arts because the arts bring the community together. This festival is for the whole family and it will be tons of fun," said Ms. Boutelle.

Mr. Marcus, the ceramics teacher at LJHS, is more than excited for the mud-fest contests that he and some of his students have been preparing.

"In the competitions, we'll have blind folded throwing and tallest pot throwing," said Marcus. The ceramics department will also be selling mugs, bowls, and teapots that students have created under the "Art Village" tent located in the quad to raise money.



Other teachers, including art teacher Ms. Shamrock, photography teacher Mr. Frieberg, woodshop teacher Mr. Mattio, Madrigals teacher Ms. Henderson, and band teacher Mr. Fiedler are preparing their students for the myriad of displays for the festival.

Beth Penny and Jane Wheeler, the chairs of the event, will also be helping with Chalk La Strada, one of the many opportunities to be part of the art in the quad.

Scenes from the recent play, *Grease*, put on by the drama students, will be performed live during the day along with selected 2012 Air Band dances and skits. Also, attendees are encouraged to jump up on the outdoor stage that will be present throughout the afternoon and partake in the "Gong Show" to express their undiscovered talent (contact the talent agent, Beth Penny, to book your time slot at bpenny@san.rr.com).

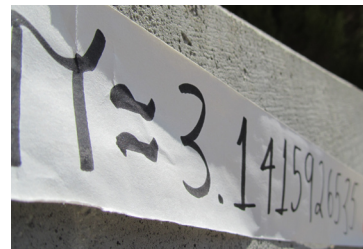
Along with a collection of Alumni memorabilia on display, there will be a La Jolla Playhouse showcase of photos from its formative years at La Jolla High School and its current masterpieces. To top it off, there will be an art raffle that includes the woodshop classes' Adirondack chair as well as other prizes.

The art class has been creating 2-D and 3-D visual arts, photography has students capturing art "through the lens," and woodshop has created pieces for sale. All profits and donations will go directly to the arts departments to help offset the cost of department supplies. Food and beverages will be available for purchase at the event.

Where: LJHS Quad
When: April 21
1:00-4:00 p.m.
Cost: Free

Happy Day π

By Misha Kabbage
Staff Writer



3.14159265.....

How many digits of Pi are you able to recite?

Students had the opportunity to test their knowledge of the never ending number on Pi Day in Mrs. Vu's room. On March 14 (3/14), La Jolla High students participated in many activities to celebrate the holiday.

These events included reciting digits of Pi, Pi jeopardy, Pi songs and movies, and the favorite activity, an actual pie-eating contest. There was a wide variety of delicious flavors of pie including cherry, apple, and chocolate.

All students who attended had a blast learning and participating in this educational and entertaining event.

Fun Facts about Pi:

- Pi has been studied by humans for over 4,000 years.
- In a reflection, 3.14 looks like PIE
- The first 144 digits of Pi add up to 666

*Photo courtesy of Nathan Wetter
 an1d Brandon Ryan*

Nautilus

An event to celebrate 90 years of La Jolla High

By Sammi Warzniak
Staff Writer

On Saturday, March 10, the Foundation of La Jolla High School put on a fundraising event called "Nautilus". The event was held to raise money for and in celebration of the 90th Anniversary of La Jolla High School.

"This event was special because it was more than a fundraiser; it was a celebration of 90 years on Nautilus," said Sharman Dye, a co-chair for this event.

Dye and Anseth Richards, along with the many other im-

portant members of the Foundation, including Jackie Helm and Sandy Erickson, helped to plan this special event. Nautilus was held at the Hyatt Regency Hotel La Jolla.

Hundreds of Viking alumni, parents, and friends of La Jolla High School joined together for a night of fun with cocktails, dinner, dancing, silent and live auctions, and much more. The Foundation sold the tickets at a special price of \$90, lower than normal and specially priced for the event.

NRG, who was seen previously at the Jewel Ball, provid-

ed the entertainment for the night. There was also a photo booth to ensure that guests never forget the wonderful event. Some tasty food was served: the menu included an appetizer of a seafood salad, a braised short rib entree, and lavender crème brûlée and a Mexican chocolate mousse for dessert.

Attendees had the option of participating in two auctions held at the event. Auction items included three nights in Las Vegas, a Vikings surfboard from Mitch's Surf Shop, a week at Ranch Lo Puerta, and

the always popular, "graduation package," which includes seating and parking at the LJHS graduation ceremony.

It took a number of passionate and dedicated volunteers who believe in the mission of the Foundation to raise the desperately needed funds for the future of La Jolla High School. This event was successful, raising \$90,000 for the school.

Although the Foundation did not reach its ultimate fundraising goal, the important thing was that at 11:00 p.m. the dance floor was still full and everyone had an amazing time.

The La Jolla High School

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Greetings From Inside The Pressure Cooker

the pressure that high school students endure today

By **Mia Kelliher**
Staff Writer

High school is an essential four years of any student's life and the pressure to succeed and exceed can become overwhelming and exhausting. La Jolla High School, because it offers a wide range of Advanced Placement and Honor classes, forces students to become competitive and pressures them into doing better. In previous generations, when there were not as many tests given or as much homework, the expectations of high school students were not very high. So why do members of our generation try to become the top of their classes? Taking all AP classes, while playing a sport, and participating in other extracurricular activities is bound to lead to trouble.

In the past, the main pressures faced by high school students were to do well in school while making money working, getting ready for college, and preparing for real life situations. Now there is even more pressure.

Between the preparation for

the SATs and ACTs, involvement in sports teams, APs, weighted classes, community service, and other clubs, students do not have much time to relax.

"We have so much to do to get into college. It's not just about academics anymore. Colleges like it when we are involved in sports, clubs, etc,"

Freshman Caris Wei said, "Now we have technology [to do things] that our parents had to do by hand, which makes things easier, but we also have harder tests." Although we have improved our technology, now there are harder classes, more competition and more knowledge required. "Everyone still wants good grades and to go to a

with so much involvement in social media, there are certain ways we are supposed to look, act, and dress. Although appearances played a big role in high school students from previous generations, it is apparent that it has become more influential these days.

Junior Kat McCall said, "We definitely have it harder; previous generations could get lower grades and still do the same things. Now we are expected to get higher grades than before, and, in short, excell."

The pressure that high school students endure comes from expectations from themselves, parents, and teachers, and causes students to stress out or do poorly.

"We take it too far; just doing good isn't good enough, and not everyone is going to excel like what society wants," explained McCall.

High school students have to endure pressures beyond what past generations had to deal with. It is safe to say that our generation should not be compared with previous ones.

“We definitely have it harder; previous generations could get lower grades and still do the same things. Now we are expected to get higher grades than before, and, in short, excell.”

-Junior Kat McCall

said sophomore Julia Peavy.

In our parents' generations, there were not nearly the pressures and obligations we face today.

good college, and still have that drive," Wei stated.

Along with pressure to do well in school, there is pressure from our peers. In modern society,

Birth Control: A Woman's Right

the political debate between the Democratic and Republican parties

By **Elisa Brooks**
Staff Writer

One of the biggest political debates occurring today is the ongoing fight between the Democratic and Republican parties. And the topic for all the useless debate is birth control. President Obama recently unveiled his policy requiring health insurance plans to offer free contraceptives for women, a rule that provoked furious criticism from religious groups and institutions claiming that the policy was unconstitutional and encroaching on religious freedom.

Many of the Republican presidential candidates publicly expressed their anger, such as Mitt Romney, who stated, "This kind of assault on religion will end if I'm president of the United States," calling it "a real blow ... to our friends in the Catholic faith."

What is very interesting, though, is that out of all the Republican candidates mocking and desperately trying to prevent this policy, not a single one of them is female. How

can these men refuse to give women a solution to a problem that men themselves cause? These men are infringing on women's rights on an issue that they do not deserve to have a voice in. This is why women everywhere do not trust men

ski, Democrat of Maryland, said Republicans were attacking women's health care as part of "a systematic war against women." And that is exactly what this is.

One thing not discussed here is the still existing, appalling num-

unprotected and are blamed for becoming impregnated.

With wars going on around the world and a sinking economy, one would think that our government would not have time to focus on such a trivial problem like birth control. Instead, Republicans created a proposal which allowed health insurance plans and employers to refuse to provide coverage of "specific items or services" if the coverage were "contrary to the religious beliefs or moral convictions of the sponsor, issuer or other entity offering the plan."

Speaking for the Democratic Party, Kathleen Sebelius, the Secretary of Health and Human Services, stated "The Obama administration believes that decisions about medical care should be made by a woman and her doctor, not a woman and her boss." The U.S. government has become a man's world, with no room for women and their rights. And personally, if I worked for these men, I would quit--- immediately.



Photo Courtesy of www.latimes.com

in politics because as they go around pontificating about immigration and the economy, they could care less about female voters. Instead of helping women, they work hard to take away their rights because of religious beliefs.

Senator Barbara A. Mikul-

ber of women made pregnant by rape. If women are not allowed birth control, one of the other limited alternatives for them is abortion, which Republicans also detest. The male is not punished and the woman is forced to endure the pregnancy. Women made pregnant by rape remain

Racially Insecure

By Alex McMahon
Copy Editor

Referring to American-born citizens of African descent as “African American” verges on racist. The term is pompous and reflects continuing racial insecurities.

“It was so popular before because it made most blacks remind white people of what they did,” junior Bo Peterson said.

A purpose no longer necessary-- they are black people. Not the most politically correct term, but it is practical and shows that Americans can move beyond previous discrimination.

People stuck in their old ways should then avoid saying “white people.” They must say European American, or Russian-Italian American, or White-Anglo-Saxon-Protestant American. Scientific cor-

A hypocritical combination of self-righteousness and over-compensation

rectness is the only true neutrality, in which case one would say, “Homo sapiens sapiens caucasian,” and “Homo sapiens sapiens africanus.”

Insensibility aside, “Caucasian” is too obscure and undiscerning. Why not White-Anglo-Saxon-Protestant American? Because they are white people. White and black are simple.

Why not brown, which is more accurate? White people are not actually white. Some have tanner tones much closer to brown. Many ethnicities, in fact, have dark skin. It would be discriminating for one race to be defined as the actual color of its skin.

Why not Africans? People who would be called Asian American or Mexican American, based on the African American logic, are just Asian and Mexican. Americans do not discriminate between the idea of an Asian and an Asian

American. Their idea of an African, however, is very different-- very racist-- from their idea of an African American.

“When you say ‘black person,’ people instantly think of a person from Africa. You don’t have to say ‘African America,’” sophomore Chigo Okeke said.

Because of the ideological discrepancy between African and African American, neither can be used to refer to both. “Black people,” on the other hand, refers to all Africans, born in America or otherwise. So, it functions in much the same way “Mexican” and “Asian” do.

“Black people” is the most practically and socially correct term. Its largest flaw is that people think it is flawed. If everyone stopped thinking of it as racist, it would not be racist.

Sexually Ambivalent

By Alex McMahon
Copy Editor

If high school were a body of water, students at La Jolla High School would be splashing around in the shallows. Much grief has been given to men for the current standards that females are held to, but are men fully at fault? Of course they bear some of the blame. Might a little rest on the bare shoulders of women, though?

The bygone ideal of female modesty appealed to society’s comfort. Amidst the feminists’ wish to liberate their bodies from floor-length shackles, men found the newly exposed skin appealing. Instead of less harsh treatment for conforming, as it was before, women began receiving positive attention for their less-clothed selves. The mode of oppression merely transferred.

Trends in women’s fashion

because the victim bears no responsibility

and behavior appear subject to a sort of natural selection. Unlike genetic mutation, they come and go by choice. No Fashion Inquisition places girls under house arrest for skirts that reach the knees.

Modern sexism is women’s work. They insist on competing for men’s affections by demeaning themselves in the very ways they speak against. If a girl spends but a few minutes putting on makeup and preparing for the day, she will pale in comparison with other girls. So, she plays the game with powdered frown unseen but heard by everyone else.

Men may be chastised for their shallow ideals and creating the foundation for today’s standards. Women, however much they criticize their strappy, high-heeled shackles, compete to fit such ideals. Ultimately, both sexes are to blame for today’s misogyny.

RANT: TRASH



By Jordan Linsky
Staff Writer

La Jolla High School students seem to believe that they are “above” throwing their trash away. This is what comes across while strolling around campus. Remains from lunch are scattered in every area of the quad. La Jolla High School is a school, not a pigsty.

It is no surprise that the 500 building is now closed off to students at lunch. Spilled milk, chicken, and various unidentifiable substances are scattered across the floor of the hallway. Throwing food on the floor was adorable when Mommy and Daddy were taking a video of it during the toddler stages. Now? Not so cute. It is immature and despicable behavior. This is high school. GROW UP.

No one is “too cool” to reach down and place a piece of trash in the garbage. Rather than running around with books


covering heads and screaming when birds swarm after lunch, simply put trash where it belongs and the birds will have no reason to surround campus.

The least LJHS students can do for the well being of everyone is to refrain from throwing trash on the ground. Take pride in having a clean, beautiful school and take three steps toward the trashcan and do La Jolla High a favor.

As for the bathrooms, spitballs were used in third grade to annoy the teacher, not on the walls and stalls of the 500 building bathroom. Walking into a school bathroom, students should not be scared to contract diseases from the nauseating stalls and repulsive trash on the floor.

There are trashcans everywhere at school for a reason. Even La Jollans need to pick up their own trash. Throw your trash away or get your immature, embarrassing self back to third grade.

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WHOSE YOUR AMIGO?



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BETWEEN THE LINES

Get the inside scoop on how the Hi-Tide is made

By Jenny Shorenstein
Staff Writer

As a reader of the *Hi-Tide*, you might be curious as to how we create the paper you are currently reading. The journalism classes here at LJHS take our work very seriously.

To start, there are two main jobs: staff writer and editor. Editors each have a specific job which is to edit articles and design the pages (News, Features, Opinions, etc.). We also have two Editors-in-Chief who supervise the entire process of creating each issue. Staff writers write the articles that appear in each issue.

To start an issue, we first must come up with ideas to write about. Everyone is assigned to come up with ‘Seven Ideas,’ an idea for each section of the paper and one extra. The writers then share these ideas aloud and the editors decide which they think would be best suited for our paper. After we have a list of potential articles, staff

writers sign up for two articles they would like to write. Then, the editors give the staff writ-

ly very rough and outlines the bones of the article. The second draft has all of the inter-

length requirements and turning in substantial work. A lower score can be given for vari-

the final drafts of the articles, they choose which articles they would like to include in that particular issue. The editors use a computer program, Adobe InDesign, to create each page. They place the articles, select pictures, and attempt to create the most aesthetically pleasing page design. Also at this time, the editors assign the photographers the people and places they need to take pictures of to supplement the articles.

Once the editors finish designing their pages, those pages go through one more class edit, and are also looked over by our journalism advisor, Mr. Essex. Finally, the pages are electronically sent to the printer in LA, in a process called “exporting.” One thousand copies of the paper are then driven down overnight and make it to us the very next day, just in time to deliver them to your classroom!

Photos courtesy of Brittney Schriфт



Above left, journalism advisor Mr. Essex edits rough pages; above top right, staff writers Tim Rayner and Jordan Linsky work on their stories; above bottom right, copy editor Hannah Rawdin edits completed pages.

ers an assignment sheet, which gives them more detailed instructions on the length, who to interview, and what the main focus of the article should be.

Staff writers have one to three days for each draft they write. The first draft is general-

views included, and is mostly finished. Finally, the third draft is the very last one and should be free of mistakes. Each draft is edited for mistakes and graded (on a scale of one to five) by the page editors. A score of five is achieved by meeting the

ous reasons, including turning it in late and failing to correct the mistakes that the editors pointed out.

Towards the end of the writing process, page editors are beginning to design their pages. Once editors are given

Celebrities Said What?

By Elisa Brooks
Staff Writer

Celebrities may be famous and have lots of money, but that does not stop them from saying stupid things like everyone else. Check out our list of shockingly idiotic celebrity quotes.

“Whenever I watch TV and I see those poor starving kids all over the world, I can’t help but cry. I mean I would love to be skinny like that, but not with all those flies and death and stuff.”

Mariah Carey

“Is this chicken, what I have, or is this fish? I know it’s tuna, but it says ‘Chicken by the Sea.’”

Jessica Simpson

“I think that the film *Clueless* was very deep in the way that it was very light. I think lightness has to come from a very deep place if it’s true lightness.”

Alicia Silverstone

“I’ve got taste. It’s inbred in me.”

David Hasselhoff

“I pretty much try to stay in a constant state of confusion just because of the expression it leaves on my face.”

Johnny Depp

“I get to go to lots of overseas places, like Canada.”

Britney Spears

“What’s Walmart? Do they sell, like, wall stuff?”

Paris Hilton

“So, where’s the Cannes Film Festival being held this year?”

Christina Aguilera

“I don’t know much about football. I know what a goal is, which is surely the main thing about football.”

Victoria Beckham

“Smoking kills. If you’re killed, you’ve lost a very important part of your life.”

Brooke Shields

“I would not live forever because we should not live forever because, if we were supposed to live forever, then we would live forever, but we cannot live forever which is why I would not live forever.”

Miss Alabama 1994

Road Trippin’

By Hannah Rawdin
Copy Editor



Are you craving a vacation this spring break but don’t have enough saved up to go far? The *Hi-Tide* has gathered a list of perfect day trip getaways that are sure to fulfill your travel desires without stretching your wallet. So grab a few friends, put in your favorite CD, pack a snack, and get on the road.

Laguna Beach

Distance: 65 miles. Time: 1 hour, 20 minutes



Laguna Beach is the perfect road trip destination for a relaxed day of walking along gorgeous beaches and window shopping at some of the best stores Southern California has to offer. LB’s Ocean Avenue even resembles our very own Girard Avenue. Try the Watermarc Restaurant on South Coast Highway for a delicious (and affordable!) lunch, and make sure to visit the many art galleries around downtown Laguna.

Palm Desert

Distance: 122 miles. Time: 2 hour, 20 minutes



From relaxation to recreation, Palm Desert offers everything a San Diegan could want in a short road trip. At the many luxurious resorts around the desert, you can find beautiful pools (perfect for tanning or lounging by), award-winning spas, excellent restaurants, and exciting activities such as horseback riding, biking, and tennis. Venture with a few friends on a day trip to explore the outdoors, shopping, and restaurants, or make it a mini vacation with your family and spend a few days basking in the desert sunshine.

Big Bear

Distance: 148 miles. Time: 2 hours, 58 minutes



Big Bear Lake is a beautiful mountain resort community surrounded by the San Bernardino National Forest and located 100 miles northeast of Los Angeles. Winter brings approximately 100 inches of snowfall to the mountains in Big Bear, which attract tourists from all around California for winter sport activities. Big Bear also offers fishing, water sports (in the summer), hiking, mountain biking, horseback riding, a public zoo, a nine-hole golf course, seven public campgrounds, delicious restaurants, and lots of shopping. It can be a day trip, but it is also a great place to escape the city life of San Diego for a few days.

Venice Beach

Distance: 124 miles. Time: 2 hours, 20 minutes



There is no other tourist destination quite like Venice Beach. Here you can find bodybuilders (working out at the infamous Muscle Beach), diehard Proposition 19 supporters, world-class musicians, and diverse street vendors, all interacting along the beautiful Pacific Ocean. Anyone who has been to Venice Beach will recommend you visit it solely for the experience of seeing so many different types of people in one place. However, it is a really fun day trip to take with friends, and if you happen to find the famous canals that Venice Beach was named after (hint: look near South Venice Boulevard and Pacific Avenue), you will fully experience the unique beauty this beach town has to offer.

Six Flags

Distance: 148 miles. Time: 2 hours, 53 minutes



Six Flags Magic Mountain is one possible day trip destination, but it is not for the weak-hearted. Six Flags is a theme park located in Valencia, California (just north of Los Angeles) that boasts the world record for most roller coasters (17) in a single park, and it unquestionably lives up to its reputation of thrilling rides and adrenaline-pumping fun.

Photos Courtesy of www.google.com

Fairley
In Control

By Ben Allen
Staff Writer

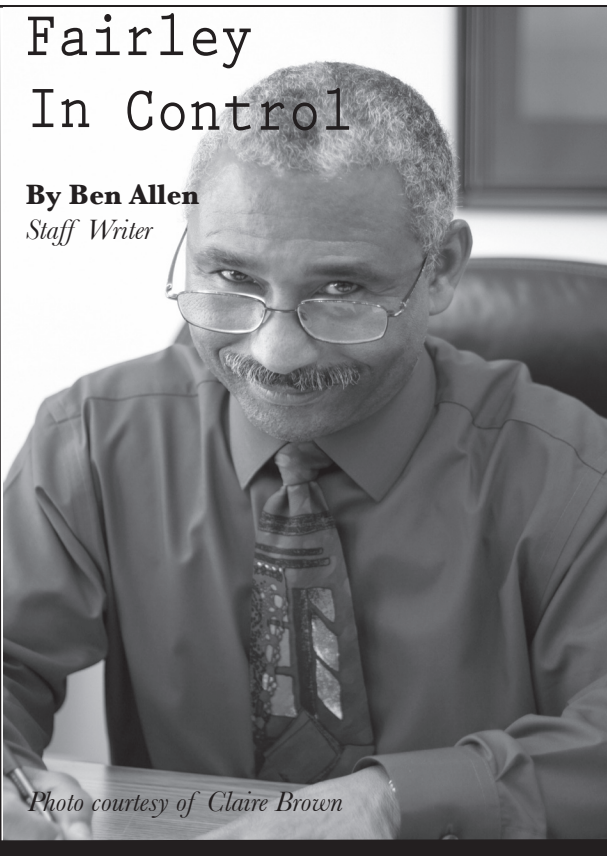


Photo courtesy of Claire Brown

A day in the life of our vice principal is a hectic one. He has no set schedule, but rather deals with the problems as they come to him. Whether it is disciplining freshmen or helping seniors pay for their APs, Mr. Fairley has learned to roll with the punches. When asked, Mr. Fairley said he would describe his day as an adventure, and that he never knows what tomorrow will bring.

Mr. Fairley got his start as La Jolla High School’s VP sixteen years ago in August of 1996. That was also the year that Mr. Shelburne first arrived at the school, making the two of them the longest running administrative duo currently in the district. Ms. Greco joined them a few years later.

An exact description for what Mr. Fairley does is difficult to compile. In short, he, Mr. Shelburne, and Ms. Greco handle all of the problems the school faces. This may include anything from the budget, academics, rambunctious kids, unhappy students, and athletics. The day on which the *Hi-Tide* interviewed him, Mr. Fairley had already dealt with several students, and one parent. Throughout the course of the interview, Fairley dealt with two students over confiscated phones, two students looking to pay for their AP exams, and three freshmen who had been throwing food at lunch.

Mr. Shelburne, Mr. Fairley, and Ms. Greco all have particular areas of the administration under their jurisdiction; however, they share the load in more of a “give and take system,” meaning that if one of the trio’s members is missing, then the others will pick up the slack. When asked how they maintain an equilibrium, Fairley laughed and replied, “There is no equilibrium.”

Despite hectic days and the relentless problems of public school, it’s obvious Fairley knows what he’s doing.

LJHS BUCKET LISTS

BY KARINA BISTONG AND SKYLAR ECONOMY

STUDENTS OFTEN ASK THEMSELVES, “WHEN IS THIS STUFF I’M FORCED TO LEARN GOING TO HELP ME IN THE FUTURE?” WELL, EVERYTHING TAUGHT IN SCHOOL OPENS A PATH TO SUCCESS. TO SUCCEED ONE NEEDS TO SET GOALS AND ACHIEVE THEM. MANY PEOPLE BELIEVE THAT SETTING GOALS FOR THE FUTURE AND ACCOMPLISHING THEM ARE DIFFICULT BECAUSE THE FUTURE appears too distant. Life goals do not always have to be set in stone, however, it is easier to take life one-step at a time. Set goals for tomorrow, next week, or next month. Gradually as you achieve, you will be on the road to success. But in order to reach your goals, you have to know how to set them. Motivation is key. Set goals for things that will result in a positive impact. The feeling of getting something done is great when it is something you are passionate about. You must put your goals into perspective and prioritize them. If the goal is irrelevant to the big picture, then why waste all your hard work. Motivation and ambition play a big role in setting goals. Make sure the goal is specific, attainable, relevant, and time-bound. Once you have decided on your goals, it is best to write them down. Jotting them down increases productivity. It is an organized way to make sure all points are met and there is no excuse for forgetting them. Also, writing down why the goals are important to you will lead to greater motivation. Nobody will work to full potential for an unimportant reason. A good place to write down your goals is in your student planner; it really helps when organizing study and homework routines and in making sure everything is accomplished. Taking these goals one-step at a time is a good idea, but do not forget the purpose of excelling in them. Remember your big goal for success. Achievement is measured by outcome and the amount of hard work put into it, you can’t just want something and expect it to happen. Setting goals is a benchmark to see if you are actually completing your initial goal. For example, if your goal is to get a 4.0, hard work and good study habits are required. When the end of the semester comes around and you get a 4.0, but you cheated on all your tests and homework, then you failed your true goal. Now you have done the contrary to what your initial goal was. Goal setting doesn’t just end once your goal is complete. If setting goals proves to be an efficient way to get your tasks done, continue to set goals and keep yourself on track. The feeling of accomplishment really benefits you more than you may think. Work hard in all your aspirations, whether they be in school, work, sports, arts, or simply just to get organized. Setting goals helps put life into perspective and is worth it in the end.

I WANT TO
THANK
ALL OF MY
TEACHERS
FOR PUTTING
UP WITH ME
AND
HELPING ME.

-Rafael De La Torre

ACHIEVEMENTS

She wants to get her driver’s license before she graduates. She plans to practice more behind-the-wheel and spend a lot of time studying for her written test coming up in the near future.

Simone Stavros
sophomore

Timmy Holdgrafer
freshman

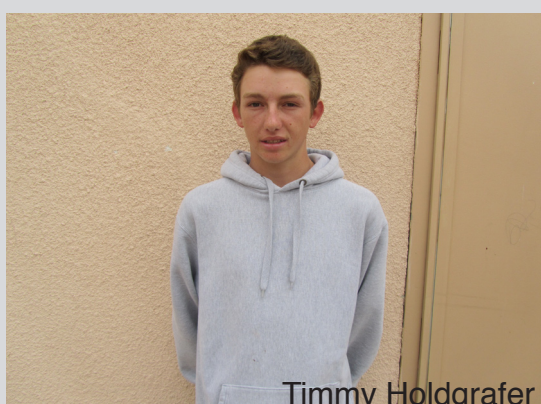
He wants to hit a homerun in baseball. He’s going to practice as much as he can in order to achieve this.

He is on the Varsity Water Polo Team and wants to win CIF. He knows his team has the talent to achieve this by working together and focusing all of its energy into winning.

Matt Allen
freshman

Katie Tedford
junior

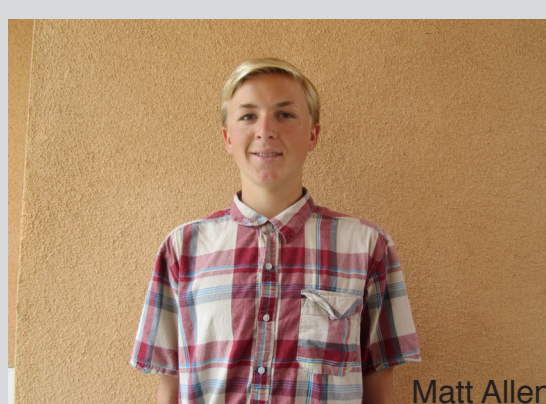
She wants to get signed in Los Angeles for modeling before she graduates. She plans to achieve this by working very hard and going back and forth to LA for auditions and interviews.



Timmy Holdgrafer



Simone Stavros



Matt Allen

Everyone has at least one goal that they want to accomplish before they graduate high school. Whether it is bungee jumping or watching the sunset with friends, here are goals off of a few of La Jolla High students’ bucket lists.

ADVENTURE

Rick Naitoh, senior: “I want to go with my friends to Catalina. We are actually going to go this spring break so that will be fun.”

“I just want to bungee jump. No reason and no specific location.”
-Xitlaly Uribe, freshman



Matty Taylor

Matty Taylor, sophomore: “I’d really like to leave the country [and go to] like Europe or some place far away.”



Zach Nelson

Zach Nelson, senior, wants to go on a senior trip with a big group of his friends before he graduates this year. He would plan it and find the cheapest and easiest vacation spot, this way a lot of people could attend.

LOCAL EXPERIENCE

Coleman Lee, junior, wants to plan a great Senior Prank with his friends next school year. He will achieve this by combining ideas from pranks done in previous years with ideas thought up by his older friends.

“I want to become friends with one of my teachers on Facebook.”
-Harrison Stern, senior

“I want to watch to sunrise with a group of friends on the top of Mount Soledad.” -Daniel Hamilton, junior

“I WANT TO WEAR WOOL SOCKS AND SLIDE DOWN THE HALLWAYS.”

MOLLY DENISON, SENIOR

“I would like to try every flavor at Tapioca Express. So Asian, I know!” -Amanda Sambawa, senior

Kristin Crabb, junior, wants to have an elementary school reunion before she graduates because she thinks it would be a blast getting everyone back together. She wants to talk to her elementary school, Bird Rock Elementary, and make a group on Facebook, about inviting everyone from her 5th grade class.

I WANT
TO
SKYDIVE
IN A CHICKEN
SUIT, SO THAT
I CAN
PROVE
PHYSICS WRONG
THAT CHICKENS
CAN
FLY.

-Jose Hernandez

Abbi Leib, senior, wants to spend time with all of her friends and the senior class as much as she can before she graduates. She knows that the year is coming to an end quickly and does not want to waste any time. She is going to accomplish this by making as much effort as she can to spend time with all the friends she loves.

APRIL VARSITY SPORTS SCHEDULE

Baseball

3-31 **10:30 a.m.** vs. *City Tournament Championship @* Madison
4-2 **12 p.m.** vs. *Chula Vista @*Chula Vista
4-3 **10:30 a.m.** vs. *Canyon Crest @*Muirlands
4-4 **3 p.m.** vs. *Brawley @*Muirlands
4-5 **All Day** vs. *TBD @*TBD
4-9 **3 p.m.** vs. *Coronado @*Coronado
4-11 **3 p.m.** vs. *Coronado @*Muirlands
4-13 **3 p.m.** vs. *Point Loma @*Point Loma
4-18 **3 p.m.** vs. *Point Loma @*Muirlands
4-24 **4 p.m.** vs. *Bishops @*Muirlands
4-25 **3 p.m.** vs. *University City @*Muirlands
4-27 **TBD** vs. *University City @*University City
4-30 **4 p.m.** vs. *La Jolla Country Day @*La Jolla Country Day
5-2 **3 p.m.** vs. *Madison @*Muirlands

Boys’ Golf

3-29 **3 p.m.** vs. *Cathedral @*Farms Gold Club
4-9 **3 p.m.** vs. *Coronado @*La Jolla Country Club
4-11 **3 p.m.** vs. *Saints @*Riverwalls Golf Club
4-12 **3 p.m.** vs. *University City @*Torrey Pines South Course
4-17 **3 p.m.** vs. *Saints @*La Jolla Country Club
4-19 **3 p.m.** vs. *Mission Bay @*Balboa Park Gold Course
4-21 **7 a.m.** vs. *Scripps Ranch @*Riverwalk Golf Club
4-23 **3 p.m.** vs. *Cathedral @*Torrey Pines South Course
4-24 **3 p.m.** vs. *Crawford @*Balboa Park Golf Course
4-25 **1 p.m.** vs. *Saints/La Jolla Counrty Day/ Coronado @*Sea N Air Golf Course at NAS North Island, CA

Girls’ Lacrosse

4-10 **5:30 p.m.** vs. *Syracuse Team @*Gene Edwards
4-12 **7 p.m.** vs. *Scripps Ranch @*Scripps Ranch
4-16 **6 p.m.** vs. *Bishops @*Gene Edwards
4-18 **6 p.m.** vs. *Cathedral @*Gene Edwards
4-20 **All Day** vs. *Serra @*Serra
4-23 **5 p.m.** vs. *Canyon Crest @*Canyon Crest
4-25 **All Day** vs. *Point Loma@*Point Loma

Boys’ Tennis

4-16 **3 p.m.** vs. *Francis Parker @*Tennis Courts
4-17 **3 p.m.** vs. *Saints @*Saints
4-18 **3 p.m.** vs. *Cathedral @*Tennis Courts
4-19 **3 p.m.** vs. *Scripps Ranch @*Tennis Courts
4-24 **3 p.m.** vs. *University City @*Tennis Courts
4-26 **3 p.m.** *Ojai Tournament*
4-27 **3 p.m.** *Ojai Tournament*
4-27 **3 p.m.** *Ojai Tournament*
4-29 **3 p.m.** *Ojai Tournament*

Softball

4-2 **All Day** vs. *Las Vegas Tournament*
4-3 **All Day** vs. *Las Vegas Tournament*
4-10 **3 p.m.** vs. *Mission Bay @*Mission Bay
4-12 **3 p.m.** vs. *Point Loma @*Softball Field
4-17 **3 p.m.** vs. *Clairemont @*Clairemont
4-19 **3 p.m.** vs. *Madison @*Madison
4-24 **3 p.m.** vs. *Cathedral @*Softball Field
4-26 **3 p.m.** vs. *University City @*University City

Boys’ Lacrosse

3-30 **7 p.m.** vs. *Patrick Henry @*Patrick Henry
4-11 **7 p.m.** vs. *Coronado @*Gene Edwards
4-13 **7 p.m.** vs. *Scripps Ranch @*Scripps Ranch
4-18 **7 p.m.** vs. *Cathedral @*Cathedral
4-20 **7 p.m.** vs. *Patrick Henry @*Gene Edwards
5-2 **7 p.m.** vs. *Scripps Ranch @*Gene Edwards

Track

4-6 **8 a.m.-5 p.m.** vs. *Arcadia Invite Individuals*
4-12 **3 p.m.** vs. *University City @*Gene Edwards
4-19 **3 p.m.** vs. *Cathedral @*Cathedral
4-21 **9 a.m.** vs. *Mustang Invitational @*Otay Ranch
4-26 **3 p.m.** vs. *Saints/OLP @*Gene Edwards
4-28 **9 a.m.** vs. *Dick Wilkins Frosh/Soph Champion-ships @*El Capitan

Boys’ Volleyball

4.27.12 **3:30 p.m.** vs. *Redondo Power Classic*
4.28.12 **8 a.m.** vs. *Redondo Power Classic*

Badminton

3-29 **3 p.m.** vs. *Lincoln @* Lincoln
4-10 **3 p.m.** vs. *Cathedral @* Cathedral
4-12 **3 p.m.** vs. *Scripps Ranch @* Scripps Ranch
4-13 **3 p.m.** vs. *Hoover @* La Jolla
4-17 **3 p.m.** vs. *Mission Bay @* Mission Bay
4-24 **3 p.m.** vs. *San Diego @* San Diego
4-27 **3 p.m.** vs. *University City @* La Jolla

THE VIKING:
The story behind La Jolla’s mascot

By Katie Allen
Staff Writer

With spring break just around the corner, many students are getting spring fever. We realize that school will be out soon, leading to summer, and then again, we can frolic at the beach, spend time with our friends, or maybe enjoy a vacation. This will also close up La Jolla High School’s 90th year anniversary, and for some, there are still some unsolved school-related questions.

There is one question which continues to vex the sports teams and fans alike: “why is our mascot a Viking?”

Vikings have a gruesome appearance that is sure to send opponents running for the hills. But beyond this, why is our school the home of ancient pillagers? While it is not known for sure, perhaps the story can be found in a past yearbook. In 2003, the yearbook contained a story that might explain the meaning of our mascot. In 1899 two Scandinavians, Thorson and Larson, who lived in La Jolla, built a glass-bottom Viking boat in which to sail tourists around in so they could see the ocean. Due to their great success, Thorson and Larson decided to create an even bigger

one. According to *La Jolla Year by Year*, written by Howard S. F. Randolph, it was launched on July 26, 1900 and given its title by Ms. Kitty Murray who was told to call it the “Vee-king” but instead called it the “Viking.” It was wrecked in a storm but could quite possibly be the legend behind our mascot.

The second question is: why are our school colors are black and red? We live by the beach, why not have blue and greens? According to Ms. LeCren, “The school was created in 1922, and at some point they wanted to have a football team, but didn’t have the money for uniforms, and San Diego State, had some old uniforms, so they gave them to us, and that’s how we got red and black, which are the same colors as San Diego State.”

We are the proud wearers of hand-me-down uniforms and colors. But let’s face it... it would not be La Jolla High School any other way.

Photo courtesy of Courtney Gaior



Emily Young, a sophomore on varsity girls’ lacrosse, is another student athlete who plans on taking her commitment to the next level, hopefully at Ivy League schools such as Cornell.

Dedication is an Expectation

By Waverly Richards
Staff Writer

Dedication is the amount of work and time athletes put into their sport, their selfless devotion, and their attitude as an individual. Dedicated athletes are never late for practice, which is a big expectation of La Jolla High coaches. The players are always thinking about their sport, always wanting to improve and stand out. These athletes are amazing players that go above and beyond the call of duty. They train many times a week and never give up, even when challenges arise. All in all, these student-athletes give it their all, all the time.

Daniela de Kervor, a senior on the girls’ volleyball team said, “Volleyball is literally my life. I’m in the gym playing at Coast Volleyball Club at least five times a week working my butt off. Not only am I obsessed with the sport, but my

parents have also become [obsessed] now! They support me a lot with the eating habits I maintain, and always motivate me to push myself harder and harder every day that I train.” De Kervor is planning on taking her love for volleyball to the next level and is looking forward to playing in college at Claremont McKenna, Washington University, or Brown.

Ellie Dye, a junior on the girls’ varsity soccer team, said that having such a commitment is very hard to maintain.

“It’s hard being in love with soccer. I am so determined to go all out every day, I forget I have other things going on! It’s sometimes difficult to balance out soccer between homework, family, and friends, but anything is worth it to do what I love most,” Dye said.

There are also athletes who are able to play more than one specific sport, which is something only a few students can do. Tyson Youngs, a junior at La Jolla High School, is a

great example of a dedicated athlete in many different ways. “I train anywhere from four to seven times a week at 5:30 a.m. I will most likely be playing D1 baseball and have been seen by many colleges since my sophomore year. Stanford and University of Washington have contacted me for baseball. I have been training seriously since the 8th grade and love every second of it. Sports are my life and are my favorite thing to do. I have been a three sport varsity athlete since sophomore year and my motto is ‘look good or go home!’”

A few of the athletes at La Jolla High School plan on taking their sport to the next level by playing in college. Playing sports in college requires an extreme amount of commitment. College athletes are expected to make their sports one of their top priorities. Student-athletes must dedicate much more time to their sport than that of any normal student would.



KEVIN USSELMAN

By Jessica Savage
Staff Writer

Kevin Usselman sparked his passion for baseball when he picked up a bat at four-years-old. Everything about him oozes baseball: from the way he talks to his Viking baseball sweatshirts and t-shirts. Usselman, who has played varsity baseball at LJHS all four years, has shown what it truly means to be a team player who is fervent about his sport.

Apart from being a player of LJHS's varsity team, he has also played for the Tampa Bay Rays scout team for two years, the San Diego Stars for five years, San Diego Hustle for three years, and the SoCal Bombers from Los Angeles for two years. He hopes to further his career by first making all league then continuing to play at the next level for either Texas Christian University or University of Alabama.

He began his baseball career as shortstop, but soon transitioned to catcher. Usselman decided to play catcher out of curiosity. The catcher controls the game, expecting a mistake to happen in every pitch. Thanks to the advice from the Tampa Bay Ray's Scout, he stuck with it and continues to play catcher today.

Baseball consists of more than just sunflower seeds, spit-

ting, and natural hand-eye coordination. Usselman stated, "it takes more than just talent to play. It is a game of talent and brains. Even though it may look like a slow sport to watch, everybody has the competitive mind set in them which makes it fun and interesting."

Usselman's idol, Bryce Harper, only further displays the rarely recognized aspects of baseball. Just the right combination of a certain state of mind and natural abilities can create the ultimate baseball player.

"He [Harper] has the mind set of being the greatest player ever to play the game. He is going to make his major league

debut at age 19. He gives one-hundred percent in every aspect of his game. He is the future of baseball," said Usselman.

Usselman likes that baseball is a team effort. "It's a game with a bunch of teammates having your back in every situation; [for example] when the game is on the line and everybody has to contribute in some way: if it's getting the big hit, cheering teammates on, or picking up others after mistakes in any situation."

Usselman will be found sporting the number eighteen at the Muirlands Middle School field this spring season alongside his teammates.

AUSTIN BURKE

By Haley Richards
Staff Writer

This year, the La Jolla High School baseball team was able to welcome Austin Burke as an official varsity player. Last year, CIF rules restricted Burke from playing because of the one-year time limit for students transferring from other schools in the district to avoid recruiting.

Burke came from Mission Bay High School and plays two positions: left-handed pitcher and outfielder.

"I feel a lot of pressure this year as one of the team captains, but it is my job to prove myself to my teammates and

San Diego," said Burke.

Coach Frank said that the rules from the CIF divisions "need to be in place," though they are "unfortunate." Now it is Burke's time to be on varsity, and he is excited to be the starting pitcher for the season.

"Austin worked very hard last year in a tough situation because he couldn't play in games, yet he still practiced and made time for the team. He earned a lot of respect from his teammates because they saw how much baseball and the team meant to him," said Coach Frank.

Baseball is Burke's only sport, and since he was four, he has trained year-round to prepare for the season. When he was twelve he threw a "no-hitter" and won state championships. Burke also plays for club teams like the San Diego Hustle and The Bolts. He enjoys club season but is much more excited for this LJHS season.

"Our biggest rival here at LJHS is probably Cathedral and for me personally, Mission Bay," Burke said.

He has received a scholarship to Menlo University for baseball and is considering this offer, although he would much rather go to Pepperdine University. With Burke playing, and only a few newcomers, it is going to be a great season.

STANDOUT ATHLETES



Photo courtesy of Haley Richards

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U-Touch Club teaches students about Uganda

By **Fabiola Zirino**

Staff Writer

The Ugandan Country Director for the African Medical and Research Foundation (AMREF), Joshua Kyallo, visited La Jolla High School on March 28. Hosted by the U-TOUCH club, (formerly known as Sister Schools), Mr. Kyallo spoke about the state of health care and education in Uganda and what AMREF is doing to improve it.

Uganda, compared to Europe, proves stark in contrast. One of every sixteen Ugandan women die in pregnancy, while in Europe one of every thirty thousand dies.

According to Mr. Kyallo this is because there is no infrastructure in Uganda; the hospitals are few and far between, and they cannot accommodate every person in need. There are 3,500 trained medical doctors in the entire country to serve a population of 30 million. Most people living in rural areas of Uganda do not have access to a hospital.

With insufficient hospitals, diseases rage. The most widespread, but preventable, diseases are malaria, HIV/AIDS, and tuberculosis.

Mr. Kyallo considers malaria to be a “disease of poverty” because the number of cases of malaria could easily be re-

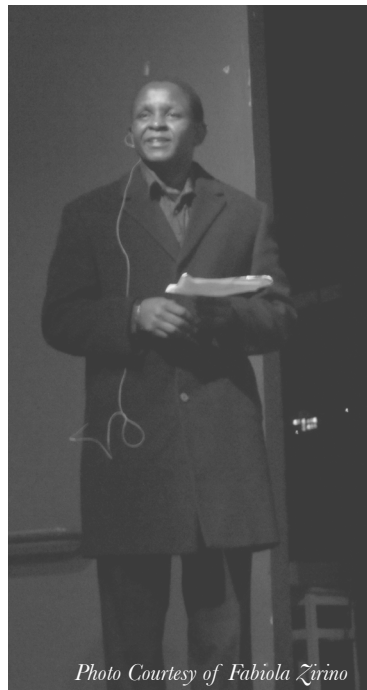


Photo Courtesy of Fabiola Zirino

duced if more mosquito nets were distributed. In the past few years, the U.S. government (AMREF’s largest donor) funded projects that increased the number of mosquito nets available. This reduced the number of malaria cases, but there is still enough fatalities resulting from malaria to easily wipe out the equivalent of the entire population of La Jolla High School in a few days.

HIV/AIDS is also easily preventable, but Ugandans have a limited number of STD testing centers. Therefore, people are not aware if they have the disease and it continues to be unknowingly spread.

Additionally, water supplies



Photos Courtesy of www.U-Touch.org

Left: Joshua Kyallo speaking to LJHS Students. Bottom: Students at a U-Touch sponsored center in Uganda.

in Uganda are defective and cause many diseases to spread uncontrollably.

Uganda recently emerged from war and violent dictatorial regimes, and now the country is putting forth its efforts in reconstruction.

Although AMREF has made much progress in Uganda’s public health, there is still more that must be done. In a technologically advanced world, Mr. Kyallo sees the world community as a “global village” in which the entire world can see what goes on in other countries.

For example, the video that went viral on the internet, KONY2012, spreads a mes-

sage of awareness. In Uganda, internet access is limited to big cities and he hopes that its spread can lead to inspiration for change, similarly to how social networking was instrumental in the Arab Spring.

Mr. Kyallo greatly appreciates the U-TOUCH club and wishes to express his gratitude for its efforts to make connections and provide internet and education to students in Uganda.

The U-TOUCH club writes letters to students and raises funds to sponsor students in Uganda. U-TOUCH club meetings are held in Mrs. Vu’s room on Wednesdays during lunch.

False Positive

By **Chance Rhome**

Staff Writer

Last year, a teen in Washington faked a pregnancy for six months. Seventeen-year old Gaby Rodriguez wanted to conduct a social experiment to see how she would be treated differently. The results were not favorable.

When her fellow students first found out about her “pregnancy,” people told her that she had ruined her life, and that they were not surprised because they knew it was going to happen eventually. However, they were taken aback when six months into her pregnancy Rodriguez walked on stage and announced to the entire student body that it was all a hoax.

In order to pull off this elaborate experiment, Rodriguez had to fool everyone. She first wore baggy clothes, and then eventually graduated to a fake pregnancy suit. Only her mother, her boyfriend, and her principal knew the truth. Even her siblings and her boyfriend’s parents were left in the dark.

As a result of this senior year project, Rodriguez was alienated from many of her friends and fellow students. “A lot of rumors were just that I was irresponsible. No college...it was bound to happen,” recalls Rodriguez.

Since the big reveal, she has regained much of her support system, and has been commended for her courage and creativity. She continues to fight against stereotypes and discrimination today and hopes to do so in the future as a social worker.

Senior Andrea Lewis believes that girls who get pregnant in high school face discrimination. “Well, yes [they do face discrimination], because they made a huge mistake, and they’ll get ostracized because of it,” she said. However, she does not believe that those girls deserve it. “Everyone makes mistakes. They really need support, not being ignored by their friends.” Lewis believes the experiment was a good idea, because Rodriguez got to see who her true friends were. Lewis also believes that she would not ostracize one of her friends if they became pregnant.

High school is a place of growth and experimentation, and sometimes mistakes are made. It is when we make those mistakes that we find out who our true friends are. School is a sanctuary; a place that should be free of discrimination of race, sexual orientation, gender, and bad choices. Although this is rarely the case, Rodriguez has managed to point out the faults in others’ assumptions.

[LOL] JHS Memes

By **Tim Rayner**

Contributor

“[A meme is] an element of a culture or system of behavior passed from one individual to another by imitation or other non-genetic means,” according to the Oxford dictionary.

Originally, the term was used in the context of social evolution first appearing in German texts in 1904, and later in English texts in 1921. It was further popularized by Richard Dawkins, who used meme theory to make breakthroughs in the field of social evolution.

But with the advent of the worldwide web, what was once a high-level scientific concept quickly began a descent into the dark realm of internet humor.

Many universities and high schools have recently started to make their own meme pages on social networking sites, containing material exclusively understandable by students and faculty of the school, and promoting unity in otherwise divided schools—a trend that, in itself, is a meme.

The meme made its way to La Jolla High on March 8,

2012, when alum Jonathan Lo (Class of 2011) created a Facebook page entitled “LJHS Memes” and posted the first meme, which entailed a stock photo of a woman crying overlaid with the text, “I’m taking swim P.E., but it’s December.”

More memes were created and submitted by Lo and fellow alumni, as well as many current students. Within two weeks of its creation, the page amassed some 800 members and over 100 school-themed meme photos posted to its “timeline.”

And yet, following in the footsteps of the politically incorrect and revolutionary Senior Benches, this new student trend seems to have attracted some controversy, in part because of its occasionally irreverent humor. Some teachers have already discovered the page, and some even have positive things to say about it.

On a larger scale, though, the meme page is yet another resounding testament of the power of the internet—and Facebook in particular—to unite people over common ideals. Facebook, the social media platform on which a large por-



Photos Courtesy of LJHS Memes Facebook Page

tion of the coups and uprisings of 2011’s Arab Spring were planned, is evidently a modern tool powerful enough to affect the course of history and truly become a voice to the oppressed. While, obviously, this is not quite the case here at LJHS, there is the same driving concept behind the meme page; it is not particularly the comedy of the memes themselves but the fact that amid this current financial Dark Age for education in California,

the voices of students who feel largely underrepresented are expressed in a fun and [mostly] clean manner.

Through use of gallows humor, the meme page has provided a refuge for stressed students, where they can go for a few minutes to forget about the pressures which come with attending a school as competitive as La Jolla, to have a laugh. It is for this reason that Jonathan Lo is a hero in the eyes of many students here.

Notorious Art Collection Found

By Ben Allen
Staff Writer

Towards the end of February, Czech writer Jiri Kuchar discovered 16 paintings that belonged to Adolph Hitler. Kuchar found seven of the paintings at a Czech covenant, another seven at the Czech Chateau Zakupy, and one painting each at the Military History Institute in Prague and the Faculty of Law in Charles University of Prague. The 16 are a small fraction of the amount of art Hitler owned. His entire collection, the “Linz Collection,” included 5,000 pieces in total, some of which have not yet been recovered.

Kuchar discovered these relics of the Nazi regime after a five-year search based on leads from the book *Hitler’s Salon* by Ines Schlenker.

Hitler bought the pieces in 1942 and 1943, during the height of World War Two, at the Great German Art Exhibition annually held in Munich. *Hitler’s Salon* included the transactions made from Hitler’s purchases of the art. Using this information, Kuchar tracked down the pieces in the Czech Republic.

“Nobody believed me it could be true,” Kuchar later stated.

For fear the art would be destroyed in the Allies’ bombings, the art was moved to a monastery in the Czech

town of Vyssi Brod during the war, along with around 70 other pieces. The art was later redistributed after Czechoslovakia’s liberation.

The art itself has been appraised to be worth around \$2.7 million; art experts said that “while interesting” the collection itself was “low” in value.

The collection features several German artists including Franz Eichhorst, Paul Herrmann, Sepp Hilz, Friedrich W. Kalb, Oscar Oestreicher, Edmund Steppes, and Armin Reumann.

While the majority of the paintings are obvious images of Nazi propaganda, the *Reminiscence of Stalingrad*, which is believed to have been Hitler’s favorite, shows wounded German soldiers in their trenches with a hellish battleground behind them. While it is not the most flattering vision of the German army, Hitler may have liked it because it shows the grim determination of his forces; additionally, the majority of the soldiers are of the “Aryan” race.

The Czech National Institute for the Protection and Conservation of Monuments and Sites now holds 14 of the pieces, and will not be selling or putting them on display. Kuchar believes that there are another nine pieces that have not been found.

Low-Fidelity Music

Simplistic variation in a static playlist

By Alex McMahon
Staff Writer

A static-filled song simply sounds bad to most people. During the vinyl days, such quality was normal. The advent of the cassette, better recording equipment, and better production techniques brought a new level of sound quality. Still, the poorer quality remained as it formed into the lo-fi, or “low-fidelity,” subgenre.

Bob Dylan popularized the style when he released previously recorded demos as *The Basement Tapes* in 1975. Interjections of conversation, laughter, and crackling quality—*The Basement Tapes* epitomize the authenticity that defines the lo-fi aesthetic.



Bands, such as The Velvet Underground, began producing lo-fi versions of their songs. Although a clean-cut recording initially seems more appealing, lo-fi music mimics the more personal experience of seeing a band live, as opposed to the detachment inherent in recorded perfection.

The budget for producing a lo-fi album was, and is, significantly lower than that of a studio album, especially after Tascam came out with its Portastudio, a four-track analog cassette recorder. The affordability of recording, coupled with the shattering of misconceptions about low sound quality, allowed many bands a chance they would not have otherwise had to enter

the public sphere. Once popular and signed to record labels, musicians like Beck and Elliot Smith moved on to hi-fi (high-fidelity) recording. Pavement, however, retained lo-fi as its dedicated style. Before then, the sound was merely a starting point or for occasional usage by a hi-fi band as juxtaposition to their other recordings.

Although Tascam stopped producing its analog models, lo-fi and its implications persist. Whether a hobbyist or someone looking for a place to begin, almost anyone can afford the line of home recording options that followed the original Portastudio.

Pavement may have disbanded (or at least is finished recording new music), but Guided By Voices, Neutral Milk Hotel, and others, have kept the lo-fi integrity in the grainy limelight of pop culture.

Bands like **Pavement** (left) and **Neutral Milk Hotel** (below) record in lo-fi.



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LJHS Theater Review

Grease

The well-known yet classic play took La Jolla High School by storm.

By Fabiola Zirino

Staff Writer

“Grease” is the word! The play was the most sensational production by the La Jolla High School drama department since *Cabaret* in 2006. The almost entirely student produced show (over 50 students) never lagged. The singing, dancing, acting, costumes, set design, and lighting were so well-done that for a moment the audience might have forgotten it was a high school play.

The only reminders of La Jolla High are the actors (classmates) on stage. The leading actors succeeded in enchanting the audience through their portrayals of comical and witty fifties characters. All the performers were very comfortable on stage. Kevin Cruz was positively convincing as Kenickie in the testosterone filled scene, “Greased Lightening.” Maddy Harvey, at first unappreciated as Rizzo, showed off her vocal prowess with her great rendition of



Photos courtesy of Lexi Chipman

Three things you didn't know about the LJHS production:

- 1 The opening show on Wednesday was the most attended in LJHS history.
- 2 Cast member Kevin Cruz (Kenickie) was mercilessly teased by fellow members of the cast following the first show.
- 3 During dress rehearsal, Jake Huey Correa (Roger) ripped his pants during the gang fight scene. After his pants were pulled down by a fellow cast member, he went to walk away, took too large of a step, and ripped the velcro seam of his pants all the way to the knee.

“There are Worse Things I Could Do.”

The show also included lesser-known numbers that were not in the famous 1978 movie, such as “Freddy My Love,” “Mooning,” and “Alone at the Drive-In-Movie.” Sara Phelps was sophisticated, elegant, and sexy in lingerie and a red silk robe as she performed “Freddy My Love.” Jake Huey-Correa and Lauren Nordholm charmed in “Mooning.” The young romance was unabashedly cute and captivated the audience. Truly Bailey and Giovanni Moujaes, who portrayed Sandy and Danny, told the classic story well through Moujaes’s cheerful and enthusiastic acting style and Bailey’s trained theater voice.

Not only did Harvey act as one of the main characters, but she also choreographed the entire show. She explained “I get my inspiration from various styles of dance.” The dancing was expertly crafted, energetic, well-paired with the music, and very imaginative.

The only disappointment of the show was its exclusion of the movie’s quintessential song; “You’re the One That I Want”. Besides that, the production was a hit. The drama department has a tough act to follow.



Photo courtesy of www.calibermag.org

For the past several years, every spring issue of the **Hi-Tide** has contained a detailed article about the indie-rock festival known as Coachella. This year, the **Hi-Tide** offers both a criticism of and alternative to the “mock-Woodstock.”

By Emma Scott

Staff Writer

It’s that time of year again. Rumors of the Coachella lineups began trickling in

months ago, and now the time has come to see all those rad indie bands you have probably never heard of.

Every year, hipsters at La Jolla High School take the three-day trek to Indio, California to partake in a music festival experience that the sane would rather avoid.

One reason to avoid the mob of angsty teens is simply cost. Many students would

❧ The benefits of this faux event do not only include the bargain cost and impressive lineup; these venues include quality sound systems and flushing toilets. ❧

prefer to spend the \$300 to \$500 general admission fee on something that is not going to end in trampling or heat stroke.

Weather is another factor of the mock-Woodstock that may dissuade some from attending. The heat in Indio is expected to be in the 80 to 90 degree range; the price of a bottle of water is even more devastating. And if the smell of dirty campers under the hot desert sun isn’t enough to turn one off, then the stench of the portable toilets should do the trick.

Despite these deterrents, every year there are cranky students who curse those “lucky” enough to see the festival.

For those who are heartbroken over not being able to attend Coachella, there is another opportunity to see many of the same bands. This anti-Coachella alternative is known as Fauxchella, and runs from Monday, April 9 to Friday, April 27.

Fauxchella is the reasonable solution to the many perils of Coachella. Because it occurs before, during, and after the festival in Indio, most bands featured in Coachella perform in smaller venues in the Bay Area that they would not normally play in. The Fauxchella lineup includes Radiohead, Bon Iver, Gotye, and several other bands from the festival’s lineup.

Although there are some overlaps in performances, the www.spinningplatters.com website boasts that “a dedicated Fauxchella attendee can easily see 14 to 15 shows, and still spend less than one Coachella ticket.”

The benefits of this faux event do not only include the bargain cost and impressive lineup; these venues include quality sound systems and flushing toilets. And when the night comes to an end, the concert goer has the option of sleeping in a bed rather than a jam-packed tent in the sweltering desert.