



Photo Courtesy of Wendy Nettleton



Photo Courtesy of Giovanni Moujaes

CIF

Winter Edition

Clockwise from top left:

Senior Matt Needham elevates over a Canyon Crest Academy defender. The basketball team upset #3 Montgomery in the CIF First Round but lost to #6 CCA in CIF Quarterfinals, 53-42; Women's varsity soccer players celebrate after beating University City, 1-0 in CIF Semifinals. The team played a great game against Cathedral Catholic for the championship on Saturday; A couple Saturdays ago, women's varsity water polo took on Bishop's for the CIF Championship title. Although LJHS kept it close in the first half, the wheels came off in the second half, resulting in a loss, 13-5.



Photo Courtesy of Jordan Boreman

SIDELINE SHIFTS

WELCOMING THE NEW LACROSSE TEAMS' COACHES

By Wendy Nettleton
Sports Editor

Both the men's and women's lacrosse teams at La Jolla High School will be experiencing coaching changes this year. For the men, varsity head coach Tom Duerr, assistant varsity coach Kip Malo and JV coach Max Zarchin and for the women, varsity head coach Brittany Butler, assistant varsity coach Maria Valderas and head JV coach Caroline Beasley.

All three of the women's team coaches recently have graduated from college, where they played competitive lacrosse. The young vigor they bring to the team helps keep it fast-paced and updated in the ever changing world of lacrosse.

Butler, who was a crucial

player at University of Mary Washington in Virginia, mentions that, "We want La Jolla women's lacrosse to become a household name and for that to happen, we, as coaches will increase the intensity level, ability, skill, and knowledge of the game. In turn, the girls' level of dedication and commitment will rise. We have some amazing talent on both JV and Varsity, we're really excited to showcase that this year! Bottom line, winners don't wait for opportunities, they make them happen!"

Also, San Diego Section CIF recently shifted around the women's divisions for all the schools in the county. It has split schools into an Open Division, Division I and Division II. The Open Division was organized specifically by lacrosse skill, not the size of the school. LJHS was placed into that division with

seven of the other top teams in San Diego, like Coronado and La Costa Canyon. Senior Sarah Alton said, "Both our coaches are gearing us up for this top division. We have been working with a strength and conditioning coach to prepare us more. Our previous coach was superb, but I can really tell that [Butler and Valderas] are here to make a big name for our program and solidify it as one of the best in San Diego."

On the other side, the men's team recently saw long-time head varsity coach Matt Rosenberg step down to pursue other interests and Tom Duerr step up to fill the position. Duerr, who played at lacrosse powerhouse Johns Hopkins University, will also bring the same vitality that the women's coaches are

bringing.

Duerr said, "The 2013 La Jolla boy's lacrosse team is a young team but possesses senior leadership and experience to lead the way for the program. Senior midfielder Coleman Lee will be a large contributor to our success on offense as well as defense. Much of our success will be a direct reflection of Coleman's leadership on and off the field. Starting junior attackman Troy Cummings will be leading the charge on the offensive end. Troy's quick hands and fast-paced mentality will push the offense to take advantage of unsettled situations."

The men's team is definitely excited for the coaching change because it gives it the chance to work with top players. Senior goalie Myles Dalton-Steinhardt, who Duerr

mentioned will be the "key component on defense [and] with his leadership and direction on the defensive end, it should look to contain our opponents to a minimal goals against average," said, "These new coaches we have played at top lacrosse schools and some still play on pro exhibition teams. They really know their stuff and are conveying it over to us well. This season should be pretty impressive."

Both Butler and Duerr are also head coaches for Mad Dog Lacrosse. Mad Dog is a local, off-season club team for boys and girls. The two are working hard to create a strong youth base for La Jolla High, that will in turn help the two varsity teams hopefully win some CIF Championship titles.

Women in Combat

By Megan Carroll and Rachel Carroll

Staff Writers

Defense Secretary Leon Panetta has made a revolutionary decision: women are now allowed to serve in ground-combat. The ban on women in combat was lifted in order to achieve the military's goal of "a level, gender-neutral playing field." Many women have already been serving on the front lines, but now the technical rule will be lifted.

Some champion this new decision, some question the logistics and benefits, and still others wonder if the ruling will at all alter the course of war.

Previously, the US Army, the largest fighting force, had excluded women from about 25 percent of active duty combat roles, according to the Washington Post. Fox News reported that over 230,000 jobs could be opened up to women in Army and Marine infantry units. By May 15, plans are to be presented on how to effectively integrate women into the front lines.

The ability of women to pass strength and fitness requirements was originally a concern. In response, gender-neutral tests were created although many question how accurately they will be able to tell if a woman is strong enough to serve on the front lines.

In reality, the average Marine infantryman has to carry a 100-pound pack and walk long distances. Some claim

the tests lowered the requirements for women, leading them to believe women may not be adequately prepared for some of the more intense positions on the front lines.

Another issue is the sexual harassment of deployed women. According to the Department of Veteran Affairs, over half of the women deployed to Afghanistan or Iraq have reported being sexually harassed. Some believe that putting more women in situations where they will have little to no privacy will increase the amount of sexual assault. Others think that making men and women more equal in the military will create a more respectful atmosphere.

La Jolla High School students are divided on the issue. Freshman Seth Pite said, "It is a good thing that they are willing to risk their lives for our country. Women deserve to fight if that is what they want."

However, Sophomore Lauren Roberts is not sure whether the change will be a good one or not. "I think it is great that women are not going to be excluded anymore, but I do not know how well the men and women will work together," said Roberts.

The ground breaking decision to lift the ban on women in combat has advantages and disadvantages. It's a great step towards equality in the military, but only time will tell if this new rule is beneficial or not.

Real Housewives of San Diego

By Ali Davallou

Staff Writer

Asylum Entertainment has sent out a casting call for a Real Housewives show for the San Diego area, including La Jolla and Rancho Santa Fe.

The Real Housewives franchise is an original series by the *Bravo!* cable network, and currently has six shows on air. The news came after Andy Cohen,

a *Bravo!* executive, said Housewives would not be expanding past their last Miami show. Clearly, something or someone managed to change the cable network's mind.

In the call, published on NBC San Diego's website, the casting agents are looking for "outgoing, strong, focused women who live in the area and want to share their lives on TV."

The call also explains that the women's husbands, friends, and families would have to be willing to be an "open book" to the cameras and to the show.

If any rich, busy, smart, popular housewives with large homes in La Jolla or Rancho Santa Fe are willing, get them to stop by the *NBC/Bravo!* casting call for the next set of Real Housewives.

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Accessibility Around Campus

By Lilly Grossman

Staff Writer

In the mind of the average La Jolla High School student, the word accessibility lacks meaning. However, for the disabled, the word is the difference between downstairs and upstairs, in and out, normal and different, even life and death.

Up until 2011, LJHS had no need to make campus accessible. Parents and grandparents may have needed ramps or elevators in the past, but unfortunately, their needs were ignored. Last year, however, the need grew as a student arrived in a wheelchair. A to-do list was handed to the school and although a year and a half has

passed, some of those needs have still not been met.

The first item on the list was to make sure both elevators are working. They needed updated software and had them running before the 2011-2012 school year started. Second, the bridge to the upper 500 building needed reconstruction. The bridge, which had metal railings but lacked a bottom, was a safety hazard to all students, not only disabled students. When an architect came to evaluate the bridge last spring, it was not approved for an office building, let alone a school. If a wheel went off the bridge, there would be nothing holding the 400-pound power

chair except flimsy railings.

The problem was solved before the 2012-2013 school year although the deadline was before the student entered high school.

Another issue is the lack of accessibility onto the football field. The only way onto the field for a disabled person is to travel around the school to Fay then down to the gate on Rushville. Taking into account fire and earthquake drills when students are instructed to go to the field, students in wheelchairs go to Nautilus. While the ambulances are down at the field, there is no one to help the students and aids on the other side of campus. It's

therefore the responsibility of the school to enact a change, put ramps to the field, and keep all students safe.

A final fix for the school is automatic buttons for the doors on the library and main office. In the case of a fire, there are times when no one is around to help a disabled person.

Automatic doors are the most important change that still needs to be made. Having automatic doors is a safety issue that needs to be considered. There is a cost, as with everything, which as of now has not been met. Unless someone generously donates the money, the problem will continue.

As there are other students in wheel chairs coming to LJHS in the near future, the solution to this problem is of utmost importance.

Shooting Simulation

...continued from page 1

with the suspect (who graced him with a full, open-handed slap before being gunned down point-blank). Yet the biggest truth that most teachers realized from the scenario was that it was almost immediately over.

Being less than three minutes in duration, the simulation had a fictional death toll of over five teachers and multiple children.

All parents of students and local residents were notified of the simulation prior to the actual date, to inform them of the purpose and content of the demonstration, and to dispel any concerns over audible gunshot noises that might be heard in the surrounding areas.

Starving Artists

By Trevor Menders
Staff Writer

The picture of an artist is already framed in much social stigma: emotional, moody, unorthodox, sensitive, and dark are just a few adjectives that come to mind, and these impressions can be found in multiple books and reviews.

At the same time, the arts used to receive much more attention than they do now. However, artists from both San Diego and all across the globe have recently begun to bring their craft to the mainstream in an effort to survive.

Songs on channel 933, et al., have started to slide away from harsh synthesizer and autotune and are now leaning more in the direction of acoustic guitar and raw vocals. Ballet, once confined to the stage, has started to reach the screen, with *Ballet in Cinema* broadcasting timeless performances by famous companies to movie theatres all around the world. Shows like *Glee*, *Smash*, and *Breaking Pointe*, although not universally loved, are starting to bring behind-the-scenes

glimpses into the action behind the curtains to the masses, and the majority of TV audiences are eating it up.

So, the fine arts are making a mark in popular culture in general—but what about in San Diego?

The truth is, the situation here is precarious at best. The San Diego Lyric Opera—once San Diego’s last remaining musical-only theatre troupe—folded under financial pressures in 2011. The company had just purchased the historic Birch North Park Theatre with a four million dollar mortgage, which, combined with poor ticket sales and a lack of donations, caused the company to close.

Closer to home, the La Jolla Music Society managed to book quite the fulfilling season: the Academy of St. Martin in the Fields, the BBC Concert Orchestra, The Joffrey Ballet of Chicago, and Alvin Ailey American Dance Theatre.

However, the season originally included another fantastic company: Ballet Bejart of Lausanne, Switzerland. The

company was forced to cancel its entire international tour because of budget problems: a bad omen for arts in the already-underfunded United States.

Although some companies are successfully delving into and playing along with a mainstream market, others are not: Ballet Bejart is known for being one of the most avant-garde troupes in dance-but evidently, the public does not seem to want avant-garde. It wants drama, and grit, which is not something that *The Rite of Spring* necessarily offers.

Nonetheless, our local companies manage to keep plugging, with San Diego Ballet’s world premiere of *Don Juan*, City Ballet’s twentieth anniversary season, and more Broadway bound success at both the Old Globe and the La Jolla Playhouse.

The only question is, will it last? Is the mainstreaming of the arts to broadcast television taking the value away from live performance? Only time will tell. Hopefully, newly mass-marketed art forms will renew America’s interest in the culture it so painstakingly developed in the last century, so that innovation in the arts may continue.

Spike and Mike’s Annual Festival of Animation

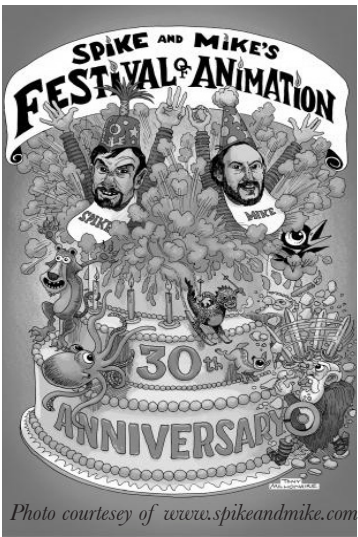
By Izzie Melvin
Staff Writer

The annual “Spike & Mike’s Animated Film Festival” is hitting La Jolla once again until March 30th at the Museum of Contemporary Art, located just blocks from La Jolla High School.

This unique film festival, which draws in all different types of audiences, has used this venue in the past. The selection of short films appeals to all ages, and the pieces run the gamut from old fashioned to up- and- coming contemporary.

This year marks the 30th anniversary of this film festival which will include “a collection of the most award winning and popular shorts in our thirty-year history, including over ten Academy Award winners or nominees . . .we, especially this film festival, just pick the best, the best from the past thirty years and the best that we see of the new stuff,” is how Josef Liebhadt, production manager, described this year’s festival.

He later went on to say, “this



isn’t potential Oscar winners- this is Oscar winners...these are Sundance winners.”

This film festival has initiated the launching pad for many careers and animations, such as *Jimmy Neutron*, *The Powerpuff Girls*, *Wallace & Gromit*, and *South Park*.

In addition to featuring many famous animations, Spike & Mike’s shows have been hosted at many prestigious film festivals such as The Sundance Film Festival and Cannes International Film Festival.

With celebrity guest appearances and much more, this festival is a must see.



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Claudia S.	CCA	2400	Kevin F.	WVHS	2400	Charles H.	WVHS	2360	Lang T.	CCA	2320
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Alice X.	CCA	2400	Dan K.	TPHS	2400	Shaleen S.	WVHS	2360	Nicole R.	CCA	2320
Brandon H.	WVHS	2400	Ashwin R.	CHS	2400	Yara G.	TPHS	2350	Sharanya I.	MCHS	2320
Bryan T.	WVHS	2400	Preetam S.	FPHS	2400	Amy C.	TPHS	2340	William L.	RBHS	2320
Cameron R.	WVHS	2400	Ashley C.	CCA	2380	Christine C.	CCA	2330	Alexander C.	WVHS	2310
Jeffrey G.	CCA	2400	Brenton C.	WVHS	2380	Chul Min P.	ORHS	2330	Amy C.	CCA	2310
Madhavi R.	CCA	2400	Grace C.	RBHS	2380	Eric C.	CCA	2330	Ann L.	WVHS	2310
Nathan N.	RBHS	2400	Jessica F.	RBHS	2380	Erik S.	Bishop's	2330	Ashley T.	CCA	2310
Oliver R.	CCA	2400	Amanda K.	CCA	2370	Michael Z.	WVHS	2330	Christopher L.	DNHS	2310
Raj K.	WVHS	2400	Jeffrey L.	RBHS	2370	Patrick C.	WVHS	2330	Caleb H.	SRHS	2300
Stephanie G.	CCA	2400	Jenny C.	Bishop's	2370	Richa C.	MCHS	2330	Katie X.	RBHS	2300
Tina V.	CCA	2400	Lucy A.	TPHS	2370	Zachary Y.	LJHS	2330	Kevin J.	MCHS	2300
Maria V.	CCA	2400	Mark S.	SRHS	2370	Allen C.	LJHS	2320	Jacob Z.	WVHS	2300
Timmy S.	TPHS	2400	Apoorva M.	TPHS	2370	Emily Y.	WVHS	2320	Kathy K.	WVHS	2300
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“How Do You Afford Your Rock n’ Roll Lifestyle?”

By Lilly Glenister
Staff Writer

Hipsters and indie kids rejoice! Music festival season is finally upon us once again. For most music fans, annual festivals like these are the “be-all, end-all” of concerts. One such bazaar, most likely topping the list of to-do’s for most that immerse themselves in the music scene, is the infamous Coachella Valley Music and Arts Festival.

This concert’s lineup was recently announced and tickets for both weekends, April 12-14 and April 19-21, quickly sold out to a broad spectrum of enthusiastic fans.

Although Coachella features numerous bands every year, ranging all the way from the post-punk band New Order to the legendary rap group Wu-Tang Clan in 2013, there’s plenty of other excitement that keeps people coming back. For this reason, it can be argued whether people currently attending events like these actually go to *listen* to the music.

There’s no doubt that the concert

goers will *hear* all of the bands playing around them, but with all of the other distractions, people often lose sight of the reason that they purchased such an expensive ticket to a *music* event. Thus, the entire point of attending an event such as Coachella virtually disintegrates right in front of our eyes.

Nowadays, it would pose a challenge to find any Coachella attendee who actually goes to the event solely based on the lineup. In fact, there are plenty of people, La Jolla High students included, that pre-order their passes a whole year in advance to ensure that they will take part in the “experience” that Coachella brings, regardless of

“Once upon a time, music festivals like Coachella were actually about the music”

which bands are playing.

These students may appear to be just extremely well organized planners on the outside, but in actuality, there are ulterior motives lurking beneath the shroud of teenage jubilation. Students want to make sure that their friends and everyone around them know that they are cool and alternative enough to be going to Coachella as young teenagers.

For reasons like this, events such as Coachella lose all credibility. In the words of John McCrea from CAKE, “excess ain’t rebellion.”

Once upon a time, music festivals like Coachella were actually about the music, not just about partying in the desert for three days for upwards of \$350 (you can do that for free on any weekend, just minus all of the background noises).

Students of La Jolla High, if you are planning on wasting your parent’s money year after year on bands you haven’t even heard of, just stop while you’re ahead. Save us the grief of seeing photo after photo of you on social media sites proving that you, yes



you, attended the great Coachella. However, despite the bounty of misguided attendees, there are still the few and proud that actually know more than one of the bands featured on the Coachella lineup. If you are fortunate enough to fall into this category of attendees, more power to you, and enjoy the Coachella “experience.”

One Acts: Six Plays, Six Directors, Three Nights

By Hannah Orr
Staff Writer

La Jolla High School’s own drama department had a successful run of its *One Acts*. This year, it consisted of six short one-act plays that were entirely student directed, acted, and produced, whose themes ranged from comedy to suspense and absurdist to modern.

The student directors were seniors Patrick O’Connor, Lauren Nordholm, Brandon Hickman and juniors Jake Huey-Correa, Ashley Stratton, and Hallie Bodenstab.

One of the more mysterious acts was *The Worker*, which is an absurdist drama about a married couple in which the husband works at a secretive company. Director Brandon Hickman said he chose this act because “Two years ago I found it while looking for one acts and no one ended up using it but I still remembered it because I thought

it was awesome.” His cast included Patrick O’Connor as The Man, Shayna Bloominfeld as The Woman, and Dominique Overturf as The Messenger. According to Hickman, “You really feel the family feeling when you’re the director.”

Unlike *The Worker*, Jake Huey Correa described his play *Lost* as “super funny and hysterical.” Taking a turn from the conventional, Correa cast two males, Shane Coldverd and Ian Beed, as the two elderly women in his play who “are trying to get out of the house to go to a play, but because they are so scatterbrained they keep forgetting things and they get into the car and something very crazy happens on the way to the show.”

Comedy is something that *Lost* and *The Brothers Grimm Spectaculathon* have in common. Director Patrick O’Connor commented “Due to its humor and lively nature, I’m using it as comic relief for the rest of the one acts.” His cast included Melissa Conroy and Alison Devitt as The Narrators, Tyra Majors as The Small Child, Tommy Solem and Savannah Visser as Hansel and Gretel, Vivian Vu as a talking fish, Thomas Friedrich as a dirt merchant, a giant, and a gay prince as well as Shayna Blumenfeld as a witch and a cobbler elf. The cast list surely reflected the humorous nature of this play.

One director, Lauren Nordholm, chose her one act from a longer play, *Metamorphosis*. Her one act consisted of three short scenes that were performed throughout the play. Each scene retold a Greek myth, such as Eros and Psyche or the story of King Eurysthicion. For Nordholm, the most important thing about *One Acts* was “that it gives an opportunity for lots of students to get involved, including those who have



Photo courtesy of Hannah Orr

Featured: Murder at Twickenam Vicarage

From left to right: Savannah Visser, Ashley Stratton, Thomas Friedrich (on floor), Emma Wineman, Ian Brininstool

not had any previous experience in the drama department.”

Junior Ashley Stratton, the director of *Mystery at Twickenam Vicarage*, chose her one act based on the fact that “it’s really, really funny and the characters were so amazing that I thought the audience would get a kick out of it.” It was a murder mystery set in England in the 1930s about how all the characters try to re-enact the night of the murder to figure out who committed the crime, which results in some hilarious realizations.

But *Mystery at Twickenam Vicarage* was not the only murder mystery featured this year. The second was *The Lodger*, directed by Junior Hallie Bodenstab, who said that “I adapted it so that it

now has blocking and a set instead of a radio setting.” Instead of comedy, *The Lodger*’s main focus was suspense. In this one act, a couple had a house with rooms to rent when a mysterious stranger came by to look at the rooms, which resulted in a spiral of suspense that entrapped the audience. Bodenstab gave away one hint and said “That it’s very closely tied to a story that everyone knows.”

Although the One Acts productions have ended, be sure to attend our school’s annual talent show to see additional performances from LJHS students. The talent show will be held March 15 at 7 p.m. in the Parker Auditorium. Admission is free of charge.

List of One Acts:

Brothers Grimm Spectaculathon
Director: Patrick O’Connor

Metamorphosis
Director: Lauren Nordholm

The Worker
Director: Brandon Hickman

The Lodger
Director: Hallie Bodenstab

Lost
Director: Jake Huey Correa

Murder at Twickenam Vicarage
Director: Ashley Stratton