

Hi-Tide

Interview with
Dr. Podhorsky
See ljhitide.com

Volume LXXXVIII Issue 5- February 28, 2014

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Dr. Podhorsky

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SPIRIT UPDATE

Hi Vikes!

Airband is coming up soon on March 7! The 5pm show is \$5 and the 7pm show is \$7. You can buy your ticket at the financial office the week before or at the door. Come support your class or the other club participants!

The Senior vs. Faculty basketball game is March 21! The faculty has only lost once in the past 12 years so our seniors will be working hard to break their streak! We received new embroidered LJHS sweatshirts that are crew neck or hooded. Come buy one at the financial office for \$35 before we run out!

Go Vikes!
Sydney Moses
ASB President

UPDATE: In an email announcement Dr. Podhorsky sent to parents Monday night, the final day of school is now Friday, June 13, and graduation will remain on June 12. Seniors must attend to receive their diplomas. Check SDUSD website for the schedule.

AP's On The Rise

More students enrolled in advanced placement courses than in past years

By **Liliana Becceril**
Staff Writer

The counselor walks into an English class to explain the classes being offered for the upcoming school year. Some decide to take normal courses; some challenge themselves by taking honors classes, and others decide to dare themselves

with rigorous AP classes.

"Advanced Placement classes are college courses and require a lot of self-studying" is the first sentence that comes out of the counselors' mouths as they explain how these classes will affect a student's future.

According to CollegeBoard
continued on page 10...



Mr. Tellers teaching an Advanced Placement U.S. History class

Punk Politics



Female punk group from Russia, Pussy Riot, makes headlines again

Photo courtesy of Wikimedia Commons

By **Hannah Orr**
Opinions Editor

On February 18, several Pussy Riot members were beaten after protesting in Sochi, thirty minutes away from where the Olympics were being held. Footage of the incident spread and was even used in the new music video they made, entitled "Putin Will Teach You to Love Your Country."

According to the *New York Times*, in the days before and after the incident, the band members were detained and arrested in various situations, including one where police accused the members of being
continued on page 10...

Police Blues

Old chief resigns, new chief is named, and sexual misconduct allegations pile the pressure on the SDPD

By **Creekstar Allan**
Staff Writer

Tuesday, San Diego Police Chief Bill Lansdowne stepped down and announced his retirement for Monday.

His announcement comes at a time when the SDPD is facing a slew of sexual battery allegations against its officers.

Lansdowne's announcement was not forced by Mayor-elect Kevin Faulconer. Faulconer told the *Union Tribune*, "The decision to resign was the chief's and the chief's alone."

Lansdowne's career was

praised by Faulconer, The San Diego Police Officers Association, and the ACLU branch in San Diego.

Following the Chief's resignation, Assistant Chief of Police Shelley Zimmermen was named Lansdowne's successor as Chief of Police.

Lansdowne applauded the announcement.

Sexual misconduct allegations have been casting a shadow over the San Diego Police department's reputation. According to the Voice of San Diego, "In an eight-month period, the department acknowl-

edged 11 investigations into its own officers. Allegations ranged from off-duty drunk driving to on-duty rape." Three of the most recent cases were against police officers Anthony Arevalos, Donald Moncreif, and Christopher Hayes.

This problem is not new in San Diego. The history of officers' misconduct extends back to 1986, when Craig Peyer, an on-duty California Highway Patrol (CHP) officer, murdered 20-year-old Cara Knott. A jury awarded her family a \$7.5 million judgment but didn't hold the CHP accountable for the damage.

One of the most serious cases was in 2011 against 43-year-old Anthony Arevalos, who was charged with 21 felonies but was only convicted of eight felonies and four misdemeanors. He sexually assaulted more than a dozen women, all of which had been pulled over for DUIs.

According the Voice of San Diego, after he let a to be female victim off with a warning for a DUI, "Arevalos pushed for a sexual favor in exchange for letting her go. She didn't agree to anything, she said, but Arevalos promised to show up at her restaurant and collect his favor soon enough."

A judge overturned two charges against Arevalos, the *U-T* reported.

The most recent and press-

ing case is still being tried. 30-year-old Christopher Hayes, who was arrested February 16 on suspicion of sexual misconduct and false imprisonment, is alleged to have pulled over 20- to 30-year-old women and given them routine pat downs that turned into forced sexual interactions.

According to 10 News, "He quit on Wednesday after seven women accused him of sexual misconduct while in uniform." He was jailed on three counts of sexual battery and two counts of false imprisonment. The *U-T* stated on February 10 that he was released on \$130,000 bond. He could face up to seven and a half years in prison.

Donald "Donny" Moncreif was also charged during the Christopher Hayes scandal. 10 News, stated, the victim thought Hayes had assaulted her, but she later learned it was actually Moncreif who had arrested her on suspicion of auto theft.

Moncreif was thought of as a good cop who had served in the marines, taught jui-jitsu, and helped train the incoming police officers.

Faulconer promised he would be taking steps into investigate the Police Department. An outside audit has been proposed and supported by the mayor and respective chiefs.



Photo courtesy of Lilly Grenister

The San Diego Police Department (pictured above) has been the subject of several misconduct allegations

The La Jolla High School

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Eating Disorders in Social Networks

By Sara Espinosa
Staff Writer

Picture this: you are an insecure teenage girl struggling with your weight. You go to your Instagram account and see all these pictures of extremely thin girls showing the world how to get that desirable thin body with anorexia. Would you not turn to the “easy way” to lose weight like all these girls?

Lately, social networks, such as Tumblr, Instagram, and Pinterest have been a common source for “thinspiration.”

Thinspiration is often described as photographs or other material intended to provide a basis for anorexia nervosa as a lifestyle choice. The phrase “Pro Ana” is also used to define a person who supports eating disorders. Thinspiration does not inspire girls to eat healthier or exercise frequently; rather, it encourages them to stop eating or vomit their meals.

It might seem easy to follow someone else’s steps to acquire that desirable skinny body, but it is really not worth it. The truth is that now, with the power of technology, these “thinspo” accounts are not only posting unrealistic (and most likely photoshopped) “Pro-Ana” pictures, but they are also giving advice. According to *The American Journal of Public Health*, there has been a 16% rise from 2006-2010

in the number of online sites that share crash-dieting techniques. These sites are teaching girls how to stop eating or how to choose the best laxative or how to vomit more easily. These sites not only damage girls’ external appearance; they damage their self-confidence. According to a 2007 survey in *European Eating Disorders Review*, girls who viewed Pro-Ana sites were more likely to have a negative body image than those who didn’t.

Social networks should not allow this kind of information online. What these posts are doing is only hurting girls both physically and emotionally by encouraging them to follow an eating disorder disguised as a healthy lifestyle.

The only true way to lose weight is not by starving to death or drinking ridiculous amounts of water; the secret is to have a balanced diet and lead an active life. What actually started as a way to motivate people to stay healthy turned into an atrocity by making people believe that anorexia and bulimia are desirable.

If you type the simple word of “thinspiration” into a browser, you will be a spectator to the wonders of having protuberating hip bones and the sex appeal of a bulging spine. Do you want to shed those extra pounds? Don’t let the thigh gap fool you; get fit the right way.

A Day In The Life

By Sara Espinoza
Staff Writer

Seventeen percent of the students enrolled in the San Diego Unified School District take the school bus to school and back every day. If there are 132,000 students enrolled in the district, it means that 22,572 students wait patiently for the yellow school bus, many of whom may grow up to be California’s best surgeons, lawyers, and artists. At La Jolla High, almost half of the student population, most of which is latino, takes the bus to school.

Being Latino in La Jolla High is no new thing; there are people who even recognize that LJHS has a Latino school and a white school. The problem is that latinos are occasionally labeled as “dumb” and “stupid,” since they crowd the regular

classes. But why are Latinos thought of as the students who get the lower grades and who are less participative in school sports?

There are many challenges that Latinos face these days. Unlike La Jolla residents, many students have to wake up before sunrise to catch the bus to school. Luis Galvan, a LJHS senior, wakes up at 5:00 am and leaves his home in Redwood at 6:00 am. Galvan currently has a GPA of 4.6, but had to quit volleyball due to transportation issues. Galvan felt he couldn’t deal with getting good grades, volleyball practice, and school transportation at the same time.

“It’s just really stressful...I don’t get that much sleep,” said Galvan. And who can blame him? Who could get a good

Spying for the Greater Good

By Maya Lakshman
Staff Writer

In our society, there is an ongoing struggle as to when it is okay to spy on citizens. Sometimes it is absolutely necessary for the public good, but on other occasions it is a clear invasion of human rights, and, in those cases, the spying must be haulted.

In the Netherlands, child rights activists have created a system called Terre des Hommes, which aims to track cyber sexual assaulters who prey on young, vulnerable girls in poor countries. Although to many this would seem morally questionable, the project uses a digital girl called Sweetie to gather information about the men that sexually assault her online. The assaulters obviously do not know that she is just a computer model that is transferring the information they give her to the authorities in the Netherlands. This is a case where it is appropriate to spy on people without their explicit permission.

On the other hand, take the recent scandal with the National Security Agency. Citizens were not informed that their etelephone conversations were being recorded and analyzed for information that could po-

tentially pose a risk to the general safety of the population. Considering that the citizens were not committing crimes of any kind, they deserve to know that they are being spied on; a natural human right.

Edward Snowden was a CIA employee who leaked several confidential NSA documents, revealing to the population that the NSA was spying on them, and was charged for violating the 1917 Espionage Act. In reality, he was revealing something that all citizens rightfully should have known.

In the case of the NSA spying on us, there is absolutely no control. Anything and everything we say and do is being monitored, which is an evident privacy violation. The fact that the entire episode was made secret (we needed Snowden to release the truth to us) doesn’t do anything to make us feel safer, which is why it was installed in the first place. With the Terres des Hommes activism, however, people are only being monitored in a specific activity, and the project has been made completely public. It is important to realize what the limits in our society are. If limits are not clear, trust and privacy can be easily abused.

A Tale of Two Schools

and swimming. When asked if she would have the same grades if she took the bus to school instead of driving, she jokingly replied: “Yeah...I procrastinate anyway!”

Students that live in La Jolla definitely have an easier life. If you stay after school on a minimum day, you can go home right after you’re finished. For Latino students, they wait from 4 to 5 hours to get in a packed bus only to get home 2 hours later, wasting their entire afternoon.

Galvan and Blue..... have something in common, their GPA, but their lifestyles are far from similar. This is the reality of how our society works. If you get bad grades, you are labeled as stupid, but nobody asks why. Many people don’t appreciate what they have and what they can do. Maybe someone is not as lucky as you. Maybe that someone is just wishing to be you so he or she can have more opportunities. Maybe that someone can be successful too, if only he or she were the chance.

Babes of WRATH

I'm Not Your Dog

By Hannah Orr
Opinions Editor

You're walking alone, possibly at night, and a man decides to whistle or make some derogatory comment about your appearance or about women in general. Would you feel victimized? Perhaps scared about the situation?

As someone who has had this happen to her multiple times, I can assure you that it is not an "ego boost," as many men seem to view it—it's just creepy and makes the person you are cat-calling feel like a piece of meat that someone has been ogling. Women are so much more than an object for men (or other women) to their get pleasure from. The way someone is dressed is no excuse for stupidity, whether it manifests itself in a whistle or a feeling of entitlement.

Street harrassment comes in many forms, the most common

of which is the average wolf-whistle or cat-call, but it also includes groping, explicit sexual comments/motions, and, in more severe cases, actual physical assault. Everyone should feel safe when they walk down the street, no matter if they are female, male, transgender, transexual, or homosexual. Every human being has the right to be safe and not be exposed to the prejudice of others.

Street harrassment is a measure people take when they want to make themselves seem "cool" to their friends or look like they are macho. Let me let you in on a little secret: it does neither. Whistling and objectifying a woman only serves to make the woman in question feel uncomfortable, angry, and threatened. No one should have to worry about walking alone at any time, whether it be day or night. Learn to use your words wisely; I'm not your dog—don't try to whistle at me.

Fit to Fail

By Carly Neville
Staff Writer

In the last issue, a letter was published in the Hi-Tide regarding the new physical education rules of La Jolla High

School. We neglected to mention that there is in fact a loophole for not taking four years of P.E. When you take the Fitness Gram your freshman year, and pass 5 out of 6 components of it, then you only have to take physical education your freshman and sophomore year. If you fail it freshman and

sophomore year, then you must take P.E. again your junior year and take the Fitness Gram once more. If you pass the Fitness Gram junior year, then you are officially done with P.E. In the future, we will be sure to fully validate our facts prior to publication.

**Fact correction from the last issue*

Affluenza

The dangers of entitlement

By Maya Lakshman
Staff Writer

It's no secret that American children in the 21st century are excessively entitled. Especially in high-income areas, we see children getting basically everything they ask for, from technology and clothes to love and attention. These children have become incredibly reliant on having everything come easily to them.

This generation consists of seven-year-olds with iPads and iPhones, sixteen-year-olds with their own expensive cars, and teenagers who are used to squandering their family's wealth for popularity and social status. Additionally, parents are succumbing to their kids' wishes because they want

to seem like "cool parents."

This entitlement has become unhealthy. Before technology came into the picture, kids knew the value of hard work and saw new objects and opportunities as rewards rather than rights. But now, as rich families have become wealthier and technology has become more affordable, parents feel obligated to supply their children with the most recent and high-quality resources on the market. Because these children were just given everything, without even having to work a little bit, they develop this idea that they will always have everything given to them.

The most extreme example is the recent case of Ethan Couch, which was high-profile in the media. Couch was born into

a ridiculously affluent family. His parents not only spoiled him, but also used their wealth to hide their tragic flaws and prison sentences. Couch used his parents' wealth (with their permission) to boost his own popularity and reputation, hold lavish parties, and lead a reckless, decadent lifestyle. On one of his drunken rages, he got into a car accident, but used his "affluenza"—an extreme feeling of entitlement—to clear himself of charges.

One of the most important aspects of character is appreciation for what we have. Expecting to receive everything we want is making us dependent on ideal situations, situations that rarely ever happen. Under our parents' roof, we may be privileged enough to have the best of all resources, not knowing how we would be able to survive without them. But the second we go into the real world, all of this changes, and we need to learn how to cope.



Congratulations to all of our Summa students including the twenty-seven who received perfect scores on the SAT .

Claudia S.	CCA	2400	Kevin F.	WVHS	2400	Amanda K.	CCA	2370	Erik S.	Bishop's	2330
B.H.	Bishop's	2400	Scott K.	CCA	2400	Jeffrey L.	RBHS	2370	Michael Z.	WVHS	2330
Alice X.	CCA	2400	Dan K.	TPHS	2400	Jenny C.	Bishop's	2370	Patrick C.	WVHS	2330
Brandon H.	WVHS	2400	Ashwin R.	CHS	2400	Lucy A.	TPHS	2370	Richa C.	MCHS	2330
Bryan T.	WVHS	2400	Preetam S.	FPHS	2400	Mark S.	SRHS	2370	Zachary Y.	LJHS	2330
Cameron R.	WVHS	2400	Steven T.	TPHS	2400	Apoorva M.	TPHS	2370	Allen C.	LJHS	2320
Jeffrey G.	CCA	2400	Joy L.	TPHS	2400	Ajay N.	DNHS	2360	Emily Y.	WVHS	2320
Madhavi R.	CCA	2400	W.H.	SRHS	2400	Charles H.	WVHS	2360	Justin W.	TPHS	2320
Nathan N.	RBHS	2400	S.C.C.	Bishop's	2400	Peter K.	TPHS	2360	Lang T.	CCA	2320
Oliver R.	CCA	2400	Natalie K.	TPHS	2400	Shaleen S.	WVHS	2360	Nada A.	TPHS	2320
Raj K.	WVHS	2400	Jonathan K.	TPHS	2400	Kevin Y.	Bishop's	2360	Nicole R.	CCA	2320
Stephanie G.	CCA	2400	Noah T.	CCA	2380	Yara G.	TPHS	2350	Sharanya I.	MCHS	2320
Tina V.	CCA	2400	Ashley C.	CCA	2380	Amy C.	TPHS	2340	William L.	RBHS	2320
Maria V.	CCA	2400	Brenton C.	WVHS	2380	Christine C.	CCA	2330	Alexander C.	WVHS	2310
Timmy S.	TPHS	2400	Grace C.	RBHS	2380	Chul Min P.	ORHS	2330	Amy C.	CCA	2310
Jacqueline P.	WVHS	2400	Jessica F.	RBHS	2380	Eric C.	CCA	2330	Ashley T.	CCA	2310

and many more...

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Fast Times at La Jolla High

By Shane Lynch
Staff Writer

SEX! Now I have your attention. It may be awkward to talk about, but it's no secret sex has always been a huge aspect of high school. With hormones flooding our veins and a desire to try as many new things as possible, it's little wonder why sex is so prevalent among teens. While sex may seem tempting on the surface, there are some serious health risks to take into account

First, STDs. Unfortunately, with parties and booze too often comes sex, often between two people who just met and probably won't be meeting again. Indiscriminate sex is the leading cause of the spread of sexually transmitted diseases between teens, and the statistics are alarming.

According to a recent study by the Center for Disease Control and Prevention, as many as one in every four teens contracts an STD every year.

Among high school students, around 47% have reported having sex at some point, which means more than half of all sexually active teens at a given high school have an STD of some sort.

Now at this point, you may be thinking that you're already aware of these risks and don't really need to hear about them again. To that, I say keep reading.

Oral sex. People use it as a seemingly safe alternative to standard sex, however, there is still the risk of spreading STDs. The same goes for unprotected sex (which is never

recommended at any age). Some 30% of teenage males report having not used a condom during their most recent intercourse, which is an extremely dangerous decision.

Other major causes for STDs includes the sharing of drinks and joints at parties, which may unknowingly result in the spread of oral herpes and other infections.

Another fairly recent trend in teen sexuality is the use of technology and smartphones to send nude photos or dirty text messages. If you're a girl, there is a chance that you've received an unsolicited male photos. This is a widespread issue, with some 40% of high school students admitting to having sent suggestive photos of themselves at some point.

Aside from the obvious risks associated with your "sexy" pictures leaking into the eyes of your friends and relatives, it is illegal for a teen under 18 years old to create nude photos. If you get caught, prepare for some heavy fines and embarrassment.

Lastly, of course, there is always the risk of unwanted pregnancy. Statistics show that a whopping 3 in 10 teenage girls in the US will be pregnant at least once before the age of 20, which means there are roughly 750,000 teen pregnancies annually.

Despite all these negative consequences, this article wasn't written purely to scare you and make you feel uncomfortable. Some teens will continue to have sex knowing full well the potential risks. Whatever you choose to do, simply be aware of the risks and be safe.



Study Here!



By Shane Lynch
Staff Writer

Many students feel the desire to travel far from home after high school, looking for something fresh and different from where they've grown up. While most choose to study in places like NYC and Boston, there is another option that is rapidly gaining popularity: studying abroad.

There was a time not so long ago when study abroad programs were only offered at elite schools and had a small range of destinations to choose from, however, this is no longer the case. Most state colleges now offer a variety of programs in countries across the globe, with all fields of study represented.

While students are usually expected to pay their own airfare, meals and lodging are often provided at reduced cost, along with group excursions to ruins, beaches, etc. These factors have made studying abroad very popular and accessible, with some 30% of students spending a semester abroad on average in California.

Of course, the main draw-factor of studying abroad is the chance to experience a different culture and generally have fun. To that end, these programs offer students a large degree of freedom to go off and explore the city they're in and even take trips to neighboring countries.

Astrid Baldauf, a junior at Princeton, spent a year in Colombia studying business.

"I really can't recommend it enough. Your perspective on the world really changes when you spend that much time in such a different culture, it was a very humbling experience for me. Certainly the most exciting year of my life so far."

Studying abroad also results in new friendships, given that students will be living and traveling together during their trip.

"I've definitely gotten closer with my friends," said Astrid. "It's one thing to take classes and go to parties together and all that, but you kind of devel-

Whether in high school or in college, studying abroad offers students a unique chance to get away.

op something deeper when you're out in another country. We had to rely on each other to get around and feel comfortable among all the locals sometimes so it was really more intimate than it is at school."

In addition to college foreign study programs, it is possible for high school students to spend a month or two taking courses in another country during the summer. These programs make students look unique when they apply to colleges, and generally offer the same perks as college programs on a smaller scale.

Whether in high school or in college, studying abroad offers students a unique chance to get away.

"If you have any doubts, I'd say just go for it," added Astrid. "I've grown so much as a person and it was honestly the most fulfilling and fun time I've had in my life."

I don't like Mondays

The disturbing true story of the world's first school shooting

By Tony Rivas
Staff Writer

In light of the recent school shootings, it is interesting to know that the shootings themselves are, unfortunately, the dark side of school tradition. The suburbs have always harbored their share of malicious children, but until 1979, one of its institutions has been largely untouched by violence or death.

On January 29, 1979, 16-year-old Brenda Ann Spencer, a junior at Patrick Henry High School, open fired on children arriving at Cleveland Elementary School in the San Diego suburb of San Carlos across the street from her home, killing two men and wounding eight students and a police officer.

Principal Burton Wragg was attempting to rescue children in the line of fire when he was shot and killed, and custodian Mike Suchar was slain attempting to aid Principal Wragg.

Spencer used a rifle that her father had given her as a gift. As to what compelled her to commit this murderous madness, she told a reporter, "I don't like Mondays. This livens up the day."

America, let alone the world, had never experienced such a tragic event; this was the first school shooting to ever happen.

The "Mondays" comment was not the only eyebrow-raising declaration to issue forth from Spencer that day. According to a report written by the police negotiators who spoke with her during the six-hour standoff, she made such comments to them as "There was no reason for it, and it was just a lot of fun," and "[the children] looked like a herd of cows standing around, it was really easy pickings."

Spencer pled guilty to two counts of murder and assault with a deadly weapon and was sentenced to 25 years to life in prison. She has been up for parole four times and has been turned down each time, the last in 2009 (the 30 year anniversary of the crime).

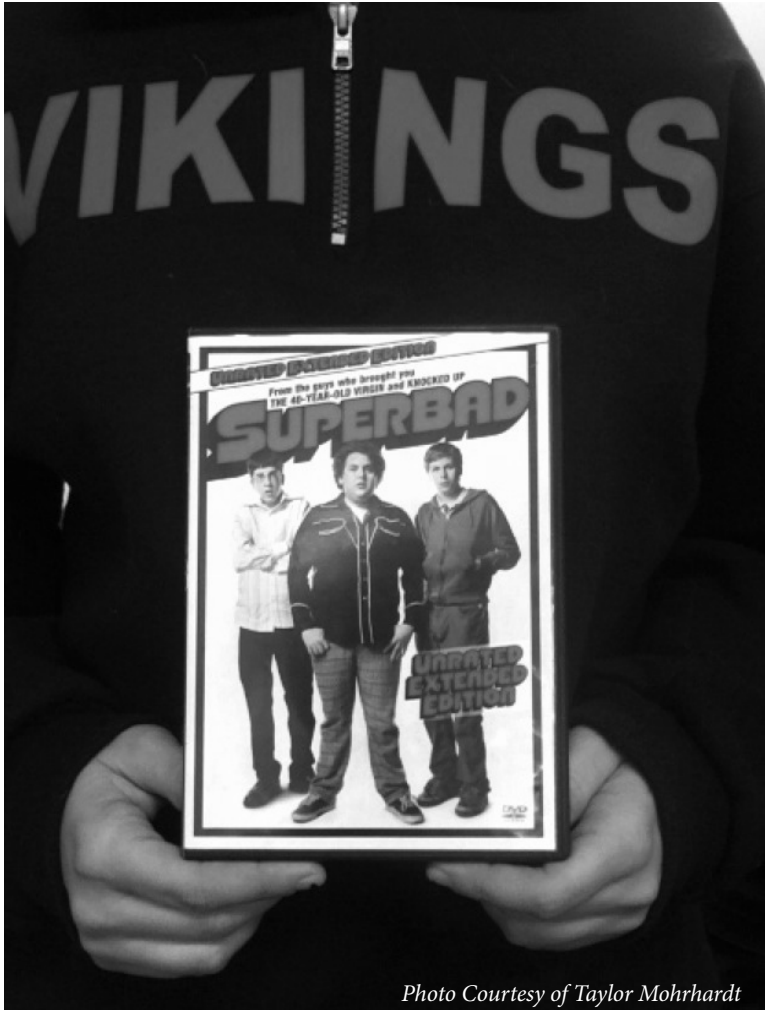


Photo Courtesy of Taylor Mohrhardt

Do Vikings break bad?

What were our La Jolla High teachers like when they were in high school?

MR. BANKERT
What high school did you go to?
Mission Bay
What was your favorite hobby?
Surfing, skating, and playing bass. I was super into music. I played in a couple of dirty garage bands. I also had a job as a dishwasher.
What was your favorite subject?
Study hall.
Did you play any Sports?
I played baseball up to high school but stopped because I wanted to surf rather than go to practice.
What college did you go to?
Mesa, City, and SDSU.
Did you get good grades?
My grades were all over the map. I just wanted to graduate, and I did.
How many girlfriends did you have?
One girlfriend. Debbie. She was Chinese. I called her my "Asian persuasion."
What was your favorite band/ artist?
I was really into the Seattle scene before it got big. So many great bands apart from Nirvana, also SLAYER.
What was your favorite movie/ show?
I would stay up to watch HEAD BANGERS BALL back when MTV was good and actually showed music.

MS. LECREN
What high school did you attend?
University of San Diego High School (now known as Cathedral Catholic High School).
What was your favorite hobby?
Reading
What was your favorite subject?
I liked them all, except P.E.
What sports did you play?
Swimming my senior year because I didn't have enough P.E. credits to graduate.
What college did you attend?
University of California, Santa Barbara.
Did you have good

grades in high school/college?
High School 3.96 GPA (that was before 5 point grades for AP); college 3.61.
How many boyfriends/ girlfriends did you have in high school/college?
Friends, but no romantic/steady relationships.
What was your favorite band/ artist?
I listened to what anyone was listening to.
What was your favorite movie/ show?
Star Wars came out my 10th grade year, "Empire Strikes Back" at the end of senior year (we went to the 1 am show the night of graduation), and "Return of the Jedi" my junior year.
MR. CAVAIOLA
What high school did you go to?
University City (Go Centurions)
What was your favorite hobby?
Shooting Marbles and interacting with my Ouija board. Now my hobby is chasing my daughters around- provides unbelievable "cardio;" I no longer weigh the same as a 1 year old polar bear!
What was your favorite subject?
Duh... macroeconomic theory (my dogs were named after Adam Smith and JermeY Bentham and they are always fighting).
What were your favorite sports?
I used to play lots- mostly could be found LARP-ING in Mission Beach- I was a level 13 dungeon master, now I just try to hurt myself during the senior faculty game.
What was your GPA?
What's that? To be honest, students weren't obsessing over grades in the 20th century. We actually didn't have those things called "grades" when I went to school- we were just given quarterly evaluations.
How many Girlfriends did you have?
Zero, I was too busy studying- In fact my wife was my very first girlfriend (go figure- fate/

luck).
What was your favorite band/ artist?
Well I grew up listening to Gregorian Chants, but quickly evolved to more contemporary artists like Tiffany and "80's Big Hair" bands like Bon Jovi. Now I could be found singing all sorts of fun songs from Marry Pop-pins: Supercalifragilistic-expialidocious & Chim Chim Cheree and now I've evolved to Frozen (current Favorite is a tie between: Do You Want to Build a Snowman and Let it Go!).
What was your favorite movie/ TV Show?
Saved By the Bell was a staple in my afternoon repertoire and nighttime entertainment was a mix of In Living Color and "super late night" was American Gladiators (Mr. Atwell "Nitro" was my favorite character).
What college did you go to?
UCSB- Go Gauchos and UCSD for some of my post graduate stuff.

MR. MORGAN
What high school did you go to?
Torrey Pines High School
What were your hobbies in high school?
I enjoyed tunneling into Mexico, reverse-engineering Rubics cubes, and asking my teachers too many questions that ended with question marks?
Were you in any sports or clubs? If so, then which ones?
I played football for four years as offensive and defensive lineman. I didn't have the hands to be a kicker.
Were you a good student? (Did you get good grades?)
Probably if my parents had pushed me harder, but they were happy with A's, B's and the C in Spanish was no es un problema.
What was your favorite subject?
Surf P.E.
How many girlfriends/ boyfriends?

Girls that I considered my girlfriends? 37. Girls that considered me their boyfriend? 2. One of them was Vigdis, from Iceland: you wouldn't know her.
What was your favorite band/artist?
Metallica and Simon & Garfunkel. I was pretty eclectic in my tastes, which explains why I ended up as bouncer in a honkey-tonk techno drag bar in college.
What was your favorite movie/show?
My favorite TV show was Cops. My favorite movie was The Lost Boys. Neither I nor Keiffer Sutherland have aged well.
What college did you go to?
UCSB.

MR. JAMES
What high school did you go to?
I went to school at Fremont High School in Sunnyvale, CA.
What was your favorite or best subject?
My favorite subject was biology. No surprise there. I also enjoyed learning about the US History that never made it into the text books. I also liked the Greek Mythology course at our school.
What sports did you play?
I played soccer and ran track.
What hobbies did you have?
I enjoyed listening to music, going to concerts, and reading.
What college did you go to?
I went to UC Santa Barbara for undergraduate studies and Moss Landing Marine Laboratories for graduate school.
Did you get good grades?
I earned good grades.
What was your favorite band/artist?
My favorite bands were Metallica, Iron Maiden, Judas Priest, Motley Crue, Jimi Hendrix, Led Zeppelin, etc. All sorts of bands that drove my mom crazy.
What was your favorite movie/ show?
I didn't watch much TV,

but Star Trek was one of my favorite shows. Our family watched 60 minutes on Sundays during dinner.

MS. SAVOIA
What high school did you go to?
Francis Parker.
What were your hobbies in high school?
Reading, hanging out with friends.
Were you in any sports or clubs? If so, then which ones?
I was in ASB all four years. I was in yearbook class, and I danced all through junior high and high school.
Were you a good student? (Did you get good grades?)
I liked school and got good grades.
What was your favorite subject?
My favorite subject was literature and art history.
How many girlfriends/ boyfriends?
No boyfriends. 25 is the magic age for having boyfriends/girlfriends.
What was your favorite band/artist?
Erasure and Duran Duran.
What was your favorite movie/show?
My Life as a Dog, The Man in the Moon, Cinema Paradiso, Gone With the Wind.
What college did you go to?
UCSD.

MS. SALEHI
What high school did you go to?
Divine Savior Holy Angels; Milwaukee, Wisconsin
What were your hobbies in high school?
Loved Art, making music videos with my best friend, listening to music on the radio and making mix tapes (HAHA!)
Were you in any sports or clubs? If so, then which ones?
Cross country and track.
Were you a good student?
I was a B and C student at first. It took me a year or two to figure out how to study really well, then I

got all B's.
What was your favorite subject?
I loved biology because our teacher was so cool, and I would say art was my next favorite.
How many girlfriends/ boyfriends?
Since I went to an all girls' high school, I didn't have many boyfriends- it's hard to meet guys when you put a lot of time into sports, school and you don't drive!
What was your favorite band/artist?
Favorite band at that time was U2- they had just come onto the American scene my sophomore year and two sisters from Ireland introduced me to them. I love them still! And of course all the rock bands of the 80's! Rush, Heart, Van Halen, Queen, Led Zeppelin, Def Leppard, Rolling Stones, Super Tramp, Journey, etc!
What was your favorite movie/show?
Favorite movie.... Let's see... If I had to pick one- Top Gun 1986
What college did you go to?
Marquette University

MS. BERTIER
What high school did you go to?
Pamdale highschool.
What was your favorite Hobby?
I was on the swim team.
What was your favorite subject?
Chemistry.
Did you play any Sports?
I was on the swim team, varsity swim.
What College did you go to?
California Lutheran University.
Did you get good grades?
Of course I did, I'm a nerd.
How many boyfriends did you have?
In high school, yes, one.
What was your favorite band/ artist?
Depeche Mode.
What was your favorite movie/ show?
Beverly hills 90210 the original.

MR. TENENBAUM
What high school did you go to?
I graduated from John F. Kennedy High in Granada Hills, CA.
What was your favorite or

best subject?
I excelled in all things that were science - big surprise!
What sports did you play?
I did cross country.
What hobbies did you have?
I have always liked gardening, reading, and all things outdoors in general. Standup paddle boarding is a newer thing for me, and I'm also starting an orchid collection - the trick is to keep them alive and blooming!
5. What college did you go to?
I got my BS at the Polytech in Pomona. I completed my teaching credential at UCSD, and did my MS at Montana State Bozeman.
6. Did you get good grades?
What are good grades? In high school that usually means getting A's, but in college that may not be as realistic an expectation to have of yourself - especially for science courses.
7. What was your favorite band/artist?
That's a hard question. I like so many different kinds of music. I enjoy art as well. I can't say that I have a favorite - I like a wide spectrum.
8. What was your favorite movie/ show?
I really liked the program Get Smart. When I use my cell phone I often reminisce at how funny it was to see "Agent Smart" take his shoe off so that he could use it as a "spy" phone - now we can put a dozen phones in one shoe and the phone actually works! We all knew you could never have a phone that didn't have wires connecting it to anything!

MS. SHAMROCK
What high school did you go to?
I attended Cathedral. and San Dieguito High School
What was your favorite Hobby?
My favorite hobby besides art was cooking and sewing.
What was your favorite subject?
My favorite subject was Art.
Did you play any Sports?
I didn't play sports.
What College did you go

to?
I attended Santa Barbara City College, SDSU and National University.
Did you get good grades?
I struggled with some subjects in high school, but did very well in college.
How many boyfriends did you have?
Boyfriends? A few.
What was your favorite band/ artist?
Beatles, Rolling Stones.
What was your favorite movie/ show?
Maverick, Route 66.

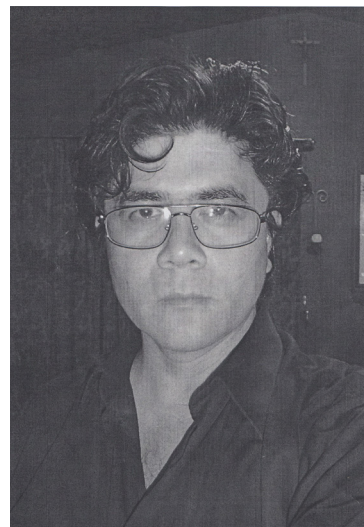
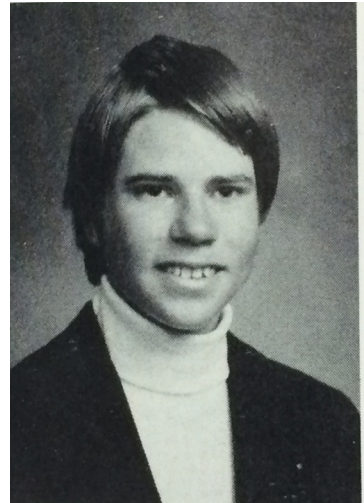
MS. BRAMMER
What high school did you attend?
San Dieguito High School in Encinitas, Ca.
What is was your hobby?
Bicycling/dirt motorcycling, softball, beach, music, and being involved in the agricultural classes.
What was your favorite subject?
Sciences/agriculture, and stage band.
What sports did you play?
Softball, track & field events.
What college did you attend?
San Diego State Univ.
Did you have good grades in high school/ college?
Grades were mediocre in high school and B average in college.
How many boyfriends/ girlfriends did you have in high school/ college?
2 boyfriends in high-school, and 2 in college.
What was your favorite band/ artist?
Cream (classic rock band from the late 60's - includes Eric Clapton, Jack Bruce, and Ginger Baker).
What was your favorite movie/ show?
Tommy (a rock musical with the band Who).

WENDY WIRA
What high school did you go to?
I went to Grossmont High School in La Mesa.
What was your favorite or best subject?
I enjoyed Biology and Physics.
What sports did you play?
I played tennis.
What hobbies did you have?
I watched a lot of Saturday Night Live and hung out with friends.
What college did you go

to?
I went to Grossmont College, then San Diego State, and then got my master's from USC.
Did you get good grades?
Yes, except for AP Calculus (for which I blame my teacher, like all good students do).
What was your favorite band/ artist?
I didn't really have a favorite, but I liked INXS, The Cure, and Guns 'N' Roses.
What was your favorite movie/ show?
Saturday Night Live was very popular, and I loved The Breakfast Club.
By Jeanine Erikat, Brooks Whitney, Rachel Carroll, Lauren Roberts, Lauren Robbins
Staff Writers

FRANCIS
What high school did you go to?
Mammoth High School.
What sports did you play?
I played football, baseball and I skied.
What was your favorite subject?
The one I'm teaching right now.
How were your grades?
I had about a 3.3 or a 3.4, I was a pretty average student.
What college did you go to?
San Diego State.
How many girlfriends did you have?
A few.
What kind of music did you like?
Rolling Stones and Ledd Zeppelin.

Guess the teacher



Bottom row left to right: Mr. Morgan, Coach Allen
Middle: Mr. Volger
Top row left to right: Mr. Morgan, Coach Allen



Photos courtesy of Creekstar Allan

Olivia Riley, freshman, heads the ball during a league game, where the Vikings faced University City. The team’s record for the 13-14 season is 6-6-4. (Above)
Lucia Macagno, goalkeeper, has helped the team tremendously this season. (Below)





W I N T E R X G A M E S

2 0 1 4

By **Tristan Saeed**
Staff Writer

Photos courtesy of Wikimedia Commons

	EVENT	
	Men's Ski SuperPipe	
	Women's Ski SuperPipe	
	Men's Ski SlopeStyle	
	Women's Ski SlopeStyle	
	GoPro Ski Big Air	
	Men's Snowboard SuperPipe	
The 2014 Winter X Games took place in Aspen, Canada, from January 23-26. There were a total of eight different events.	Women's Snowboard SuperPipe	Athletes from the United States dominated the slopes during this four day competition.
	Men's Snowboard SlopeStyle	
GOLD	SILVER	BRONZE
David Wise (92.00)	Kevin Rolland (88.66)	Alex Ferreira (85.33)
Maddie Bowman (88.66)	Roz Groenewoud 85.66	Marie Martinod (82.33)
Nick Goepper (95.00)	McRae Williams (92.66)	Andreas Hatveit (90.33)
Kayla Turski (91.33)	Maggie Voisin (90.00)	Kim Lamarre (85.00)
Henrik Harbut (93.00)	Vincent Gognier (90.00)	Kai Mahler (87.00)
Danny Davis (95.00)	Louie Vito (93.00)	Greg Bretz (89.33)
Kelly Clark (95.00)	Chloe Kim (94.33)	Kaitlin Farrington (94.00)
Max Parrot (96.33)	Mark McMorris (95.66)	Stale Sandebach (90.00)

Upcoming Sports Events

<u>Boys’ Volleyball</u> 3/7 vs. Romona	<u>Girls’ Lacrosse</u> 3/5 vs. Westview	<u>Boys’ Golf</u> 3/4 vs. University City
<u>Track</u> 3/8 Mt. Carmel Distance and Field Carnival	<u>Boys’ Lacrosse</u> 3/7 vs. Del Lago Academy	<u>Boys’ Baseball</u> 3/11 vs. Monte Vista

Rescued from P.E.

Training the next generation of La Jolla lifeguards

By **Zen Kelly**
Staff Writer

Currently, LJHS is working with the pool to establish a lifeguard program for students above the age of fifteen. Interested students sign up, and if they pass the test, give a payment of 80 dollars to the pool.

Afterward, students in the program work with an instructor for ten weeks, during which they learn all the necessary skills in becoming a lifeguard, such as how to save someone from drowning, perform CPR, and care for a victim if they have any sort of serious injuries. The program is vigorous throughout and one must be fit and pass written tests in order to stay in it .

When sophomore Jonas Stritzker was asked why he was participating in this lifeguard training program, he responded, “I was interested in learning CPR and first aid as well as saving lives. I think this might be a fun job in the future, but it requires a lot of work. The class

so far is enjoyable but it is definitely quite repetitive. Overall, I would recommend this program to those curious to try because I am learning a lot of useful things.” said Stritzker

The class takes place during P.E., and students must go to the pool every day. During each practice, students learn new skills and watch videos on how to be an effective lifeguard. However, the program is a pass or fail class, so if a student does not get an 80% or higher in the course, the money spent will not be refunded.

This program is very beneficial, because if they pass the class, the students receive certificates indicating that they have completed their lifeguard training which are valid for two years. These certificates allow students to have better chances in getting a job over the summer as a lifeguard. All in all, this lifeguard program is important for those interested in learning new skills and having a well-paying job over the summer.

A Spiking Success

Beach Volleyball joins La Jolla’s arsenal of varsity sports

By **Lindsey Young**
Staff Writer

Our school has finally put its nearby beaches to use. Last year, we added a beach volleyball program to the list of spring sports offered at La Jolla High School.

LJHS is one of the very first to offer a beach volleyball. Since last year, the program has been rising in popularity, and twice as many schools are participating in the sport.

Although not an official CIF sport, beach volleyball offers all the things a regular sport would offer, including tournaments and regular practices. Riley Young, a senior, joined the team as it was starting out her junior year, was asked about the opportunities for scholarships.

There are plenty of opportunities to play in college, “There will be plenty of opportunities for freshman and sophomores interested in pursuing beach volleyball,” said Young.

“The recruiting process is very different than other sports,” Young continued.

In indoor volleyball, it is normal for a student to commit to a specific college their junior year. However, in beach volleyball, more students commit closer to the middle or end of their senior year.

Most athletes wait as long as possible to commit, considering their options will only broaden as the year continues.

Beach volleyball is not just a female sport. In fact, the boys’ beach volleyball team had much success playing their first season last year.

Jack Bush, senior, recalls what an amazing experience it was to play his senior year.

“Beach volleyball was incredibly fun!” he exclaimed, “I think its one of the best sports at LJHS and everyone should try it!”

Best luck to the LJHS Beach Volleyball team in the 2014 season.



Riley Young



Photos courtesy of Lindsey Young

Jack Bush

Standout Athletes

Eric and Alex Artenstein

By **Tristan Saeed**
Staff Writer

Perhaps no greater bond exists than that between twins.

Alex and Eric Artenstein are not just brothers, but twins who play on an indoor soccer team together. The twins have been playing soccer together since they could walk and have an unparalleled knowledge of each other's movements.

The twins play for a recreational indoor league at the Jewish Community Center.

"When you've been playing as long as we have," said Eric, "you become familiar with each other's style and level of play." He continued to talk about their on-field dynamics and how they never hesitate to let each other know their next

move.

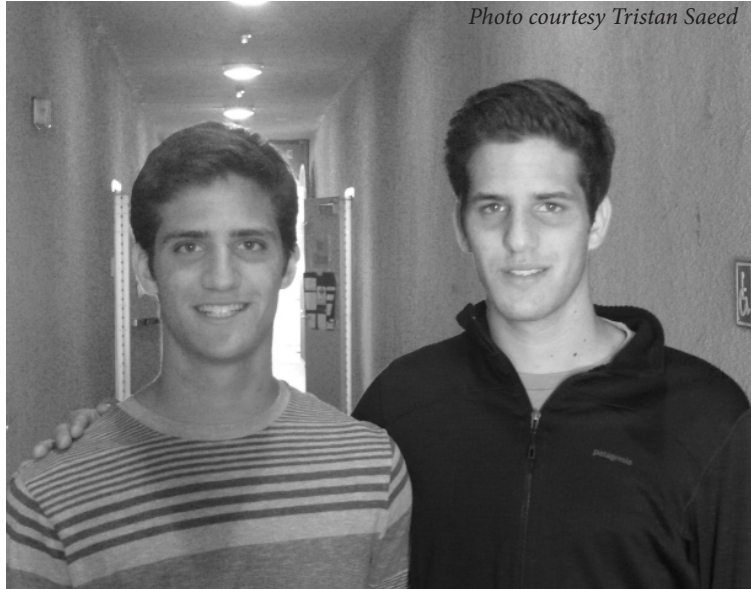
"It's actually a way of pushing ourselves and motivating the other to do better," said Eric.

The combination of the twins' communication skills, athleti-

cism, and love for the game has and will prove beneficial for any team on which they play.

When asked who the better player was, Eric enthusiastically glanced up and said, "I am."

Photo courtesy Tristan Saeed



Olympic Highlight

By **Taylor Mohrhardt**
Copy Editor

The US athletes of the 2014 Winter Olympics produced some exiting results; however, not everyone came home with a medal.

Thirty-six-year-old Body Miller was disappointed in not placing in the giant slalom after placing third in the Super-G the weekend before.

Miller placed 20th in the event, behind American Ted Ligety who took home the gold for the US. According to the *Associated Press*, Miller had been recovering from a knee surgery from the year before and was quoted saying that the injury had certainly affected his performance. Fortunately

for Miller, the unsuccessful giant slalom attempt was not as huge of a loss as some may have anticipated. According to *bleacherreport.com*, after placing third in the Super-G, placing in the giant slalom would have only been a small plus to Miller's already very successful athletic career.

SDSU Aztecs Basketball

The defensive team of the league

By **Creekstar Allan**
Staff Writer

The San Diego State University Aztecs have had an outstanding season so far this year. They had won 20 straight games until they lost on February 11.

The Hi-Tide got the chance to interview SDSU alumni David Frerker, who knows all of the players and the coaches on the basketball team. He is currently a well known journalist.

Frerker started his own website on SDSU basketball that won a national NCAA blogging award last December.

Frerker said, "The question is no longer will SDSU get into the NCAA tournament, the question is how far will they go?"

The wins over Marquette, Creighton, and Kansas have secured that NCAA spot.

The SDSU basketball team plays with true dedication and heart. This attitude has transformed them into one of the best defensive teams in the country.

However, they would not

have been able to achieve their record without the help of their fans. The Aztecs have sold out 37 straight games.

When the team's coach, Steve Fisher, first arrived at SDSU, he had to go to club meetings and hand out free tickets just to get people to attend. Now, 2,500 student tickets are sold out within two to three hours of being released.

According to Frerker, SDUSD is a weak shooting team. With percentages of "43.9% from the floor and 35.9% from the three point line. That is why our team is so strong on the defensive."

SDSU's winning streak was partially attributed to senior point guard, Xavier Thames, because of his shooting average of 17.7 points per-game.

Josh Davis, who makes his name through rebounds, is by far the biggest rebounding threat on the team.

All of these aspects have made the Aztecs who they are today. They will soon be ready for the NCAA championships.

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Teen Stress

By **Liliana Becceril**
Staff Writer

A new national survey by the American Psychological Association states that more than 27% of teens experience “extreme stress” during the school year and 13% during the summer, which affects them in highly negative ways.

Adults reported to have a stress level of 5.1, whereas students claim to have a stress level of 5.8 throughout the school year. Junior and Senior students are reported to be the most stressed, and that leads to unhealthy consequences such as skipping meals, depression, and even eating disorders.

Chloe Kuo, a sophomore at LJHS, who is involved in many extracurricular activities and rigorous academics said, “If I am beginning to feel a little stressed about something, I’ll distract myself with another activity like tennis or swim. Then, I’ll be more organized about whatever is giving me stress to prevent that from empowering myself, I will tune out stress.” Coping with

stress for her is doable, and being organized is essential for a stress-free life. When asked how many hours per night she sleeps, she answered, “On weekdays, 7-9 hours, and on weekends, 9 or more.”

Ben Leibowitz, a senior at LJHS, is not only involved in jazz band, Link Crew, varsity golf, but also captain of the mock trial team and is an exemplary student. When it comes to relieving stress he said, “I think the more you get worked up about stuff, the more it’ll get to you. I try not to think about it.”

College decisions contribute to most of the stress senior year, but Leibowitz was one of the fortunate ones who knew where he wanted to go. “Lucky for me I got an early decision. A lot of kids don’t know where they’re going.” Leibowitz disagrees with the statistics that teenagers are more stressed than adults. “That doesn’t make sense. Kids shouldn’t be more stressed. High school isn’t supposed to be stressful. It’s supposed to be fun.”

AP Class Enrollment Surges

...continued from page 1

report in 2013, the class of 2013 took over 3.2 million AP exams in U.S. public schools, and the number of low income scholars who took AP exams has quadrupled over the last decade.

When asked what was the hardest AP class he is taking this year, Johannes Osypka, a junior at LJHS responded with, “APUSH. There’s a test almost every week. The material is complex and often unexciting, the test questions are very detailed and the chapters are long, sometimes worded to trick you.”

When asked why he is taking on harder classes, Osypka said it was “to help get into college and to see if I find anything I like that I might want to pursue as a career.” Senior year will be even more demanding, “I’m taking two college classes and three APs. It’s going to be

the worst nine months of my life.”

Students like Johannes aren’t uncommon. More and more students resort to taking AP courses to increase their chances of getting into certain colleges, earn more credits, or even ameliorate the financial state when college time is around the corner.

As education is becoming more expensive and standards are increasing, students are feeling the need to take on more AP classes in order to stand out and take fewer classes in college.

Lauren Marsh, a sophomore at LJHS, currently taking 3 AP classes told the *Hi-Tide*, “Free time? With APs? Probably not much with two hours of soccer everyday.” When asked why she’s taking so many AP classes, as a sophomore she said, “I like the classes that I chose. It all depends on how you handle your time and you’ll be good.”

pletely safe. That they are in a safe place and that their principal will take care of them. Then 2. when I drop them off in the morning, [that] she’s going to get an insanely good education.

The interview continued to discuss important issues such as the school plan during an emergency, and hot topic for teachers: the autonomy agreement.

For the full interview with Dr. Podhorsky and staff writer, Tristan Saeed, go to *ljhitide.com*.

Pussy Riot

...continued from page 1

involved in a burglary of the hotel at which the band was staying.

Pussy Riot is outspoken about many conditions present in Russia, including Putin’s anti-gay agenda. They stepped onto the world stage after their arrest following their performance in Moscow’s Russian Orthodox Christ the Savior

Cathedral, which landed them two years in jail for their efforts with charges that included “hooliganism, and “enticing religious hatred.”

Recently, two band members traveled to New York after being released from prison under an amnesty law. They held an interview with the *New York Times* and Stephen Colbert, where they talked about suppression under Putin and their own desires to run for Russian office.

Now, two of Pussy Riot’s

members—Nadezhda Tolokonnikova and Maria Alyokhina—have been denounced by their band-mates for advocating prison reform instead of focusing on the more radical feminism that the band supports. In an interview with the *New York Times*, in reference to the criticism Pussy Riot gave her and Alyokhina, Tolokonnikova said that, “Pussy Riot can be anyone, no one can be excluded from Pussy Riot. Pussy Riot can only grow.”

or could even be summarily fired from his or her job for no reason other than personal sexual preference. Attempts to add provisions to the bill preventing discrimination in life-or-death situations were voted down.

Immediately after passage, the bill was strongly decried by Fortune 500 companies doing business in Arizona, local Arizona businesses, and the National Football League which has Super Bowl XLIX scheduled in Arizona next year. Additionally, both of Arizona’s Republican senators, John McCain and Jeff Flake, have urged the Governor not to sign the bill into law. Public outcries of disapproval haven’t stopped Arizona from discriminating in the past. Under Jan Brewer’s veto, Arizona only narrowly escaped passage of the legislation,

Setback for Gays In Arizona

By **Laura Derickson**
Editor-in-Chief

Californians are wondering what’s up with our crazy neighbors to the east.

In 1987, Arizona rescinded Martin Luther King Day, arguing that Martin Luther King Jr. had been too subversive to deserve a holiday in his honor.

In 2010, Arizona enacted the strongest anti-immigration law in U.S. history, know by many as the “Papers Please” law. The U.S. Supreme Court declared major portions of the law unconstitutional in 2012.

Now, as their coup de grace, the Arizona legislature has passed a new bill, SB 1062, expressly authorizing discrimination against gays and lesbians as long as that discrimination stems from “religious views.”

The bill was passed last Thursday but vetoed by Governor Jan Brewer Wednesday night. Arizona outlawed same-sex marriages in 2008, and legal experts have repeatedly stated that nothing in Arizona law prior to SB 1062 prevents discrimination by business owners against gays and lesbians. Unlike California, there is nothing in the Arizona Constitution granting any protections based on sexual preference.

Arizona businesses, according to the law, could freely discriminate against gays and lesbians without fear of legal reprisal. Under a literal reading of the bill’s language, a person could be refused help by the police, treatment at an emergency room, housing, service at Arizona restaurants,

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On the fourth day of Principal Podhorsky’s administration. The *Hi-Tide* sat down to ask questions about everything from Cinder to the Open/Closed campus policy.

Principal Podhorsky repeated the speech he gave staff members at their meeting.

“I have two jobs as a site principal” said Podhorsky. “When I drop [my daughters] off in the morning, I want to make to 1. make sure they are com-

#RichKids of Beverly Hills

By **Lana Bass**
Staff Writer

Birkins, boats, and Bentleys, the quintessential rich kid's necessities. Loosely inspired by the popular online page, "Rich Kids of Instagram," the E! series #RichKids of Beverly Hills (yes, there really is a hashtag) follows the lives of five insanely rich and young adults from Beverly Hills whose parent's inheritance has provided them with a life most kids can merely dream of.

From yacht parties in Cabo San Lucas to shopping for multi-million dollar mansions in "the Valley," there is no denying the excessive luxury these lucky kids indulge in on a daily basis.

These "kids," who are all actually 25 years old, spend ridiculous amounts of their parent's money traveling, shopping, and partying. If that wasn't laughable enough, they then flaunt their wealth by posting pictures for their thousands of followers on Tumblr, Twitter and Instagram, (#RichKids).

The cast includes Dorothy Wang, Morgan Stewart, Brendan Fitzpatrick, Roxy Sowlaty, and Johnny Drubel, with occasional special guest appearances from Magic Johnson's son, EJ Johnson. The first three episodes of the series follow the same plot line of a plethora of spending, with an occasional

full WWE-style brawl between various members of the cast.

As for the kids, they fully defend their lavish lifestyles. Cast member Morgan Stewart, who takes selfies like it's an Olympic sport, said "I'm really happy with the way the show has panned out, and the more people watch the more they will relax with their negativity. You can take the Gaza Strip seriously. They don't need to take this reality show seriously."

Do these kids do anything besides overindulge themselves in shopping and parties? The answer is yes. Although Dorothy Wang and Morgan Stewart are "funemployed," Brendan Fitzpatrick, who skipped college to pursue his career in real estate, earns a full salary. Johnny Drubel earns his keep as an accomplished songwriter. Roxy Sowlaty decided to start her own interior design business after being cut off from her parents in Episode 2 (Spoiler: in Episode 1, she spent close to \$500,000 in one shopping trip).

#RichKids of Beverly Hills will prove either to be the new favorite TV show of the season, or the most obnoxious program ever to air. It is an hour of truly horrible people doing fabulous things or fabulous people doing horrible things, depending on your tolerance for debauchery.

Actress Julia Robert's Half-Sister Found Dead

By **Lindsey Young**
Staff Writer

On February 9, Academy Award-winning Julia Robert's half-sister, Nancy Motes, was found dead by her own fiancé. It is reported that the cause of death was suicide by drug overdose, though tests are still to be determined.

Left at the scene of death was a five page suicide note; a source revealed to the New York Daily News, "There were three pages of rantings that her sister drove her to do this. There was one page to her mom, telling her how much she loved her and one page apologizing to John (her fiancé)."

It's safe to say Roberts and Motes had a rocky relationship. Just weeks before her death, Motes went on an angry twitter rant about her sister. "So my 'sister' said that with all her friends & fans she doesn't need any more love," she an-

grily penned. "Just so you all know, 'America's Sweetheart' is a b**ch!!"

Motes also claims that Roberts bullied her about her weight all through her childhood and said, "Do you want to be a fan of someone so cruel? She's not even that good of an actress. Happy you totally f**ed with me?"

Motes fiancé's brother claims Motes may have killed herself in a deliberate attempt to harm Roberts' career and slim her chances of winning an Oscar at this year's Academy Awards. Roberts is nominated for Best Lead Actress for her role in *August: Osage County*.

The suicide note is said to contain many dark secrets about Roberts that Motes wanted to become public. Motes had a tumultuous relationship with her family, and was just recently cut off entirely, which many suspect may have been what sent her over the edge.

Phillip Seymour Hoffman (1967-2014)

With heroine addiction rising over 700% during the past year in some states in America, one actor brought light to the subject with his tragic death.

By **Lana Bass**
Staff Writer

Oscar-winning actor Philip Seymour Hoffman passed away at 46 due to an apparent drug overdose on Sunday, February 2.

Screenwriter and longtime friend of Hoffman's, David Bar Katz, found the body of the actor in the bathroom of a New York apartment, with three needles filled with heroin injected into his arm.

The New York Police Department and investigators found in the apartment more than 65 bags of heroin and a number of opiates and prescription drugs such as methocarbamol and buprenorphine.

In the past, the actor did speak publicly about his affiliation and struggles with drug abuse, stating that he did indeed struggle with an addiction to heroin. Last year, he was admitted to a rehab facil-

ity after breaking his 23 years sobriety.

Hoffman was a successful actor for 15 years, appearing in seemingly everything—independent films, Hollywood blockbusters, and even Broadway plays. In 2006, he won an Oscar, a Golden Globe, and a BAFTA Award for his portrayal of Truman Capote in the 2005 film *Capote*. In 2007, his role in *Charlie Wilson's War* earned him a Golden Globe nomination for Best Actor in Supporting Role.

He received many more nominations throughout his career including Oscars for Best Supporting Actor in *No Country for Old Men* (2007), *Doubt* (2008), and *The Master* (2012).

Hoffman was not only an exceptional film actor, but an accomplished theater actor and director as well. He received three Tony nominations for his roles in *True West* (2000),

Death of a Salesman (2012), and *Long Day's Journey into Night* (2003).

Some of Hoffman's more recent films include *Moneyball* (2011), *The Master* (2012) and *The Hunger Games: Catching Fire* (2013). In *Moneyball*, Hoffman portrays Art Howe, a Major League Baseball infielder and in *The Master*, Hoffman plays the character of Lancaster Dodd, a leader of a religious movement called "The Cause." In 2013, he played Plutarch Heavensbee in *The Hunger Games: Catching Fire*.

Since 1991, Philip Seymour Hoffman wowed audiences with his intense, dramatic roles and his specialty for playing troubled characters with such passion that his own wellbeing was called into question.

He is survived by his longtime partner, Mimi O'Donnell, and his three children, Talulah, Cooper, Alexander and Willa Hoffman.

One Man Alone

An extremely lifelike statue of a man sleepwalking on the campus of all-girl's Wellsley College has girls upset and the internet confused

By **Ilana Larry**
Staff Writer

With the exception of professors, the students at Wellesley College are unfamiliar with having men on campus. The all-girls college received mixed reactions when an extremely lifelike statue of a sleepwalking man, clad only in underpants, appeared on the campus on Monday, February 3.

The sculpture, titled "Sleepwalker," is part of Tony Matelli's exhibit at the college's Davis Museum, which will remain on display until the 30th of July. Matelli's exhibit, titled "New Gravity," featuring sculptures

where the physical laws of objects are reversed, upended, or atomized.

Not everyone liked the sculpture. A petition on *change.org* to remove the sculpture claims, "This highly lifelike sculpture has, within just a few hours of its outdoor installation, become a source of apprehension, fear, and triggering thoughts regarding sexual assault for many members of our campus community." The petition has received 970 signatures and counting.

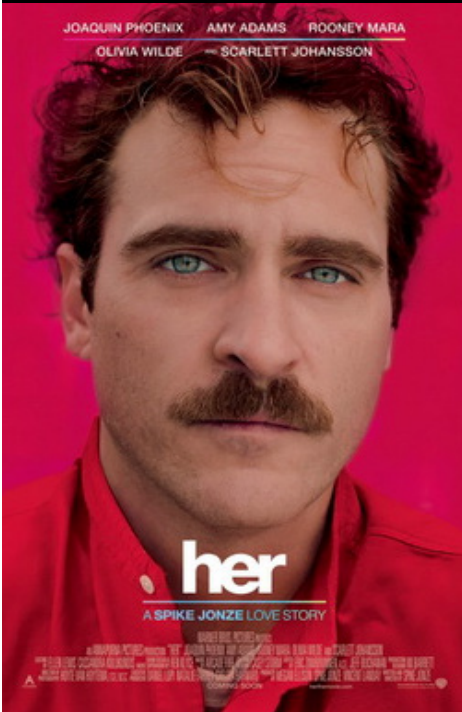
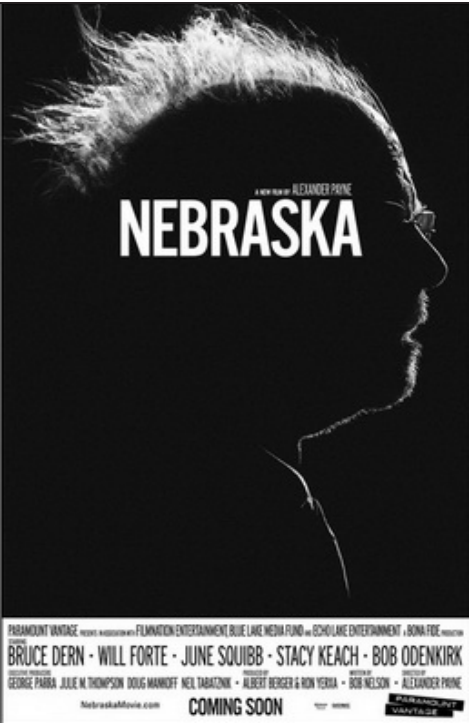
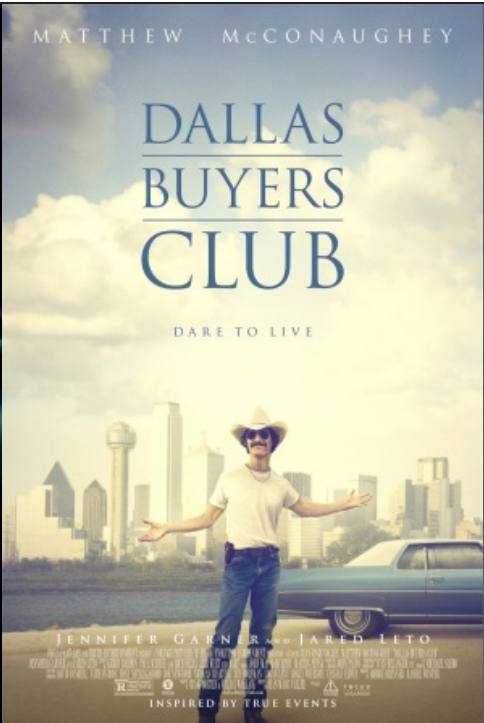
The director of the Davis Museum, Lisa Fischman, wrote on the college's official website that the sculpture was doing

what art does best: starting a conversation. "We placed the Sleepwalker on the roadside just beyond Davis to connect the exhibition—within the museum—to the campus world beyond," Fischman posted on *change.org* as her response to the petition.

The sculpture, and the controversy that surrounds it have attracted a lot of attention. Drivers at the college can be seen slamming on their brakes as they approach the statue, followed by a double-take to confirm what they're seeing. And needless to say, the art has made an appearance in countless selfies.



Photo courtesy of Wendy Nettleton



86th Annual Oscars Academy Awards

By Misha Kabbage
Staff Writer

Eighty-six years of Academy Awards means decades of extraordinary films and bundles of amazing actors and directors. This year is likely to go down in history in the acting world, as many have regarded 2013-2014 as a simply stellar year for film and acting.

This years' nominations for Best Picture are American Hustle, Captain Phillips, Dallas Buyers Club, Gravity, Her, Nebraska, Philomena, 12 Years a Slave, and The Wolf of Wall Street. Critics are raving about The Wolf of Wall Street and 12 Years a Slave, considering they had the most American views in theatres.

Starring in The Wolf of Wall Street, Leonardo DiCaprio presents his "performance of a lifetime," accompanied by supporting actor Jonah Hill. Steve McQueen brings 12 Years a Slave, a true story based on Solomon Northup's 1853 memoir. 30 Seconds to Mars lead singer and phenomenal actor Jared Leto co-stars with Matthew McConaughey in Dallas Buyers Club as a transgender

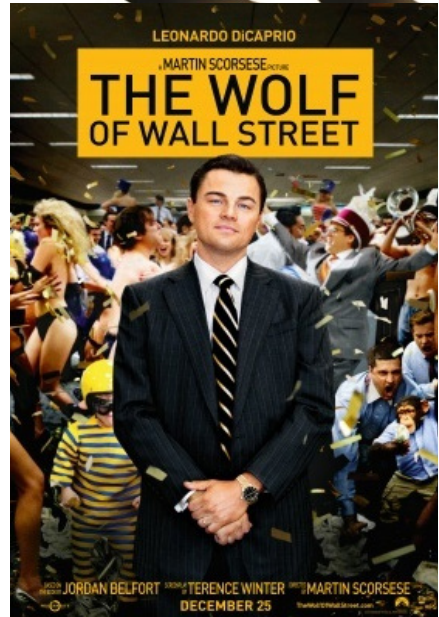
woman.

Amy Adams and Christian Bale take an 80's twist on romance and drug busts in the FBI love triangle thriller American Hustle. Joaquin Phoenix falls in love with the voice of Scarlett Johansson in Her, a modern story of love mixed with the electronics that we can't live without.

Tom Hanks shows his power in Captain Phillips, where he is the captain of a ship invaded by Somali pirates. Sandra Bullock is literally stuck in space in Alfonso Cuarón's Gravity. Alexander Payne brings Nebraska, a black-and-white story of luck and possession mixed with the grimness of old age and middle American landscape.

Best Actor in a Leading Role holds a nomination for Chiwetel Ejiofor, a relatively new actor and an excellent one at that, in 12 Years a Slave. Long-standing Academy champion Meryl Streep is nominated for Best Actress in a Leading Role for the film August: Osage County.

With riveting stories and undeniable quality, the Academy was surely blown away this year.



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Spring Concert Calendar

March 1 -
G-Eazy
at Soma

March 3 -
Childish Gambino
at Open Air Theatre

March 7 -
Dum Dum Girls
at The Casbah

March 8 -
San Fermin
at The Loft at UCSD

By Carly Neville
Staff Writer

March 14 -
Andre Nikatina
at Porter's Pub

March 16 -
Tool
at Valley View Casino

March 19 -
St. Vincent
at House of Blues

March 21 -
Twin Peaks
at Ché Cafe

March 23 -
London Grammer
at House of Blues

March 30 -
Bring Me The Horizon
at SOMA

March 31 -
Cut Copy
at House of Blues