

Only two Chargers players received Pro Bowl invitations, Tight End Antonio Gates and Offensive Guard Kris Dielman. Phillip Rivers, who has 28 touchdowns and a passer rating of 101.4 did not make the lineup. Many fans feel that Phillip Rivers was

snubbed out of a pro bowl invitation.

The Chargers had an amazing last minute win against the Chiefs. The Chargers scored two touchdowns in the final 90 seconds of the game. With this victory, the Chargers keep their dim playoff hopes alive.

The Chargers play the Tampa Bay Buccaneers this Sunday at Tampa. The Chargers must win this game and the next to prevent a losing season.

The Chargers offensive line received a heavy blow last Sunday when center Nick Hardwick received a concussion. In addition, Offensive Guard Kris Dielman was ejected from the game after allegedly throwing a punch at one of the Chiefs defensive players.



# SENIORS TAKE ALL AT POWDERPUFF

By Vu Tran

Staff Writer

For the past two years, Powder Puff has been a fundraising event hosted by the ASB for the junior class. Played during fifth period last Friday, the event consists of

girls from each of the respective levels grade playing an intense, adrenaline pumping game of flag football while the boys cheer them on. Each of the four teams consists of about twenty athletes and five coaches who are senior football varsity players. This year, the senior class came out on top once again,

beating the junior class in the

"This years Powder Puff was the best ever. I really enjoyed the games." senior Ben Tran said.

Powder Puff started with two fifteen minute games, the seniors playing the freshman and the juniors playing the sophomores. The freshman and sophomores lost both their games against the upperclassmen and played each other in a consolation round, in which the freshman emerged as the victors.

But while the games raged on, there was a spectacular dance-off contest among the Allan, and Shane Greco, the senior team put up an amazing defense that shutout the juniors. Senior Tess Plant Thomas and Nicole Bakke had a collective three interceptions in the game. Senior Darcy Elliot also played a key role in the win against the juniors,

an amazing success. The aggressive, but friendly games of flag football raised hundreds of dollars for the junior class and gave students the opportunity to relax and watch action packed games of football.



boy cheerleaders.

"The cheerleaders were so fun to watch. All my attention was focused on them." Senior Nic Sonderegger said.

In the final round, the seniors won Powder Puff again with a victory over the juniors. Coached by seniors Robbie Beathard, Thomas Bowman, Yoshi Rothman, Harper finishing the game with three touchdowns. When the second half ended, the senior class was clearly superior, having destroyed the junior class with a score of 28 to 0.

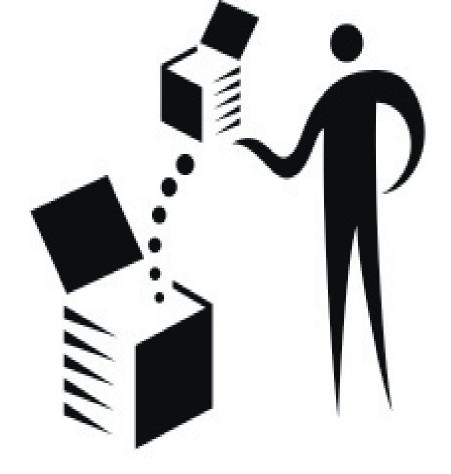
"Seniors dominated, it was a lot of fun coaching everyone and joking around." Senior Thomas Bowman said.

Overall, Powder Puff was



cheer on their team.

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LAURA COE DESIGN ASSOCIATES

VISUAL SOLUTIONS . 3D

By Cassie Brazier
Staff Writer

It is time to replace footballs with soccer balls; instead of spiking them, it is time to kick them. And it is the girls turn to show their skills in the pool. Yes, fall season is over. We have moved on to winter sports. Say goodbye to raging football games, intense volleyball rallies, and the cross-country team running all over town. Soccer, girl's water polo, basketball, and wrestling are the sports now in session. With their seasons just starting, the High Tide sat down and talked to some of the athletes to watch out for.

### HARPER ALLAN



Last year the La Jolla boys soccer team had a pretty good season. But this year they are hoping to make it even better. Senior Harper Allen is one athlete to watch. He is a tri-season Varsity player who has become a leader to his teammates in each sport he plays. His success in three different sports has been highlighted by his dedication and positive attitude. Harper's values of workmanship and team playing have proved to be inspirational to his many teammates.

When asked about his attitude, Harper replied " I lead by example, and I always stay positive. Work hard. Every day, do work."

## VALERIE NAWAHINE



The girls are in for a very exciting season. Sophomore Valerie Nawahine scored over 100 points for the team, and is hoping to do the same this year. Nawahine has been playing since fourth grade and has loved it from the first time she picked up a ball.

"I love basketball. It's a great way to meet people. I hope our team can bond just like last year and have and outstanding season." Nawahine said

Nawahine comes from a family of basketball players. Her mom played in high school, her cousin is currently on the USC team, and her brother, Henry "Spanky" Nawahine is on the La Jolla High varsity team as well.

Photo Courtesies of Shira Feifer

## MADDY SHARP



Center midfielder Maddy Sharp knows how to get the job done on the soccer field. As a senior and four year Varsity starter, she is looking forward to a successful season.

"We have a lot of returners so we are looking to win CIF this year," Sharp said.

Sharp also stresses that teamwork is an intregal part of the team's success. So, show your support for the lady vikings soccer team as they take on some of the hardest teams in the league.

"Our biggest rival is Cathedral, so we definently want people to make it to those games," Sharp said.

### TYLER HEAP



After an impressive guys season they are back to business, and hoping to snatch the CIF championship again. Senior Tyler Heap is ready to lead the team to victory.

"I like basketball because it is a team sport. You get to be around guys you like and play together as a team. I hope we not only win CIF this year, but also win state. Or at least go as far as we can." Heap said

"My biggest inspiration for playing basketball would have to be my older brother Andrew. He helped me out a lot and helped me really love the game." Heap said

## DAVID BLASQUEZ



Wrestling at 215 pounds, junior David Blasquez is a standout wrestler to watch out for. As a sophmore last year, Blasquez won every junior varsity tournament he wrestled in, placed sixth at Holtville, third at Ivan Olson, third at San Ysidro, first at City, and 4th at CIF. This summer, Blasquez trained with the Iowa State Wrestling team and 4 time NCAA champion and olympic gold medalist Cael Sanderson.

"I believe we can obtain the title of Western League Champions. This is said frequently but I truly believe in it. " Blasquez

David looks up to former Iowa wrestler Mike Zadick as a source of inspiration.

MEChA Cont. from pg. had spoken about equality for

all people not just Blacks and Mexican. He is much more radical than I am," President of La Jolla High's M.E.Ch.A, Paola Nieto said.

Once the keynote speaker was through the attendees dispersed into workshops that were as varied as "Sex Education," a workshop centered on safe sex and ways to avoid unwanted pregnancies or STDs, "Psycho Realm-Real Hip Hop Music" a workshop that discussed hip hop in the chicano communities and how it reflected politics, and "CSU Admissions" an informational workshop that gave students tips on how to apply for college. During the workshops

intelligent and visionary students spoke of discrimination, local school issues, and solutions to the challenges that would come to face the Mexican-American community with the current economic crisis. La Jolla High mechistas particularly enjoyed the workshop called "Creating A Raza Media-Press that will Liberate La Raza." This workshop evaluated the media, biases the media might have against the chicano community, and way to utilize the media to support the Chicano cause.

"[My favorite workshop was] the media workshop, because I wasn't aware that only six corporations control the entire United



States media and I think we should do something about it," senior Daniel Arre-

Other La Jolla High Mechis-

tas were enthusiastic the workshop "Chicana/o Youth Leadership Camp" that promoted SDSU's Summer Mechista camp for high school students.

"You come and spend a week here and you do a lot of activities. The last days they take you to the mountain and go camping. You get to wake up and watch the sunrise and it

seemed cool," junior Karla Rosas said.

Between the workshop sessions the at-

tendees were served bean and cheese burritos while Juvenil De San Diego Mariachi band played in full-blown outfits with a lot of spirit. After the Mariachi band, a Latino

Rock band known as Montecristo played a mix of Ska songs and classic rock in Spanish while attendees jumped to the beat as girls squealed.

The most powerful aspect of

the conference was that it gave the students a voice. Mexicans, as well as black students, spoke to their fellow Mechistas on issues that mattered to them. Lincoln High School had a very strong showing and Lincoln Mechistas spoke avidly about their fight against the gun range that was built for ROTC practice on their new campus.

"It contradicts everything about education, what education really means," Lincoln High School Mechista, Jonathan Flores, said.

Others spoke about how, despite challenges, students should rise above the discrimination and not play victim to a biased system, rather show their strength in the face of opposition. M.E.Ch.A presidents made a pact to meet more often and form a stronger city-wide M.E.Ch.A. The power of the conference came straight from the students. The conference's spirit was best personified by a phrase said during the Co Chairs Address.

"The students are the fountain of inspiration," Co Chair Ivonne Sanchez said.

with a 52% vote on November 4th, gay rights advocates have organized peaceful protests in California, and plan to continue until the California Supreme Court invalidates prop 8 and gives everybody the right to wed. Many of the protests have been spontaneous, giving volunteers little time to organize, yet these rallies have had phenomenal turnouts in hundreds of cities such as San

> At the protests, thousands marched with signs, candles and rainbow flags, all united for the cause of gay rights. In San Diego, marches have been going on every Saturday, with crowds and momentum increasing each week. An estimated 25,000 people marched from Hillcrest to Downtown at the most recent demonstration, displaying their determination and frustration with signs with sayings such as "Don't make love a battleground" and "You gave rights to chickens and not gays?" Others wore costumes and enlivened the crowd with chants and music.

Francisco, Sacramento, Los

Angeles, and here in San Di-

ego.

"Transvestites dressed up as nuns passed out pieces of paper with chants to everyone, so during the march people yelled different chants together, like 'Gay, straight, black, white, marriage is a civil right," junior Adriana Zirino said.

Although several religious institutions are "Yes on 8" supporters, not all churches favor the measure. Some churches along the route of the march showed their support by displaying "No on 8" and "Straight Christians for Gay Rights" signs. People of all races, ages, religions, and sexual orientations attended the marches, and several students joined the fight.

"When I went to the protest, it was really empowering to see such a wide variety of people protesting for their beliefs," junior Kayli Versteeg said.

College students have showed their support as well. At UCSD, students walked out of a class and gathered at the campus's Price center, and demanded that the university take a stand on the issue.

The passage of Prop 8 left several gay rights supporters disappointed and hurt, but did not abate their determination. "It is unfortunate, but it is not the end because I think this will go back into the courts... It's the same as in the 1948 case when blacks and whites were not allowed to marry, this falls into the same category," Governor Schwarzenegger told CNN correspondent John King. Gay rights campaigners have spoken, and apparently will not stop until their demands are met.

# Black Friday Causes Unexpected Sales and Deaths

By Carolina Bellizzi Staff Writer

Despite the predictions of jittery analysts who believed that Black Friday sales would be less than ideal, strong shopping crowds on the busiest shopping day of the year proved them wrong.

With the economy in a tailspin this year, Black Friday was much more profitable than analysts initially expected. For many retailers, fourth quarter revenues, which for 2008 have been insignificant, were raised considerably.

According to CNNMoney. com, "Department stores were visited by 43% of shoppers, up from last year, while 36% visited specialty stores and 34% shopped online."

"The National Retail Federation (NRF), an industry trade group, said shoppers spent \$41 billion in the 4-day Thanksgiving weekend. The average shopper spent \$372.57, up 7.2% from the \$347.55 spent last year," reported CNN Money.com.

While it is not an official holiday, Black Friday has become an established American legacy. The term "Black Friday" originated in the 1960s Philadelphia, in reference to the heavy street traffic and uncontrollable frenzy of crazed shoppers hoping to find a bargain. Today, however, the media have used it to refer to the beginning of the holiday season where the majority of retailers are in the black, (mak-

ing a profit), as opposed to being in the red (losing revenue).

The media often refers to Black Friday as the busiest retail shopping day of the year, but this is not always accurate, especially this year, with the economy on a sharp downturn this holiday season.

While the day after Thanksgiving officially starts the holiday shopping season, it is no longer the busiest shopping day. Last year, it was Saturday, Dec. 18, a week before Christ-



with big sales opened. Many retailers open very early, at around 5 AM, and offer doorbuster deals to draw people to their stores. Once inside, the stores, shoppers rushed and grab, especially since many stores had only a few of this season's "It" items. Electronics and popular toys are often the most sought-after items, but clothes and other items are also sharply discounted.

"I definitely hit the Black Friday sales," junior Briana Jones said. "It's a day-after-Thanksgiving tradition."

> However, because of the shoulder-to-shoulder crowds, many chose to stay home and avoid the hectic shopping experience. Others found it far too early to begin shopping for holiday gifts and prefer to wait until it is closer to the holidays.

"It's still way too early to begin shopping for Christmas presents. I'm planning on avoiding the insane holiday crowds," junior Haley Cameron said. "I'd rather wait until it is closer to Christmas."

"Plus, I don't want to go shopping when everything is being picked over by massive amounts of people. I'd prefer my shopping experience to be peaceful and that is not something that I can have on Black Friday," Cameron said.

However, this year shoppers were much more conscious of their purchases, rather than raiding every store in the mall for their cheaper prices.

"Instead of buying everything I set my eyes on, I made sure that everything I bought was really worth it," junior Libby Frankel said.

Despite sales predictions being less than expected, Black Friday shoppers defied the analysts. With online retailers such as Amazon.com offering "deal voting" opportunities and other retailers offering sale telethons it was impossible not to find a deal on Black Friday. Many retailers have and will continue to lure holiday shoppers with enticing bargains and other sales gimmicks including "buy-one-get-one-free," "half-off" deals, as well as continuous discounts on this year's "It" items.

Some shoppers were so bent on getting the best deal that events turned tragic, with aggravated shoppers taking out their aggression on their fellow consumers.

On Long Island, a Wal-Mart stampede took the life of a worker, who was trampled to death, as well as injuring four others, including a pregnant woman. Meanwhile, right here in Southern California, two men were shot to death in a crowded Toy's-'R'-Us store on Black Friday in a confrontation apparently involving rival groups.

Following the success of Black Friday 2007, the forecast for the holiday shopping season has improved significantly, despite analysts's dower predictions. With the earlier and continuous holiday sales this year, shoppers will be able to find the best deals early on in the season, and simultaneously pump money back into retail accounts as well as the slowly but surely improving economy.

# What is the

By Kelly Lin Staff Writer

After ten years of great music, crazy moments and Times Square domination, on November 16th, MTV's Total Request Live Music Show (aka TRL) counted backwards for the last time and leased out its second story posh space to an ice cream store! In today's world, good ice cream stores are easy to find. Music videos on MTV are not.

Back in the 90s when TRL first hit the airwaves, it was a pop culture staple among the youth. It was the Ed Sullivan show of the generation; their iconic show of the time.

Each day from Monday to Friday, viewers made an event out of racing home after school to see their favorite star get interviewed by the MTV VJ's or witness the world premiere of the latest video from their favorite artist.

For both veteran and breakout actors, singers, and sports stars, TRL provided a great way to connect with fans and also plug upcoming projects. Oftentimes when celebrities stopped by, they were accompanied by their entourage of fans who would flock outside the TRL studios to support them.

In one especially memorable

TRL episode back in 1998, The Backstreet Boys dropped by TRL and their fans caused such a frenzy that they actually forced police into closing down the streets of Times Square, the busiest intersection in the

Beginning in 2007, with the popularity of the internet and the innovation of other new technology, the initial hype surrounding TRL slowly diminished.

Viewers no longer had to wait to see the world premiere of videos and instead went on to other websites to find their much anticipated music videos only a mouse click away.

Now in 2008, TRL has been removed from MTV programming and soon the only music videos that played on MTV lay in the twenty second mini clips that play between the trashy reality shows that have taken over the network.

When viewers discovered that TRL was ending, many were outraged.

"I was so upset I went out and killed a hobo!" junior Nate Westrick said. What horrified viewers even more, was the garbage that replaced the music videos on MTV: reality

"MTV has become infested transform into sweet angels vintage glory.

with too many reality shows. They should put a larger focus on the music" junior Tatevik Simavorian said.

One such show that has served to trash up the station is "Date My Mom," a reality dating show where a guy goes on dates with the moms of three potential suitors and determines which girl to date based on his experiences with their moms.

Along with forced acting and terrible scripted dialogue, the potential suitors are forced to say some of the cheesiest, rehearsed pick-up lines that would in real life cause one to question whether the person was mentally sane.

"I hate 'Date my Mom.' It doesn't provide an accurate representation of contestants, plus it's all staged and scripted," sophomore Zoe Wescoe said.

Things get even more disgraceful on "Exiled," the show which takes the rich kids of "My Super Sweet 16" and sends them to Africa as "punishment" for their bratty ways. Throughout the trips, MTV cameras follow the kids as they cry, whine and complain about how much their lives "suck." Then at the end of the show, the kids "magically" and share their life lessons.

This show is not only annoying but also somewhat offending. The chance to travel to Africa and the opportunity to help out those in need is a once in a lifetime experience and the fact that these kids treat the trip like a punishment is appalling.

Although MTV's reality TV shows are seriously messed up they are not the only aspect of the network's programming that is suffering.

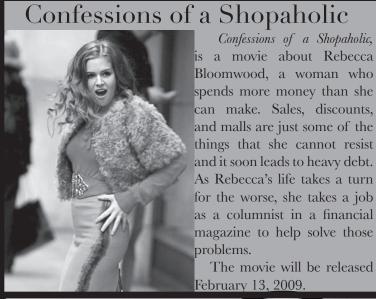
Problems have also been rampant in the network's awards shows such as the VMAs (Video Music Awards) and the MTV Movie Awards where the focus of the shows has gone from showcasing great performances to creating scandalous moments meant to scare the Parents' Television Council even more than Janet Jackson's Super Bowl Wardrobe disaster.

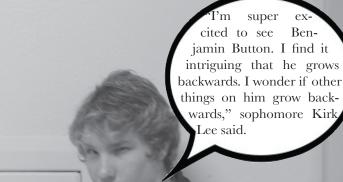
Music Television without music videos is the equivalent of removing Mickey Mouse from the Disney franchise. To quote Cartman from South Park, "I'm telling you guys, it's wrong. IT'S WROOONG!' MTV is called music television for a reason and they need to start living up to that name if they ever hope to regain their

Photo Courtesy of www.facebook.com

By Amy Liew and Freda Spencer Staff Writers

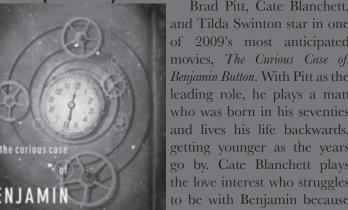
# 2009 Movie Preview







The Curious Case



of Benjamin Button Brad Pitt, Cate Blanchett, and Tilda Swinton star in one of 2009's most anticipated Benjamin Button. With Pitt as the leading role, he plays a man who was born in his seventies and lives his life backwards, getting younger as the years go by. Cate Blanchett plays the love interest who struggles to be with Benjamin because of his reverse aging. The film

comes out on Christmas.

By Suquoia Geary Staff Writer

Sean Penn does an impeccable job portraying Mr. Harvey Milk, the first openly gay man elected to office in 1977. Harvey Milk was elected as city supervisor of San Francisco after many failed campaigns.

The film includes many other great actors, such as Emile Hirsch, Josh Brolin and James Franco. Each actor was very believable in their roles as gay men, even in the romantic

This movie was exciting and full of drama; no scene was predictable in any way. While watching the movie it may have felt long and drawn out at times, the ending made the movie worth while.

Milk was a movie that couldn't have come at a better time. Since Proposition 8 passed in California, this film portrays a strong sense of the gay community fighting for their rights. The movie had a sense of inspiration and some wondered why it didn't come earlier.

The film was released on December 5<sup>th</sup>, 2008. The theatres were packed and everyone was excited. Those who saw the movie at early preview showings had nothing but good things to say, and all the magazines and movie critics just raved about Milk.

"Milk really showed me the unfortunate truth that separation of church and state is not a reality. The Bible says nothing about homosexuality as we know and understand it today," junior Leny Behar

Milk gives a new sense of what homosexuality is, and how much the community has truly accomplished. It's a wonder why a movie like this hadn't been made earlier.

This movie is perfect for any age; older people will remember this event from when it really happened, and the younger liberals will love the message being sent out and the characters crave for a revolution.

"I've been waiting a long time to see this movie, all of the previews looked really good and I think it'll have an interesting story line," junior Angie Calvelli said.

For people who love a movie with a nice historical background, and a story line to fall in love with, Milk is the perfect movie to see this winter break.

# Cultured in La Jolla

By Antonia Cereijido

Staff Writer

Do you find yourself watching the marathon of America's Next Top Model every minimum day? Are you embarrassed when you do not know the answer to where Estonia is located? If so, here is a tour of La Jolla that will provide a stimulating and better alternative to watching Tyra Banks explain her road to success. You should bring money, an empty belly and an open mind.



First stop on the tour is D.G. Wills, a small book store found on Girard Avenue between Pearl and Genter St. Old movie posters, antique wood carvings, rusty tools and football memorabilia all add to the atmosphere of learning and wonder in D.G. Wills. Mr. Wills takes pride is his selection of new, used, and antiquarian books. D.G. Wills is a great place for La Jolla High students to find all the classics that are required reading for English class. Take the time to ask Mr. Wills about any subject of interest or object found around the store. There is bound to be an interesting story behind it.



The third stop, Warwick's, is located on the corner of Herschel and Girard next to Armani Exchange. You can find books, as well as classic and quirky notebooks, planners and dividers. It is a great spot for back-to-school supplies. Another advantage Warwicks has over chain bookstores is their welcoming staff. They all have some background in literature and have read at least one-third of the books found in the store. They are expert book buyers. One such buyer is Jim Stewart, who will always ask, "What have you been reading lately?". He like his fellow employees can easily pick three or four books that match your taste. So whether you want a sports book for your dad, a children's book for your cousin, or just a really good read for yourself, Warwicks is worth a visit.





CASD

The fourth stop, the Museum of Contemporary Art San Diego, is something all students should take advantage of. The Museum looks over the Cove and is situated on Prospect St. Additionally, the Museum offers free entrance to all people under 25. MCASD is currently displaying Weighing and Wanting: Selections from the Collection. Which is a compilation of popular pieces already shown at the Museum. Once finished looking at the provocative and compelling pieces in the Museum, check out the gift shop. It is filled with unique gifts that the MCASD staff has picked out.

Popular gift shop items include hand hooks (wax models of actual hands that can be used as hooks), Wall Gear clocks, and architecture books. However, the store offers a wide array of art books, clothing and interesting trinkets. A gift from the gift shop is one likely not to be forgotten.

## Warwick's

since 1896

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Situated right beside D.G Wills, Pannikin, a local coffee shop, is a short walk away. Eclectic music, art made by locals, and the warm smell of coffee and baked goods creates an inviting atmosphere. Their cookies, which are baked fresh everyday tend to run out quickly. They have various types of coffee and a great assortment of tea that ranges from green to herbal. In icky weather, customers can warm up with hot chocolate next to a cozy fireplace. Pannikin has many devoted customers who come to enjoy a relaxed atmosphere and a good boost of caffeine.

"[Pannikin is] cooky, cultured, coffee, characters,' Pannikin server Lane Haywood said.

# Upcoming Svents ecomber and January

Sun Wed Mon Tue Thu Sat HOLLYWOOD UNDEAD THESE ARMS ARE SNAKESTHE MAINE STICK TO YOUR GUNS BLOC PARTY CHE CAFÉ PRICE: \$10 PRICE: \$12 SOMA PRICE: \$13 SOMA PRICE: \$12 HOUSE OF BLUES EPICENTRE PRICE: \$22.50 WRITING WITH LIGHTTHE NUTCRACKER NEWHALL: ALELIA BROUSSARD MUSEUM OF PHOTOGRAPHICSAN DIEGO CIVIC THEATER LITERACY OF IMAGES LESTAT'S COFFEE HOUSE 12/19- 12/23 ARTS 11/15- 12/28 UNWRITTEN LAW MUSEUM OF PHOTOGRAPHIC HOOBASTANK HOUSE OF BLUES VIEJAS CASINO HOW THE GRINCH STOLE CHEETAH GIRLS NEW AGE HEROES GO TO BED EARLY AND WAIT SPORTS ARENA CHRISTMAS SOMA OLD GLOBE 11/25-12/28 FOR SAUTA SAN DIEGO SYMPHONY COPLEY SYMPHONY HALL MERRY CHRISTMAS! HAPPY KWANZAA! WINTER BREAK STARTS! XANADU REEL BIG FISH PEPPER THE RADIATORS THE WAILERS HOUSE OF BLUES LA JOLLA PLAYHOUSE HOUSE OF BLUES HOUSE OF BLUES HOUSE OF BLUES PRICE: \$19- 21.50 PRICE: 22.50- 25 HAPPY NEW YEAR! CO ICE SKATING FIRST WEDNESDAY OF THE CAT A SNOWCOND THE ADVENTURES OF TOM GET INVOLVED; USY'S BACK TO SCHOOL RECYCLE YOUR TREE! HODTON PLAZA INTO THE NIGHT SAN DIEGO JUNIOR THE-WWW.FWUSY.NET ATRE BALBOA PARK TWO WEEKS COUTIL FIDALS JOHN LEGEND BUILD A SUOWMAN RIMAC ARENA UCSD m and man