

HIGH TIDE

Volume LXXVII Issue 4 - December 18, 2008

MEChA Club Goes to SDSU Conference

By **Antonia Cerejido**
Staff Writer

Last month, the 38th annual M.E.Ch.A, Movimiento Estudiantil Chicano/a de Aztlan(The chicano/a student movment of Aztlan) conference was hosted by SDSU. More than 1,000 high school representatives from over 40 high schools situated all over San Diego and Orange County, including our own La Jolla High, met for a day of discussion and entertainment focused on Chicano culture. The day began at the Open-Air theatre in SDSU where the Mexican folkloric dance troop, Mujeres en Resistancia(Women in Resistance), stomped their heels as they swayed, swooping their pink scarves into the air. Following the Mujeres,

it looked very professional,” La Jolla High junior Sherry Ramirez said.

Following the entertainment, the co-chairs of the conference gave a speech in English and in Spanish on the theme of the conference: The Key to Liberation is Equal Education. They explained how the

to remember their roots and never forget to come back to their communities once they have sought higher education.

“The theme, The Key to Liberation is Equal Education resolves around the budget cuts and how that affects our community, especially low income communities, because they

the most affected,” co-chair Neri Martinez said.

The co-chairs were also met with great enthusiasm from the audience. The Mechistas chanted “Que viva M.E.Ch.A! Que vivan los estudiantes!” meaning Long live M.E.Ch.A! Long live the students!

The audience had mixed reviews on the Keynote speaker, Diop Olugbala. Mr. Olugbala is a leader of the U.S branch of the Uhuru Movement, a component of the African People’s Socialist Movement. Mr. Olugbala was very radical in his views and made many controversial statements. One statement was that California was claimed Mexico and that the Mexican people would not be satisfied until California was reclaimed by Mexico. Most disagreed with his strong views.

“I would have liked our keynote speaker to be Mexican, I also didn’t agree with most of what he said. I wish he

MEChA cont. on pg. 10



Cultural performances: This Aztec dance was among the highlights of the day at SDSU.

most important thing for chicanos to realize was the importance of being a good student and seeking higher education. They also prompted students

already have it hard enough with out the source of income, so now the budget cuts will really affect those communities, because low class schools are

What started as a typical press conference on Sunday in Baghdad turned into fodder for highlight reels on the Internet and evening news around the world.

In anger, an Iraqi television correspondent working for Al-Baghdadia television (an Iraqi station based in Cairo, Egypt) threw both of his shoes in rapid succession directly at the President during the press conference. At the same time, the reporter told the president that shoes are a “farewell kiss, you dog.” Bush narrowly dodged the first shoe and simply watched the next shoe with a smile on his face as it flew past his head.

The reporter was promptly

brought to the ground and detained by security. The reporter, later identified as Muntadar al-Zeidi, was dragged out of the room as he yelled in protest and pain.

Reactions to the incident has been mixed. Some have held protests in response to the imprisonment of Zeidi, while others have condemned the reaction. The Iraqi government has called for a formal apology by Al-Baghdadia television, Zeidi’s employer.

Throwing shoes in the Iraqi culture is considered insulting as demonstrated famously in the 2003 invasion of Iraq when marines toppled the statue of Saddam Hussein while Iraqi’s pelted shoes at the statue.

Prop 8 Protests

By **Vu Tran**
Staff Writer

Throughout California, thousands of dissatisfied citizens are standing up for “marriage equality under law” and protesting the recent passage of Prop 8, which banned same-sex marriages and left over 18,000 marriages in limbo. This battle for gay marriage has erupted into a national issue, with heated rallies and marches in numerous states. The protests have attracted huge crowds and widespread attention, even as far as Canada, England, and Australia.

Since the proposition passed

Protests cont. on pg. 10

A Letter From the Editors

‘Tis the season to be jolly! The holidays offer a brief, yet welcome, opportunity for us all to forget our differences and bond over a hot cup of apple cider. There’s something about the smell of chestnuts roasting on an open fire that brings out the best in everyone. There is an undeniable nip in the air... well, at least compared to our usual balmy 80° weather and clear skies. But, in all seriousness, consider taking some time over break to spread some holiday cheer to those who need it most. In these difficult economic times, the less fortunate need help more than ever.

Instead of plopping the obligatory coin in the Salvation Army Ringer’s bucket on your way into Vons, consider taking some of your own time to make a difference in someone’s life this holiday. As the temperature dips, homeless persons need blankets to keep warm. We can be the ones to provide them with basic (and greatly appreciated) needs. Organizations such as St. Vincent DePaul’s are always looking for more volunteers, especially during the holidays. Giving of oneself is not always completely selfless. Sometimes you’ll find that giving is the best gift of all.

Inside this issue, you can discover “La Jolla: Then and Now,” as well as a gift guide for even the most fickle of gift recipients.

If you don’t like this issue, we won’t mind... but don’t be surprised if you find yourself on Santa’s naughty list this year!

Happy Holidays,
Kaitlin Sharpe
Mackenzie Merkel



Global Updates

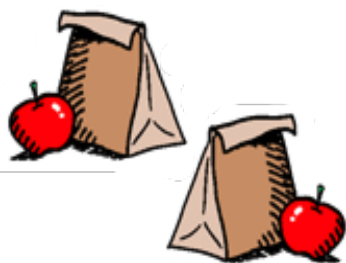
By **Vu Tran**
Staff Writer

President Bush Narrowly Dodges Thrown Shoes

George Bush hands off the reigns to the United States government in 37 days. And on what was likely his final tour of Iraq and Afghanistan, Bush was met by surprisingly negative reactions, even by his standards.

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The La Jolla High School

HIGH TIDE

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One Lunch is Enough - I'm Full

By Haley Cottrell*Features Editor*

The dire budget cuts have taken a turn for the worse. The San Diego Unified School district is so desperate for cash that they are willing to squeeze every penny that they can out of our pockets. Their newest scheme involves screwing up our entire school day. The geniuses over at the district offices think that it would be a splendid idea to create two separate lunch periods so that more students would have time to buy lunch from the cafeteria. They would split the student body in half and each half would have its own 30-minute lunch period. This is merely a poor attempt to raise more funds for the broke school system and the downsides are exponential.

First, the school day would be increased by 30 minutes, causing us to get out of school at 2:45. This alone creates enormous problems. Bus times would change, sport practices would be that much later, and students would have less time to complete their homework. The extra half hour would add

a total of 90 hours of school time per year.

Second, students would most likely be split up from their friends for their lunch periods. The lunch period assignments would be based on classes, not on grade levels. This poses the problem of clubs and other lunchtime activities. How is a club supposed to function if half of the members are not



Photo courtesy of Mackenzie Merkel

Two Lunches: Junior Brianna Jones fears being separated from her friends during lunch due to the Two Lunch program. This could be the fate of all La Jolla High students if the plan is enacted.

present?

Third, this is morally wrong. If you need money, you have a fundraising dinner or something to that effect; you do not force kids to sit in class for an extra 90 hours in the hopes that they will buy more junk food from the lunch carts or the cafeteria. It's ludicrous to think

that this is what the school district has resorted to, squeezing every nickel and dime out of our hands.

This problem does not even apply to La Jolla High specifically. Is there a single person at our school who is starving because they did not have time to buy lunch during the 30-minute lunch period? No. If you go into the cafeteria ten minutes

before the end of lunch, you will find no lines whatsoever. The cafeteria would earn no extra money by having two lunch periods.

The situation that we are in economically is indeed desperate, but education is the absolute last place where they should be cutting money. We

are the future of the world; they might as well educate us, don't you think? As Henry Wadsworth Longfellow said, "Were half the power, that fills the world with terror... given to redeem the human mind from error, there were no need for arsenals or forts." Cutting money from education is like burning someone's house down; it just screws everyone.

Words cannot describe the idiocy of this. The budget makers should not be stupid enough to cut money from schools, and they certainly should not go about it in this fashion. Using students' money to compensate for their moronic decisions is in no way justifiable.

Let this be a warning, a battle cry, a threat even, to the head honchos at the San Diego Unified School district. We will not go quietly. We will not stand by and let our school be affected so drastically for reasons that are not even applicable to our school. We know how to petition, protest, and boycott if need be. The school district will not implement their daft plan on us La Jolla High students. Let's show them how we do.

A Whole New World

By Kaitlin Sharpe*Editor-in-Chief*

As a student living in the United States, I rarely think about the lives of those outside of my small bubble. The world of poverty and war seems far off, and thinking about those suffering takes a backseat to college applications and my grades at school.

In a nation obsessed with superficialities, it is both refreshing and necessary to take a step out of our everyday lives and think about the world around us.

About a month ago, I was given the chance to step outside of that bubble and imagine the lives of the 42 million people uprooted by war in the world.

I was given the rare opportunity to attend a Doctors Without Borders exhibit designed to spread awareness of those living in refugee camps, through the work of my Economics teacher Mr. Cavaiola. Because of my interest in micro financing in Third World countries, I was extremely excited, and the trip met all of my expectations and more.

My classmates and I began our journey at Balboa Park, where Doctors without Borders set up a mock refugee camp. Tents were set up on the grass,

just yards away from the street, and the contrast between the two was stunning.

The tour, which was only one hour, had an amazing impact. Our guide was a Belgian woman named Mele Seger. She had spent months in Africa with Doctors Without Borders, where she served as a midwife. She asked us to imagine we had just become refugees from



Photo courtesy of Aru Gonzalez

a war torn country. She then proceeded to take us, step by step, through what one would encounter when they entered a refugee camp.

After entering the border checkpoint, which we had to "bribe" our way through, our group of twelve was led into a small tent. Seger informed us that the tent, which would comfortably fit about three, would normally be the home

to about fourteen refugees for months, and in some cases years. I was shocked. But the tour only got more eye opening as we continued.

Each tour stop had a sign with an intriguing question such as, "Where will I find food?" "Where will I find water?" and most touching, "How will I cope?" Pictures drawn by ten-year-old refugees covered a

ture the pain and suffering of the refugees. The stations got more and more moving. By the time we got to the station on Malnutrition with pictures of children who were nothing but skin and bones, I was on the verge of tears.

But the station also gave me hope. Even though there are over 20 million children in the world who are severely malnourished, the cure is surprisingly simple. It only takes a month of treatment and high caloric food bring the child back to health. Seger informed us that the problem is not how to cure them, but just raising the money and sending the doctors to do it.

La Jolla High School students who were able to attend gained a new perspective of the world around them. People were inspired to donate money, buy shirts, and one student, touched by his experience, made it his life goal to be a part of Doctors Without Borders.

It is astounding what one short look at Third World struggles can do to student's mindsets. The world is not a huge place anymore; students need to realize that it is a place we can all make an impact in, if we are willing to look outside of our small world.

The Cheating Game

By Antonia Cereijido
Staff Writer

A survey taken by La Jolla High students last year indicated that most students think cheating is justifiable. La Jolla High administrators and teachers are fighting to stop this trend by using new technology like responders and websites such as turnitin.com. Yet, their battle is not an easy one. They face pressure from highly competitive colleges that demand perfect grades and test results, in addition to new and unexpected methods students have discovered to aid cheating.

La Jolla High is a very competitive school. Getting rid of class-rank was a very smart move on counselors part and consequently has alleviated some stress; yet most of the stress comes from a place the school has no power over: Colleges.

This year Harvard is going to have an estimated 7% acceptance rate. Numbers like this draw students to cheating because students fear they will not be accepted to their school of choice unless they ace every test and every assign-

ment. Some would argue that the pressure has not actually changed.

“[Before, people were worried] about the difference between a 3.9 and a 4.0 just like now people are worried about the difference between a 4.7 and a 4.8 [G.P.A.],” history teacher Mr. Lawrence said.

Whether or not there has been a constant trend towards more cheating due to pressure from colleges, this year will be a very stressful year for many La Jolla High students. The Cal-State system recently issued a statement announcing that they would be cutting 10,000 spots from their universities because of the limited budget. The UC system is also rumored to be making similar cuts in the near future. Because of record numbers of applicants and recent cuts in space, the pressure on La Jolla students has never been higher.

This competitiveness has compelled many students to seek resources that, without the pressure, they would never have utilized. The Internet has opened new doors for plagiarism. There are thousands of essays and reports written by other students and profession-

als that can be found online.

“[There has been an increase in plagiarism] because of the ease you can get papers off the internet and the difficulty in catching it,” Mr. Lawrence said.

Despite the pressure, on the whole, cheating is considered unethical. However, there is more debate over the use of a website called SparkNotes.com that offers the general public condensed versions of novels. Although SparkNotes is a great way to refresh one’s memory on a book previously read, simply reading the condensed version is taking away from the integrity of what the author hoped to convey to his reader. Most students agree that reading the actual book is better, but still must resort to using the website because they do not have the time to complete it.


“Teachers give too much work, and that is why so many kids use SparkNotes,” sophomore Eli Coplain said.

In addition to the Internet, students are using other new forms of technology to cheat. Texting, which has become a nightmare for teachers, is now being used to pass

answers during quizzes and tests. To counter this upsurge in inappropriate use of new technology, teachers are using their own gadgets. This year La Jolla High has introduced small keypads that look like little remotes called responders. These responders are not as easy to pass answers with as paper because they only show the answer to one problem at a time.

Another modern solution for this modern problem is turnitin.com. Turnitin.com is a website that detects if the student has plagiarized any material off the Internet by filtering millions of websites. Many teachers consider turnitin.com the final solution to plagiarism.

Teachers are putting in effort to make their students active and involved in learning. But in today’s education system, when standardized tests rule in evaluating performance, and the difference between an A and a B determines your future for the next four years, one has to wonder if it is the students or the system that is causing this phenomenon.

 Visit **hitideradio.com** for a full interview

Give Us A Break!

By Mackenzie Merkel
Editor-in-Chief

Nothing says, “Happy Holidays!” like a whopping essay assignment. Or... not. Every year, students look forward to two glorious weeks free from stress, work, and projects. Unfortunately, they are almost unconditionally disappointed each year. It is time to end this tragedy; give the students back their Winter Break! Not only is homework during the break absurdly paradoxical, but it decreases overall student productivity.

Winter break is a time that should be spent with family. It should provide time for teenagers to bond with their family, and perhaps even cast off the stigma that teenagers do not enjoy spending time with their families. When teachers swamp students with essays, projects, or busy work, they often are forced to hole themselves up in their rooms. This leads only to further isolation, and disappointed families.

Teachers may argue that assignments during Winter Break are a necessary evil, which ensures that their students do not become brain dead while away from the classroom. Admittedly, some students do fulfill this

stereotype. Why is it, then, that accelerated classes (undeniably filled with the hardest-working students) always seem to receive more work over break than do regular classes? However, why not let them learn their lesson the hard way? Diligent, capable students are able to take two weeks off, and return unaffected. This prob-

lem can be solved by allotting the first day back to school as a “review day.”



lem can be solved by allotting the first day back to school as a “review day.”

Breaks are called “breaks” for a reason. They exist in order to supply students with a breather from the day-to-day anxiety of school. Many students are enrolled in six challenging courses that require a great deal of hard work

and dedication. These pupils spend homework-filled nights cramming for tests and painstakingly completing projects. Do they not deserve a break? When one thoroughly surveys this dilemma, two short weeks hardly seem respite enough for such industrious individuals. Besides, what are students being trained for? A work life

destined to be endless, breakless, drudgery? Imagine that students were given two weeks off without any scholarly obligations; two weeks off to forget their troubles. Refreshed students would return with renewed vigor, ready to resume studies with increased intellectual curiosity. Regrettably, students, after re-

turning from two tiring weeks of work (from which they thought they were receiving a break!) are often burned out. They only grudgingly continue work. They are unmotivated, and complete tasks only half-heartedly. A break allows students to recharge their batteries. It allows them to produce better-quality work in the long run.

But in all this complaining, let not the teachers be forgotten! Do not they, who slave so hard all year long (with their students’ best interests always in mind), deserve two sweet weeks free from professorial duties? Indeed, the deluge of graded work generated by two weeks is all but sickening.

Clearly, it is incredibly beneficial for both students and teachers to have two weeks off, scot-free. Students and teachers should gladly be able to accept a (number of weeks in the school year compared to two weeks). Teachers are encouraged to reconsider assigning work over Winter Break. In the spirit of the holidays, let everyone be in a more giving mood. Especially teachers, who are respectfully advised to give their students two weeks free from work!

Letter to the Editor Red Ribbon Week

Dear Editor,

ASB would like to make a few clarifications about the Red Ribbon Week article that was put in the last issue.

First off, we would just like to say that although we know that this article was not a personal attack on the work of the commissioners of social concerns that was how it seemed.

No matter what type of article is put into the paper we believe that they should be shedding a positive light on ASB rather than a negative one. If we don’t work together then the lack of school spirit that is talked about in every issue will never be resolved.

Second, the assembly for the juniors is mandated by the San Diego city school district, and we are not allowed to have assemblies for the remaining grades. Each grade has a specific type of assembly that they are given each year. This is decision that is not up to ASB. For example, the Seniors get an assembly every year on the effects of Drunk Driving.

Third, the time that it takes for us to put on a school event that everyone will participate in includes countless hours of phone calls, emails and of course for red ribbon week, making the 800+ ribbons to pass out to students.

All that we can hope for is that in the future we can have a positive relationship between ASB and Journalism as it has been in years past. As unfortunate as it is, kids will agree with something that they have read just because they think that a lot of people agree with that specific statement.

We try to help as many kids as possible with the things that we do but unfortunately they don’t all respond.

Instead of having articles that talk about the negative sides of ASB and other school events we would like to ask that anyone and everyone come and either put a suggestion in the ASB suggestion box, email us at ljhsasb@gmail.com, or come and talk to one of our ASB advisors directly in room 304 and 305 during fourth or fifth period.

We are always open to new ideas and suggestions about improvements on current events.
From,
Gabby Muccillo

Holiday Gift Guide

By **Carolina Bellizzi**
and **Kathy Lunas**
Staff Writers

For: Mom

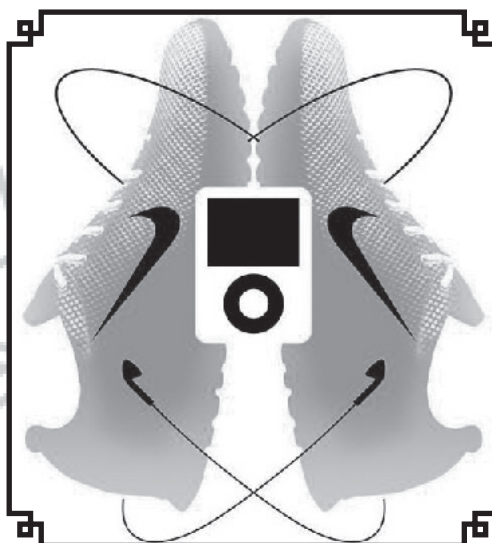
Instead of the usual boring scarf or holiday earrings, consider something that can be worn year round. J.Crew's Glass Bead-Ribbon Necklace is an exceptional gift for moms. It is both trendy and sophisticated, perfect for a mom dressing up, or one who just wants to jazz up a plain outfit. See www.jcrew.com for details.

Time is precious, and so are memories. A perfect gift for any mother is a digital picture frame. The frame looks real, but it plays back hundreds of your favorite memories right on its screen. There is also a feature that allows the user to download music that can be played during the slideshow. Brookstone even sells a miniature one that fits on a keychain. Most digital picture frames range from \$40 to \$100, depending on their size, quality, and features.

For: Dad

For sporty dads, give the gift of the Nike+ iPod Sport Kit. This Nike+ product simultaneously allows for listening to music on your iPod while tracking your progress, providing feedback on distance, time, pace and calories burned directly through the headphones. Just slip the un-

obtrusive sensor chip into a pair of Nike+ Ready shoes and this sports kit is ready to go. For more details see www.store.nike.com. And for those less active fathers, what better gift than a universal remote control? Found at Brookstone, this remote not only controls multiple sources, but it is also voice activated. All that needs to be said is, "Turn on" to make this holiday the best for dad.



Nike+ Sport Kit: This Nike+ iPod duo is the perfect gift for active dads.



Men's Knit Sweater: Keep your boyfriend looking good and warm with a \$30 sweater.



Digital Picture Frame: Make this holiday season memorable for Mom with this \$40 gift.



Pocket Guitar Hero: For \$13, this makes the perfect gift for friends.

For: Friends

Everyone loves playing the game Guitar Hero. Now Brookstone sells a pocket-sized version for \$13. It includes ten songs and three levels to go through. The screen is on the actual guitar, with the keys below it. This tiny game system is small enough to be transported in a pocket and is a perfect way to entertain oneself.

A pair of L.L. Bean's Wicked Good® Moccasins is a fabulous gift for anyone, especially those friends who have everything. Not only are these moccasins made from sheepskin, one of nature's finest insulators, but they are also made with Outdoor-soles. These slippers have excellent traction, making these moccasins a great indoor/outdoor alternative. See www.llbean.com for details.

For: Girlfriend

Getting a gift for a girlfriend can be a very difficult task. This holiday season, try giving her something homemade and romantic. Make "coupons" for her that say things like, "Good for one dinner with me" or, "Good for one movie, your choice." Be creative and customize them based on her personality. Give them to her with some cookies. The sky is the limit for this perfect holiday gift.

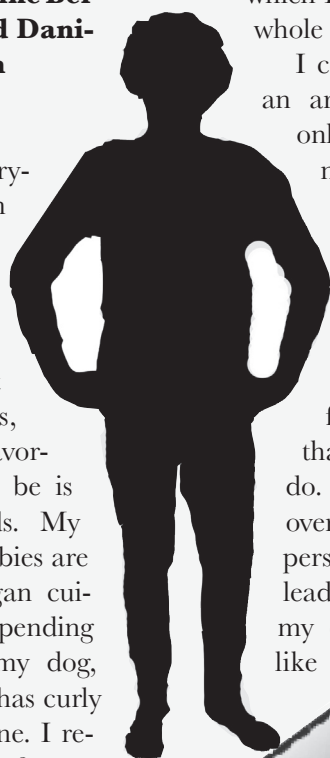
For: Boyfriend

The task of buying your beau a special gift can be quite daunting, especially if your relationship is still young. Don't worry; we have the perfect solution! A cozy knit sweater will keep him warm when you cannot, and he will look adorable wearing it. Hurley has a wide selection of sweaters in both solids and prints. Shop online for extra convenience at hurley.com.

Guess Who

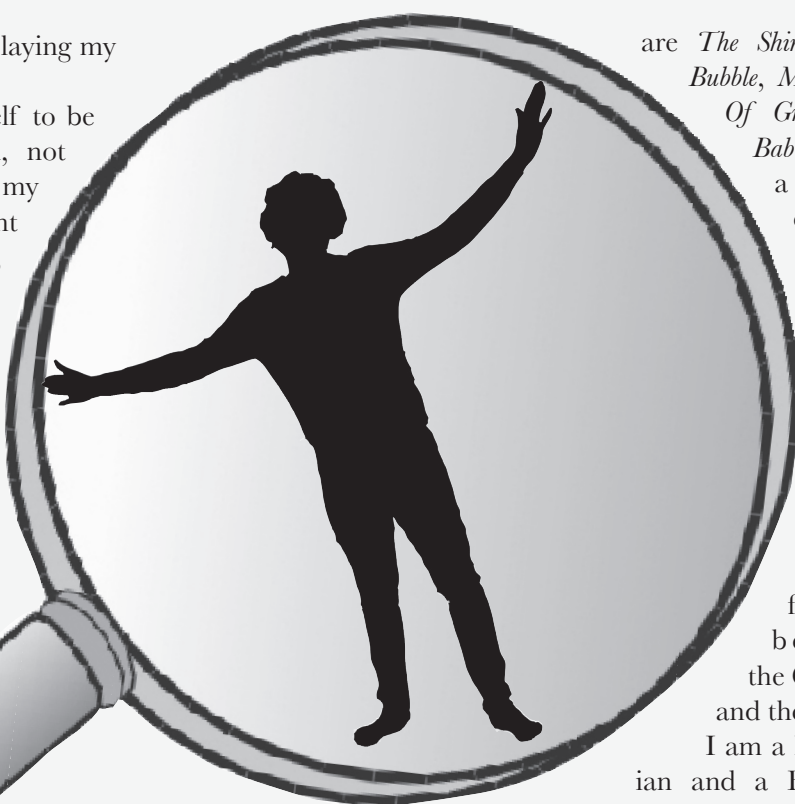
By Jacqueline Ber-racasa and Dani-elle Daitch
Staff Writers

Hello every-one! I'm in 11th grade and am of European descent. I work at Froglanders, but my favor-ite place to be is Whole Foods. My favorite hobbies are cooking vegan cui-sine and spending time with my dog, Geno, who has curly hair like mine. I re-ceived Geno for my 16th birthday. I also really enjoy taking photographs and playing the pia-no ,



which I have been playing my whole life.

I consider myself to be an artistic person, not only because of my natural talent for the arts, but also because I see things in a dif-ferent way than others do. I am an overly observant person, which leads to my dis-like



are *The Shining*, *The Bubble*, *Maria Full Of Grace*, and *Babel*. On

a differ-ent note, sports are ir-re-l-e-vant in my life. I don't even know the dif-ference between the Chargers and the Padres.

I am a Libertar-ian and a Buddhist.

I also strongly believe in pre-marital sex and equality. When I'm older I would like to join the Peace Corps or be a photographer. In case that doesn't work out, I am also considering becoming a neu-roscientist.

For now though, I simply enjoy spending time with my friends and photographing them in my home studio.

are H & M and thrift stores in LA.

In addition to shopping, I love watching movies; they are my ev-erything. My favor-ite genres are scary movies and foreign films.

Some of my all time favorites

of ig-norant people.

I don't like be-ing generic. This also influences my choice in clothing.

My favorite stores to shop at



PET PEEVES

By Kestlé Daubner
Staff Writer

Although many people refuse to admit it, everyone has their own unusual pet peeves and in-explicable habits.

Whether it's gum-smacking, hearing nails on a chalkboard, soup slurping, or people who sigh too loudly in elevators, pet peeves can turn a perfectly great

flat out strange, but to you, it is the most unsettling thing in the world. It preoccupies your entire focus, and at that mo-ment nothing else is as irritat-ing.

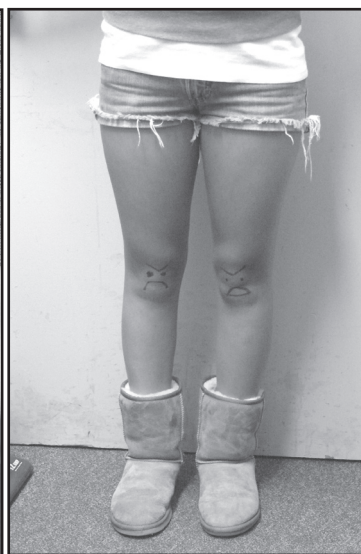
"I hate when I'm taking a test and all I can hear is pens click-ing and I can't block it out of my head. All I hear is clicking. And I also hate when people take a long time to respond to

good instead of well, people who write ur instead of your or you're, people who wear Uggs with shorts, dusty things, stray hairs, and people who talk about Facebook and Myspace in real life," junior Jane Yoo said.

Along with strange pet peeves, people tend to have idiosyncrasies that they may or may not be fully aware of.

coming back. And when I'm pulling out of my garage and leaving my house, sometimes I'll forget whether or not I closed the garage so I'll go back home to check and see. Most of the time the garage is closed and I'm just crazy," senior Rafi Fadda said.

Once a habit has begun, it's difficult to stop. It's too scary to run the risk of failing a test



moment into a nightmare. It is more than a simple annoyance when you find yourself with your jaw and fists clenched try-ing your absolute hardest not to smack someone in the face. To an onlooker, your personal pet peeve may seem senseless and

texts," senior Raphael Pran-sky said.

Throughout the day, there always seems to be those little things that never cease to ag-gravate, and for some the list is endless.

"Velcro, when people say

Sometimes those quirky habits lead people to do things that may be considered Obsessive Compulsive Disorder. "Ev-ery time I leave my room to go somewhere I'll turn around and turn all the lights in my room on... even if I'm not

that day or having the date you've been waiting for go ter-ribly wrong, simply because you forgot to turn the volume on your TV to an even num-ber or to wear your never-fail-ing lucky panties.

Photos courtesy of Stephanie Fong

Now That's Embarrassing!

Do embarrassing things al-ways seem to happen to you? Then share these mortify-ing, yet extremely enter-taining moments with us by sending them in to room 501.

Tomato Face

I had a crush on my cousin's friend for a long time, so I was super excited when he came to In-N-Out with us after school one day. I was eating my burger when all of a sudden a piece of tomato and lettuce, covered in sauce, fell on my leg. I thought that nobody had noticed, so I slyly flicked it off my leg. I watched in slow motion as it flew right onto my crushes cheek! He glared at me and went to the bathroom to wash it off. I felt awful!



Unrequited Hug

During my sophomore year of high school, I had a huge crush on this junior guy who was in my Spanish class. One day I was walking towards him in the hallway. He smiled and opened his arms like he wanted a hug and said, "Hey there." I thought that he was talking to me, so I went in to give him a hug and replied, "Hey!" I was totally mortified when he looked down at me and said, "What are you doing?" As I was hugging him, I turned around to see his girl-friend and her friends stand-ing behind me laughing. He was talking to his girlfriend the whole time, not me!



Rolling Stones

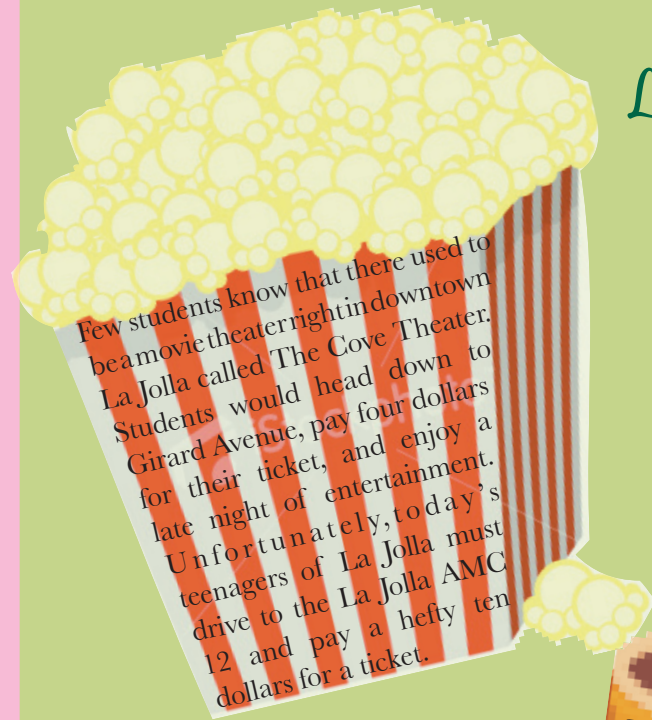
I was on a road trip with my youth group and we were heading back home. We made a pit stop at this park that had a huge grassy knoll. We all decided to roll down the hill to-gether. As I was rolling down, I felt myself roll over some-thing squishy. When I got up, I realized that I had rolled over a pile of dog poop! Everyone started freaking out and they wouldn't let me get back in the van until I changed my stinky shirt. They never let me live it down.



Places With Different Faces

By Haley Cottrell
Features Editor

Since 1922, La Jolla High students have infiltrated the quaint town of La Jolla, California, creating their own favorite hot spots where they go to hang out, relax, and just have fun. Over the years, the various hot spots have changed quite dramatically, yet their main purpose remains the same. Some La Jolla High alumni might recall a famous hang out from the '80's called The Yogurt Affair. Previously located on Hershel Avenue and Torrey Pines Road, this frozen yogurt shop attracted a plethora of sweet-toothed students.



Few students know that there used to be a movie theater right in downtown La Jolla called The Cove Theater. Students would head down to Girard Avenue, pay four dollars for their ticket, and enjoy a late night of entertainment. Unfortunately, today's teenagers of La Jolla must drive to the La Jolla AMC 12 and pay a hefty ten dollars for a ticket.

La Jolla Cove Theater



John's Waffle Shop

"The Yogurt Affair was the place to be. I went every two weeks after I got my braces tightened, and you could always find students there after school," '83 alumna Shari Ness said.

Today, students flock to such frozen yogurt places as Froglanders and Yogurtland. The vibe is drastically different, especially at Yogurtland with its house music and obscure flavors, but students gather just the same. This quick yet delicious snack is definitely a blast from the past. Eat up La Jolla!

Windansea Natural Grocery



John's Waffle Shop used to be a popular place for students to get some good ol' American grub. Although, it is still in business today, located on Girard Avenue. It appears that the La Jolla High students prefer to spend their waffle money at Harry's Coffee Shop, also located on Girard Avenue. Harry's provides a variety of American diner style food and is a good choice for a casual get together. "It is such a warm breakfast place!" junior Molly McNab said.



Yogurt Affair

Windansea Natural Grocery attracted many La Jolla students with its famous \$1.75 "Avo Sandwich." This three inch thick beast of a sandwich contained avocado, sprouts, carrots, tomato, and cheese sandwiched between two pieces of wheat bread. It was served tightly wrapped in plastic wrap, and some students compared its massiveness to a football. Unfortunately, this grocery store has been replaced with Vons and Trader Joe's. "Vons is the best because they have a Jamba Juice and you can 'sample' the candy aisle," sophomore Michael Rabinovich said.

LJ THEN AND NOW A BLAST FROM THE PAST

By Stephanie Fong
Staff Writer

When comparing today to the 70's, the present culture is much different than what it was decades ago. Back then, discos, punk rock, and roller skating rinks were very popular. Couples would drag their friends to discos on weekends; dancing to the sound of drum machines, keyboards, and singing. Today, parties and nightclubs are popular among teens and young adults. While top disco artists included ABBA, Donna Summer, and the BeeGees, today's top artists include Beyonce, Kanye West, Rihanna, and Coldplay.

Besides the differences in music, it is only occasionally that teens go to roller rinks anymore. Instead, students are now busy with extracurricular activities like music and sports. The piano has become a very popular instrument; it provides the fundamental basics of music. In addition, the guitar and drums are instruments students sought to master. At school, popular sports teams include waterpolo and lacrosse.

"I enjoy track and field. Although it's challenging and there are lots of competition, its fun and it encourages team spirit," junior Aaron Wang said.

In addition to sports, favorable actors and actresses have changed. When The Godfather came out, John Cazale, Al Pacino, and Talia Shire became extremely well-known. Clint Eastwood, Diane Keaton, and Woody Allen are also three of the top ten actors of the 1970's. Now we make our way back to the 21st century, and three very popular actors include Johnny Depp, Will Ferrell, and Robert Pattinson. Johnny Depp has been in several movies including: Charlie and the Chocolate Factory, all three Pirates of the Caribbean movies, and Sweeney Todd: The Demon Barber of Fleet Street. One of his upcoming movie roles is The Mad Hatter in Alice in Wonderland.

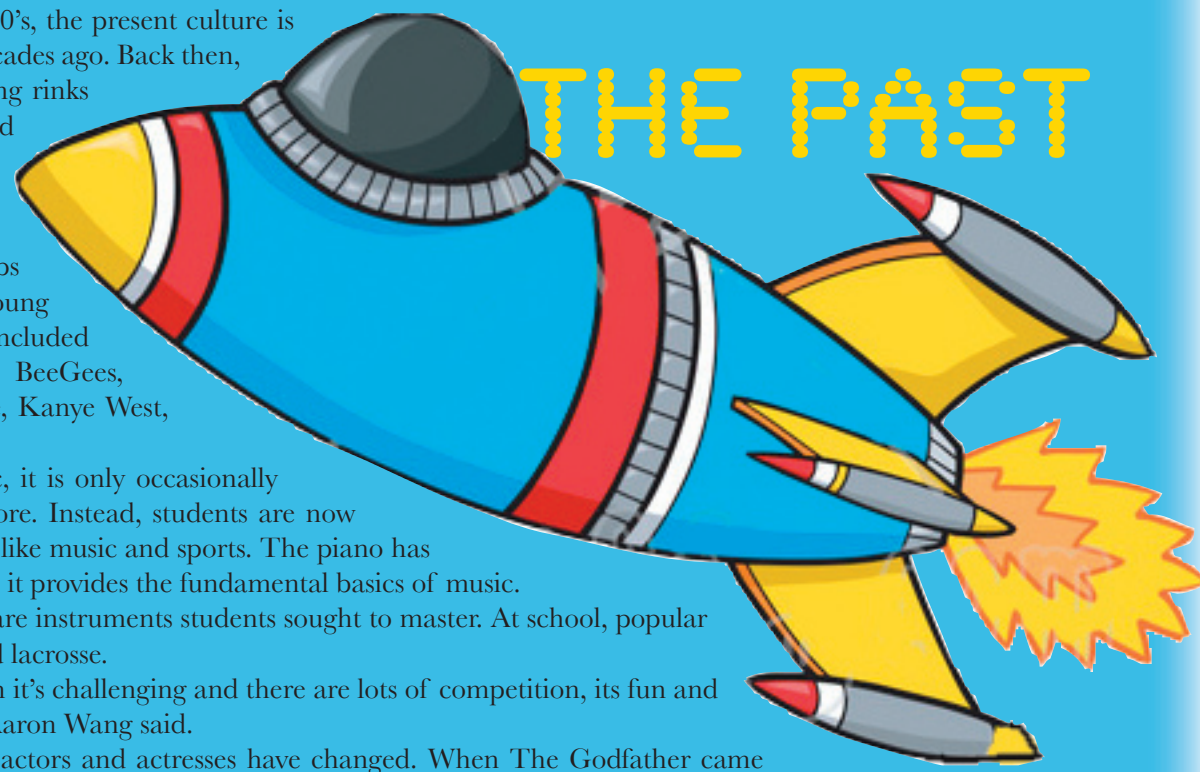
Will Ferrell is a humorous actor. He has won several movie awards and has won the hearts of fans all around the world. He has been in movies such as: Austin Powers 2, Old School, Kicking and Screaming, Wedding Crashers, Blades of Glory, and Step Brothers. "Will Ferrell is really funny. My favorite movie is Old School," junior Michael Soumekh said.

In addition to Johnny Depp and Will Ferrell, Robert Pattinson is becoming a teenage heartthrob. In Harry Potter and the Goblet of Fire and Harry Potter and the Order of the Phoenix, Pattinson played the role of Cedric Diggory, the captain and Seeker of the Quidditch team. His recent role in Twilight has tweens and teens eagerly lining up outside movie theaters, the night of the premiere.

"Robert Pattinson is amazing and hot. I love his role in the Twilight and Harry Potter movies!" senior Christi Warren said. Not only are young actors becoming more and more popular, T.V. shows have also become big hits. Gossip Girl started out as a popular novel series for young adults. Now it has become one of the hottest TV shows. There are several characters in this show, the main ones being: Serena van der Woodsen (Blake Lively), Blair Waldorf (Leighton Meester), Chuck Bass (Ed Westwick), Nate Archibald (Chace Crawford), and Dan Humphrey (Penn Badgley). The show follows the lives of these private high school students living in the Upper East Side.

Although movie tastes have evolved, people's tastes in food have not changed much. Back in the 70's and 80's, frozen yogurt was a popular snack. Today, frozen yogurt is still very popular. Shops like Froglanders, Yogurt World, Yogurt Land, and many others, are becoming popular hot spots. Not only is frozen yogurt healthier than ice cream, you can eat it without feeling guilty!

Although today's tastes are different from earlier decades, it is definitely interesting to see how ideas and attitudes have evolved over time!



By Christina Kirby
Staff Writer

LJ (EL-JAY) LINGO

As years go by, language begins to evolve to fit the current time period. The "hip lingo" our parents used back in the day no longer fits in with the average La Jolla High teenager's language.

Some words that were popular in the seventies and eighties could be used now with out a translation needed. Some of these sayings include "awesome," "totally," and "for sure." Although these words are not nearly as ubiquitous as they once were, they can still be slipped into a modern day conversation. However, other lingo from past decades died with the eras themselves.

THEN:	NOW:
BOSS (BAWS)	SWEET (SW-EAT)
SHINE IT (SHAHYN IT)	OVER IT (OH-VER IT)
DYNO (DAHY-NOH)	STOKED (STOHKT)
TUBULAR (TU-BEW-LR)	EPIC (EP-IK)
RIGHTEOUS (RAHY-CHUHS)	GNARLY (NAHR-LEE)

Tales of Teachers

By Natalie Buchbinder and Freda Spencer
Staff Writers

Mr. Shelburne

A San Diego native, Mr. Shelburne admits he has changed over time. "Being a nerd did not stop Shelburne from becoming his ASB president. Being president helped Mr. Shelburne realize his aspirations of becoming a teacher.

"Percy Allen, P.E. Coach Allen's father, was my principal in high school," Shelburne said.

Principal duties are not the only joy in Mr. Shelburne's life. Back in his earlier days, Shelburne went on a sponsored mission of the National Science Foundation to Antarctica.

"You all would have loved to see my hair in Antarctica. It was very long and fashionable," Shelburne said.



Mr. Fairley

Mr. Walter Fairley was born in Mississippi, but has lived in California for most of his life. He attended Gompers Middle School, where he was first introduced to an integrated class after being segregated by race for the first twelve years of life. Coming from a family with a long tradition of teachers, he was sure to become a teacher himself one day.

"My aunt was my principal," Fairley said.

His hobbies remain the same as high school, which include fishing and wrestling. Few people know that Mr. Fairley has won the county freestyle wrestling championship- as an adult! Do not test him, or he will be sure to try one of his signature wrestling moves on you.

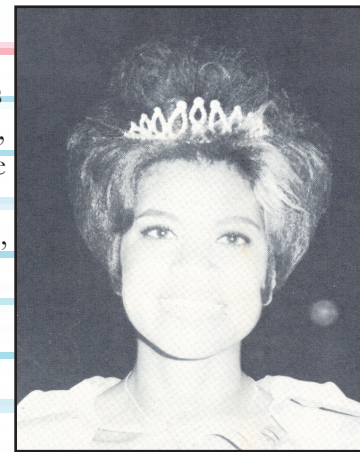


Mrs. Zink

Today, at La Jolla High, Ms. Zink is known for her math skills and demanding homework. When Ms. Zink was in high school, math was not one of Mrs. Zink's favorite subjects. Although she was always good at math, Ms. Zink had other interests. She attended Ramona High School and participated in the drill team, choir, school plays, and musicals. In her senior year she was voted Homecoming queen and pictured in a magazine.

"One year for Christmas my mother bought me an entire pound of bacon just for me to eat because I loved it so much," Ms. Zink said.

Some things have not changed at all as she still enjoys bacon as her favorite food, but it must be cooked just right, very well done. Today, she continues to enjoy candy while grading papers.

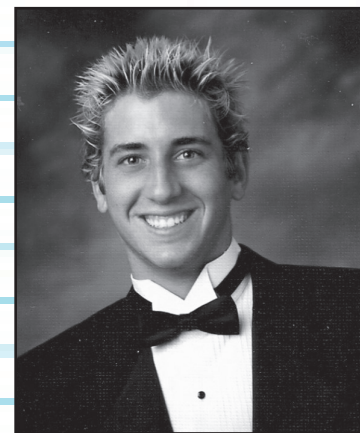


Mr. Tellers

One of our favorite history teachers, Mr. Tellers, always knew he loved history, even when he was in high school. Born and raised in San Diego, Tellers attended University of San Diego High. When he was not studying history, he surfed and played volleyball.

"I knew I wanted to be a History teacher, it was always my favorite subject," Mr. Tellers said.

So what is different between history now and history then? "Back then, we actually had to go to libraries and read books, whereas today kids have the internet... The internet came out the year I graduated high school," Mr. Tellers said.



Mr. Quesnell

Today, Mr. Quesnell is known as one of La Jolla High's favorite biology teachers, but what was "Q" like back in the day? He grew up in Rancho Penesquitos, San Diego and attended Mt. Carmel High School. Soccer and baseball were his favorite sports in high school and like most of the boys here at La Jolla, he surfed and skated on a regular basis.

Nowadays, Mr. Quesnell spends his time with his two year old son, Will, and loves bike riding for fun or in competitions. He also enjoys listening to his favorite kind of music, country, which he hated as a kid.

"When I was in high school country was the only kind of music I hated, now it's my favorite!" Mr. Quesnell said.

