

HIGH TIDE

Volume LXXII Cub Issue - May 31, 2007

The student body has spoken

by natalie reusser
sports editor

On May 25, ASB elections were held, the votes tallied, and next year's ASB office positions were officially filled.

For the past month La Jolla High School has been adorned with ASB campaign posters, which candidates used to vie for votes, and the annual ASB elections were held.

Already a major contributor to ASB, junior Whitney Wing was elected ASB President for next year. Wing was partly responsible for this year's widely popular powder puff football game and she hopes to bring more school spirit activities to the students in the 2007-2008 school year. Wing wants more school participation and for next year to be a memorable one for the students of La Jolla High. She hopes for all students to get involved and to have a voice in what they want to see happen in the future.

New to ASB is Kevin Lee, who will be ASB Vice-President. Self-described as friendly,



photo by christine jung

Campaign season: Election fever hit LJHS as students prepared to vote

attentive, and intelligent, Lee believes that he will contribute a lot to ASB next year. Lee wishes for LJHS's

spirit level to heighten, and for all LJHS students to have a great high school experience. Lee promised that he will be committed and follow through with all of his duties as ASB Vice-President.

Running unopposed for Representative at Large was Gina Schumacher. Schumacher will be in charge of school activities such as Blast Off and the Airband competition next year and would love to hear any student suggestions. Having experience in ASB, Schumacher is excited to plan fun school activities for next year.

Certain positions are still open and anyone interested should contact ASB advisor Kerry Dill in room 304.

2007-2008 Officers ASB

President: Whitney Wing
Vice President: Kevin Lee
Rep at Large: Gina Schumacher

Senior Class

President: Sophie Tuttleman
Vice President: Peter Ghamarian

Junior Class

President: Molly Rutgard
Vice President: Anjali Thota
Secretary/ Treasurer: Raquel Saxe

La Jolla High School mourns the deaths of two alumni

Gregory Millard
1985-2007



Gregory "Shortie" Millard died Saturday in a roadside bomb explosion nine months into his first Iraq war deployment. Millard is the first La Jolla alum to perish in the war in Iraq.

Millard played football and wrestled while attending La Jolla High School.

The Millard family has run a bicycle shop in La Jolla for many years and is mourning the loss of their son. Millard was known for his big personality and his ability to make anyone laugh.

"He was the guy everybody wanted to be around," his girlfriend Lacey Martin told *The Union Tribune*.

Emery Kauanui
1982-2007



Emery Kauanui, known as Junior to his friends and family, was a pro surfer who grew up in La Jolla.

Kauanui moved to La Jolla from Hawaii in 1992 and graduated from La Jolla High School in 2001.

Sponsored by Liquid Foundation, Kauanui enjoyed surfing and traveling.

Kauanui died on Monday, four days after being brutally beaten.

Four men have since been arrested for Kauanui's murder and are suspected to have followed him home after a confrontation at The La Jolla Brew House.

A memorial service was held for Kauanui on May 29th, 2007.

Photos courtesy www.signonsandiego.com



Don't drink and drive: Students check out the crashed car in the quad during lunch

School tries to curb drunk driving

by brie bates
creative director

An assembly held for all seniors gave insight to the impact of drug use. Held on Tuesday, May 25 and sponsored by the Sundt Memorial Foundation, seniors saw the latest video in the foundation's Natural High series. Three inspirational speakers addressed drug addiction and the consequences of taking drugs.

ASB added to the event by

having a vehicle that had been totalled by an alcohol related accident in the quad all day for students to view.

"This was one of the better attempts to prevent drug and alcohol abuse," senior Akhil Israni said.

This year's assembly focused more on drug use than in past presentations, like last year's speech given by a local police officer and the Every Fifteen Minutes presentation the previous year, which focused

primarily on alcohol.

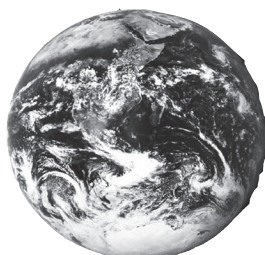
"The whole program seemed to touch on everything from getting a natural high to dealing with drug abuse. It used a very well-balanced approach," assembly coordinator and Life Skills counselor Mrs. Nichols said.

The assembly was timely, occurring one day after the alcohol-related death of a local surfer in the community and right before prom.

IN THIS ISSUE	
Opinions	2
Features	3
Student Focus	4
Sports	6
Advertisements	7
A&E	8



Summer fun ideas
page 3



Inside Global Warming
pages 4-5



Various lawn sports
page 6



Bodies comes to UTC
page 8

The La Jolla High School

HIGH TIDE



UNITED WE STAND

Editors-in-ChiefAllison Marsh
Lena Rothstein**News Editor**

Stephanie Sapin

Opinions Editor

Amy Twohig

Features Editor

Alicia Cameron

Student Focus EditorsMeghan Barry
Delaney Maher**Sports Editor**

Natalie Reusser

A & E EditorsAditi Shah
Qing YorkWilliams**Creative Director**

Christine Jung

Copy EditorsSean Hamilton
Abish Simh**Business Manager**

Cassandra Cook

Advisor

Hillary Cargo

Staff WritersIlya Altshteyn
Sarah Mook
Tatiana Soutar
Alexandra Stephens
Chelsea Zeffiro

The High Tide, an open forum, is the official student newspaper of La Jolla High School. Unless otherwise noted, opinions being voiced in the High Tide belong to the individual author. The High Tide welcomes letters and opinions from students and staff members. If you have a letter to the editor, please drop it off in Room 501, or give it to any High Tide editor. You may also email submissions to ljhitide@yahoo.com. Submissions should be typed and cannot be anonymous. The High Tide reserves the right to refuse any material. Advertisements are measured per column inch. To advertise with the High Tide or to to purchase a subscription, please email us or call (858) 454-3081, extension 4501. Issues are distributed every three weeks. No part of the High Tide may be reproduced without written permission.

Culture Patenting

by aditi shah

a&e editor

Yoga is an ancient art form based on the premise that slow physical exercise and intense meditation lead to profound self-awareness and spiritual enlightenment. In the hectic western world that seems stuck on fast-forward, the peaceful and spiritual aspects of yoga are welcomed with open hands. However, yoga is in jeopardy of becoming yet another commercial product of the new millennium due to recent attempts by greedy individuals and corporations to patent yoga practices.

According to a New York Times article, the United States Patent and Trademark Office issued 150 yoga-related copyrights, 134 yoga patents, and 2,315 yoga trademarks to American companies. The United States has benefited from yoga-related activities with an estimated 3 billion dollars in profits. Sadly, the essential purpose of yoga is being obscured by the rash actions of money-hungry

yoga teachers such as Bikram Choudhary.

Bikram Choudhary has recently claimed intellectual property over 26 yoga postures, which means that individuals will now have to pay to practice them. This has caused an outrage among various yoga

apply to any culture,” junior Johanna Hsieh said. “Imagine trying to patent martial arts. That would be ridiculous, but it is the same concept as yoga.”

None of the individuals and corporations attempting to patent yoga invented it, and thus they have no right to take credit for this age-old tradition. The Indian government recognizes this and has set up a task force to catalogue different ancient Indian traditions, which includes over 1,500 yoga poses. This will ensure that worldwide patent offices will have to consult Indian directories before issuing any statements to Western companies. These logical actions by the Indian government are just and necessary because yoga is an integral part of the country’s culture.

Yoga is one of the oldest practices in the world, spanning more than 10,000 years. Ancient traditions such as yoga should be practiced freely. The American companies attempting to cash in on this ancient practice should be ashamed of their greed.

“Yoga can’t be owned and run like a company.”
-Swami Ramdev

enthusiasts.

“Yoga can’t be owned and run like a company,” yoga guru Swami Ramdev said in a recent interview. “Since there are attempts to patent this tradition in America, yoga organizations should take measures to prevent it.”

Because yoga originated in India, the idea of Americans patenting and benefiting economically from this practice is ridiculous.

“It’s crazy, but come to think of it, this situation could

Women: Powerful or Powerless?

by stephanie sapin

news editor

Now more than ever, women are encouraged to use their beauty and sexuality to empower themselves. The feminist revolutions have taught women to embrace their sexuality and have multiple sexual partners before marriage.

Feminists have strived for equality but have fallen short when it comes to sexual relationships. By trying to use sexuality and beauty as a way to empower themselves, women instead have turned themselves into simple sexual objects for men. The infuriating fact is that today’s society is as sexually unequal as ever before.

While more revealing clothes, the common practice of casual hookups, and sexist popular culture imply that looser sexual attitudes give women power, the opposite is true. However unfair it may be, casual hookups and this so-called “sexual empowerment” ends up only giving men more power.

According to Dr. Gwen Brown of Radford University, women are wired to look for life-long mates due to the

innate differences between the two sexes and long ingrained societal roles. While a girl may only be looking for a one-night companion, her subconscious is searching for a man who will be a competent father and provider. Men, on the other hand, are programmed to

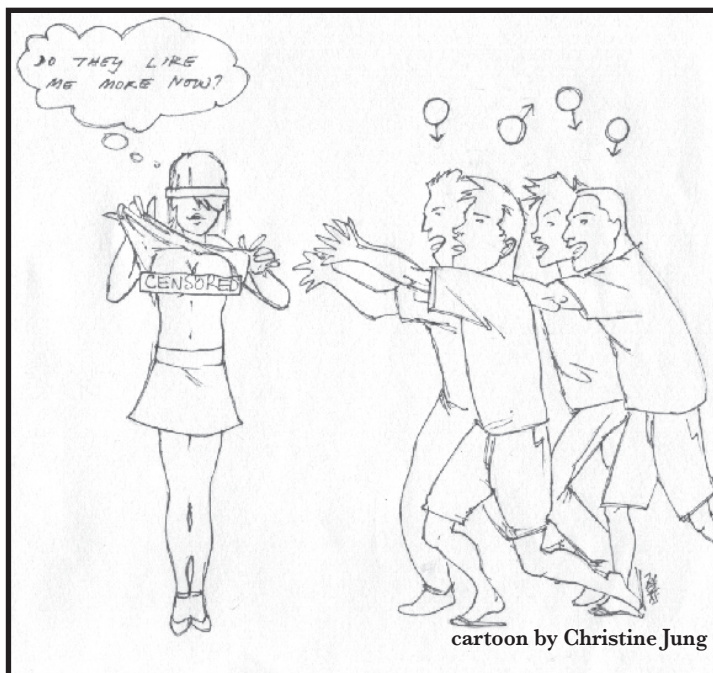
more of a struggle for females.

Many high school girls think that hooking up with random guys at parties makes them look cool or hot. Relationships: out, drunken make-out sessions: in. Women and girls seem to think that as long as they are the ones calling the shots about

Pop culture relentlessly pushes this idea of sexual empowerment. Shows that degrade women, such as *The Search for the Next Pussycat Doll* and *America’s Next Top Model*, promote the notion that the only thing girls have to offer the world is their bodies. And then there is the phenomenon of *Girls Gone Wild*: drunken coeds bear it all in an attempt to gain the attention of men to boost their self-esteem. But do they really feel better about themselves by lifting their shirts for men with cameras?

“Girls look pathetic when they make themselves too available to guys, not powerful” said sophomore Benjamin Tram

Today, women mistakenly seem to think that they can make men come after them by dressing scantily and speaking openly about their sex lives. They think that hooking up with multiple guys shows that they are wanted and powerful. However, all this really shows is a women’s insecurity. Women then hand the power back to men, because deep down, women have the vulnerability of seeking emotional connections. Ultimately, men will always have the upper hand in sexual relationships.



search for a breeding partner.

No matter how much females try to convince themselves otherwise, women are genetically imprinted to form emotional attachments to the men they sleep with. Males are much more able to separate the physical from the emotional, whereas this is

the hookup, then they are in control. But unfortunately, men always have the power in any type of sexual relationship.

“When girls go to parties and get really wasted and are all over a bunch of guys, it just makes them seem desperate, not empowered,” junior Mary Olson said.

End of the year rants from the new Editors

Now that the school year is coming to an end, we have come up with some final thoughts on how La Jolla High can be improved for the new fall semester (we advise the administration work on these ideas over the summer).

-AP teachers should not insist on instructing and giving out projects after AP exams. Teachers should realize that the students have just spent weeks preparing for these tests. Granted-- most of the assignments are busy work and used as grade inflation, but the majority of the students are just plain over it.

-What’s with the planners this year? Not only is the design lack luster but budget cuts struck again and we unfortunately have no rulers, and no way to attach them into our binders.

-San Diego is notorious for June gloom. Students should not be forced to sit in a smoldering hot class room in mid-September, the hottest time of the year, with no air conditioning (thanks again to budget cuts). Instead the school year should commence at the end of June and begin in late September, giving us ample time to work on our tan and play lawn darts at Windansea (turn to page 6 to get the joke).

SUMMER FUN

Fun activities to spice up the summer

aditi shah
arts editor

With finals, SATs, and second semester grades still to come, summer seems so far away. Yet when it finally comes, students do not know what to do with months of freedom. In addition to the typical summer activities, local recreational classes are a great option for spending the time productively and are also a lot of fun. Some are a day long and others span a couple of months.

Sunday Afternoon Dancing

Who doesn't like the International Ethnic Folk Dancing? Every Sunday at the Balboa Park Club Building



from 12:30 p.m. to 5:00 p.m., singles and couples are welcome to participate in a truly diverse dancing program. The programs consist of couples dances, line dances, and mixers-- all including professionals from Cabrillo International Folk Dancers, Kayso Folk Dancers, and San Diego International Folk Dance Club. Grab a friend, because the admission is free, and the experience could be

an entertaining twist to the typical summer day.

Humane Education

Most people hold a soft spot in their hearts for the fuzzy counterparts they call pets. The San Diego Humane Society



and the SPCA hold Happy Hour lectures and workshops on interesting topics such as pets, pet parenting, and specific information on selected pets. Attending the Humane Education class on the third Thursday of each month could be very helpful for any current pet owner or aspiring owner. Participation in this activity over the summer could be an invaluable experience for the owner and their pet.

Cooking Party

Summer is about spending time with friends and loved

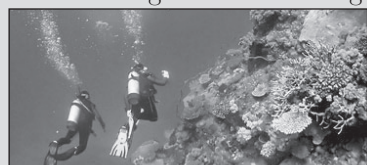


ones, but it should also be about trying new things, having fun, and eating. A great way to combine these objectives is through a cooking party. Chef Vanda of La Jolla,

will come to any kitchen for an interactive and fun cooking class. The different types of cooking styles she teaches are Mexican Fiesta, Japanese Sushi, Low Carb, or Seafood Carnival. Contact chefvanda@lajollachefs.com for more information.

Learn To Dive

The professional staff at Ocean Enterprises provides a variety of classes and instructions for individuals and families. They deliver the equipment to the pool, boat or beach. It is Southern California's largest full-service dive center and the staff makes the classes fun and easy to learn at a comfortable pace. The exciting world of diving



has much to offer, whether it is as a hobby or a career. Either way, this experience with Ocean Enterprises could be the experience of a lifetime, and whether with this company or another in a different place, scuba diving is an unforgettable activity. Contact corporate@oceanenterprises.com for more information.

photos courtesy of www.insideplantslive.org, www.destination360.com, www.kittenscute.com, www.cooksbookscorers.com

Are your children talking on their cellphone while driving?
We have the solution. Keep your children safe!



HfBlue
Bluetooth Phone System

Handsfree, voice interactive phone system for your cars - Allows your children to make & receive calls without ever having to touch their phone- No Liarpieces. Our dealers sell this system for as much as \$1299. - Now available to students only for \$499, including installation.

Call us at (760)761-0066

www.handsfreesolutions.com



EDUCATIONAL HOMESTAY PROGRAMS

*Austria, France,
Hong Kong, & Spain*

Call Holly at (858) 345-7318

Hosts needed for foreign exchange students

July 11- August 6

*Students bused to class
9-5 m-f*

Community service credit

*Good for college
and job applications*



Summer is coming and it is time to hit the waves. Here is the wave forecast for the local hotspots.

Wind 'N Sea

Winds: WSW at 12 knots
Surf: 3-4 feet

Tourmaline

Winds: SW 4 to 5 knots
Surf: 2-3 feet

Blacks Point

Winds: WNW 8 to 11 knots
Surf: 1-3 feet



photos and info courtesy of www.surfline.com



SAMMY'S WOODFIRED PIZZA
sammypizza.com

CALIFORNIA	
CARLSBAD	(760) 438-1212
COSTA VERDE/UTC	(858) 404-9898
DEL MAR	(858) 259-6600
LA JOLLA	(858) 456-5222
MISSION VALLEY	(619) 298-8222
PALM DESERT	(760) 836-0500
ROLLING HILLS	(310) 257-1333
SAN DIEGO GASLAMP	(619) 230-8888
SCRIPPS RANCH	(858) 695-0900
NEVADA	
HENDERSON	(702) 450-6664
LAS VEGAS/500 ROOM	(702) 227-6000
CENTENNIAL HILLS	COMING SOON

ROPONGI RESTAURANT
& SUSHI BAR
roppongiusa.com
(858) 551-5252

FRESH SEAFOOD
RESTAURANT & BAR
freshseafoodrestaurant.com
(858) 551-7575

BLACKHORSE GRILLE
blackhorsegrille.com
(858) 523-0007

Dancing with the Staff

These teachers love to boogie

by brie bates
creative director

Elizabeth Berg, a La Jolla High math teacher, started taking ballet lessons when she was six years old. Her mother danced with the San Francisco Ballet when she was young and encouraged Berg and her sister to take dance lessons.

Berg enjoys jazz dance and all types of ballroom dance-- for example, the cha-cha, the west coast swing, and others. She still enjoys going dancing at clubs every once in a while just for fun. Berg likes all kinds of music.

In college she discovered that she could get more parts in modern dance and jazz companies. The reason for this was at the time the main line in a ballet company consisted of taller women. Berg is only 5'1" but in modern and jazz dances the choreographer didn't seem to mind how tall anyone was. She danced in a company professionally when

she was doing grad work at Berkeley. Berg has her master's degree in dance and has taught as well.

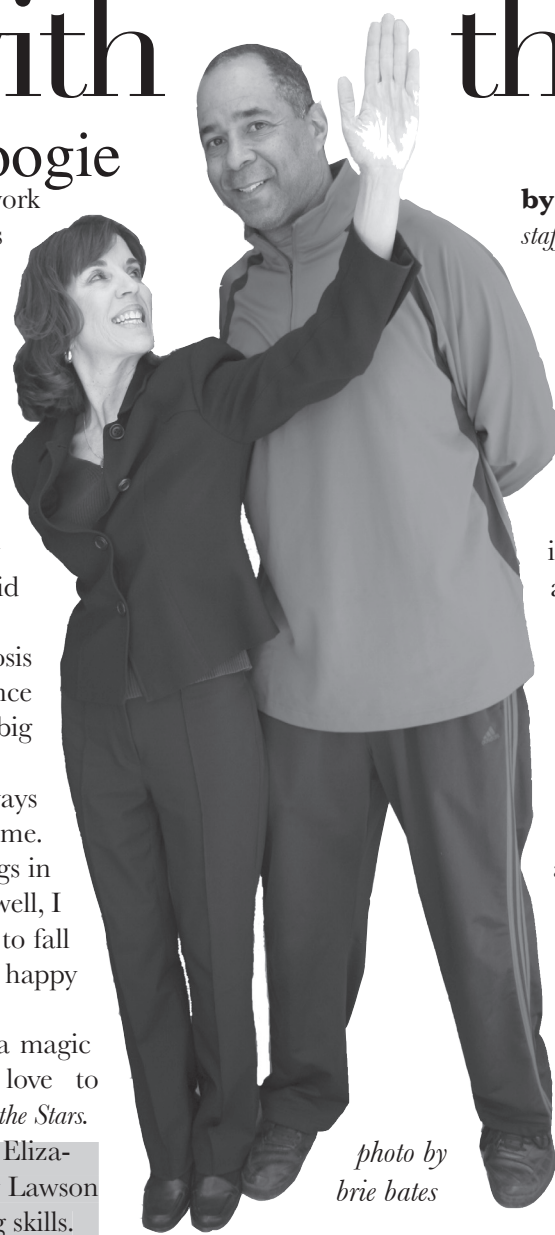
"It is the coolest feeling in the whole world to dance in front of an audience and have everybody clap for me. It truly is indescribable," said Berg.

Berg danced a meiosis dance at the Lawrence Hall of Science for a big show one year.

"Dance has always been a constant for me. Even when other things in her life weren't going well, I always had my dance to fall back on. It makes me happy to dance," said Berg.

If she could wave a magic wand, Berg would love to dance on *Dancing with the Stars*.

Bust a move: (right) Elizabeth Berg and Mickey Lawson show off their dancing skills.



*photo by
brie bates*

by alexandra stephens
staff writer

Though Mickey Lawson portrays the persona of a tough high school security guard, that is not the only part of his character. In addition to keeping the peace at La Jolla High and catching the many ditchers in his golf cart, Lawson is also a dance teacher.

Lawson teaches salsa, meringue, cha-cha, and pachata, while also working on the tango.

"I grew up in New York City in a Puerto Rican-Jewish neighborhood and at night I could hear the cha-cha coming up through the walls. I grew up around it and it was my first love of music," said Lawson.

Lawson first learned how to teach dance at Champion Ballroom where he had to learn the ladies' part of the dances. He has moved on

and now teaches in La Mesa at the Balle Brio Dance Studio for those who are interested in learning some new moves.

For the students lucky enough to be in AP Spanish classes, Lawson has been showing the students how to dance the salsa.

On where dancing has taken him, Lawson has not only taught dance but also participated in competitions.

"I competed but I didn't like it because it felt too much like work. It may come as a surprise that I'm a dancer, but I really love it," Lawson said.

There is more to Lawson than meets the eye. The unexpected surprise of his dance moves has caught the attention of many students who now rush to him for tips on how to do the salsa or the cha-cha.

The Guess Who from last issue was Cathy Lew. Look for more Guess Whos next year.

LJ students on guard



Beach babes: (above) Jaime Walters (right) Keller Felt, both student life guards who attend La Jolla High School

photos courtesy of Brie Bates and www.facebook.com

by cassie cook
staff writer

There is more to being a lifeguard than slow motion running and soaking up the sun all day. A typical workday can often be very demanding both mentally and physically.

In order to become a lifeguard one must undergo severe training and be able to fulfill all the requirements. There are extensive job possibilities if one is certified as a lifeguard: lifeguarding at lakes, oceans, rivers, public and private pools.

The responsibility of a lifeguard is based upon their location and the position they are filling. No matter who and what they are responsible for, the safety and well being of the community comes first.

Lifeguards that are assigned to the beaches patrol along the coasts and a few of the major

lakes that are inland. They watch from towers in order to be able to have better surveillance of the beaches below. The lifeguards are watching for any disruptions or any signs of danger from the water. They are on the constant look-out and are prepared to handle emergencies at a moments notice.

"It is a hard job because if I mess up, it has an effect on other people," junior lifeguard Noah Orloff said.

There is a portion of lifeguards who are specifically trained to be members of a rescue boat crew. They specialize in assisting with people who are injured at sea, sinking ships, and aircrafts that have crashed. The lifeguards that are assigned to beach patrol are equipped with four-wheel drive vehicles and are prepared for major emergencies regarding boats, cliffs, and drowning.

"As lifeguard interns we are learning the responsibilities and the discipline it takes,"

senior Jaime Walters said.

Pool lifeguards can work either at a public or private pool. They supervise the swimming area and the deck, typically work in pairs, make sure safety procedures are followed, and provide first aid and any other necessary rescue procedures.

"I worked as a pool lifeguard and our main goal is to make people aware of safety issues, so they can avoid dangers," senior Keller Felt said.

Lifeguards typically work out of towers and stations or offices, however, the majority of their

time is spent outside and they have to deal with a variety of weather.

"I like to work at the beach because it's better than working inside at a store," Orloff said.

Their job is often very challenging because lifeguards must participate in daily work outs to stay in peak physical condition.

Lifeguards not only need to be physically fit, but mentally capable as well. They have to deal with stressful situations and must be able to remain calm so they do not upset the victim(s) or put any lives at risk.

Lawn Sports

by tatiana soutar
staff writer

For many people summer means long leisurely days. There comes a point when people are at a loss of things to do. For those who want to curb boredom but do not want to expend too much energy under the hot sun, here are some pleasantly simple games that can be set up nearly any place for summertime fun.

Bocce Ball



Bocce ball, a game whose roots can be traced to Italy, is a classic game similar to lawn bowling. However, unlike lawn bowling, the players aren't required to wear all white or be over the age of 76. In bocce ball, players attempt to get their ball closest to the jack (the smaller ball), which is thrown out first. Up to eight people can play at once with four people on two teams. Each side receives four balls to play, and two turns each to get closest to the jack. Players throw the ball until they are out of balls. The team closest to

the jack earns one point. The first team to reach a set amount of points wins-- usually 13.

Anyone really worth their salt in bocce ball has to constantly think tactics. Wear whatever you like, but it helps to be intimidating and look like you're there to get that jack no matter what. Upon second thought, perhaps it is best not to get that serious-- after all, no one can beat Umberto Granaglia, the world's most skilled bocce ball player.

Croquet

As the preferred mode of recreation for French and English aristocrats, croquet is the perfect pastime for anyone who wants to affect a ridiculous British accent or spend time outside without ruining their freshly washed frock.

The goal of the game is to hit a ball through all the



wickets, or hoops imbedded into the lawn. Nine Wicket croquet is the easiest and least technical form of the game. Up to six people can play Nine Wicket and can play individually or on teams. In Nine Wicket Croquet, wickets are traditionally set up in a

diamond pattern with a stake at the center. Players must hit the stake after completing all the wickets. When a player hits another player's ball they are awarded with two bonus strokes. Points are awarded for each wicket and two for hitting the stake. Players can hinder the progress of others by placing rover balls around the court. Croquet can be as informal as you like, though any sort of good aristocrat surely must follow some formal rules.

Lawn Darts

This charming game incorporates everyone's favorite game room pastime and the great outdoors. Unfortunately, due to a few unpleasant deaths, lawn darts were banned in the United States in 1988. However, they are still available over the internet or in the United Kingdom. Anyone who wants to bring a certain amount of danger to their leisurely Sunday activities would enjoy a round of lawn darts.



photos courtesy of centerstagechicago.com



Update

photos courtesy of www.padresroster.com

by alexandra stephens
staff writer

After the Padres devastating loss in the first round of the playoffs last season to the Cardinals, hope is revived for San Diego fans. The Padres are again contenders to win the National League Western Division championship. The Padres are one game out of first in the Western Division.

American League Western Division Standings			
Team	Wins	Losses	Percent
LA Dodgers	30	21	.588
Arizona Diamondbacks	31	23	.574
San Diego Padres	39	22	.569
Colorado Rockies	25	27	.481
San Francisco Giants	24	26	.480

Who's Hot



Kevin Kouzmanoff

New third baseman, Kevin Kouzmanoff, the Padres rookie, has finally begun to hit after a very slow start. In the past ten games Kouzmanoff has had 13 hits in only 32 at-bats, making his batting average .406. Although Kouzmanoff's season batting average of .205 does not reflect the hitting potential that he has, Kouzmanoff is slowly working his way up the Padres lineup. In addition, in the past ten games Kouzmanoff has recorded 12 runs batted in (RBI), which accounts for more than half of his current RBIs for this season.

Who's Not



Khalil Greene

Although Greene is considered by some to be a contender for a golden glove award, his hitting as of late is atrocious. In the past 30 days Greene is hitting an astonishingly low .158. In his past 40 at-bats, Greene has only seven hits, in comparison to his ten strikeouts. In 11 out of 25 games in May, Greene has had no hits in over 40 plate appearances. In the 2007 season Greene's batting average went from .265 in the months of March and April to .153 in the month of May.

SALON Q

Receive \$20 off your 1st service
-or-
free haircut with color

Laura Jessica
858-504-3297 858-628-0200
7592 Fay Ave. La Jolla, CA 92037

The Flame Broiler

Always Good... Always Guaranteed!

\$1.00 OFF Chicken Bowl & Medium Drink
Not valid with any other offer. With coupon only.

Grab a Square Meal in a Round Bowl

(858) 587-8989
La Jolla Village Center
8867 Villa La Jolla Dr.
(next to Rubio's)

HOURS
11am-9pm
7 Days a Week
NO MSG • NO BONE
NO SKIN • NO FRYING

Serving La Jolla Since 1962

La Jolla Music

7442 Girard Avenue, La Jolla, California
www.lajollamusic.com 858-459-3175

Sheet Music Harps - Guitars Pianos - Band Instruments World Instruments

Sales Rentals Lessons

DriversEd.com

click. learn. drive®

CALIFORNIA
DRIVER LICENSE
EXPIRES 11-11-07 85550005 CLASS: C

JOHN H. SMITH
1234 56TH AVENUE
OAKLAND, CA 94603
SEX: M HAIR: BRN EYES: BRN
HT: 5'09 WT: 160 DOB: 10-10-07

John H. Smith
LICENSED 10-07-07A

Our online course fulfills the California DMV requirements for your Drivers Education.

Take the course 24x7 online.

Start Now - Pay Later

log on to www.DriversEd.com

Study at home on your computer and get a DMV Drivers Ed **CERTIFICATE OF COMPLETION** necessary to obtain a Learner's Permit and Driver's License.

24x7 course access :: interactive flash videos :: chat support

We also offer **free** DMV practice tests designed to prepare you for the DMV written test. (Now available for your PDA!)

GET 10% OFF TUITION WITH **CHPA1** DISCOUNT CODE

ALL ONLINE

Brow Art

Hollywood's favorite Brow Guru sets up shop in La Jolla

Now you don't have to live in the 90210 zip code to receive the star treatment. Our La Jolla Spa is manned by elite estheticians who have undergone extensive training with Anastasia herself and perfected the art of the "Anastasia Brow". We are stocked with Anastasia's array of products from her cult line of brow powders, pencils, stencils, pomades and cream - so you can take your perfect brows home with you!

In addition to our famous **Brow Shaping Services**, our spa offers:

- Signature Facials
- Chemical Peels
- Full Body Waxing
- Makeup Artistry & Lashes
- Airbrush Tanning
- Oxygen Treatments
- Men's Treatments
- Teen Treatments
- Custom Spa Packages & Parties (We bring the Spa to you!)

"Most of Hollywood has her in their Blackberry." - *ALLURE Magazine*

10% Discount with Student ID

ANASTASIA
Beverly Hills®

1025 Prospect Street, Suite 140 - La Jolla, CA 92037
858-459-9800 or 800-976-BROW • www.anastasiailajolla.com

Featured in O Magazine, InStyle, Elle, Marie Claire, Harper's Bazaar, Self, Allure, Vogue, W Magazine, Cosmopolitan, Glamour, People, Us & Town & Country. Seen on Oprah, The Today Show, Good Morning America, CNBC, Entertainment Tonight, Extreme Makeover & E! Hollywood.

Get a complimentary whitening kit and custom trays with completed new patient exam, cleaning, and x-rays. Keep your 6-month re-care visits and you will receive additional gel annually for the rest of your life! Restrictions may apply. Call for details!

Services we provide

- > Cosmetic & Family Dentistry
- > In-Office Whitening
- > Porcelain Crowns & Veneers
- > Digital X-rays
- > Implant Crowns & Bridges
- > Nitrous Oxide Sedation

\$50 OFF
COMPREHENSIVE EXAMS AND X-RAYS
Now patients only. Call today!

\$250 OFF
FIRST CROWN OR VENEER
Call for details.

FREE Whitening for LIFE!

LaJolla Cosmetics & Family Dentistry

Nick Pavlov, DDS
858-459-5591
www.sandiegodentist.net
Mon-Thurs 9:00 am - 6:00 pm

La Jolla Village Center
Dorsey Ave
La Jolla High School

Skin Problems? Acne?

NEW!

Natural
Skin
Treatment

Shell Shocking®

The Power of the Pacific

PATENT PENDING

A Unisex lotion from the ocean that is a collective treatment using naturally balancing ingredients from the Pacific and contains no salacylic Acid or Benzol Peroxide known to cause dryness and irritation of the skin.

www.shellshockingpower.com

BODIES THE EXHIBITION

by chelsea zeffiro
staff writer

Since May 12, 2007, the arrival of "Bodies...The Exhibition" has been what everyone is talking about. In 1986 members of the Darian College in Northern China started collecting unnamed, unidentified bodies and organs to put on display.

The purpose of the exhibition is to educate and inform interested people about anatomy. Also, the founders of this exhibit wants to inform people of what could happen to them if they happen to contract cancer.

"I think it's really cool that it shows damaged lungs due to smoking and other organs damaged by cancer. It makes you think twice," junior Christine Johnsen said.

"The weirdest thing for me to see were the fetuses in all the different stages of development," senior Susie

Dershowitz said.

The exhibit houses organs and featured parts of the anatomy in a truly sensational manner. Everything looks as though it were still alive. Even the eyelashes and fingernails are still intact on the bodies. The cadavers' faces still hold expression and their limbs are posed to show how people look on the inside, during activity.

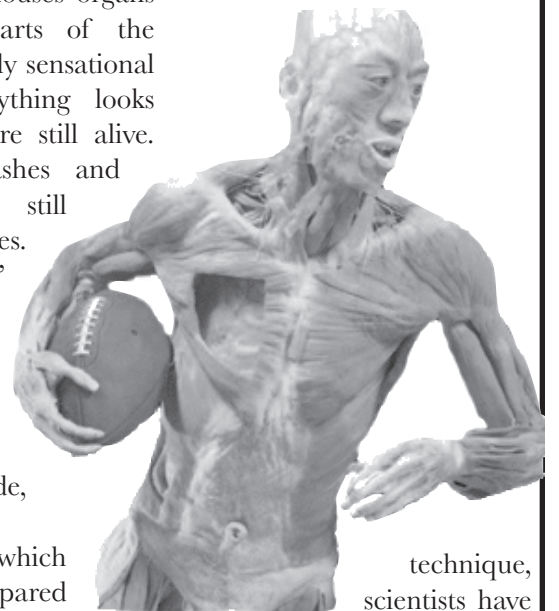
The process by which the bodies are prepared for viewing involves first embalming the bodies with an agent to halt tissue decay. A professional dissector then takes several months to dissect the body.

It takes up to a week to rinse the body and get the preserving agent off so that it can be dehydrated. The body

is submersed in acetone to replace all the tissue water. Next, to "impregnate" the body with silicone, the body is placed under a pressurized vacuum in which the acetone is replaced by polymer

silicone. The final step in the process is to color parts of the body and then cure it by hardening the liquid polymer.

By using the polymer preservation



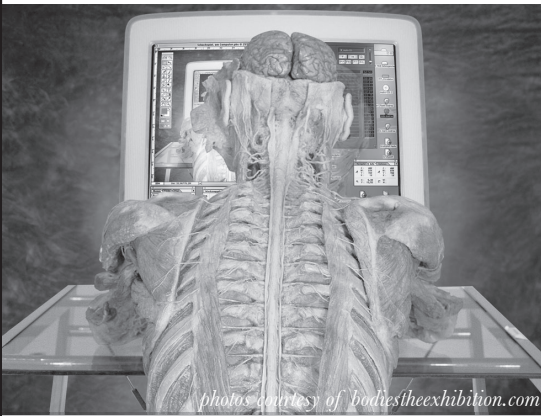
technique, scientists have been able to

produce dry, odorless, non-decomposing bodies for public viewing.

The 'recreated' bodies and organs are not just educational-- they are also artistic. The exhibit allows one to behold the magnificence of a body in a position, with all organs and muscles working together to produce that position, and also an individual organ.

"It looks really interesting and cool. I am definitely going to go see it," sophomore Alec de Kervor said.

Tickets are on sale for the exhibit at UTC in La Jolla and are \$26.50 for adults (without audio) or can be purchased by calling 1-877-BODIES5.



photos courtesy of bodies.theexhibition.com
Show me what you're made of - (above) - a depiction of the functions of the back and spinal cord in a daily activity, (top right) - a cadaver flexing its muscles.

HERE ON EARTH

In *Here on Earth*, Hoffman describes March Murray's plight to reconnect with the love of her childhood. March returns to the town of her youth for a funeral and finds Hollis, the boy she promised to be with "forever." March is married and has a daughter, and she must decide which life she wants to live - her past with Hollis, or her present at home. *Here on Earth* has been compared to *Wuthering Heights* by Charlotte Bronte and won the prestigious Oprah Book Award.

PRACTICAL MAGIC

Practical Magic tells the tale of three generations of Owens girls. When Gillian and Sally's parents die, their aunts Jet and Francis take them in and raise them. When Gillian and Sally grow up, and Sally has two daughters, Kylie and Antonia, they find that they desperately need the old aunt's help again. This novel sometimes seems soap opera-like because each girl has a romantic side storyline.

SKYLIGHT CONFESSIONS

Skylight Confessions tells the tale of a young, tortured man named Sam. Sam fights to fit in a world with an emotionally absent father, a dead mother and a sad little sister. Hoffman excels in creating touching stories of dysfunctional families - and this is her best yet. *Skylight Confessions* is darker and more serious than her other novels. She strays from her usual happy ending and instead makes the readers use their imaginations to tie the loose ends.

ALICE HOFFMAN



by amy twohig
opinions editor

Alice Hoffman is one of the greatest fiction writers of today. Her stories captivate readers with thoughtful symbolism and vivacious, excellently crafted characters. Hoffman creates characters carefully and lovingly so that readers become emotionally invested in their happiness and survival. She uses simplistic prose to describe profound messages. The only downfall of Hoffman's novels is that they are occasionally maudlin. But ultimately, the didacticism of her stories far outweighs the sporadic sappiness. Her best novels are arguably *Skylight Confessions*, *Practical Magic*, and *Here on Earth*.

