

Standout Athlete Theo Lee

A member of both the varsity waterpolo and varsity tennis team, senior Theo Lee has helped take the Vikings to many victories. Staff writer Aditi Shah gives an insight into Lee’s sporting career and brings him to recount his most memorable experiences while on the court.

High Tide: What sports do you play?
Theo Lee: Right now I am playing tennis and waterpolo. But I also used to play soccer, baseball, and basketball.

HT: How did you decide to play tennis or who got you into the sport?
TL: My parents pushed me

into it in Singapore, but it seemed fun at the time.
HT: When did you begin playing tennis?
TL: I began playing tennis about eight years ago in Singapore.
HT: What is your favorite sport?

TL: I can’t pick between tennis and water polo.
HT: Have you broken any records in your sporting career?
TL: Well, the La Jolla High School Tennis team has won 41 championships, which is currently a state record, so that could be considered.

HT: Do you want to continue a sport in college? If you do, what school would you

want to play for?
TL: I hope to play water polo more than tennis. I would want to go and play for CMC, Brown, or FSU.
HT: Have you ever gotten injured playing any sports?
TL: I haven’t really gotten hurt. The most I have ever been injured is with some shoulder problems.

HT: How long have you been on varsity tennis?
TL: Ever since freshman year.

HT: What are the highlights of your tennis career?
TL: The highlights of my career were when I won some tennis tournaments and when the La Jolla High School tennis team won last year’s championship.

HT: Have you ever been embarrassed or regretted something while on the court?
TL: Once during a match, I whiffed on a return and felt

pretty dumb. (Whiffing a ball is when you try to hit a ball hard and completely miss it.)
HT: Who are the key players on the team?
TL: Trey Van Buskirk, Niko Karnopp, PJ Wooley, and Kyle Van Buskirk are all good.

HT: Do you watch tennis a lot?
TL: I only watch the big

tournaments, like the US Open or Wimbledon. I like watching basketball, football, and baseball more though. I also like watching high school sports when the administration lets us cheer.

HT: Who would you consider your biggest rivals?
TL: Francis Parker, La Jolla Country Day, Cathedral, are r i v a l s . Oh yeah, and Buck Fishops.

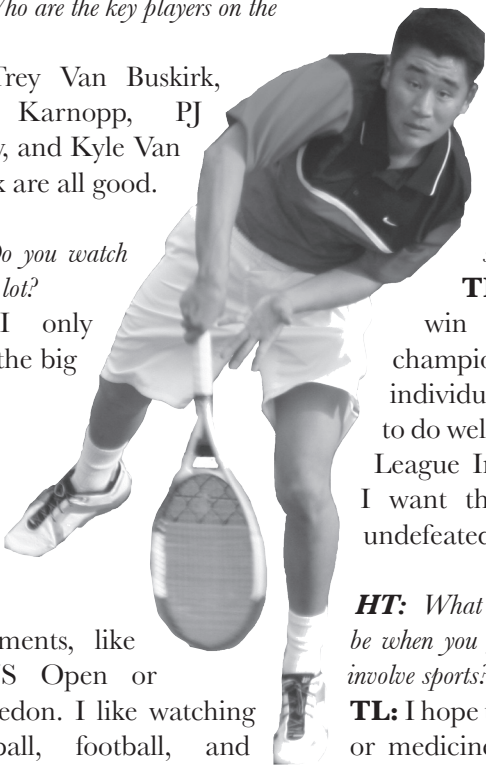
HT: What are your goals for the season?
TL: I hope to win another CIF championship and CIF individuals. I also want to do well in the Western League Individuals, and I want the team to go undefeated.

HT: What do you want to be when you grow up? Does it involve sports?
TL: I hope to go into sports or medicine. Also, I want to help Sharapova or the U.S. Volleyball team. Owning a brewery or a vineyard and casino with my friends would be pretty cool too.



Photos courtesy of Danielle Lee

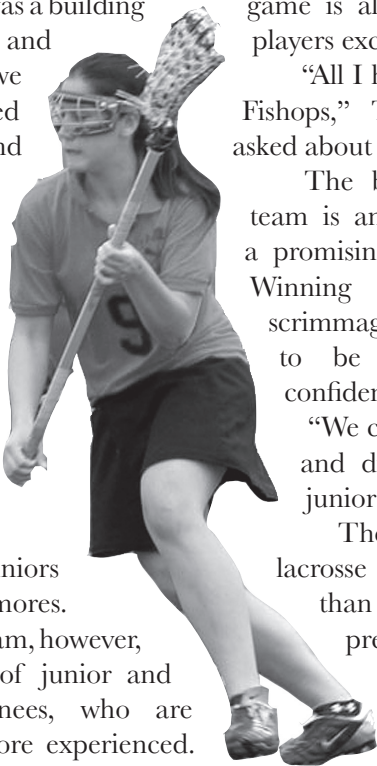
Ace: Theo Lee shows off his skills as he aces a shot.



Girls stay tough while the boys get rough

by cassie cook
staff writer

Tryouts are over, teams have been selected, and practice has begun. This year, La Jolla High School’s lacrosse teams are stepping onto the field with confidence and determination.
Coming off a year of rebuilding, the boys are expected to improve their last year’s record of **0-1**. After a tough season in 2006, the boys varsity team is more than prepared to dominate the field.
“Last year was a building year for us, and this year we have improved a great deal and have some new players on the team who bring to the table new skills,” junior Jason Haire said.
The 2006 team was comprised mainly of juniors and sophomores. This year’s team, however, is made up of junior and senior returnees, who are older and more experienced.



One underclassman is freshman Taylor Bourgeoise, following in the footsteps of his older brother, senior Glenn Bourgeoise. Leading the team to victory will be captains Tobias Felbeck, Glenn Bourgeoise, Brendan Cummings, and David Ginsberg, as well as standout players seniors Marc Tibbs and Jeremy Gentile.
One of the Viking’s biggest rivals, neighboring school Bishops, will play the boys team on La Jolla High School’s field on the night of Friday, April 13. This ‘Friday the 13th’ game is already getting the players excited.
“All I have to say is buck Fishops,” Tibbs said when asked about the game.
The boys junior varsity team is anticipated to have a promising season as well. Winning their practice scrimmage 8-0, they seem to be brimming with confidence.
“We came ready to play and did fairly decent,” junior Tyler Rohr said.
The 2007 girls varsity lacrosse team is smaller than it has been in previous years, making every one of the 16 players a crucial part



Photo courtesy of www.ljhs.sandi.net

Going in for the kill: (above) Senior Taryn Olson fights off the opposition.
Gettin’ low: (bottom right): La Jolla gets ready to steal the ball at the start of a game.

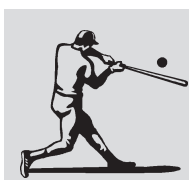
to the team’s success. In accordance to their motto, the girls are already planning sweat, play, and win “together.” The team has shown promise so far, winning five out of six games in a Lacrosse Preseason Jamboree tournament.
“This year will be challenging because the team is small but we can pull together, senior captain Briana Wright said.
Four year varsity player, senior Taryn Olson (who will be playing lacrosse for the University of California Berkeley’s Division I Women’s Lacrosse team next year), and second year varsity player, sophomore Mackenzie Gloven,

are both important, versatile players on this year’s team.
Rival teams Coronado High School, Poway High School, and La Costa Canyon High School are all going to give the lady Vikings good competition, but the team is ready to come

together to pull off some great games.
The game against Coronado High School is March 31, at Coronado’s field, and the outcome is sure to be very important for the rest of the season.
Almost a month after the Coronado game, the varsity Vikings will be playing Poway High School (at Poway) on April 28.
Last but not least, the La Costa Canyon High School lacrosse team will come to the La Jolla High School field for another much anticipated, high tension game on Thursday May 15.
All of La Jolla High’s lacrosse teams are ready to rise to the occasion and prove their ability to dominate and succeed. Their positive attitudes and dedication could give them the needed edge for a winning season.



Photo courtesy of Haley Hammershaimb



Vikings shut down Grizzlies

Improve season record to 5-0

by rob sprong
guest writer

On Monday, March 12, the Vikings baseball team notched its fifth win of the season with a 3-1 victory over the Mission Hills Grizzlies.

The game came down to the wire, but clutch hitting by junior Trent Jemmett and a save for senior Casey Richmond ended the Grizzlies' threat. The exciting win catapults the Vikes into the Bully's East Championship Game.

The team this year looks incredibly solid; the return of almost the entire starting lineup as well as some new key additions, such as third baseman junior Jimmy Filter and pitcher sophomore Patrick Christenson, promises for a very competitive team.

Another key factor in the team's success has been the

abundant senior leadership. The 5-0 start marks the first five-win start by a Viking baseball team in over two decades.

Offense has been key in the victories: the 54 runs scored in the first five games marks the best total in the county. With all the talent on this year's team, it would be a shame not to see some

The atmosphere at a game is unlike any other, one minute laid back and the next intense and filled with the drumming of bongos.

With the field being so close to school (right up the hill at Muirlands) and the majority of games in the afternoon, baseball games offer as good an afternoon activity as anything else. The next big home game is against Mission Bay on Tuesday March 20 at 3 pm



On the mound: Senior Casey Richmond gets set for the next batter.

Photos courtesy of Hana Francisco



Racing through the snow

by hana francisco and haley hammershaimb
sports editors

Skeleton Racing (n): an Olympic sport where the athlete goes head first down the bobsleigh track, with their chin and toes only millimeters from the slippery ice. The athletes balance on a rectangular, aerodynamic steel and fiberglass sled that can gain speeds up to 130 kmph.

La Jolla High School's sophomore Christian O'Neal Pedersen took up the Olympic sport of Skeleton racing this past November.

He was the youngest member of a one week Skeleton training school at the Lake Placid Olympic center New York.

"There's no other feeling like it in the world because you're hitting six G's," Pedersen said of the exhilarating ride on a

skeleton sled. "There's also no other feeling than hitting a wall. Bones don't break, they shatter."

On most weekends in January and February, Pedersen goes up to the Olympic Center in Park City, Utah where he continues his racing and training schedule. He won a third place bronze metal in the Western Regionals in Park City, Utah on January 3, 2007.



Christian O'Neal Pedersen Bronze Medalist in the Western Regionals

Taking off: (top left) Pedersen loads his sled at the top of the Park City track; **Gaining speed:** (bottom left) He is racing down the Park City Olympic Center track at speeds of 75 mph; **Parallel to the track:** (bottom right) Pedersen zooms down the track head first, with his chin only inches from the ice.

Photos courtesy of Leslie Pedersen



Gotta have balls to play

by alexandra stephens
staff writer

With a pocketful of paintballs and a gun in hand, paintballing is quickly escalating into a popular mainstream sport. There are several different ways to paintball and a player must have certain gear. Paintball can be played both indoors and outdoors with no set limit of how many players can join in.

What's in a paintball game? Some paintball games are played with an objective, much like the game "capture the flag." Other games are played just to shoot at the opposing team. The latter is the most popular kind of game. Junior Dillon Schmiersal describes paintballing as "two opposing teams with gas-powered guns shooting pellets of paint at each other."

Paintballing requires specific equipment in order to play. Paintballers need a paintball gun, pressurized gas, lots of different colored paintballs, and protective gear and clothing.

The clothing is a major aspect in paintballing. The clothing a player wears determines whether they have the potential to win the game. Players should be clothed from head to toe to avoid painful injuries from paintballs coming into contact with bare skin. Baggy clothes are helpful when crouching behind bunkers to avoid opponents, as is camouflage, which helps improve their stealth and agility.

"It's important to wear baggy loose clothing and camo and a mask," junior Mark Kerns said. The most important article of clothing is the paintball mask, which all fields require the players to wear.

Two techniques that

paintballers use to defeat their opponents are suppression and invasion. Suppression requires an accurate shot, and distracts the enemy so they

to a place where maximum damage on multiple enemies can be done.

Some good advice for beginner and advances paintballers is



Sneak attack: Players use camoflauge to hide from the "enemy" during a game.

do not notice an invasion on their side. A suppression team consists of multiple players that shoot repeatedly at an enemy. It distracts and flusters them so that they do not notice anyone sneaking past.

The invasion team is more about concealment than having a good shot. The objective of the invasion team is to get

"to always stay behind cover, and unless you are trying to hold someone down do not unload," Schmiersal said.

The most commonly used paintball gun is a semi-automatic. It is recommended that players buy their own guns because the ones at the fields are not precise. Some of the leading paintball guns on the market today are the Brass Eagle Afterburner and the Brass Eagle Stingray II Ice.

"My favorite gun is the Ton Ton Shocker but it's really an opinion on what the best gun is because they're all different," Schmiersal said. "I like the Smart Parts M-8. it is like a paintball rifle and is for

scenario."

The leading pistol paintball gun is a 32 degrees PT Extreme. Paintball guns can be found at either sporting goods stores like Sport Chalet or special paintball depots.

Paintballing is not always just for fun. Often the military uses paintball as a way for soldiers to practice shooting at targets and 'play war.' When the military is paintballing, they use automatic paintball guns and a technique called speedball. This is where the participants hide behind obstacles and try to take out the opposing team with constant fire.

There are special paintballing facilities because it cannot be done at any ordinary park. The Weekend Warriors paintball park by the Viejas Casino in Alpine is located on Browns Road. Escondido is home to a premier paintball location called Mr. Paintball, which offers everything from regular paintballing to speedball. Camp Pendleton has its own paintball park, but the closest park to La Jolla is Velocity Paintball in Poway.



The Goopy Ducks

by brie bates
creative director

The La Jolla High band, formerly known as Your Name Here, has turned a new leaf with a varied sound, persona, and even a new name, The Goopy Ducks. The band members include Willie Versteeg

juniors (guitar/vocals/harmonica), Dylan Schummacher (guitar), Andres Geurts (bass), and Ben Schrier (drums/vocals).

On March 11th, The Goopy Ducks played their set at the Epicentre’s “Battle of the Bands.” After the show, the *High Tide* sat down with The Goopy Ducks for an exclusive interview.

High Tide: What was the inspiration for naming your band The Goopy Ducks?

Goopy Ducks: Well from eighth grade up until a couple of months ago, we were called “Your Name Here,” but we kind of grew to dislike that name; we felt like we were improving musically, so to wash away our former (less talented) selves, we christened ourselves with a new name.

HT: Do you want to branch out and experiment musically with new sounds?

GD: Yeah, we love trying new things. It’s not uncommon for us to play with a saxophone or a trumpet.



Jammin’: Willie Versteeg, Dylan Schummacher, and Andres Geurts practice.

HT: What is the best part about being in a band?

GD: The best part about being in a band is when a song finally comes together and all the instruments just click in perfectly and you realize that it’s actually working and sounds good.

HT: What are the negative aspects about being in the band and what has been the hardest and/or least fun thing that has happened?

GD: Probably the biggest thing that’s bothering us right now is the neighbor that lives next to where we practice. He called the cops on us once, but recently he has improved to just calling us directly to complain about how loud we are.

HT: What is unique about GD?

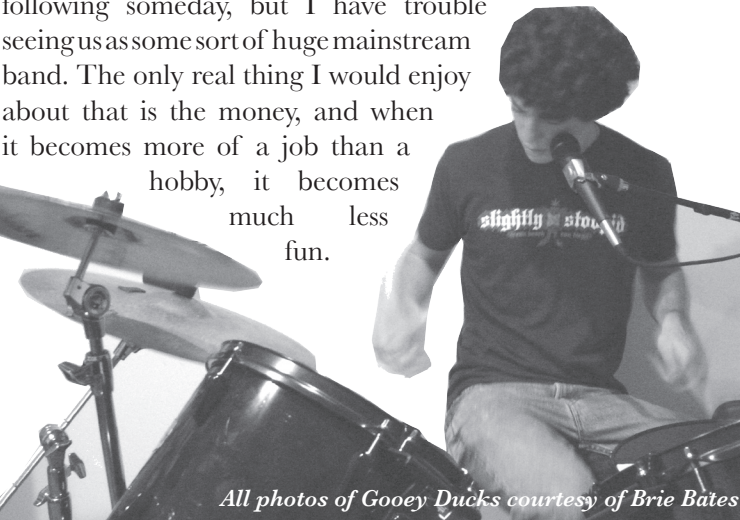
GD: I would say that the most unique thing about GD is that we are not screamo, mostly because it seems like all the other bands in the battle are screamo.

HT: How many songs do GD have and what are your best/fav songs?

GD: We have written about 20 songs, although we only play about 10-12 regularly. Our favorite songs are ‘Deprived,’ ‘Falafel Party,’ ‘Cotton Quicksand,’ and ‘Speak My Mind.’

HT: Where would you like to see GD going in the future?

GD: I would love for us to have some sort of following someday, but I have trouble seeing us as some sort of huge mainstream band. The only real thing I would enjoy about that is the money, and when it becomes more of a job than a hobby, it becomes much less fun.



All photos of Goopy Ducks courtesy of Brie Bates

300

by cassie cook
staff-writer

Enigmatic, fiery, and daunting, the Spartans are among the most mysterious people in history and their story has captured the minds of many.

Based on the epic graphic novel by Frank Miller, *300* is a fierce description of the ancient Battle of Thermopylae in which King Leonidas (played by Gerard Butler) and 300 Spartans fought to the death against Xerxes and his massive Persian army.

The battle of Thermopylae is a suicide mission, meant to buy time for the rest of the Greek forces to prepare for the invasion.

However, that doesn’t stop the Spartans from throwing their hearts into the engaging conflict, determined to take as many Persians as possible with them. Facing insurmountable odds, their valor and sacrifice inspire all of Greece to unite against their Persian enemy.

Spartans were taught to become the perfect warriors, never to surrender or retreat,



all photos courtesy of www.themovie300.com

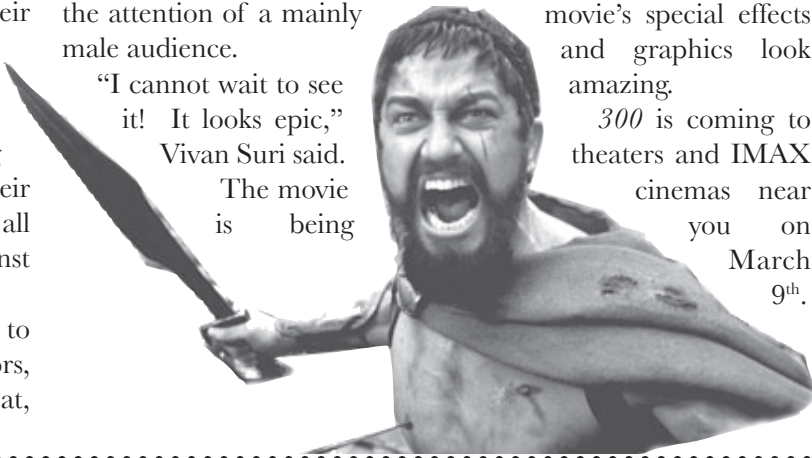
and fight to their deaths. They are arguably unique in that their culture is immersed in battle, absolutely dedicated to warfare.

They have a code of honor on what it means to be a Spartan, and out of that arises a heroic class like the world has never seen before,” Frank Miller, the author of the novel *300* and co-director of *300*, said.

Viewers anxiously awaited *300*’s debut into theaters. Due to the “mantastic” quality of the movie, it is capturing the attention of a mainly male audience.

“I cannot wait to see it! It looks epic,” Vivan Suri said.

The movie is being



considered by the boys’ lacrosse team as inspiring and motivating.

“300 influences us to play more aggressively and with more drive,” varsity lacrosse player Matt Tovey said.

300 seems to have captivated the guys but has not really sparked the interest of many girls.

“It looks like another gladiator movie-- same stuff but just a different story line,” junior Allison Waggoner said.

However, Kaitlynn Reilly, a junior, thinks the movie’s special effects and graphics look amazing.

300 is coming to theaters and IMAX cinemas near you on March 9th.

Annie Leibovitz Exhibit

by natalie reusser
staff writer

Currently on display at the San Diego Museum of Art, a collection of Annie Leibovitz’s photographs from 1990-2005 are open for the public to view.

Taking photos from a naked John Lennon to Bill Clinton, Leibovitz has covered an entire map ranging from celebrities to athletes, and even politicians.

Leibovitz started her career in 1970 at the famously known magazine company *Rolling Stone*.

Due to her ability to capture intimate portraits of the celebrities, she moved up to chief photographer for the magazine and graced the covers and pages of *Rolling Stone*.

Leibowitz then landed the job to tour with The Rolling

Stones in their Tour of the Americas, serving as the personal photographer for the band.

She became known as the “Rock ‘n’ Roll photographer,” which was the highlight of her career.

After *Rolling Stone*, Leibovitz then went on to shoot for *Vanity Fair* and *Vogue*; and in the most recent cover of *Vogue* Leibovitz showcases actress Jennifer Hudson.

In addition to her work with magazines, Leibovitz has shot advertising campaigns for American Express, Gap, Givenchy, The Sopranos, and the Milk Board.

“Photography is a small voice, at best, but sometimes one paragraph, or a group pf them , can lure our sense of awareness,” said Leibovitz.

One of the most interesting Leibovitz pieces is the photograph of Mikhail

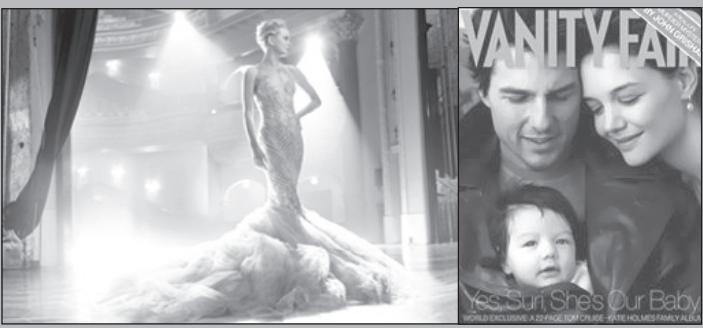


Still life: Top: Annie Leibovitz with her famous photograph of yoko ono and john lennon in the background
Below: One of the many photos currently on display at the exhibit

Baryshnikov, famous ballet dancer, and Rob Besserer; it’s beautiful because of its simplicity and the unique pose in which the two are positioned.

In the photo, Besserer has raised Baryshnikov into the air where Baryshnikov strikes a ballet pose. The photo shows the beauty of the human body and its many capabilities.

The exhibit, “A Photographer’s Life, 1900-2005,” is on display until April 22.



Glossy pages: Left: A stunning Nicole Kidman shot by Liebovitz in 2003 in New York City. Right: Leibovitz shot the cover and editorial of Suri, Tom and Katie Cruise’s newborn baby for *Vanity Fair*

photos courtesy of
www.annielphotography.com

NOT QUITE DANTE'S INFERNO

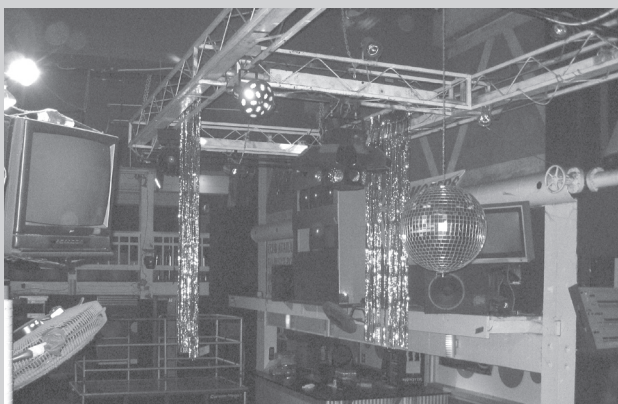
by **delaney maher and amy twohig**
staff writers

If The Candy Shop is the new kid on the block of teen nightclubs, then Inferno Young Adult Night Club is the kid who has still not graduated high school after six years.

This club first opened in the 1980s and continues to entertain booty shaking teens every Saturday night.

A dirty red carpet and a sagging velvet rope make up Inferno's very grand entrance.

An accommodating host enthusiastically ushers club-goers to the door, where three jovial security guards smoke and do the obligatory purse checks and pat downs.



After paying a ten dollar entrance fee, club goers walk into the main room which features a DJ booth, an elevated dance floor, and two bars.

Unfortunately, the club's interior décor obviously has not been upgraded (or even washed) since the Distillery East days.

The very urban DJ Kool T plays pop, rap, R&B, and techno, a variety 'The Candy Shop' definitely lacked.

In between songs, the DJ often comments on all the "honeys" in the crowd.

Some young female dancers came prepared for the evening and showed off choreographed dances complete with cartwheels and splits.

Young men who frequent the club tend to keep their backs to the walls with their arms crossed against their

chest as if to say, "I'm a thug. Don't mess with me."

The ladies that attend Inferno dress in very eclectic fashions. Some girls sport booty shorts, high socks, tennis shoes and zip-up hoodie sweatshirts, and others go ghetto glam with sparkly tube tops, gold belly rings, and extremely tight jeans.

Gentlemen wear button-up shirts, baggy pants, and gaudy silver crosses.

Because nearly all the young men douse themselves in cologne, Inferno smells distinctly of Axe body spray and sweaty dancers.



On a positive note, Inferno had a realistic club feeling. To quote DJ Kool T, Inferno is "Dizzy-licious!."

Despite not being an overall lackluster nightclub, the Inferno feels like a

hang out that D, E and F list celebrities would visit.

Luckily, the Inferno's affordable ten dollar entry fee does not eat up all of a teen's weekly allowance or meager paycheck.

A handful of ladies shared that they attend Inferno every weekend and have a "bomb a** time, every time."

Clearly, despite the lack of cleanliness and the nightclub's shady Escondido neighborhood, the Inferno Young Adult Night Club reels in a solid crowd every weekend.

All in all, the *High Tide* gives Inferno two and a half out of five stars.

★★★



Dancing the night away: Above- Sophomores Gracie Silverman and Amanda Gordon relax after a long night on the dance floor. Top- The interior of the Inferno night club.

photos courtesy of Amy Twohig

CHALK IT OUT

by **tatiana soutar**
staff writer

Street painting brings worlds of surprising depth and color to the feet of the populace.

Modern street painters create startlingly realistic images directly on the pavement that seem to rise right to the viewer.

The unsettling three-dimensional effect blurs the boundary between the artist's world and ours.

The tradition of street painting was born in sixteenth century Italy, where traveling artists would paint images upon the cobbles at festivals for the coins of the observers.

One of the most well known of the modern street painters is Kurt Wenner, an American artist who studied in Italy.

Wenner creates huge, awe-inspiring chalk and pastel drawings on streets, sidewalks or plazas that appear to rise above and fall far below the

ground.

In Wenner's "Muses," a winged figure lounges about on the concrete above watching on while others cavort in a fountain that seems to sink below.

Julian Beever is another artist famous for his mind-bending chalk drawings. His work is more commercial; he draws Coke bottles and Spiderman.

Beever sometimes creates clever illusions that make it look as if pieces of the sidewalk have been lifted or moved.

It can take up to three days for Beever to complete a piece, and he always draws a crowd.

Both artists create strong, three-dimensional illusions. The

effect is created by a technique called anamorphosis, or stretching the image so that it can be viewed properly at a low angle.

The artist compensates for spatial distortion by widening and stretching the upper portions of the image. It is a technique discovered by the Renaissance artists, who used it to place hidden messages in paintings or to create realistic illusions of depth on ceilings.

"Illusionism is an important part of Renaissance art. Perspective was a new technique at the time and artists strove to perfect it," AP Art History teacher David Mika said.

The ceilings Wenner saw in Italy inspired him to attempt the same technique on the ground. The illusion in his work is sometimes so well done it seems almost impossible to pick what is real from what is drawn.

Street painting should really be considered performance art, since the value is mostly in the process, and the result is always temporary.

Street painting is open for anyone to try their hand at, and competitions are held regularly. In San Diego, sidewalk chalk art is showcased during a festival in Little Italy called Chalk La Strada, and everyone is free to enter.



Walking on a masterpiece: Above left- The self portrait, along with the real Julian Beever, the famous side walk artist. Middle- Beever's 3-D side walk art done in the busy streets of London. Right- superhero sidewalk drawing portraying an upward climb toward a victim in distress

photos courtesy of www.beeverart.com

