

# NFL: Kickoff

**By Kyle Loomis**  
*Staff Writer*

It's everyone's favorite time of year again when students actually have a legitimate reason to procrastinate about their weekend homework and kick back on the couch to watch one of America's greatest pastimes: football. Football season has arrived, and along with it comes weekly conversations about that crazy run LT made, or about how one's fantasy football team lost horribly because their quarterback had a bad game. No matter how students at La Jolla High School prefer to celebrate football season, excitement has filled the LJHS atmosphere—at least to partially make up for the feelings of dread that come with the new

school year.

"I love football season because it makes Sundays more fun and football gives you more things to do and talk about with friends," senior Breanna Overturf said.

There are a lot of big games people are anticipating this season. Be on the lookout for old rivalry games and rematches that will keep you on the edge of your seat. The Chargers play the Denver Broncos in Denver during week five of the season, and in week nine, the New England Patriots play the Indianapolis Colts in Indianapolis. Both games are sure to be close and will have ramifications for the postseason, since all four teams are playoff contenders. Most students at LJHS will be following the San Diego Chargers, a team coming into the 2007-2008 season with high expectations after a disappointing loss in the playoffs last year to the Patriots. Other teams that are expected to do well this season are the defending champion Colts,

as well as the Patriots, Broncos, Pittsburgh Steelers and the Baltimore Ravens for the American Football Conference. In the National Football Conference, look for the Chicago Bears, Carolina Panthers, New Orleans Saints, Dallas Cowboys, and Seattle Seahawks to make runs for their divisions.

The hopes of the Chargers fans rests on a very talented team this year, a group that has every returning starter on offense and many on defense.

"I expect the Chargers to win Super Bowl XLII. No less," La Jolla alum and football fan Will Choi said.

The Super Bowl is always the year's most anticipated game,



**Head to head:** The New England Patriots in a pre-season team practice.

*Photos complement of www.nfl.com*

and with such a good team this year, La Jolla students' hopes are high. "This year's Super Bowl match-up will be the Chargers vs. the Cowboys, and the Chargers will win. Both teams have solid defenses and playmakers on offense, but San Diego will win because they're hungrier for a championship," senior Kevin Miller predicted.

Whether or not the Chargers will meet their expectations is still in question, but there is a definite chance that this season will be an exciting one.

## No More Competitive Cheer

La Jolla High Cheerleaders banned from participating in local competitions

**By Angie Rosal-White**  
*Staff Writer*

This year cheerleaders are no longer competing. Instead, cheer at La Jolla High is now primarily for boosting school pride, bonding with each other, and helping the community with volunteer work. This is the first year that La Jolla High cheerleaders are not competing due to the liability problems with one of the cheerleaders potentially getting severely injured. The cheerleader's advisor, Ms. Lyon said Mrs. Greco, the vice principle, is opposed to the cheerleaders competing.

Even though La Jolla High cheerleaders aren't competing this year they did get a little taste of

competition from local college, UCSD. Both Varsity and Junior Varsity cheerleaders participated in a National Cheer Association camp at UCSD, and trained for four thirteen hour days. There they learned five to eight different cheers per day and many difficult stunts. By the end of the day they had to learn one of the cheers perfectly and perform it in front of two hundred other

cheerleaders from various schools. The cheerleaders were then evaluated by the NCA staff. From that evaluation they were awarded with either a white ribbon for a job well done, a red ribbon for excellent, or a blue ribbon for superior. Our Junior Varsity came home with one red ribbon, and a blue

ribbon. Varsity came home with two blue ribbons, a spirit stick and a trophy for leadership.

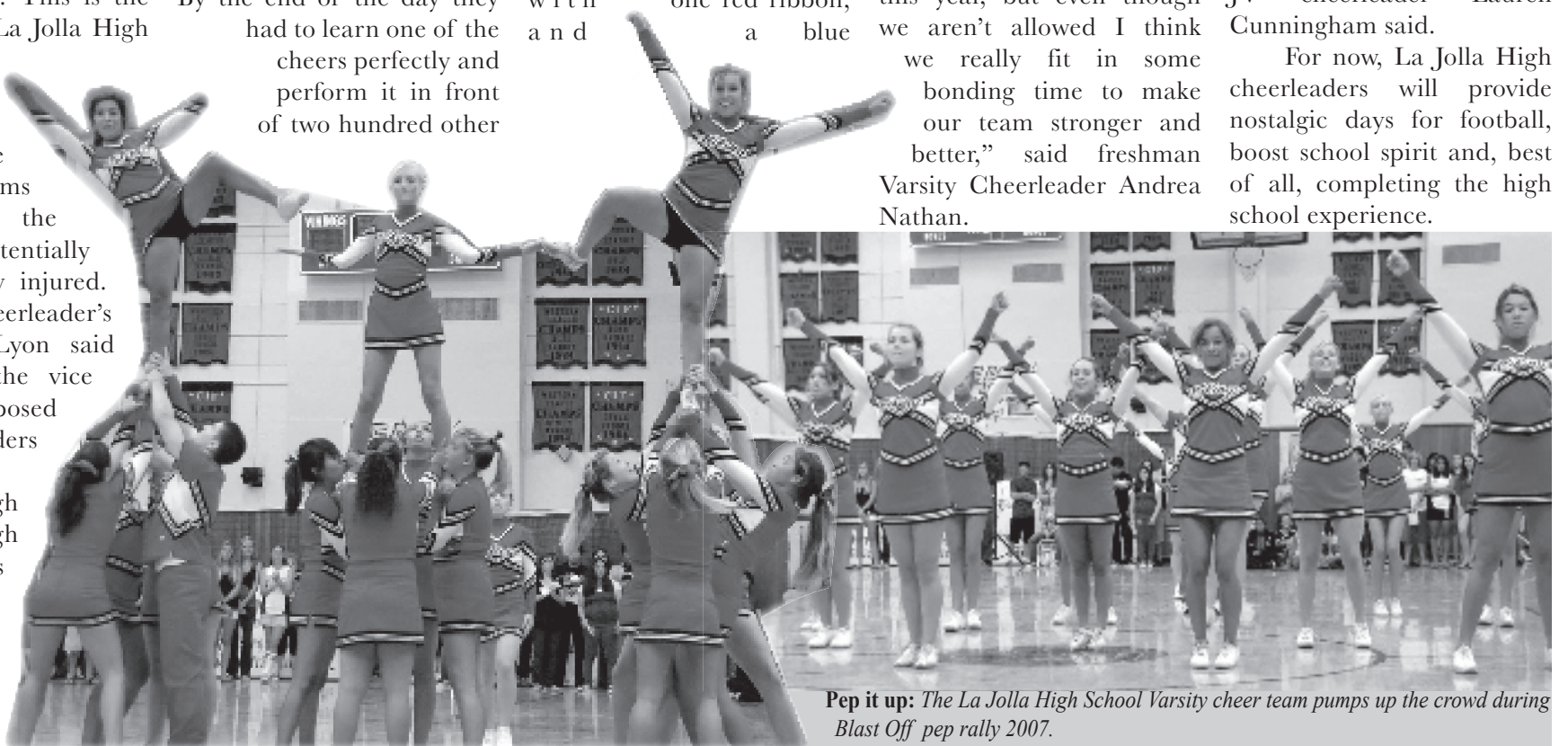
Most of the girls from the two squads are very disappointed with not competing this year.

"I was really looking forward to competing this year, but even though we aren't allowed I think we really fit in some bonding time to make our team stronger and better," said freshman Varsity Cheerleader Andrea Nathan.

In addition to not being able to compete, LJHS squads are not allowed to do risky stunts or certain dance moves.

"It's so stupid we aren't allowed to do anything. Competitions are the best part. We should at least be allowed to do that if we can't do anything else," JV cheerleader Lauren Cunningham said.

For now, La Jolla High cheerleaders will provide nostalgic days for football, boost school spirit and, best of all, completing the high school experience.



**Pep it up:** The La Jolla High School Varsity cheer team pumps up the crowd during Blast Off pep rally 2007.

# Not Game Enough?

By Haley Cottrell  
Staff Writer

Tennis racquet: \$70. Tennis skirt: \$40. Tennis shoes: \$30. The look on her face when she doesn't make the tennis team: priceless.

It is apparent that high school sports have become more competitive. Every year at tryouts more and more talented athletes vie for those few precious spots on various sports teams, and every year more students are cut.

"When you try out for a team, you can't just slack off or else you won't get what you want. You have to give 110 percent all the time," freshman Sam Bradhurst said.

This grueling tryout process allows for a much stronger team, yet even after students make the team, they are still under extreme pressure to perform to the best of their ability and attend every game

and practice, even if it means putting sports above school.

"Practices go for a long time after school so it cuts into homework and study

do not allow students to miss games for important standardized testing, such as the ACT.

Other students seem to

playing sports, there is a wide variety of kids who can help each other with homework and hard tests. If students don't meet the required 2.0

better teams lead to more championships for the school.

"It's cool in a way to have our school be known for good athletes," said sophomore Vince Gumina. Having good sports teams make the games more exciting and help raise school spirit. Let's face it, who wants to cheer for a team that always loses?

Another plus to having excellent sports teams is that students earn more college scholarships. If a school has a prestigious sport reputation, college scouts are more likely to come to games and offer scholarship opportunities to students. This is an advantage to students who might not have been able to afford college otherwise.

Even though high school sports may seem excessively competitive, in the end it is definitely worth it. They benefit the school, staff, and but most importantly, the students.

Photos courtesy of a-diddysports.com



(top) Soaking in a Victory: The girls water polo team gets game in a winning goal.



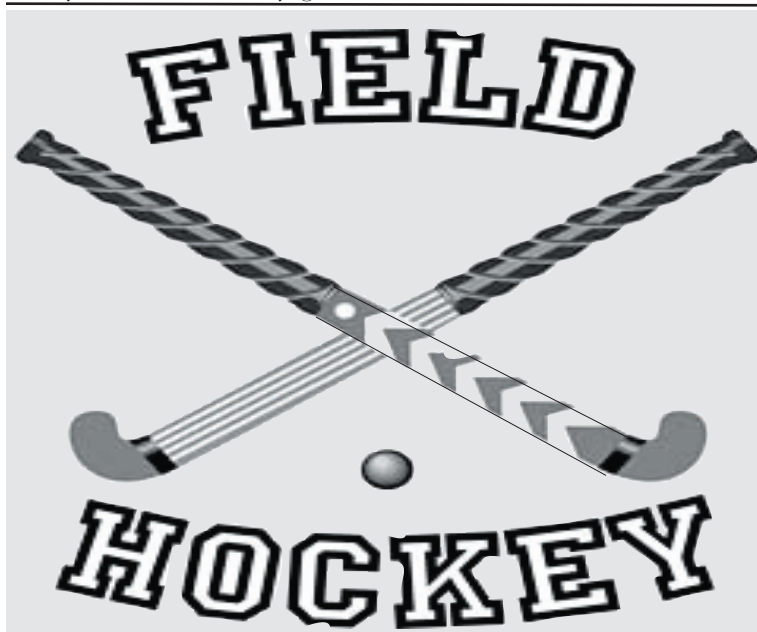
(right) Face off: The boys lacrosse team fights for the ball.

time. It really forces students to prioritize and think about whether or not school is more important than their sport," said sophomore Briana Jones. Some of the stricter coaches

benefit from the pressure, saying that the discipline they learn through sports helps them stay focused when it comes to academic assignments. Many students also noted that by

GPA, they are removed from the team until their grades improve.

The obvious upside to having very competitive teams is that they are stronger, and



By Sean Hamilton  
Staff Writer

The girls Varsity field hockey team continues to show coach Kristy "Wolfy" Wolfmayer that they'll make her last year as head coach one to remember. On September 12th, our lady Vikings took on the Sultans of Santana High School for a division game.

Senior Gina Schumacher was the first to score after being assisted by junior Claire Mittermiller. Mittermiller would go on to score herself just before the end of the first half. Coming off a loss against Bonita Vista with the third game of the season, the lady Vikings demonstrated valor on the field and a dominance of the sport as they scored twice in the first half and kept the Sultans from scoring.

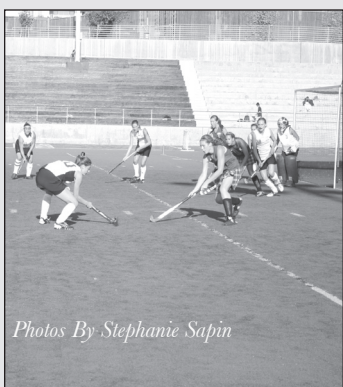
During halftime, the Varsity team listened to the advice given by Coach Wolfy, while being catered to by the JV squad, who brought them water and Poweraide. Shira Abramowitz, one of the team

captains, demonstrated she was concentrated on winning as she delivered the third goal off a corner maneuver. Abramowitz then assisted senior Sandra Harpster on the fourth and final goal of the game, putting the girls on top, a 4-0 shut out game vs. the Santana Sultans.

"Each of our forwards scored a goal, and the girls made many great passes, today was definately the best teamwork we have had all season," senior Shira Abramowitz said.

"This was a great win which will help us later in the season if we have the same record as Santana going into the playoffs, we will be the ones advancing since we beat them today. Being a field hockey player myself in high school and college, I really love coaching these girls and I even postponed going into the Air Force so I could coach this last season," Coach Kristy Wolfmayer said.

The girls field hockey team has a bright outlook for the up and coming season.



Photos By Stephanie Sapin

Owning the field: The girls Varsity field hockey team shuts down the Santana Sultans in a 4-0 game.

## TEAM TERMINOLOGY

Always frustrated with football rules and confusing words that just don't make sense? Impress friends by knowing these terms!

**Blitz** - When defensive secondary players rush through the offensive line into the backfield to try to "sack" the quarterback.

**Buttonhook** - Pass pattern in which the receiver runs straight ahead several yards, then quickly turns around to catch the pass.

**Dead Ball** - Declared by an official at the end of each down after a player has been tackled and the ball is no longer in play.

**Down** - The offensive sequence of plays starting from the line of scrimmage that begins with the center's snap and ends when the ball is dead.

**Drive** - Describes a series of downs in the offensive team's advance toward the goal.

**Grounding**-The quarterback throws the ball down on the field to avoid a sack.

**Lateral** - When a player with the ball is ahead of the line of scrimmage and tosses the ball to a teammate beside or behind him, but not in front of him.

**Onside Kick** - On a kickoff, a team may attempt to regain possession of the ball by kicking it only a short distance forward, allowing its players a chance to recover the ball. The ball must

travel at least ten yards before the kicking team can recover it.

**Pass Rush** - When the defensive team rushes the quarterback in an attempt to tackle him before he passes.

**Rushing** - The use of running plays to move the ball downfield on offense.

**Safety** - Two points awarded to the defensive team when a ball carrier is tackled within, or runs out of, the backside of his own team's end zone.

**Screen Pass** - A short forward pass, lofted over the heads of rushing defensemen.

**Shotgun** - On some pass plays the quarterback will stand several yards behind the center to catch the snap, so as to have more time to throw the ball.

**Spot** - Where the ball is placed after each play to establish the line of scrimmage.

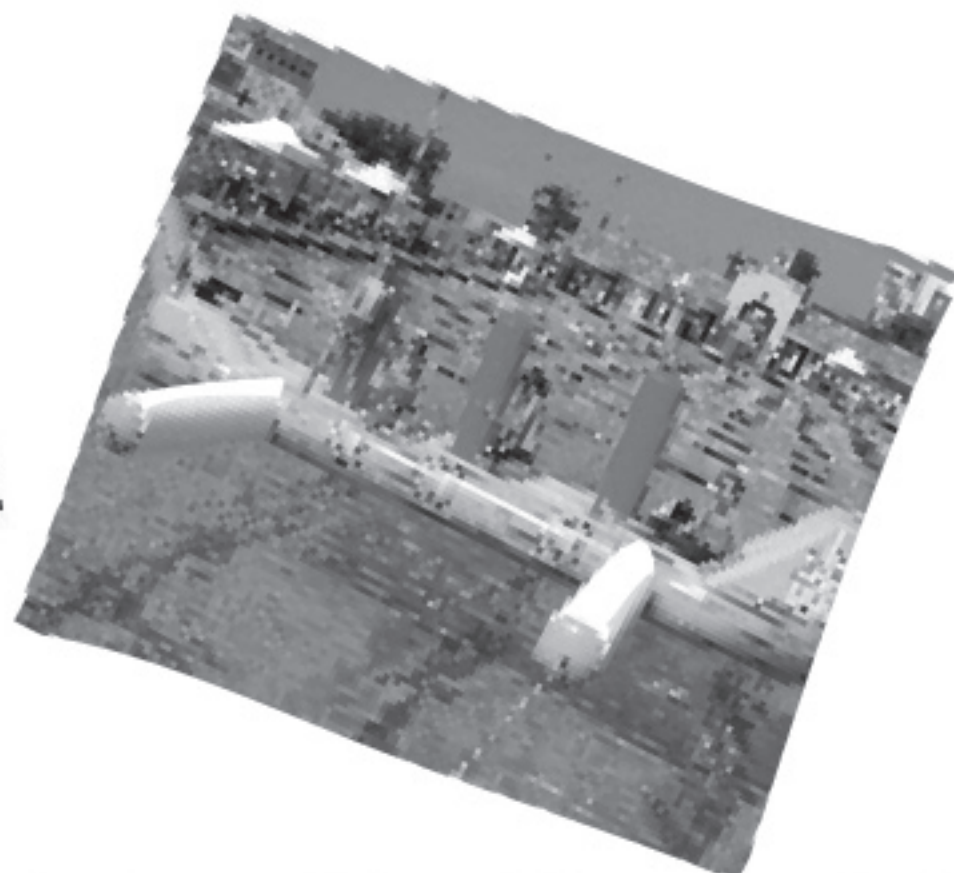
**Sweep** - A rushing play in which the ball carrier runs around one end, rather than through the middle of the offensive line.

**Touchback** - On a kickoff, when either the ball is caught in the end zone and the receiving team does not run it out, or it goes through the end zone. To signal a touchback, the receiving player kneels on one knee in the end zone. The next offensive play begins from the twenty-yard line.

Photos Courtesy of www.soccermom.com



**Sunday  
Oct. 7th  
12-4pm**



## **Coggan Family Aquatic Complex**

**800 Nautilus Street at La Jolla High School**

Gather your friends and family and join us for a day of wet and wild fun at the Coggan Family Aquatic Complex. Activities include inner tube water polo, dunk tank, inflatables, open swim, all you can eat food including hot dogs and hamburgers, tacos, and ice cream, plus live music by Christopher Dale and much more!

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## **Admission \$5 - includes food and activities**

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RAY AT NIGHT

By Haley Cottrell

Staff Writer

For those who enjoy art and free food; Ray at Night is the place to be. Ray at Night is an art walk along Ray St. in North Park, that takes place the second Saturday night of each month. All of the art galleries and shops along Ray St. open up to exhibit their art and offer free snacks to the crowd.

Some of the exciting entertainment includes music, an art installation, and even stilt walkers. The music bill typically highlights underexposed bands with unique, fresh sounds. The bands usually offer CD's for people to buy, which is a great way to support local artists. The art installation, a confessional booth, is a small, unassuming room where guests are welcome to write their confessions on the wall with a marker.



courtesy of [www.rayatnightartwalk.com](http://www.rayatnightartwalk.com)

"It's a great place for people to release their issues and be captivated by the confessions of others," creator Jeremiah Miller said. The candlelit confessional attracts many Ray at Night fans.

The art exhibited in the galleries ranges from paintings and sketches to sculptures and photography. There is even an art gallery specifically designed for pet portraits. Besides the various art galleries, there are also vendors who sell handmade jewelry and clothing.

"I think it's important to experience all of the culture in San Diego. Whether or not I like it, depends on if it's Contemporary or Impressionist art," junior Emma Bradhurst said.

Other students who aren't so art savvy are keen on going just for a good time.

"The free food and art sound like a pretty fun thing for students at La Jolla High," sophomore Andrew Hollyfield said.

The participants of Ray at Night are also very eager to help support noble causes. The most recent festival on September 8th, featured a 50/50 auction at the art gallery Planet Rooth. Half of the proceeds earned at the auction went to help save our planet. More than 50 local artists were featured that night.


The entertainment begins at 7 p.m. on the corner of Ray St. and University Ave. Anyone is welcome, which makes it a great opportunity to spend time with friends and enjoy a piece of San Diego's culture.

NOT ANOTHER TEEN MOVIE

By Anton Swain-Gill and Jason Haire

Staff Writer

*Kids(1995):* Directed by Harmony Korine




courtesy of [www.imdb.com](http://www.imdb.com)

*City of God(2002):* Directed by Fernando Meirelles

Set in Rio de Janeiro, Brazil, *Cidade de Deus* (City of God) follows a young photographer Buscape (Alexandre Rodrigues) from his childhood in the sixties to his young adult life in the eighties. Rio in the eighties is a violent and bustling city where drugs and gangs rule the streets. From birth, the citizens are in a vicious cycle of drugs, betrayal, violence, and recklessness. Innocence is a quaint concept to the children of Cidade de Deus.


Lil Ze(Leandro Firmino) is the leader of the city's main gang and kills anyone who gets in his way. Buscape tries to stay on the sidelines but soon finds himself caught up in a way that won't let him get out. "It was brilliant but quite dark," senior Melissa Helm said.

The eye-catching cinematography and fast paced camera techniques make this film one not to miss. It is in Portuguese with English subtitles.



courtesy of [www.imdb.com](http://www.imdb.com)

*Little Children(2006):* Directed by Todd Field



courtesy of [www.imdb.com](http://www.imdb.com)

*Little Children* follows the lives of several suburbanites who find companionship in unexpected places. The three main aspects of the story in this film are the relationship between two married people reliving their high school passions, how that affects their lives and relationships and how the recent addition of a well known sexual deviant changes the mentality of some people in the town. Kate Winslet plays a convincingly repressed former academic and activist Sarah

Pierce, who becomes a stay at home mom in the heart of the safety of the suburbs. Pierce soon finds excitement and solace in a newfound relationship with Brad Adamson (Patrick Wilson), the playground hunk, and quickly finds that no matter how much she wants to, she cannot escape her loveless life. The movie is adapted from the novel written by Tom Perrotta.

Underplayed us.

Overplayed

By Carrie Lowe and Jason Haire

Staff Writer

Every summer has its anthem. The signs of a great summer anthem are that even though they're so overplayed, people don't feel like changing the radio station every time it comes on. Here is a list of overplayed songs, good and bad, which have gotten stuck in our heads

whether we want them to or not.

Some artists may get their songs into the spotlight through pure luck and a little talent in order to make it on the overplayed songs lists. However, there are a number of artists whose songs are criminally underplayed. From Rap to Indie pop, here are some artists that should be listened to every season of the year.

Underplayed Artist - Song

1. Elvis Costello- Mystery Dance

2.Danger Doom - Benzie's Box

3.Beirut - Elephant Gun

4.Lou Reed - Andy's Chest

5.Bonobo - Walk In the Sky

Overplayed Artist - Songs

1. Gwen Stefani-Hollaback Girl

2. Rihanna - Umbrella

3. Justin Timberlake - SexyBack

4. Fergie - Big Girls Don't Cry

5. Plain White T's - Hey There Delilah

**By: Erika Ostroff**

*Staff Writer*

Girl power is back and stronger than ever, as the Spice Girls announce their reunion tour after almost a decade of separation. Posh, Ginger, Baby, Sporty, and Scary, formally known as Victoria Beckham, Geri Halliwell, Emma Bunton, Mel Chisholm and Mel Brown, have ended months of speculation by unveiling details of an upcoming world tour. "The concert is so unexpected but in a good way," freshman Estee Einhorn said.

Kicking off on December 2nd in Vancouver, Canada the Spice Girls plan to perform eleven concerts worldwide, spanning six continents : North America, South America, Asia, Europe, South Africa, and Australia. They come to L.A. December 7th. Tickets prices range from \$200-\$700. A concert filled with new songs from their upcoming album, and famous hits, is guaranteed to spice up your life and leave the crowd pleased.

# POSH SCARY BABY SPORTY GINGER

Victoria Beckham, or Posh Spice, has recently surpassed her Spice Girl fame by being in the spotlight as Mrs. David Beckham, moving to LA, and maintaining close relationships with celebrities. Beckham, a singer, songwriter, and passionate fashion designer, is also a mother to their three children: Brooklyn, Romeo, and Cruz Beckham. Her passion for fashion soared when she released several fashion lines, ranging from sunglasses and denim to purses, and perfumes. Beckham's marriage, and former career as a singer, have made her the fifty-second richest woman in Britain.

As intimidating as the name Scary Spice may be, Mel Brown was anything but fearsome. With the exception of a paternity scandal involving Eddie Murphy, Brown has been living a low-key life in Los Angeles, California with her two daughters, Phoenix Chi and Angel Iris. Since the fallout of the band, Brown has produced several solo albums, along with working with Missy Elliot.

Baby Spice, remembered as the lollipop sucking, pink clad, childlike member of the group, recently had her own baby with boyfriend Jade Jones. The latest addition to the spice babies was named Beau. As the youngest Spice, the name Baby became part of how her fellow Spice Girls treated, and perceived her.

Despite her rather harsh exterior as Sporty Spice, Melanie Chisholm is recognized as the most shy but musically talented girl of the group and acknowledged for her one of a kind voice. *Northern Star*, one of her most prosperous solo albums, has produced four hits and she is currently tied at number 10 with Geri Halliwell and Madonna as the female with the most number one hits in the UK.

**Ginger Spice, Geri Halliwell**, dramatically quit the band in 1998 leaving the remaining foursome to record their last album. As the most notorious, eccentric, and provocative member of the group, she has changed her image drastically since the band's breakup, taking on a more natural, down-to-earth look. To the shock of many, she became a goodwill ambassador for the United Nations. She has also produced various solo albums, some



D.G. Wills:

# Making La Jolla look smarter since 1967

**By Sarah Mook**

*Staff Writer*



Located 7461 Girard St, next to the Pannikin, D.G. Wills has resided there since 1991. Wills established the store forty years ago, when he returned from the Air Force. D.G. Wills offers the sort of atmosphere that a typical Borders or Barnes & Nobles customer can only dream about. Upon entering the store, old books line the wooden shelves that run across the ceiling. An old cash register sits on the counter to the right of the door. The whole place is bursting with bookshelves. Some books hide the backroom which houses used books, some dating back to the 1500's, the vast majority of which are leatherbound in a style that is no longer used.

There are a variety of sections, as many bookstores commonly have, but what sets

this store apart is how well it is stocked. A unique aspect is its collection of Loeb Classical Library editions of authors like Euripides, Homer, and Plutarch in their original Greek or Latin alongside the English translations. Wills himself is always eager to lend a hand finding good books, especially by certain authors.

What really draws visitors to D.G. Wills are the people who come to speak there. Best described as an eclectic group, the speakers range from scientific to literary to artistic intellectuals. The list of visitors includes greats such as Gore Vidal, Edward Albee, Françoise Gilot (Picasso's wife), Francis Crick and James D. Watson—the duo who discovered the structure of DNA.

D.G. Wills attracts a varied crowd, so no one should be afraid to pay a visit, even if it is only to experience the atmosphere of an antique bookstore. Book fans should be sure to pay homage to such a distinguished part of La Jolla's history.

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*courtesy of [www.sudoku.com](http://www.sudoku.com)*



**Food for Thought** *Top: Crammed Bookshelves of D.G. Shelves. Bottom: Francoise Gilot pores over books.*

