

Chargers beat the Patriots last Sunday 30-10. Phillip Rivers went 18 for 27 for 306 yards and three touchdowns. The Patriots had previous sly beaten the Chargers in their last two playoff games.

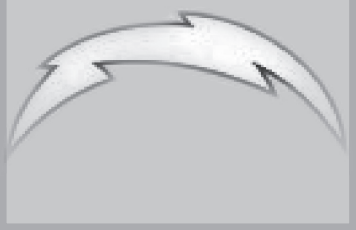
With a 3-3 record, the Chargers are second in the AFC West, trailing behind the 4-2 Broncos.

Defensive End Louis Castillo’s arm injury is not serious. He is expected to play this Sunday.

Tomlinson became the 17th person in NFL history to rush for over 11,000 yards and the fourth fastest player to do so.

Chargers play the 4-1 Buffalo Bills this week at Buffalo.

The following week, the Chargers will be playing the Saints in London.



THE OFFSEASON

By Jacqueline Berracasa
Staff Writer

La Jolla High School has a very competitive student body. Whether it is achieving the highest GPA or becoming MVP, students always reach for the top. Doing so has almost always landed La Jolla at the top with an impressive number of CIF qualified players and CIF team finalists. These student-athletes always work and play their hardest. When it comes to sports, hard work definitely includes an impressive workout schedule or dietary routine not only during the season, but during the off season as well. Today, being the best, or becoming the best, takes up a lot of a student’s free time. These days, students are so dedicated to their sport that they are choosing their passion over their social life.

For most sports, such as water polo, the off season training is even harder than the season.

“During the off season it’s swimming three days a week and the dry-land workout two days a week, during sixth

period. In addition we do two nights a week (of our choice) of training for two hours each night,” junior Kate Woods said.

The water polo team has an impressive practice including

their fellow teammates and experience the culture of the country that is the best at water polo in the nation. Annually, they also experienced a variety of different trips including the National Junior Olympics,

“Badminton is actually really physically exerting so I eat rice and noodles, and listen to Asian rap to prepare for the season.”

-Senior Tomas Frymann

four hours of an intensive workout. Waterpolo even has off season activities that go far beyond the school grounds. They have been on a few trips including one to Hawaii and one to Eastern Europe. For the last few weeks of the 2008 summer, students enjoyed a cultural and educational trip to Budapest, Hungry, where the water polo team played some of the best teams in the world. They were able to bond with

Hawaii Invitational, and/or the Santa Barbara 20-under International Invitational Championships, which are all organized through the Windansea Water Polo Club.

Other student-athletes try to measure up to what will be expected of them during the season to make it a little easier.

“During the off season I run and lift [weights] every day, but since I’m the punter I also

punt every day. I pretty much do the same thing during the season. What it comes down to is that I have no life,” senior Ethan Swerdlow said.

“Badminton is actually really physically exerting so I eat rice and noodles, and listen to Asian rap to prepare for the season. I also lay in bed every night really thinking about how I could improve,” senior Tomas Fryman said.

Whether it is water polo, football, or badminton, everyone has their own way of getting ready for the physically demanding season.

In most cases, off season training is something the athlete does on his or her own time. Therefore, it takes a lot of dedication and self-motivation. Football and water polo both include “Hell Week” during the summer. This is an intensive two weeks of conditioning and practice for specific positions. Those who want to win, or maybe just want to have fun, do everything they can during the off season to improve for what is ahead.

Journey to Hungary An Offseason Activity



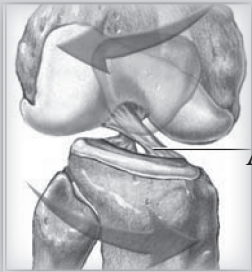
Waterpolo team in Hungary
By Ann Woods
Guest Writer

The WindanSea Water Polo club squad of twenty young men trained for two weeks this summer in Hungary. The training group was comprised of incoming freshmen, sophomores, juniors and seniors of La Jolla High School.

Coach Tom Atwell, LJHS water polo, swim coach, and AP European History teacher, offered this experience to the club members to help fine-tune their water polo skills, as well as expand their cultural horizons. Three training sessions a day with the BVSC

team of Budapest and the Eger club team have exposed the LJHS boys to world class water polo. They even scrimmaged a touring junior national team from Kuwait! Beyond the water polo skill development, each day had a “cultural” side-trip. The boys visited castles, basilicas, parliament, even the Hungarian equivalent of the Museum of Tolerance. Practicing their Hungarian basic one-liners, eating lots of beef stew and cabbage, and realizing that smiling is not a normal facial characteristic of the Hungarian population have all helped this group of young men step outside their box!

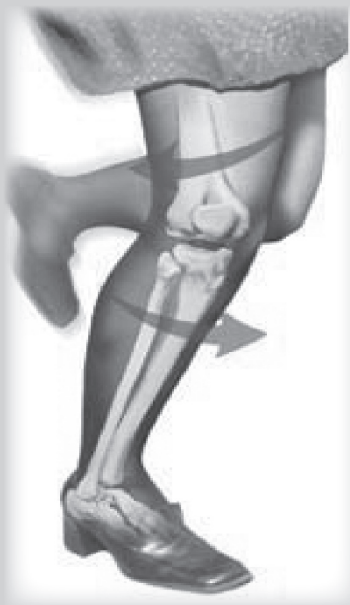
ACL INJURIES



By Vu Tran
Staff Writer

Injuries are commonplace in sports. Many are minor and are bearable. However, there is one injury that many athletes dread to suffer.

The ligaments in the knee provide stability for the legs and aids in body control. One of the most important ligaments, the ACL (Anterior cruciate ligament), provides cushion between the thighbone and the



shinbone. Without it, those two bones would rub against one another causing excruciating pain throughout the leg. Think of it like two abrasive stones grinding against one another, but instead with your bones.

Shawne Merriman, Philip Rivers, and Ladainian Tomlinson all have had injuries relating to the knee. Philip Rivers played through the AFC championship on what was thought to have been a small tear in his ACL only to find out that he had played the entire game with a missing ACL, exhibiting his toughness on the field.

Senior Nirvana Ortez, who tore her ACL in a snowboarding competition in Killington, Vermont in April, has been rehabilitating her knee for the past six months.

“It was the worst pain in my life. But I was still able to get back up and continue snowboarding. I placed ninth in the competition.” Ortez said.

Due to the severity of the tear

and the use of the knee when the ACL was still torn, Nirvana had to get an ACL transplant this August and has been in a leg brace since.

Senior Rath David Hy, who tore his ACL last year during the football season, said it took about six months of rehab to bring his knee back to full strength.

“It never feels the same.” David Hy said.

Another alternative to an ACL transplant is reconstructive surgery, which is only done in the most extreme cases. It is still necessary to wear a large knee brace to support his right knee even after the surgery and rehab.

ACL tears are excruciating painful. They certainly signify the end of a season for an athlete or even the end of an athletic career. In cases such as Ortez’s, they require a transplant. Even then, the amount of time required to fully rehabilitate remains indefinite.

Standout Coach

By **Jacqueline Berracasa**
Staff Writer

The new girls' field hockey coach, Paula Conway, is the most experienced field hockey coach La Jolla has ever had. Before coming to La Jolla, Conway coached at San Pascual High School, Georgetown, Kent State, and Boston College. She was even a coach for a USA Field Hockey Camp and Eastlake field hockey, a program that identifies field hockey players with Olympic level abilities.

Paula's positive attitude is clearly reflected in the athletes' performances, with a record of eight wins and only two losses. So far the team is keeping up well with last year's excellent record.

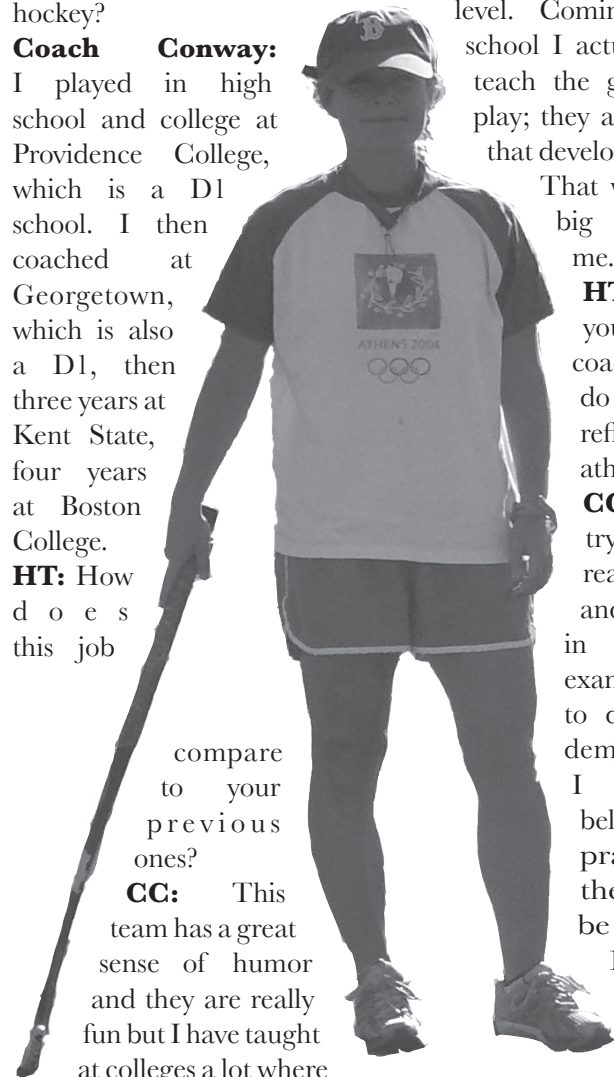
Her experience playing in both high school and college gives her background while teaching students. The La Jolla Hi Tide was lucky enough to get an interview with this talented and busy coach.

experience with field hockey?

Coach Conway: I played in high school and college at Providence College, which is a D1 school. I then coached at Georgetown, which is also a D1, then three years at Kent State, four years at Boston College.

HT: How does this job compare to your previous ones?

CC: This team has a great sense of humor and they are really fun but I have taught at colleges a lot where the girls should already have a good knowledge of the development and game



awareness. I guess to sum it up, practices are technical and tactical.

HT: What is your favorite position?

CC: Midfield is my favorite, which is what I played in college.

HT: How did you choose to come to La Jolla?

CC: I got an email from Ms. Mittermiller, a parent of a girl on the team, saying that La Jolla was in need of a Field hockey coach. I thought it would be a great job because I live close by and I really liked that the administration was committed to the athletics program.

HT: What do you think of La Jolla High in general?

CC: So far, so good. I don't actually teach here but I like what I see.

The Field Hockey takes on Point Loma High School today in Edwards Stadium at 3 P.M. Be sure to come and support the team!

October Sports Schedule

October 17
-Football vs Hoover @hoover
-Field Hockey vs Point Loma @ La Jolla
-Volleyball vs Mira Mesa @Mira Mesa

October 21
-Tennis vs Cathedral @Cathedral

October 22
-Field Hockey vs Scripps Ranch @ Scripps Ranch
-Waterpolo vs University City @ La Jolla

October 24
-Football vs Serra @Serra
-Waterpolo vs Coronado @Coronado

October 29
-Field Hockey vs Cathedral @ Cathedral
-Waterpolo vs Bishops @Bishops

October 31
-Football vs Mission Bay @Mission Bay
-Waterpolo vs Cathedral @La Jolla
-Volleyball vs University City @La Jolla
-Field Hockey vs Bishops @Bishops



Class of 2009



Come join 44 other new North County graduates for our annual, exclusive, 24 day tour of Australia, 6/21-7/16.

This educational, fun-filled holiday will surely be the most amazing and memorable trip of your lifetime. Package includes: R.T. transportation out of North County to and from LAX, full airfare (Qantas), guided tour on a luxury coach, all accommodations, most meals (prepared by Aussie chef on site), and full travel insurance package.

To receive the \$300 early enrollment discount, you must apply by Nov 11. This special price is discounted below the already low group rate. Enrollment is limited to 45 students.

To view full itinerary and application process visit:
www.Classof2009GradTour.com
A life-changing graduation gift!

Fill out the "Contact Us" page and someone from our staff will get back with you ASAP.



LJHS Alum Brings Championship Banners Home

By Amy Liew
Staff Writer

Dozens of varsity championship banners hang in the Viking basketball court, but where did they all come from? Michael Gay and his daughter, who is currently a senior at the high school, noticed that the banners hung only dated back to 1958, thirty-six years after the foundation of LJHS. Michael Gay, an alumnus at the high school decided to find these missing banners.

Sandy Coggan, who was also an alumnus of the high school and the founder of La Jolla High School Alumni Association, was able to provide some information to help on his extensive research. Mr. Gay had to go through all the Hi-Tide newspapers, annuals and trophies dating back to the years 1922-1957. With all this information he spent countless hours discovering banners that have not been hung on the walls of the La Jolla High School big gym.

As it turns out, Mr. Gay found more than 80 championship banners from the year

1925 to 1957. If girls interscholastic sports weren't eliminated around 1930, then the number could have been twice the number he found. The first championship that La Jolla High School won was in girls volleyball, when they won four

done on the banners are the State Champions where they have more starts than the previous one. A change was also made to the lettering, adding white outlines to the black letters. This project cost about \$10,000 to manufacture and

that present and future generations of La Jolla High can see championships won from the athletic teams at the school.

"Walk into the gym, take a look around you, take pride in what your school has accomplished and challenge your-

this year. Howard Frank, Chairman of the Athletic Committee, funded the installation of these banners. With their generous contribution and time, Michael Gay including others involved in this project, La Jolla High now has about 100 more banners where they can see the championships won in the early years of La Jolla High School. Mr. Shelburne, the principal of the high school, had another project of his own.

Since the school did not have a banner representing the year that La Jolla High School was founded, he asked for one to be made. It is a huge banner reading "La Jolla High School Est. 1922", costing about \$1,500. Sandy Coggan, '62, Tony Farwell, '74, Michael Gay '62 and Howard Frank alumni at the school including their children who also attended this school are proving that "once a Viking, always a Viking".

"I was really pleased the way it turned out and everyone else I have talked to, who have seen it, are pleased as well," Gay said.



County Championships dating back to 1925-1928.

The new banners on the wall have "Champions" while the new ones only state "Champs". Some of the other changes

\$2,320 to have installed.

Michael Gay was also an athlete at La Jolla High School where he competed in cross country and track. His dedication is greatly appreciated now

selves, really challenge yourselves, to carry on the tradition and add to it," Gay said.

Thanks to Jeff Jeffrey's generous donations to our school, about 100 were manufactured

Windansea Surf Club Sponsors Event For Young Surfers

By Suquoia Geary
Staff Writer

Each year the Windansea Surf Club hosts the Menchune Surf Contest. In Hawaiian, Menchune roughly translates to "little people". In this context it means "surfing children". This explains why the competitors are 16 years of age or younger.

The Menchune Junior Surf Competition has been an annual tradition for around ten years. However Menchune has been a "tradition of aloha since the 60's," as quoted on last year's staff T-shirt.

Along with the sport of competition, there are also booths with giveaways and raffles for items donated from the many sponsors of the Windansea Surf Club. There is also food provided for all the attendants.

"I like working at the Menchune each year with my dad, it always has a really good vibe and a great turnout of people," said junior Ikaika Velasco, who helps his father each year with preparing the food.

This year's turnout was just as every year - successful.

"There were a lot of people, but it felt a little bit lower key to me, since I'm older now. But the kids love it, it's a big deal to them and that's great because that's who the competition is really for," said junior Brad Colgate who has competed in the Menchune for 7 years now



and received second place in his heat this year.

Over 100 children attend each year, young men and women. The ages range from as young as under five to 16. There is a heat for each age group and there are six places given away at the end of the final day. Even if a competitor doesn't win first or second place in his or her heat, there are great consolation medals, not to mention that each person receives a fully stocked goody bag with gifts from several of the sponsors.

For spectators this event last two days, for competitors and club members it is an all weekend event. The club holds a dinner on the Friday night before the first day for all the participants.

"The pizza party the night before the first day is always fun, it gets everything super excited for the following day," said Colgate.

To be in the Menchune Surf Contest, a child must be somehow affiliated with the Windansea Surf Club, or just be a local to San Diego. This

creates an even larger crowd of spectators, including the older Windansea Surf Club members.

On Saturday October 4th, the event started bright and early at 7:30 am, continuing through the afternoon and ending around 5:00 PM. It was a nice day both in and out of the water, and luckily for the competitors the predicted rain was a no-show. The whole day was filled with many heats for all age's board lengths. There was great food and coffee provided so it was an enjoyable 10 hours. Raffles for different prizes donated by the sponsors were handed out throughout the event, and trophies passed out on Sunday October 5th, the final day of the competition.

The whole event is meant for the kids, and at the end smiles were all around. It's also interesting because being a Windansea Surf Club event there is tons of heritage and history behind the event; so to surfers of all ages, the Menchune holds a special place in their heart.

Water Polo continued from page 1

Ravenbach. With this, the team manager Anne Woods proposed the idea that all the boys buzz their hair in honor of Coach Atwell's wife, Utahna. The boys were all enthusiastic about doing this and met one night to have a team shaving party.

The boys gathered together just as the sun was rising for another morning practice. They entered the pool late because they didn't want to wait to walk in until everyone on the team had gotten there. They walked in with their beanies on and it was evident the Atwell was aggravated over the fact that

Ravenbach.

"I felt like I did a good thing for a good person," said senior Alex Archidiacno.

Thanks was given, and pictures were taken, and after everything was said and done, it was into the pool for another hard morning work out.

All the boys were in agreement; being bald for a few weeks seemed minute when taking into consideration the amount of support they gave the Atwell family.

"It must have been an amazing show of solidarity for Atwell because it was a big deal for some of us to lose all



the boys were late for their morning practice. Then, all of the teammates took off their beanies to reveal their shaven heads, and presented Atwell the box of hair.

He was both thankful and uplifted by the selfless act his boys had performed in his wife's and his honor.

"You guys, this is unbelievable, this is really something," Atwell said.

"Cutting my hair was well worth it. I am really glad I did this to support Mrs. Atwell. Besides, my hair was getting out of control anyway," said

of our hair," said senior Willy Calbreze.

"It really showed me what an incredible group of guys this is. To have 14 teenage boys put vanity aside and do something like that is a true testament to the depth of character each of these team members has. I don't think I have ever witnessed such a selfless act," said Atwell.

These boys not only made Atwell proud, but proved that their team more than a group of guys who gather together to practice a sport. They are a family.

THE NIGHT IS MY ENEMY

By **Kathy Lunas**
Staff Writer

It is Halloween season and what is a better way to get into the holiday spirit than a British murder mystery? The upcoming school play, *The Night is My Enemy*, is based on a piece written by Fred Charmichael.

Set on the British coast in the 1900s, the story revolves around the main character, Roane Shepperly. When a seemingly accidental death is actually proven to be a murder it becomes terrifyingly obvious to the characters that the murderer is intent on killing imperfect people. Because she is blind, Roane is considered the next potential victim. The play is one filled with suspense and horror, insuring that the audience is just as determined to solve the case as the characters are.

The drama department at La Jolla High has been known to take on some extremely interesting and mind-boggling plays. This one is sure to exude that same sense of talent and professionalism the actors and actresses have shown in the past.

All the actors, stage crew, and the director, Ms. Boutelle are passionately dedicated to the arts and are equally unafraid of expanding their comfort zone. All the actors had to learn how to speak in a British accent to stay true to the play.

The cast consists of some veteran La Jolla High School actors along with some new faces.

“The cast is really good. All of them have the passion and potential to pursue acting in college,” junior and cast member Brendan Milove said.

Deepti Kingra and Emiline Musarra are double cast as Roane Shepperly. The roles of Tessie and Augusta Garvey provide some comic relief and are played by Sara Berquist and Katie Burris. Lilia Houshmand and Roland Theiss will portray couple Hester and Ora Fontaine.

With new actor Brendan Milove and drama student Philip Greenberg playing the characters of Rodney Church, the investigator, and Gerald Fontaine, respectively, this British murder drama is sure to stun the audience and receive a standing ovation when it opens on Thursday, October 23rd.

“It is filled with chills and thrills with a cool set and good acting,” said drama teacher Ms. Boutelle.

For the first time ever, the drama department will be performing 3 pm matinee shows on the 23rd and the 29th with 7pm performances on the 24th, 25th, and the 30th, *The Night is My Enemy* is sure to be a shocker unlike any other.



Photo courtesy of Kathy Lunas
From left: Philip Greenberg, Katie Burris, and Lilia Houshmand run a scene during a rehearsal for *The Night is My Enemy*.



By **Antonia Cereijido**
Staff Writer

Aspiring designer, senior Jenny Russell’s clothes invite people to take a trip with Alice down the rabbit hole. She has a whimsical and girly style that reflects Jenny’s own perspective. Jenny uses all the free time she can find to sew and design the many ideas that pop into her head.

Through putting together her dresses and skirts, Jenny hopes to prepare herself to one day be either a fashion buyer, stylist, or a boutique owner. She greatly admires the designers Marc Jacobs, Zac Posen, Chanel, and Charlotte Ronson.

Yet her greatest inspiration comes from a far greater force.

“My inspiration is magical, mystical, marvelous magic,” Russell said.

With such large inspiration, it is clear that her style cannot be summed up by just one word. Her style does not match anything that has come before.

“My personal style is described as sexy grandma/lumberjack with a

cute but sophisticated pinch of fun,” Russell said.

Her current line consists of cocktail dresses with a splash of sophistifunk. Her line incorporates a lot of exciting fabrics and colors.

The fabrics she is using are mostly dupioni silks with touches of silk charmeuses and chiffons here and there.

Russell’s color palette consists of black paired with bright colors for contrast or more classy black and white designs. She is not afraid of patterns.

“I love plaid,” Russell said.

Russell envisions designing for girls who are ready to put a little color in their lives.

They are the type of girls who will be comfortable in any situation. They are adventurous yet composed.

“[My clothes are aimed at] girls who like to shine,” Russell said.

In addition, Russell will have a Halloween special. This year, watch out for

Jenny strutting down the halls decked as Gwen Stefani accompanied by her Harajuku girls who will be displaying Jenny’s own designs.

Jenny is offering her creative services to anyone who is still in need of a homecoming dress or, just wants a dress to wear to a picnic.

She will be taking direct orders for dresses up to two weeks

before homecoming, and it will be on a first come, first serve basis. She charges between \$40-\$60 depending on the price of the fabric. She can be reached through e-mail at jennyrussell@yahoo.com, or by finding her walking around campus. She is always in some sassy but classy get up, so she is hard not to miss.

Jenny Russell’s creations are true masterpieces; with her funky high-waisted skirts and sexy grandma socks they should be part of your collection.

Photos courtesy of Jenny Russell

Quantum of Solace

By **Brooks Newberry**
News Editor

His adventure chronicled in 21 films over more than twice as many years, Ian Flemming’s spy novel hero 007 hasn’t aged a bit. Eternally the ruggedly handsome womanizer, James Bond is always up to date with the most modern gadgets, secret-agent skills, and pickup lines.

In cinematic history, no film or series has so effectively cornered a genre in the way that the James Bond series has. Bond films, from any decade, are still the gold standard of spy and action movies around the world.

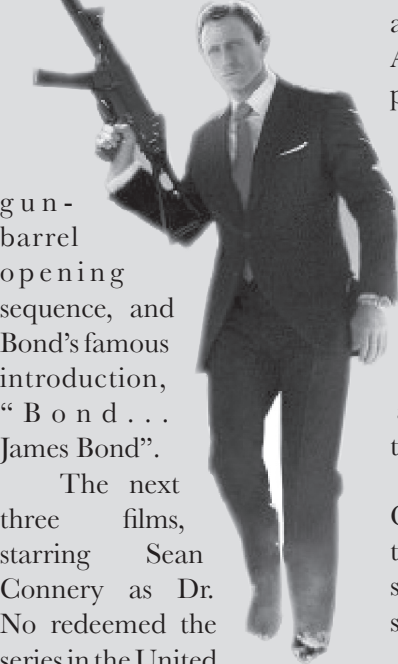
The legacy started in the summer of 1962, when the movie Dr. No debuted in theatres. Dr. No was written by Ian Flemming about a

mysterious man with a scar on his face and a chip on his shoulder. It was made into the first Bond film by Eon Films, featuring a somewhat more lighthearted version of Bond. Initial critical reaction to Dr. No was mixed. In Britain, the mocking, sarcastic tone of the film was met well by an audience tired of serious films.

“It fitted the mood of the people, anyway in Britain. I think people were getting tired of the realistic school, the kitchen sinks, and all those abortions,” Terence Young, the film’s director said, in “License to Thrill: A Cultural History of the James Bond Films.”

In the United States, however, the film was largely passed over by critics, and failed to win any awards. Dr. No deserves the credit for adding a number of timeless references to the

world’s pop-culture lexicon It started trends including the 007 logo, the classic bikini scene, the iconic



gun-barrel opening sequence, and Bond’s famous introduction, “B o n d . . . James Bond”.

The next three films, starring Sean Connery as Dr. No redeemed the series in the United States. From Russia With Love, Goldfinger,

and Thunderball are still considered some of the best in the series. All three vitalized the series with big-name costars, more exotic locations, and Bond Girls. A deal with Aston Martin in the late ‘60s put Bond behind the wheel of an Aston Martin DB5, and the car has since become another symbol of the super-spy.

Sean Connery’s Bond career ended in 1972, but 5 other actors have since portrayed Bond. Which actor was the best is still a topic of hot debate

“I liked Sean Connery in Goldeneye. He really defined the character for the series,” sophomore Edwin Arreola said.

Sean Connery starred in 6 of the first films, and is considered by most people to have been

unsurpassed in his role.

“Sean Connery was the best. He was the ultimate smooth-talking spy, and the movies he was in are still the best,” sophomore Martha Moreno said.

In 2006, actor Daniel Craig became the new face of Bond. For the first time, the character was presented with a clean record and a backstory, instead of as a seasoned veteran. In Casino Royale, Bond’s career starts in a post 9-11 world, occupied with the rising threat of terrorism. Hardly the slick or refined spy of previous films, this new Bond is reckless and inexperienced, makes mistakes, and falls in and out of love. Quantum of Solace is the new film coming out on November 14, starring Daniel Craig and Olga Kurylenko.

Photo courtesy of www.imdb.com

TALKIN' 'BOUT MY GENERATION

By Kelly Lin
Staff Writer

Have you ever wished you could go back to the past? From the 60's to the 90's, America experienced a cultural highpoint with the introduction of powerful movies, great bands and engaging TV shows.

Then something happened in the 21st century; people began to roam the Earth wearing environmentally unfriendly Crocs, practiced for hours on plastic guitars(only to discover that playing a real guitar has nothing to do with pressing colorful buttons), and found amusement in watching celebrities crash and burn.

Civilians began to ask themselves "Why should I listen to The Beatles when I can 'rock out' to the whiny and screechy voices of their curly mop headed 21st century reincarNOTions?"

In addition to the increase in the overall lameness of the nation, America also hit a cultural low point in generating original ideas. When the lazy artists of this age can not think of a creative idea, they just recycle ideas from the past with a less cool twist, and in the process actually lead some naïve citizens to fall for their money making traps. Today, modern pop culture odditiess pale in comparison to the original.

70s

The 70's witnessed the rise of punk music, the fall of Richard Nixon and the introduction of the roller rink among other things. Back in the 70s, the funky disco music, flashing colors and neon lights made the roller rink one of the grooviest hotspots in town. In today's society, dance clubs have overtaken the roller rinks but the legend of the rink still

lives on. Freshman Fabiola Zirino, lover of nostalgia, can relate, having been to one of the few rinks left today down in Linda Vista. "The roller rink was really cool and fun. They had awesome groovy floor lights and great disco music! It definitely beat any modern school dances I've been to," Zirino said.

80s

In the 80's, the union of dance and music brought about the release of Michael Jackson's mega music video, "Thriller." The video featured Jackson dancing around in a signature red leather jacket, performing epic zombie dance moves



Photo courtesy of www.photobucket.com

in a haunted graveyard. Soon after the video was released, it unleashed a worldwide dance craze of people learning the Thriller dance and performing it everywhere from weddings to jail cells. In today's society,

only one dance craze has come merely miles from the popularity of "Thriller:" The Soulja Boy Dance. The song's lack of proper vocabulary combined with the routine's stiff dance movements is a disgrace to dance crazes and enough to make any "Thriller" fan moonwalk off the dance floor and hide their face in

grief. "It is really sad how far the quality of dance crazes has gone down since 'Thriller'. There is really no comparison between the two," junior Sarah Crabbe remarked.

90s

Back in the 90s, Disney was known for its excellence in animated movies. Flicks such as *The Lion King*, *Mulan* and *Aladdin* combined beautifully hand drawn animation with great characters, catchy songs that were kid and parent friendly and inspirational messages that showed viewers that nothing was impossible. Disney's quality movies



Photo courtesy of www.mdb.com

NOW

most trips down memory lane result in the realization that the good old days were a whole lot nicer than the present,

were not only popular with the youth, but also adults and critics, earning the flicks many Oscar nominations.

Fast forward to the 21st century and you'll discover that Disney has a very different feel. They have instead become obsessed with brainwashing the youth into buying every Disney product available. In 2006, they created their most hypnotic invention thus far: Miley Cyrus. Cyrus's Colgate smile and constant influence over the Disney Channel are enough to make one's head hurt. In addition, Cyrus and her alternate personality, Hannah Montana, violate 90's Disney virtue #1: Be true to yourself. In today's society, Disney's reputation for high quality movies has disappeared.

"I have fond memories we can't officially bash the millennium without praising its achievements. Even I can bow down to Steve Jobs for creating my iPod and give major kudos to JK Rowling for inspiring me to continue waiting for my

when I was younger and my mom and I used to walk on the beach singing 'Hakuna Matata'. I don't get that same vibe from the newer Disney movies," junior Hanchel Cheng said.

One of Disney's most popular movies in recent years, *High School Musical*, doesn't even compare with the quality of the movies of the past; the day that movie gets an Oscar will be the day of the apocalypse. One day, the little kids that live by that movie now who will go to high school and discover that no one is peppy all the time and that the grassy Quad is used for eating, not for over-the-top musical numbers where you work out your problems by prancing up and down the hills and pumping your fists in "rage".

Hogwarts letter. Nevertheless, with such political turmoil on the minds of most Americans today, one might find solace in jumping into their time machine and taking a blast back to the past.

HAPPY HAUNTING

By Kaitlin Shantiai
Staff Writer

Looking to do something this Halloween other than trick-or-treat? Look no further, because it is that time of year again for the haunted attractions to open in San Diego. Every Halloween, people of all ages attend the Haunted Trails and the Haunted Hotel. At these attractions, horror movies and twisted fairy tales come to life right before your eyes. Only the brave, however, make it to the end.

The Haunted Hotel is located in the Gaslamp District on Market Street. In the past, the hotel has been based on movies like *Hostel*, *Saw*, and *Texas Chainsaw Massacre*. The hotel features horrifying special effects and illusions that bring the action to life. Many people usually get to frightened on the way to the top of the hotel, but who can blame them?

Tickets are \$14.99 at the door, and the hotel will be

you know you can't get out," sophomore Darius Maleknia said.

The Haunted Trails are located in Balboa Park, and are San Diego's outdoor haunted attraction. It is not your ordinary stroll in the park; these trails are filled with haunting groves and spooky pathways creeping with creatures. Even standing in line, people are being chased with chainsaws and shown horror movies on a big screen. The trails are also open from September 26th



to November 1st. On Fridays and Saturdays, the trails are open from 7pm to 12am and Sundays, Wednesdays, and Thursdays, are open from 7pm to 11pm. Tickets for the trails are \$14.99.

"I like the Haunted Trails because it has a spooky feel to it because it is outside. I think the Haunted Trails are worth going to because they are scary and fun all at the same time," sophomore Briana Thayer said.

People have their own preferences towards the Haunted Hotel and the Haunted Trails, but both are fun. If you want to have a good scare and a good time, go along for the spooky ride at the Haunted Hotel and Haunted Trails. Happy haunting!

Photos courtesy of www.sdfair.com



open from September 26th to November 1st. On Fridays and Saturdays, the hotel is open from 6pm to 11pm, and Sundays, Wednesdays, and Thursdays, the hotel is open from 7pm to 11pm.

"I like the hotel because it is a more realistic scare. You are trapped in a room and

SUDOKU

		1	8		4			7
7	5			3				1
6			7			8		
4	6		5					
			6		8			
					2		6	4
		4			3			6
1				6			4	9
2			4		9	3		

Sudoku courtesy of www.Dailysudoku.com