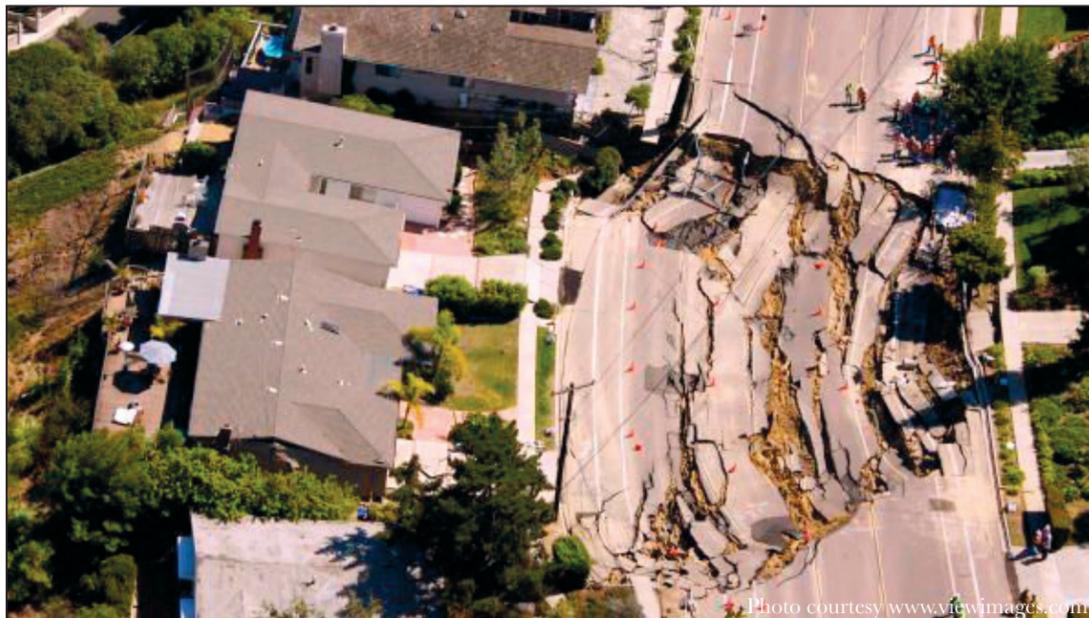


Volume LXXIV Issue 2 - October 17, 2007

Landslide on Mount Soledad



Landslide: Part of Soledad Mountain Road collapsed on October 4, 2007

By Dario Aharpour
Staff writer

Two homes were destroyed on October 4, 2007, when an enormous landslide tore through a residential street on Mount Soledad. The landslide ripped through over three hundred feet of the neighborhood, injuring none but causing 111 households to evacuate and leaving dozens of residents homeless.

The disaster struck at 9 o'clock Wednesday morning when the pavement of Soledad Mountain Road split and

caused tremendous amounts of the street to collapse inwards, leaving a gash in the road. "It was enormously huge!" sophomore Max Stroll said. "I couldn't believe my eyes!"

The gash in the street is over three hundred feet across and twenty feet deep. The crumbled street began to shift east towards Desert View Drive, causing one of the houses to slide off the road. Other homes are lying on the edge of the enormous trench and residents were evacuated as soon as possible.

Homeowners around the

area were urged to evacuate on the night of Tuesday, October 3, when city officials informed them of a possible landslide. Many local residents departed that night, but other residents decided to evacuate in the morning.

At least 111 homes were evacuated in total; local firefighters were reported to have evacuated 49 people in 55 homes on Wednesday morning. Several homes were structurally damaged leaving the homeowners unable to return. Due to ripped out electricity poles and snapped water mains, over

2,400 residents were without electricity or water.

Even though inhabitants regained their electricity on Thursday, October 4, many had chosen to temporarily relocate to other homes. "My family and I are staying with some friends," sophomore Kenji Bouin said. Those with nowhere

American Red Cross opened a temporary relief station for

the landslide evacuees. The disaster is not a new occurrence. Since the 1960s the area around Soledad Mountain Road has been shifting due to unstable land.

In 1961, when homes were being built, seven houses were completely destroyed due to

Landslide prevention

Setbacks:

Placing houses away from the edges of bluffs can protect them.

Drainage:

Drainage systems can help prevent storm water from loosening soil.

Slope stabilization:

Grading can increase the stability of a slope. Erosion mats, plastic sheeting and other erosion-control materials also could help.

Vegetation:

A plant's root system can strengthen and bind soil.

Shoreline armor:

Walls of rock, timber or concrete can decrease erosion.

SOURCE: U.S. Geological Survey

to go have the opportunity to reside at the local La Jolla High School's evacuation station. The

landslides that left the

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Soledad: 111 houses were evacuated because of the landslide

Homecoming celebrates La Jolla High's 85 years

By Molly Salas
Staff writer

It is that time of year again, the time for finding last minute dates and the Viking football team to practice harder in an attempt to beat the Mission Bay High School Buccaneers.

Students are ready for Homecoming, a celebratory opportunity for the "coming home" of Viking alumni and a way for the community to

come together. This year's theme, "An Evening of Eras" will make for a weekend of decades.

The week leading up to Homecoming is Spirit Week, when Vikings flaunt their pride and dress up on thematic days planned by ASB. The second pep rally of the year will be held in the gym on Friday, October 19, accommodated by a modified schedule.

This year's Spirit Week is a fun way to get students

excited during the week of Homecoming. The themes are Mega Sports Monday, Tacky Tuesday, Wild West Wednesday, Throwback Thursday, and Fire-it-up Friday.

At the pep rally, ASB is planning many activities to motivate students to cheer on the football team. In addition, students can wear class colors to show support. The class colors are gray for freshman, white for sophomores, red for juniors and black for seniors.

The Homecoming court will be announced at the pep rally.

The court is selected by nominations made at the beginning of October. The top two boys and girls of each grade were selected as candidates. The candidates can be voted on in the ASB room (room 304).

The Homecoming game will take place on October 19 at 7 PM, where the Varsity football team will take on this year's opponent, Mission Bay High at Edwards Stadium. After an impressive victory against

San Diego High School last year, the Vikings are hopeful to come out victorious for La Jolla High's 85th anniversary.

"We're ready to be strong and come out on top so all the fans will have a good Homecoming," varsity player Jose Aviles said.

Floats designed and constructed by participating classes and clubs are showcased, adorned with decorations reminiscent of decades past, as well as the announcement of the 2007

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Overbearing parents make for unhappy students

By Mackenzie Merkel
Staff writer

Parents should be involved in their children's lives, but when it comes to school, they often become overbearing and counteractive. Parents who push their kids too hard create children who become anxious, stressed adults. Many parents go overboard and force their children to focus solely on the future. Unfortunately, students are then deprived of enjoying their youth.

According to Helen E. Johnson, author of the parents guide *Don't Tell Me What to Do, Just Send Money*, kids whose parents were overly-involved during elementary and high school years go to college with little confidence, dependency issues, and poor judgment.

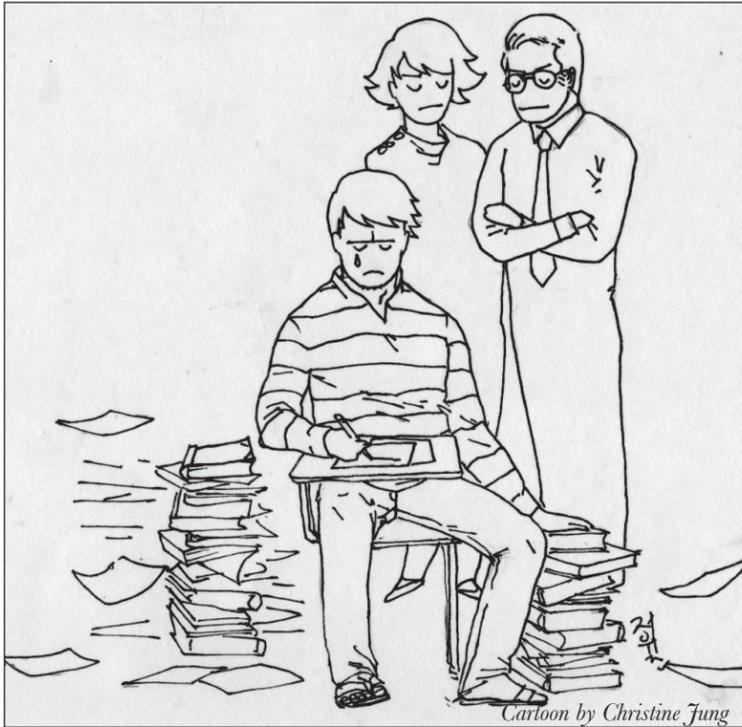
Parents are now able to keep track of their kids' grades with technology. WebGrade permits parents to conveniently access their child's grades whenever they want. Sadly, WebGrade becomes a curse for students when parents constantly check

it for new updates, which causes students to experience suffocating pressure.

"Ever since I went to school

Catherine Gallagher said.

Many students feel the pressure to receive good grades and excel in advanced classes



at Muirlands, my parents have been keeping track of my grades online. It keeps me disciplined, but sometimes it's a little scary having my grades online all the time," freshman

due to parents who frequently insist on an "A" grade. Some parents unfairly use the guilt-trip to ensure that their children perform at a high level.

"When I don't get a good

grade on a test, or in a class, my parents give me a huge guilt trip and I feel horrible. But it definitely makes me want to get better grades," sophomore Madeline Lee said.

Performing well in school is important so that students can receive a decent higher education. However, parents focused on grades force their children to ignore learning the material and instead concentrate on the end result – an "A." Students of over involved parents do not attend school to learn, but instead to impress colleges.

The push to get into an outstanding college is another cause of stress for students these days. Students need exceptional grades, hours of community service, and sports activities to be considered by the colleges of their dreams, and parents frequently remind them of this. Many teenagers are so focused on the future that they forget to enjoy their youth, and many parents only increase their anxiety and stress level.

America: land of the sick and uncared for

Millions of Americans cannot afford healthcare

By Charles Zhou
Staff Writer

Imagine a boy riding a bicycle down a hill. Suddenly, the chain breaks and the child falls and breaks his arm. When he goes crying home, his parents do not take him to a hospital; instead they take two wooden splints and create a homemade cast for him.

Although the parents in the scenario described above may pass off as neglectful, unfit parents, the reality is that they are too poor to afford health insurance and therefore have to provide first aid care themselves.

The realistic, truth is that healthcare costs are rising and the numbers of Americans insured are decreasing, and thus a healthcare crisis has ensued.

Should these people get into a serious accident or develop a terrible disease, they will have no money to pay for their treatments.

The most effective method of dealing with America's healthcare crisis is to create a universal healthcare policy.

"I think universal healthcare is a necessary thing. I've met a lot of people who were too poor to afford any medicine at all," junior Amanda Liew said.

Opponents of a universal

healthcare program argue that if such a program is implemented, healthcare quality would be mediocre or worse and the money to pay for such a program would come out of the tax payer's

place by the World Health Organization (WHO).

Many of the thirty-six countries ranked ahead of the United States have universal healthcare programs.

This shows that universal

Nick Hanoian said.

England, which is ranked 18 according to the WHO, has a publicly funded healthcare system known as the National Health Service (NHS).

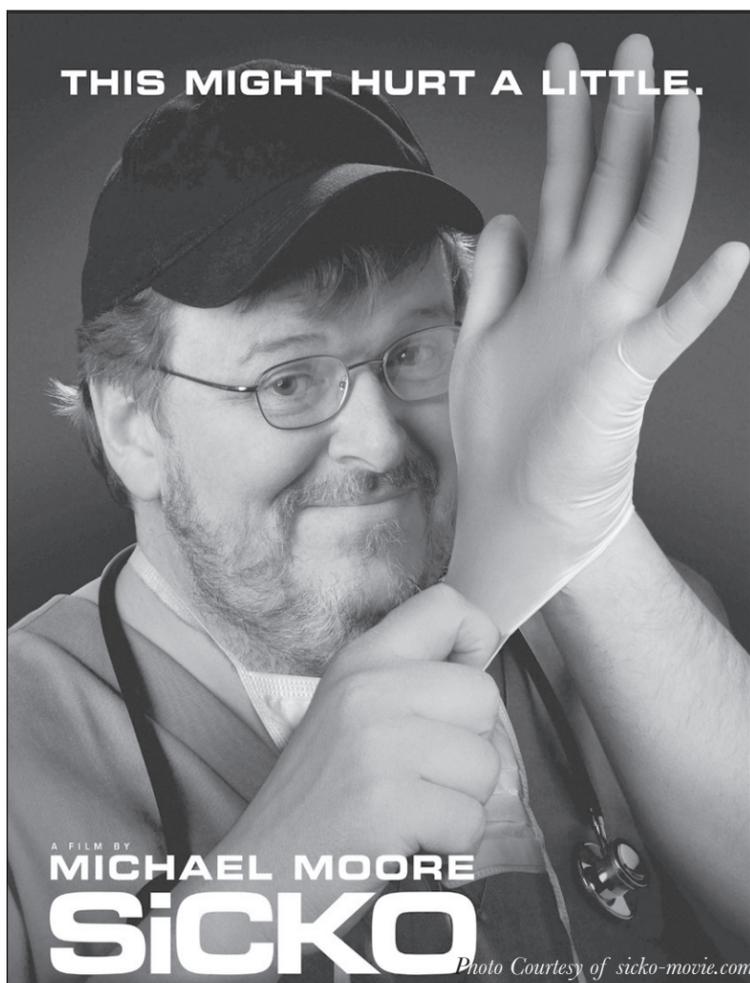
The NHS, is a free health care service that covers primary care, in-patient care, long term healthcare, and even dentistry. The costs of running a free healthcare system in England are estimated to be about 104 billion pounds or about 212 billion dollars.

Although that may seem like a substantial sum, it is rather miniscule compared to the fact that in 2005, the United States citizens spent around 2 trillion dollars on healthcare.

In *Sicko*, Michael Moore's movie documenting America's healthcare crisis, audiences learn that 18,000 people die each year as due to a lack of insurance.

The fact that 47 million Americans live without healthcare is an outrage. America's healthcare system has failed terribly.

Despite the trillions of dollars that United States citizens spend on Healthcare each year, millions are unprotected. America's current healthcare plan is clearly not working and something needs to be done. The solution is clear: America needs to create a universal healthcare program in order to solve its healthcare crisis.



pocket.

Ironically, the United States spends more money on healthcare than any other country in the world despite being pitifully ranked in 37th

healthcare policies do work and that America desperately needs one.

"The United States needs Universal healthcare to solve its healthcare crisis," junior

School pride... a spirited debate?

by Ally Marsh and
Lena Rothstein

Editors-in-chief

With Homecoming in sight, girls eagerly wait to be asked by their dream guy for a date; but, sadly, for many of them, their dream never comes to fruition. The root of this problem is largely due to a lack of school spirit and an apathetic attitude toward school sanctioned events.

It is ludicrous that even though there are so few dances throughout the year, the ASB still has such a problem getting a large percentage of the student body to attend. In addition, it is always the same group of students who seem to be involved in school activities. The cheering section at the football games never seems to get bigger, the class council meetings remain sparse, and the dances never fill the gym.

We realize that our school is not a teen movie, and while it would be nice if the entire student body reenacted scenes from MTV's, *Two-a-Days* and attended every football game clad in schools colors it is unrealistic. However, when teachers have to offer extra credit for dressing in school colors, or participating in Spirit Week, there is obviously a problem.

The students at La Jolla High need to develop more Viking pride, which will eventually lead to increased school spirit. A great way to start would be to get involved with the Homecoming activities this week. Every day at lunch the ASB is hosting a different activity ranging from karaoke to lassoing.

The problem with a lack of school spirit is one that solely plagues La Jolla High. Neighboring schools, such as Point Loma High have battled their spirit issues by creating the "dog pound." It consists of a group of Senior boys elected by the cheerleaders to paint their bodies at every football game and promote school spirit on campus. La Jolla High should implement a system similar to this one.

In twenty years, when we think back to our time spent at La Jolla High School, the majority of the students won't have anything to reminisce about. Who cares if school dances seem cheesy, or if dressing up in eighties gear may be embarrassing for one day. In the years following our four years at LJHS it will be these memories that keep the spirit of high school alive.



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Students oppose the use of breathalizers at Homecoming

By Kelsey Pouk
Staff writer

During the annual class assemblies this year, the students were greeted with a harsh set of rules and a strict administration. The most shocking of them all may be the new policy of adding more breathalizers at Homecoming. There may be enough to potentially test everyone entering the dance. If not everyone, the number of students tested will rise drastically, as verified by Mrs. Dill.

Underage drinking is a problem that should be addressed; however, this is not the right way.

Not everyone drinks. Even if they do, many students would not come to a dance drunk because they do not want to get caught. Not everyone should pay for a few violations in the past.

By threatening alcohol testing, schools will not convince people not to drink, but instead may push them to boycott the school dances.

It all comes down to basic rights: everyone is innocent until proven guilty. There should be no testing without

probable cause. If a student is obviously acting drunk, there is a reason to test them.

"It's an invasion of privacy," junior Amit Israni said.

There are those few unlawful students, but they are

then increases cost and waste, as well as a large allocation of time.

"It's about \$200 apiece," said Vice Principal Mr. Fairley when asked how much each new breathalyzer would cost.

to be re-thought, not added to.

"A, they are going to lose money for the stuff and B, no one's going to buy a ticket," said senior Alexi Archambault.

The number of intoxicated individuals that the administration catches at each dance must be small since the floor is always packed. Implementing the use of breathalizers is not worth all the time and money for an additional five students who chose to drink.

Many students do not care about the most recent addition to our dances because they don't drink. However, what will they think when they have to use the breathalyzer and looked at as though they were insignificant and criminal? Everyone attending the dance will immediately be aggravated.

Breathalyzing is a total violation of students privacy. The school feels that adding more complications to the entry process will help deter drinking.

Yet, to catch perhaps only one or two more drunk students, the current course of action is not worth the time or the money.



Cartoon by Christine Jung

a minority. The administration should not make students feel like they have done something wrong even though they are behaving well.

In addition to the issue of rights, these breathalyzers are a waste of money. Suddenly the school can afford these gadgets, but not classroom necessities? And the breathalyzers must be sterilized after every use, which

Getting into the dance will take more time than usual and the whole process will be slowed down. There are already safety measures in place including, pat-downs at the door, I.D. checks, security roaming around with flashlights and parent chaperones.

If drunk students are not being caught at the door, then the whole entry process needs

The US should fight for freedom where our help is truly needed

By Anton Swain-Gil
Staff writer

These are volatile times in the country of Myanmar, formerly known as Burma. Myanmar has been under the military rule of army generals since 1962.

The current crisis stems from the fact that the government sharply raised fuel prices, which has led to violent street protests. The new wave of protest swept up many dissenters still unhappy about the nullification of democratic elections seventeen years ago.

These protests have attracted thousands of angry citizens and rebellious Buddhist monks alike. The monks hold high stature in the Burmese culture and are using their voice to call for an end to the oppression, and a vicious crackdown and bloodbath has ensued.

The military government has unjustly flexed its muscle and has detained and killed many of the protesters. Now is the time for the world community to step in and stand up against this injustice.

"This is a horrible violation of human rights," senior Alissa

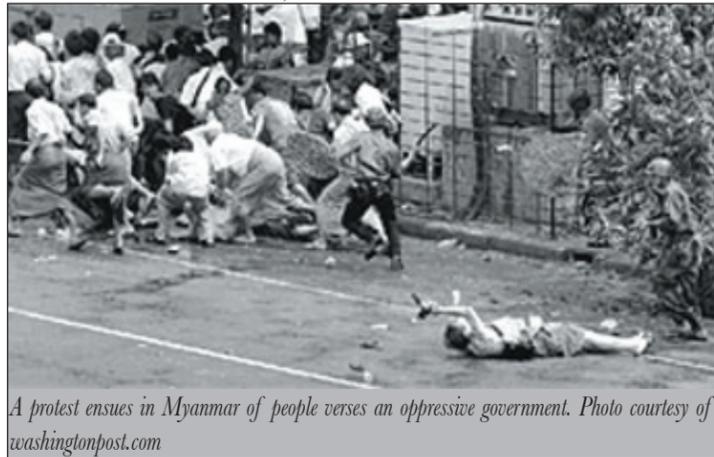
Koeppe said. "This reminds us that we need to protect against infringements on civil liberties."

The fact that Buddhist monks are joining in the protest illustrates the outrage the Burmese feel toward their government.

In Burmese culture, the

voicing their discontent, and the determination of a frustrated people is being widely expressed.

The involvement of peaceful monks, and the fact that they are being killed, should be a wake up call to the world and should prompt immediate action.



A protest ensues in Myanmar of people verses an oppressive government. Photo courtesy of washingtonpost.com

monks hold the key to spiritual awareness and the ultimate goal of nirvana. This gives them a much stronger voice than the average person in Myanmar.

Thousands of young monks have taken to the streets and are taking up the burden of demanding an end to the junta's rule. The demonstrators are being gunned down for

"What is going on over there is a travesty," junior Zech Towner said. "I won't rest until Myanmar has justice."

The situation in Myanmar serves as an example of a powerful and corrupt group of despots unjustly violating the will of the people. The military junta needs to accept the results of the democratic election and release its iron

grip of the country. The United States should assist the people of Myanmar in attaining the democracy they desire.

The United States government and its allies are willing to fight for democracy in places where it is unwanted, such as in Iraq. But if the United States and the global community really want to fight for democracy, then they should support the protesters in Myanmar and aid those crying out for help.

The protesters will continue to be killed and arrested unless the global community does something to end their plight. According to the Amnesty Secretary-General Irene Khan, the situation in Myanmar is "a human rights emergency."

Although some members of the United Nations such as Britain and the United States are calling for economic sanctions in Myanmar, this is simply not enough.

The military junta needs to release their control immediately and allow a return to democratic rule. The global community - and especially the United States - needs to do everything in its power to facilitate this change.



COLLEGE COUNTDOWN

These steps are the keys to college success

By **Zachary Clemente**
Staff writer

The stress of going to college has plagued high schoolers for years. Students often wait until junior, or even senior year, to start any semblance of preparation for their entrance into adulthood, and hopefully, into college life. Here is a checklist to go by to ease a little of the stress.

9th Grade

What happens in freshman year may seem irrelevant, but these semesters are important. The classes taken this year, as well as the grade achieved, truly determine what classes will be taken in sophomore year. Join clubs or try out



"I feel that I am preparing for college, even as of now."
- freshman **Raphael Cosman.**

for sports, as both show good participation. Freshman year is fun; but, remember to focus.

10th Grade

This is the time to take challenging classes if they seem to be manageable. Honors classes with the boosted GPA could be chosen, since most AP classes will either be too hard or



"I believe the classes I take affect where I will go to college," - sophomore **Tiffany Fan.**

the prerequisites unattained. AP European History looks great on a transcript; and is only open to sophomores. Any clubs that have retained interest should be rejoined and, officer positions can be pursued. Trying out for JV or even Varsity sports at this time is a great way to gain experience for a future leadership position.

11th Grade

There is rumor that junior year is the hardest and for the most part, it is true. Some of the classes taken this year should be AP or Honors classes. Since colleges look at sophomore and junior year for the GPA and class rank, hard work is needed. Prepare and take both the SAT and ACT tests this year. During the winter, college representatives will visit the school, and students are given the option to meet with up to five representatives a year. Do not take the SAT Subject tests (SAT II's) until the end of the school year, when all



"My advice is to make sure not to get overwhelmed by taking too many AP classes," - junior **Margaret Nettleton.**

the information is fresh and complete. Visiting college campuses is encouraged, keeping in mind that travel can take away time from classes during the school year.

12th Grade

Here it is, the big year. First thing to do is drop by the counseling office and pick up two forms. One is the "Release of Information" form that allows the school to send your information to the colleges. The second is a questionnaire for the counselors, for both students and parents to fill out. Here is where all that relationship building with certain teachers pays off: teacher recommendations are crucial to the process. Make sure to ask the teachers if they will be willing to send recommendations.

Have a bundle of envelopes ready for the two teachers you chose and the Registrar in the office, with only one copy of each necessary form attached. The day before taking in the recommendations, go online to Naviance and order

one transcript per college, making sure to take a dollar per transcript to the Registrar with your packet of envelopes. Afterwards, pay a visit to the teachers and kindly ask them to fill out the applications.

Make sure to send off your midyear transcripts to the colleges, whether good or bad.

Visit the colleges that said



"Be very concerned with your letter grades; staying above a C may be hard but worth it,"
- senior **Jeniffer Lee.**

"yes", carefully considering that the final decision is. Before school ends, order and pay for your transcripts for second semester. The process may seem very intimidating and strenuous, but think of it as preparing for a good future.

Photos by Molly Salas and Ali Cameron

Candidate Corner: Rudy Giuliani

By **Matthew Cordell**
Staff writer

Giuliani served as the mayor of New York City from 1994-2001, and was active as a U.S. attorney for nearly twenty years.

He is quite well-known throughout the world, especially for being the mayor of New York City during the 9/11 terrorist attack. His brave and empathetic reaction to the tragedy won him favorable support from the general public.

He has also been commended for reducing crime in New York and was awarded Time Magazine's "Man of the Year Award".

Classified as a moderate Republican, Giuliani's stances on major issues reflect his centrist mentality.

He supports gay rights and has identified himself as pro-choice, and is very outspoken

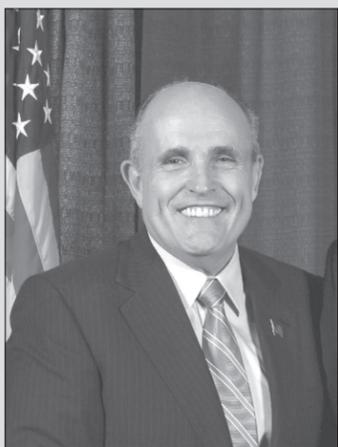
regarding his support for illegal immigration.

However, true to the Republican Platform, he supports the war in Iraq and policies regarding domestic surveillance and aggressive interrogation.

Giuliani has been criticized for being authoritarian in his politics, though this is often overshadowed by his well publicized and troubled personal life.

Initially, it was thought that Giuliani's liberal views would make it difficult for him to win the Republican primary. Yet Giuliani's main opponent John McCain has fallen out of favor, and the former mayor now polls higher than any other Republican candidate. It now appears that Giuliani is the most promising Republican candidate and indeed, may win the upcoming primary election.

photo courtesy of upload.wikimedia.org



"Leaders need to be optimists. Their vision is beyond the present."
- **Rudy Giuliani**

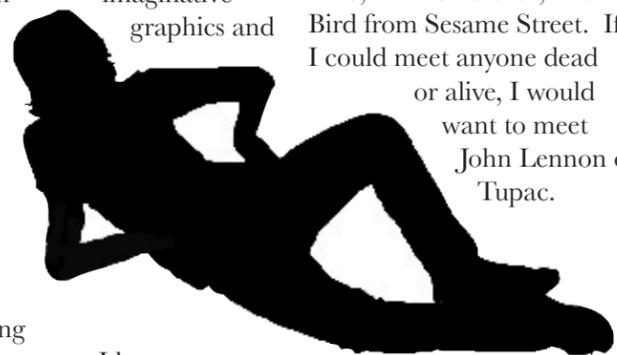
Guess Who

By **Erika Ostroff**
Staff writer

I am not your average teenager, I own my own business. When I was a kid, my mom

described me as a good-looking child - nothing has changed since then, at least she and I think so. No one at La Jolla High has a name like mine, it is original and different, just like me. I am originally from Mexico City and keep my heritage alive through my dedicated taste buds that demand chipotle sauce on almost everything.

According to my friends, I have a trademark way of greeting people: I take my right hand, close the fingers, and casually stand there until acknowledged. It is known as "the wave".



Another trademark is my long dark shaggy hair. I am not your standard kid on the block: I like to spice things up and make each day worth living. Once a week, I go down to Pacific Beach and am part of a "roller skating gang". We roller skate and show off our killer moves by shredding up the boardwalk.

If someone were to see me around campus, they would probably know me as the guy that works at American Apparel or the guy with his own clothing company, creatively named, The Muffin Man. Being as creative and innovative as I am, I decided to give life a little spin by designing my own graphics and

printing them on tees. I have come up with eight designs but only three have been printed.

When I am not in school or doing homework, I pretty much do whatever

I want, whenever I want. Whether it is painting, designing, rocking out to some killer tunes, or playing Guitar Hero, I enjoy life. I talk unusually fast and extremely unclearly; it is just the way I roll. Maybe it is because I mix three languages, their accents, and expressions for my own unique way of communicating.

I love animals but I am not so sure they love me. I have gone through four dogs, mice that have eaten each other, a turtle that ran away, a chameleon that would not change color, a guinea pig that froze to death, and a bird that flew away. Right now, there is one woman in my life: Lola, my French bulldog.

I love all types of music, especially Bob Dylan. I love movies with Robert De Niro, Emilio Estevez, and Big Bird from Sesame Street. If I could meet anyone dead or alive, I would want to meet John Lennon or Tupac.

Photos by Ali Cameron

The Guess Who from last issue was Mr. Bankert



COSTUME COUTURE

By Haley Cottrell and Sarah Wright

Staff writers

Halloween is right around the corner. Senior Chelsea Maidhof and junior Brett Carroll modeled some of this season's hottest halloween looks provided by The Buff.



Marie Antoinette

Take the cake this Halloween with a royally chic costume, inspired by Marie Antoinette. A wig with a light dusting of baby powder will make the costume more realistic to the time period. With this stylish costume, your Highness will be headed in the right direction.

Jockey

Halloween fans of all sorts are racing to the store to buy one of this season's hottest costumes: a horse jockey. People will be jockeying for your attention in this mini-but-mighty costume.



Swashbuckling Buccaneer

Pull out your pantaloons and dust off that old mustache because it is pirate season. A jacket, hat, curly wig, boots, and sword are all it takes to make this costume shipshape. To top off the look, try adding a festive monkey or parrot. It is smooth sailing for this seaworthy costume.



Swashbuckling Maiden

Arrrr you ready to be the hottest pirate out on the deep blue sea? All it requires is a bandana, some tights, boots, a skirt, and a blouse. Top it off with some gold necklaces or bangles to make the costume more realistic. You'll have everyone saying, "Aye aye Captain!" with this nautical ensemble.



German Boy

Yodelheehoo! Want to look cute for Halloween? This costume is the key. It would not be Oktoberfest without lederhosen. This fun costume includes classic German styled shorts with suspenders and a jaunty German hat. A shirt, some shoes and socks top off this 'Hansel' outfit.

German Girl

A curly blonde wig will attract any fellow yodeler. This cute German maiden-style dress will prove you are the cutest yodeling blonde. So, pull up those stockings and put on those pumps to show that you are not just any Fraulein.

Prisoner

Kick off that ball and chain and escape in this original outfit. In this jailbird orange jumpsuit anyone will stand out in the crowd. Watch out for the cops or they might bring this costume back to the clink. This costume comes with tattoo sleeves so anyone who wears can look like a real bad boy.

Most guys think dressing up is lame, but these costumes were sweet. I would definitely wear them for Halloween. My favorite was the prisoner. - said junior Brett Carroll



Photos by Ali Cameron

Cop

Be in charge this Halloween with the most authoritative costume available. This outfit will have ugitives wanting to be arrested. No uniform is complete without a sheriff badge, wig, tie, and, of course, cop shades. One more thing needed to top this outfit off is a baton to keep all those prisoners in line.

Costumes are more than just clothes. They show personality. I thought the cop best represented my ferocity. - said senior Chelsea Maidhof

THINGS TO DO ON HALLOWEEN

By Mackenzie Merkel

Staff writer

What does one do when trick-or-treating becomes tiresome, and pumpkins seem passé? There are many ways to make Halloween a night to remember. San Diego boasts a wide variety of venues, from mild, gentle attractions, to the blood-curdling ones guaranteed to terrify even the bravest among us.

Go to Scream Zone

The Scream Zone at the Del Mar Scare Grounds offers a triple threat for the ultimate Halloween experience. The "Haunted Hayride" is a unique attraction where riders sit on a hay wagon as they are pulled through the haunted barn and around the back of the racetrack. Z o m b i e s

terrified. The next attraction in The Scream Zone is "The House of Horror", a series of frighteningly-themed rooms built to scare. The Scream Zone claims this is their most hair-raising attraction.



Photo by Molly Salas

Boo: Scream Zone is filled with creepy characters and scary sights.

and other creatures stalk the wagon, and guests will not leave without being completely

San Diego's longest spinning tunnel.

Visit Disneyland

Disneyland offers a not-so-scary alternative to the haunted houses and scream-producing events of San Diego. Disneyland a n d California Adventure go all out decorating t h e i r parks for Halloween.



The Scariest Place on Earth: This time of year decorations transform Disneyland.

Around this time every year, Disney's favorite characters Jack Skeleton and his friends,

from the movie *The Nightmare Before Christmas*, can be seen at Disneyland's Haunted Mansion. The Tower of Terror is also creepified during this month. Orange and white pumpkins are all over the parks, and can be seen in costume.

Just Stay Home

Staying at home can be just as much fun as going out on Halloween. For a new twist on an old classic, invite friends over for a pumpkin carving contest, and have a fight with the pumpkin "guts". Or, make a haunted house to terrorize

the neighborhood kids. Spice up the classic scary movie marathon with a costume contest. Whatever way Halloween is spent, it is sure to be one of this year's most entertaining holidays.

The Buff is Back!

DON'T GET CAUGHT WITHOUT A COSTUME

come to The Buff

NEW 1341 Garnet Ave 858-581-2833

The La Jolla High Tide would like to thank The Buff and its employees for providing the costumes for this page