

# What's Cookin'?

By Erika Ostroff

Staff writer

Slow roasted turkey, green bean casserole, yams with marshmallows, and family: ideal ingredients for a perfect Thanksgiving meal, or so they say. Thanksgiving, the traditional American holiday, dates back to the time of the Pilgrims. This national holiday allows us to connect with our past, as we give thanks for the blessings of the present. The traditional American family dinner consists of turkey, stuffing, cranberry sauce, mashed potatoes, and pumpkin pie. But truthfully speaking, what really is American? As the "melting pot" of cultures in America continues to grow, the typical American Thanksgiving dinner might not be so typical. La Jolla High's ethnic diversity, represented by 35 languages and cultures, provided recipes for our very own multicultural Thanksgiving celebration.

## Classic Paella (Spanish)

Ingredients:

- ◆ 2 tablespoons of olive oil
- ◆ 1 pound of chicken breast, large diced
- ◆ 2 shallots, peeled and minced
- ◆ 3 garlic cloves, minced
- ◆ 4 Roma tomatoes, diced small
- ◆ 1 pound shrimp, peeled and de-veined
- ◆ teaspoon of saffron
- ◆ cup of clam juice
- ◆ cup of white wine
- ◆ 2 cups of short-grained rice
- ◆ Approx. 24 mussels, scrubbed and de-bearded
- ◆ Approx. 24 clams, scrubbed
- ◆ 1 pound of small squid, cleaned

## Gavin Garcia

In a paella or a very large sauté pan, warm the oil over medium high heat. Sauté the chicken until brown. Add the shallots, garlic, tomatoes, salt, pepper; sauté two minutes more. Add the shrimp and sauté until just done, turning occasionally. This will take about 3 to 5 minutes. Transfer the ingredients to a platter. Pour some of the saffron and wine into the pan. Heat to a simmer and add the rice. Simmer slowly for 10 minutes. Arrange the mussels and the clams hinge side down into the rice; cover the pan. Continue to cook over low heat for another 10 to 15 minutes undisturbed. Add the squid, cover and cook for 3-5 minutes. Return the shrimp and chicken mixture back into the pan; combine and adjust the seasoning.

## Duck Confit (French)

Ingredients:

- ◆ 2 tablespoons garlic, chopped
- ◆ salt and pepper
- ◆ duck fat- enough to cover legs entirely in roasting pan
- ◆ 4 duck legs
- ◆ rosemary and thyme

## Ilto Kabbage

Preheat oven: 300 degrees. Season legs with herbs, garlic, salt and pepper. Place into roasting pan and cover completely with duck fat. Roast 2 1/2 hours. Remove legs from fat and place back in the oven long enough for the skin to become crisp.

## Matzo Ball Soup (Jewish)

Ingredients:

- ◆ 1/2 cup matzah meal
- ◆ 2 eggs
- ◆ 2 tbsp. oil or schmaltz
- ◆ 2 tbsp. water or chicken broth
- ◆ black pepper
- ◆ chopped carrots
- ◆ chopped celery
- ◆ 2 tbsp. fresh chopped parsley
- ◆ 2 quarts thin chicken broth or consommé

Beat the eggs, oil and water together thoroughly. Add the matzah meal, parsley, and black pepper. Mix until you achieve an even consistency. Let this sit for a few minutes, so the matzah meal absorbs the other ingredients, and stir again. Bring the broth to a vigorous boil. Then, reduce the heat until the broth is just barely boiling. Add the vegetables to the broth (if used). Wet your hands and make balls of about 1-2 tbsp. of the batter. Drop the balls gently into the boiling water. They will be cooked enough to eat in about 15 minutes, when they float on top of the broth and look bloated.

## Bok Choy (Asian)

Ingredients:

- ◆ 4 bunches of baby bok choy
- ◆ 1 tablespoon vegetable oil
- ◆ 2 tablespoons of soy sauce
- ◆ a few drops of sesame oil
- ◆ 1 teaspoon of salt
- ◆ 1 cup of water
- ◆ 2 slices of ginger
- ◆ 1 teaspoon of sugar

Wash the baby bok choy and drain. Separate the stalks and leaves. Cut the stalk diagonally and cut the leaves across. Heat wok and add oil. When oil is ready, add ginger and stir-fry briefly, for about 30 seconds, until the ginger is aromatic. Add the bok choy, adding the stalks first, and then the leaves. Stir in the soy sauce, sugar, and salt, and stir-fry on high heat for 1 minute. Add the water, cover the wok and simmer for about 2 minutes. Stir in the sesame oil and serve. Serves 4.

"It brings back a lot of memories because we are incorporating Asian food with such an American holiday. A sense of uniqueness is felt at our Thanksgiving dinner table."

## Valerie Benner

# THANKSGIVING

## A message from The Mayflower



By Lena Rothstein  
Editor-In-Chief

I had always known that my mother's family came from a long line of purebred Americans based on the east coast. My mom's side, the Grays, had many generations of wealthy ministers, and abolitionists during the time of the Civil War. We knew we had quite a family history in the United States, but learned after making quite a detailed family tree that one of our descendents came to Plymouth via the Mayflower.

My grandfather was always looking up information about our genealogy, and tracing our ancestors. I was eight years old when my grandfather discovered we were distant relatives of John and Priscilla Alden.

John Alden was one of the passengers on the Mayflower and signed the Compact agreeing to abide by their own laws in the new colonies. Priscilla also sailed to the colonies on the Mayflower along with her family; and, at the age of seventeen, stole John's heart.

Every time I get together with my grandmother she loves to tell my

cousins and me the story of John and Priscilla's love. It is rumored that the captain of the Mayflower, Myles Standish was in love with Priscilla and asked John Alden to propose for him. When John approached Priscilla and told her that the captain was in love with her, she replied, "Why don't thy speak for thyself John Alden?" The rest, as they say, is history. They fell in love and are believed to be the third couple to get married in Plymouth colony. Very few people survived that first winter in Plymouth; yet, both John and Priscilla were spared when spring arrived. They went on to spend the rest of their lives together and have ten children. One of whom is my relative, too many greats to say.

Every year around Thanksgiving my family and I like to reflect on John and Priscilla and all of the others that arrived at Plymouth on March 21, 1621. Those few immigrants struggled through so much to help ensure that America would live on to be the land of freedom and prosperity.

## Test Your Turkey

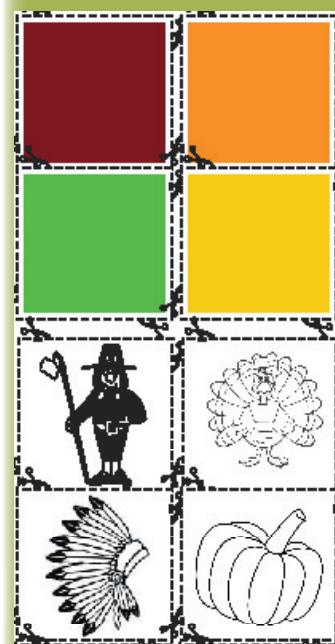
Play your way through this game to make the perfect Thanksgiving Meal!

### Directions

Tear apart game pieces along dotted lines. Each player picks a Thanksgiving character. One player shuffles all of the colored game pieces.

The first player takes a game piece and moves their character to the next colored square. Follow the instructions in the square: Move forward, move back, or stay put.

Race your opponents to see who can cook the meal first! (Single Player: Count how many shuffles it takes to finish.)



# Family Traditions

By Molly Salas

Staff writer

Thanksgiving is a time for tradition, a time to celebrate and give thanks for everything we have in life. Although when one hears the word Thanksgiving, one may think of the conventional turkey, potatoes and stuffing, lots of family members and pumpkin pie, there are others who celebrate Thanksgiving in a less traditional way. These traditions not only provide an exciting spin on the holiday, but also lead to the creation of memories for a lifetime.



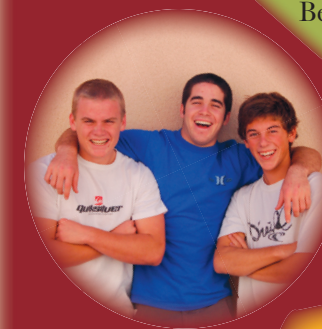
How do you get rid of that leftover Halloween pumpkin? The Pascual Family just throws it out a second story window! The tradition began one late November, when the Pascual family realized that the Halloween pumpkin was still sitting on the porch. "My dad didn't really know what to do with it, so we basically decided to throw it out of the window. We thought it was fun the first year and then it just stuck," Pascual said. The annual event begins with Pascual's father scooping up the pumpkin and finding his way upstairs. The window is thrown open and out goes the pumpkin. "It's really cool as long as you make sure you don't hit anyone outside. The whole family laughs and bonds while we watch the pumpkin soar out of my sister's window."



Clare Parme spends her Thanksgiving holiday engaging in a little friendly competition. An annual football game between the kids and the adults of her family, Parme thinks, brings more fun to the holiday, proudly recounting how the kids' team usually wins. "Rather than watching the football game on TV, we have our own and it's a lot more fun. It's a great way to make the holidays memorable!" said Parme.



Every year on Thanksgiving, junior Greg Horvath and his dad go mountain climbing. The location is different almost every year, and provides another opportunity for fun. "My dad and I go climbing every year. It's a fun way to spend the break," Horvath said. Because they're camping, it's hard to accommodate a full turkey feast. "We never eat turkey because it's dry, but we bring so much food that it's like a feast all week."



Each year, juniors Yoshi Rothman and Thomas Bowman, and sophomore Jake Shwisberg, get together and watch the entire first season of the television series, *Gilmore Girls*. They watch the season from start to finish, with little or no breaks. "Rory is my inspiration," Rothman said. Their marathon does not leave time for a turkey feast. Instead, Rothman, Bowman and Shwisberg enjoy something a little sweeter. "We eat about three tubs of licorice; it's the tastiest thing ever," Shwisberg said. Bowman added, "I look forward to Thanksgiving for the other 364 days of the year, because I get to hang out with my friends, watch *Gilmore Girls*, and, mostly, the licorice is good."



# Speed Racer

By Anton Swain-Gil

Staff writer

The La Jolla High racing team came into existence in 2000 when Coach Davis and a combination of funds from sponsors, the school, foundations, and personal support were brought together to buy a racing car. The vehicle is an average stock racing car fitted with a new engine and transmission that made the La Jolla team a top competitor. The total cost of the car was about 25,000 dollars. For the tires, fuel, and maintenance, the cost for racing each day came to about two hundred and fifty dollars. The car has fuel injection and has achieved a record race speed of 105 miles per hour.

The racing team, led by

Coach Davis, started off as part of a state and highway patrol sponsored program to have legal drag racing for high schooler.

The goal of this program was to provide a safe environment for kids to race and to discourage illegal drag racing.

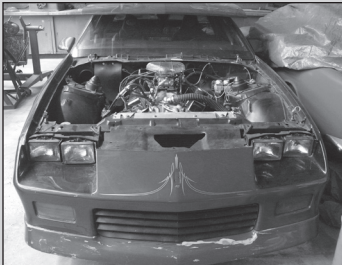
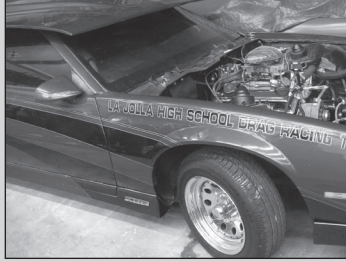
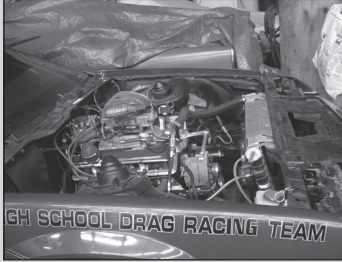
The races were a great experience where friends could come to race and have supervised fun. The La Jolla High team raced from 2000 to 2004.

At that point, the state funding for the program ended and the program collapsed. La Jolla High still has the car and it remains in good enough condition to be raced.

The event that the team

at Qualcomm Stadium and many cars, both personal and from schools, showed up to race. The last time the car saw a track competitively was when Coach Davis raced the car last summer at Barona Casino. Principal Shelbourne was scheduled to race the principal of Point Loma High in their school car, but the race was cancelled.

The two drivers of the car were La Jolla graduates Charlie Zagani and Spencer Oliver. These two helped to maintain the car and raced it competitively. There is no functioning team at this time, though Coach Davis and some students take the car out now and then. Until a racing program is re-instituted, the team will not



participated, and dominated, in was the one-eighth mile. The races were often held

be able to race. Hopefully, the program will come back, but available funding is low or non-existent.

"It was exciting. The program turned kids on to learning about cars and they were able to develop skills in fixing them up. The team helped kids learn responsibility and the races provided a safe environment to have fun and be with friends," said Coach Davis about the racing team experience. If the racing team does come back, there surely is a good number of students who would be interested.

"The racing team sounds like it would be really fun. I love to drive and it has the potential to be an exciting competitive sport. I didn't know we used to have a team but I hope it comes back," said Senior Tristan Hyatt.

Photos courtesy of Anton Swain-Gil.

## WATERPOLO: CIF TOURNAMENT

By Molly Salas

Staff writer

The kickoff of the CIF championships was a successful one for the Vikings Men's Water Polo team. The first round of CIF, hosted at the Coggan Family Aquatic Complex, took place on Thursday, November 8. Several teams, including Santa Fe Christian and Point Loma, went head to head to get one step closer to CIF Finals.

The Vikings played against Valley Center, and annihilated them with a final score of 20 to 4. With a player from Valley Center ejected within the first minute of the game, the Vikes were up one player and had an early advantage. The first quarter showed that La Jolla, as a team, was considerably stronger.

With sixteen seconds left in the first quarter, La Jolla had a strong lead of 10 to 0, with some impressive goals made by Peter Sefton, Alex Drozda, Hunter Brown, and Hunter Gettlefinger. Kyle Loomis also did an impressive job of blocking shots during the first half of the game. At the end of the quarter, Valley Center was

awarded a penalty shot at five meters and scored their first goal.

In the second quarter, the significant lead La Jolla had permitted them to slow down the tempo of play. Players were substituted in and the game became more nonchalant, with two additional goals scored for La Jolla, and three for Valley Center, which made the score at halftime 12 to 4.

In the second half, Coach Tom Atwell put junior Nick Hanoian in goal, and key players Sefton and Drozda were back in the game. Hanoian kept any additional goals from being scored for Valley Center, while the offense scored five additional goals, ending the third quarter with a last minute goal by senior Donald Rayner, leaving the score 17 to 4. Hopes of recovery were not so high for Valley Center as they entered the fourth and final quarter of play.

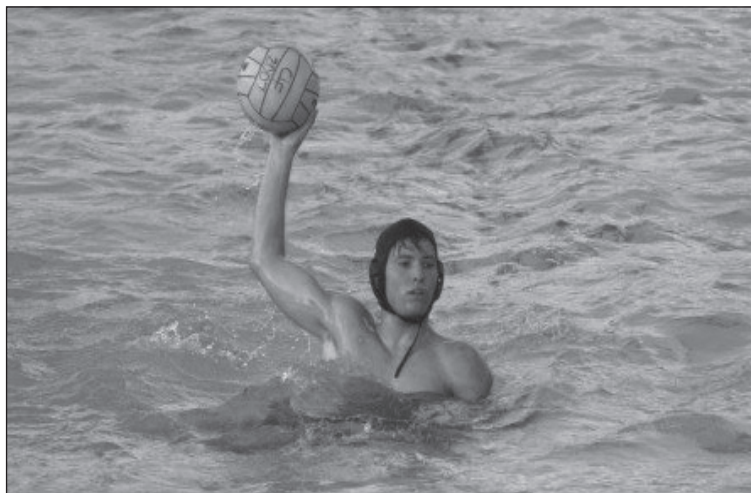
As Valley Center struggled to make a comeback, it was apparent that La Jolla was the superior team. Sophomore Cameron Ravanbach in goal kept Valley Center from scoring, keeping their final

goal tally at four. With a dominating final score of 20 to 4.

The Vikings advanced to the CIF quarterfinals against Santana High School, and won with an ending score of 13 to 5. However, the CIF finals this

past Wednesday proved to be a rough go for the Vikings. Playing our rival, Bishops the Vikings put forth a valiant effort but unfortunately fell short with a score of 8 to 9.

Photos courtesy of William Choi.



**Making a Splash:** (left) The La Jolla High water polo team waits anxiously for the next play. (top right) Senior Noah Orloff waits for an open player. (middle right) Junior Nick Hanoian leaps to block a Valley Center attempt at a goal. (bottom right) Senior Kyle Loomis gears up for his next move.

Photos courtesy of William Choi.

## TEAM TERMINOLOGY: WATERPOLO

By Kyle Loomis

Staff writer

**Press Defense:** When the defense plays man-to-man, guarding each man closely, trying to steal the ball and prevent the offense from passing effectively.

**Drop Defense:** A defensive scheme (also known as zone defense) that involves one or more players double-teaming the hole set position, while attempting to field block shots from the perimeter.

**Hole Set:** The offensive position that plays in front of the goal, in the middle of the offense. The hole set is similar to the center forward position in soccer and the center position in basketball, and plays a big role in the offense because the player is positioned closest to the goal and takes shots from close range.

**Field Block:** When a field player on defense blocks an attempted shot by the offense. If the ball goes out of bounds after a field block, the ball is awarded to the defense. If the ball goes out of bounds after blocked by the goalkeeper, the offense keeps the ball and the shot clock is reset.

**Ordinary Foul:** When the player who has possession of the ball is impeded or prevented from moving freely by the defensive player while he is not holding the ball. After a foul occurs, the offensive player gets a free pass, or has the option to immediately shoot if it is outside the five meter line.



# Marion Jones: Destroyed by Steroids

By Haley Cottrell  
Staff writer

Yet another one of America's favorite athletes has gone from the top of their game to the lowest level of disgrace due to anabolic steroids. Marion Jones, a five time Olympic track medalist, recently admitted to using anabolic steroids in the 2000 Sydney Olympics.

Since her early childhood, Jones knew she wanted to be a track star. Her performance in the Sydney Olympics amazed fans and won the hearts of many Americans. After her Olympic success, Jones appeared on many talk shows, becoming an American icon of Olympic success. Along with her medals came rumors of suspected steroid use. Jones adamantly denied the rumors and kept the press at bay. However, on October 5 2007, Jones came clean about her steroid use in a remorseful press conference held in New York.

The drug that Jones admitted to using is an anabolic steroid called tetrahydrogestrinone, or

THG. Anabolic steroids are synthetic versions of the male hormone testosterone, which builds muscle mass. Although trainers of professional athletes will call THG a dietary supplement, the FDA says that THG does not meet that definition, and the drug remains unapproved and completely illegal.

"I have betrayed your trust. I have let my country down, and I have let myself down. I am deeply sorry," Jones said.

Many of her fans were heartbroken and outraged. Jones had been a model of what hard work and dedication could accomplish, but with these recent accusations,

her credibility has plummeted in the eyes of most Americans.

"If it's too good to be true, it probably is," Dick Pound, chairman of the World Anti-

illusionment that many sports fans must live with.

"She had a good reputation and now it's tainted. At least she admits it, unlike some of the other athletes convicted of the same crime," senior Steven Ayala said.

This news comes as no surprise for many. Several people closely associated with Jones have been convicted of using steroids. Her ex-husband C.J. Hunter, as well as her ex-boyfriend Tim Montgomery, were both banned from competing in track meets due to the use of steroids. Jones' previous coach, Trevor Graham, was also involved in a scandal concerning the distribution of anabolic steroids to his athletes.

Some students at La Jolla High School are mystified as to why anybody would use performance-enhancing drugs.

"She definitely knows bet-

ter. This all could have been prevented if she just hadn't taken the steroids in the first place. It's such a shame that all of her natural talent was wasted," sophomore Shamika Blackman said.

Accusations of steroid use have risen in the past few years. Since 2003, over two dozen professional athletes have been accused, subsequently, of using the same anabolic steroids that Jones used.

The story took an interesting turn when Jones stated that she had no idea she was taking steroids. According to Jones, Graham had given her steroids and told her it was flaxseed oil. It wasn't until November 2003 that Jones realized the flaxseed oil wasn't really oil at all.

Jones lives in Texas with her four-year-old son Tim and husband Obadele Thompson. Once a successful star, she is now broke and out of work. She faces up to six months in prison, heavy fines, and possible exclusion from future track competitions.



Photo courtesy of news.bb.co.uk

**Fall from grace:** Former track star Marion Jones falls after her back injury in 1999. Jones falls from grace as well after admitting to steroid use.

Doping Agency said.

Pound's opinion reflects a widely felt uneasiness toward athletic stars today; a distrust of their moral fiber, and a dis-

## Standout Athlete Amanda Gordon

By Sarah Wright  
Staff writer

Amanda Gordon, a

Junior at La Jolla High School, is known for her amazing jump serve and outstanding volleyball skills. Having Amanda on the Varsity volleyball team has made a huge impact on the team and how far they have gotten. Anyone who has seen one of the Varsity volleyball games knows what a great athlete she is. Her hard work and belief in being fair has taken her far when it comes to being a respected and admired athlete.

**High Tide:** What sport(s) do you play?

**Amanda Gordon:** I play volleyball here at La Jolla High.

**HT:** How long have you been playing volleyball?

**AG:** I've been playing for a while. I started playing in seventh grade.

**HT:** What drew you into volleyball?

**AG:** Well, I started at Coast, which is a girls volleyball club. I thought it looked like a fun sport to get into, and it was different from other sports I have played.

**HT:** Do you play any other sports?

**AG:** No, I mostly only play volleyball.

**HT:** Are you planning on playing any other sports for winter or spring since the volleyball season is over?

**AG:** Not that I know of now. I might change my mind or want to try another sport though.

**HT:** Have you played any other sports in the past?

**AG:** Yeah. I played soccer, lacrosse, and I also did track for a little bit.

**HT:** Are there any other volleyball teams that you play on other than the La Jolla High Varsity team?

**AG:** I also play for the club Coast.

**HT:** What team do you play on at Coast?

**AG:** This past year I played for the 16 Ones National team.

**HT:** Do you meet most of your good friends on your volleyball teams?

**AG:** Everyone on our team is very close. A lot of my close friends are on the team, but it's sad because next year we won't have our seniors on the team.

**HT:** Because you have been

playing all of high school, do you think you will continue to play your senior year or after your high school career ends?

**AG:** I'm not sure yet about after high school, but I do plan on playing for the rest of high school with La Jolla High and Coast.

**HT:** If you do continue playing after your senior year and onto college, do you think you will try to get a scholarship off of your volleyball skills?

**AG:** I haven't decided since I do not know how long I will play volleyball for, but I might try to get a scholarship.

**HT:** So what position do you play?

**AG:** I usually play outside hitter.

**HT:** Do you often get injured while playing volleyball?

**AG:** Not usually. I have never been seriously injured, but my back and my shoulder usually hurt.

**HT:** Do you ever get nervous before a big game?

**AG:** I don't usually get nervous, but I do get excited for a game- especially when I know it will be a good game.

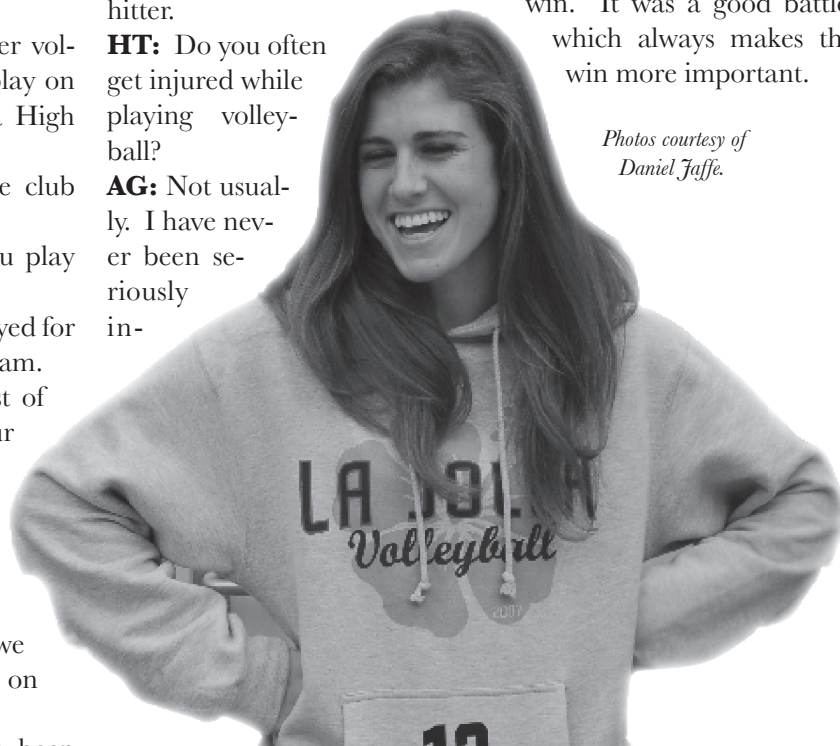
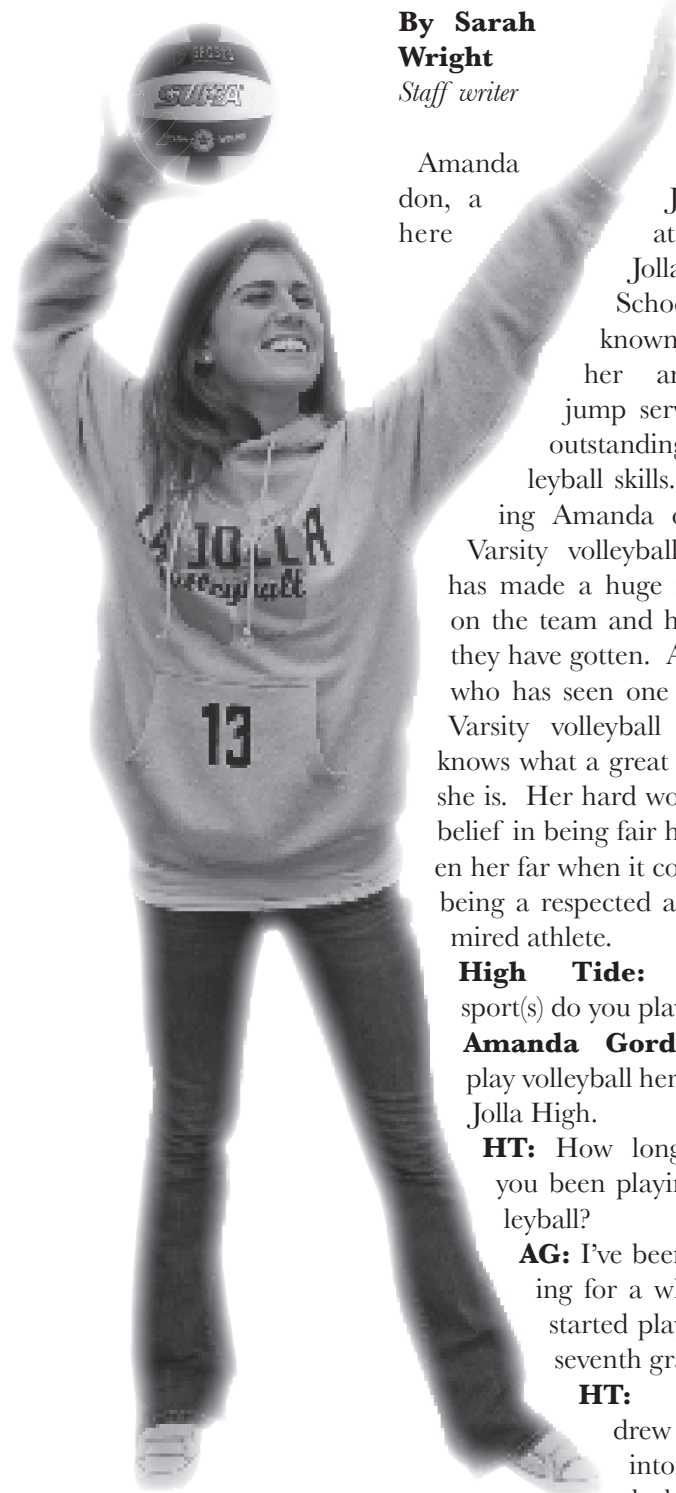
**HT:** How do you cope with losing a game?

**AG:** Usually I feel pretty disappointed about not winning a game, but I talk to my coaches about it and I feel better about it.

**HT:** How did you feel when you won your last volleyball game?

**AG:** I was very excited because it was our last game and we ended the season with a win. It was a good battle, which always makes the win more important.

Photos courtesy of  
Daniel Jaffe.





Paid parking

continued from page 1



photo courtesy metermaid.com

“What happens with paid on-street parking will have the most impact for the people in high school right now,” Darcy Ashley, Community Volunteer said.

The local retirement home, Casa de Mañana, with well over 800 employees, would also be affected. The implementation of paid parking to our community could cause some employees to be late for work spending time looking for a parking spot. Too many late arrivals can result in a lost job.

Apparently La Jolla residents heard the message loud and clear and showed up to see what would happen in terms of La Jolla’s parking.

The meeting of the Parking District Advisory Board,

scheduled for November 14, has been rescheduled for November 19 due to a mass public turnout at the meeting. Hotel Parisi was only able to house 88 people, so when over 200 people stormed Wednesday’s meeting the fire department shut down the meeting for being beyond capacity.

Many other residential parts of San Diego have been affected by paid parking. The La Jolla Town Council passed a motion against paid parking. Warwick, is urging everyone to write both letters to the editor’s of the Village News, the La Jolla Light and the parking board about how paid on street parking will affect them. The meeting on November 19 will be at noon at the La Jolla Recreation Center.

Free La Jolla wants to get enough petition signatures

and support to show the city council that La Jolla does not want paid parking. There is no minimum or maximum amount of petition signatures required. The only limit is what it will take to convince he board that paid parking will only hurt La Jolla.

One can get involved today by sending an e-mail or by volunteering at events.

On Sunday, November 11, various businesses on Girard Street hosted tables to collect petition signatures and sell tee-shirts. After November 19 the board will be sending their plan to the San Diego City Council for approval. Regardless of the outcome, Free La Jolla has to fight on.

Free La Jolla has set up an e-mail list and a web site for those who are interested in volunteering their time. One can send an e-mail to Darcy Ashley (darcys01@hotmail.com) requesting to join the e-mail list. More information can be found on their web site at [www.nopaidparking.org](http://www.nopaidparking.org).



## Global updates

By Zack Ross and  
Haley Cottrell  
*Staff writers*

### Oil spill in San Francisco

A cargo vessel in San Francisco Bay crashed and spilled 58,000 gallons of oil into the water. The MV Cosco Busan struck the San Francisco-Oakland Bay Bridge, better known as the Bay Bridge, in thick fog. The oil slick has spread along the San Francisco waterfront and under the iconic Golden Gate Bridge. At least 60 birds have been found dead, while another 200 birds have been recovered from the water and sent to a rehabilitation center.

### Chaos in Pakistan

Pakistan has been thrown into chaos following a declaration of martial law by President Pervez Musharraf. The extraordinary measure was declared by the government in an attempt to bring the country back under control after widespread civil unrest. Police have begun arresting opposition leaders including

former Prime Minister Benazir Bhutto. Musharraf has been criticized at home and abroad for disbanding the Supreme Court, for failing to hold Parliamentary elections, and for refusing to relinquish his role as Army Chief of Staff. The situation is complicated by the fact that Pakistan has a sizeable nuclear arsenal.

Nearly 20,000 gallons, or about a third of the oil, has been removed from the bay. The Coast Guard, which is coordinating the investigation and clean up efforts, now believes that the accident was caused by human error. It is



photo courtesy AP



photo courtesy AP

not clear whether the Chinese crew of the ship had a firm enough grasp on the English language to communicate with the pilot guiding the vessel through the bay. This spill was the worst in the Bay Area in over 20 years.

## Colbert for President?



photo courtesy comedy central.co

The joke is over; Stephen Colbert has officially pulled out of the Presidential race. Colbert, a comedian specializing in political satire, announced his candidacy in the upcoming Presidential election but only in the state of South Carolina. Colbert resigned from the Presidential campaign on November 5 stating that he never wanted to be President, he just wanted to run.

Colbert’s campaign received

a lot of attention from curious Americans and fans of *The Colbert Report*. Colbert was running as a Democratic candidate, saying his only reason was that the registration fee was cheaper. Many of the more serious candidates viewed Colbert as a joke, yet his fans supported him wholeheartedly. With his sudden resignation, Americans will no longer, in the words of Colbert, “hail to the cheese.”

## Let your voice be heard: register to vote

### Who can register to vote?

- Any US citizen who is
- ✓ Resident of California
  - ✓ At least eighteen years of age by the date of the next election
  - ✓ Not in prison or on parole for a felony conviction.

### How do I register to vote?

Complete a registration form online at the Registrar of Voters’ web site, [www.sdvote.com](http://www.sdvote.com), print the form, and mail it to their office.

- ✓ Call the Registrar of Voters and they will mail one to you
- ✓ You can also pick up a voter registration card at any of the following locations:

- ♦ The Registrar of Voters Office
- ♦ City Clerks’ Office
- ♦ Department of Motor Vehicles
- ♦ U.S. Post Offices
- ♦ Public Libraries

### When can I register to vote?

The last day to register and be eligible to vote for the Feb. 5, ‘08 Presidential Primary Election is Jan. 22. Register early to make sure you receive your sample ballot materials in plenty of time for the election.

### Be a student poll worker

The “Mission Possible” Student poll worker application deadline is December 17. See your ASB advisor for an application. Student workers receive community service hours and a chance to be part of the 2008 Presidential Primary.

### Questions? Call:

Deborah Seiler  
Registrar of Voters  
5201 Ruffin Road, Suite 1  
San Diego, CA 92123  
Phone (858) 565-5800  
[rovmail@sdcountry.ca.gov](mailto:rovmail@sdcountry.ca.gov)

courtesy of the Registrar of Voters

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### Fires

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Organizations are still asking for donations and volunteers to help with rebuilding San Diego and areas affected by the fires. It is asked that one registers with Volunteer San Diego and waits to be contacted before participating. Medical professional volunteers are still wanted, as are monetary donations. Other ways to help can be found with [volunteersandiego.com](http://volunteersandiego.com) or [www.nvoad.org](http://www.nvoad.org).



photos courtesy of [www.latimes.com](http://www.latimes.com) and [www.aarl.org](http://www.aarl.org)

### Speech and debate

cont’d. from page 1

team. When the round starts, the room contains only a judge, a few audience members, and the debaters. Each side is given seven minutes to give an introduction, stating their side and their points, starting with the affirmative. Afterwards, a seven minute rebuttal is given and a five minute conclusion from both sides. The judge then decides which side has given the best argument.

Despite it being their first competition, the competitors

were optimistic.

“All La Jolla students were happy after the first round, no matter what the outcome was,” freshman Rishi Sangani said.

In the end, La Jolla High dominated, winning six awards in Individual Events and three awards in Debate. The Speech and Debate Team novices also brought home the ultimate prize: two sweepstakes trophies which honored their many wins and great participation.



# While The Beatles Gently Weep

By Daniel Jaffe  
Staff writer



**A groovy kind of love:** *Jude and Lucy travel across the universe*

Reverence of the 1960s is a reoccurring theme in today's media and customs. Yet, past culture is often exploited for lack of an original idea. The recent film *Across the Universe* is a fairly generic love story

directed by Julie Taymor, based around songs by The Beatles. This musical is about a group of kids who travel around and their experiences highlight the 1960s. The songs are included to correlate to different points of the film. However, it seems as though the songs shape the story too much. Most of the characters in the film are tastelessly named after characters from Beatles songs. Also, the story line becomes quite literal in respect to the lyrics, as a character actually "comes in through the

bathroom window," or "has just seen a face" and falls in love. From Hendrix to Hoffman, the film attempts to include everyone who influenced the era. This seemingly impossible task is, in essence, just that: impossible. Each character portrayal is quite superficial, lacking any subjective value. Most know Janis Joplin died young from substance abuse or that political rallies promoted change in America. The fundamental problem is that the film brings no creative interpretation to the decade. It follows a trite romance between an artist named Jude and his girlfriend Lucy, with little depth or insight into their lives. As artists, The Beatles are

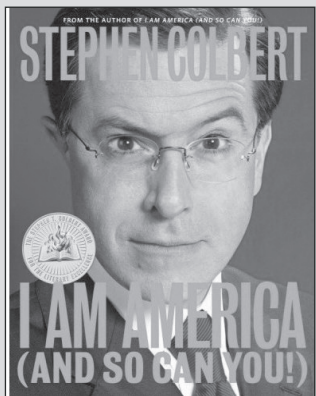
clearly genius and *Across the Universe* does not do justice to the timeless and ephemeral style of their music. *Across the Universe* is the smoke shop of the film world. It attracts kids with cheesy, psychedelic propaganda and functions as a moneymaking entity. This film solidifies the fact that Hollywood serves with the sole purpose of making money for cheap entertainment. The whole idea is ironic, as the movie attempts to exemplify an era when material wealth was disregarded even though the film is a major production and an overpriced waste of time. Film, as a creative medium, has a great amount of potential and should not be

manipulated into a business where the monetary value of a work is more important than the artistic value.



## READ THIS BOOK

Or Your Phone WILL be Tapped



**By Matthew Cordell**  
Staff writer

Whoever said don't judge a book by its cover obviously had never seen Stephen Colbert's new book *I Am America (And So Can You!)*. Colbert's book cover, with its self-awarded literary achievement and personal recommendation, perfectly conveys the unique brand of humor found within its pages. Any regular viewer of Colbert's show, *The Colbert Report*, will be familiar with the character he has created. Playing a far-right news pundit, Colbert introduces many conservative viewpoints in a grand and utterly ridiculous fashion. He delivers some of the finest satire of our

generation, of which Colbert's book is a shining example. First and foremost, *I Am America* is absolutely hilarious. Colbert's faux ego, combined with poignant social commentary, makes for an entertaining read. His humor is not for everyone and would be outright offensive if it were not so obvious that he was joking. "A messy house sends a coded message to children..." "I'm not lovable otherwise mommy would dust." Jokes of this type run throughout the book, but it is often the more context-based sentiments that excel. Perhaps most impressively, Colbert possesses the rare ability to retain his speech mannerisms and persona in the written word. The end result is a 230 page episode of *The Colbert Report* and fans will agree that is definitely a good thing.

The heavy-handed satire; however, can grow a bit tiresome. Some of the segments (particularly one on scientific terminology) lose momentum half-way through and drag on longer than necessary. The only other problem with the book is that it can be a bit hard to read at points. Colbert has fashioned his book like a textbook with footnotes, marginal commentary, and activities at the end of each chapter. This results in cluttered pages with too many types of writing. The marginal notes, while funny, distract the reader from the body of the chapter and break up the flow of the work. That being said, the book makes a special effort to be funny in every way

possible. The pictures (mostly of Stephen Colbert), are hilarious and very well placed. It is difficult to read the book without sharing some of the funnier lines with others. Many of the best jokes in the book are short, satisfying one-liners such as: "If animals aren't our friends, then what are they? The answer can be summed up between two buns." All can enjoy this book; the humor transcends political mind-set. It's presented so well that even the most easily offended individual would have a difficult time taking the book seriously. Colbert stays in character and displays his incredible personality in every aspect of the work. It's stylish, funny, and extraordinarily well done. The book is best summed up in the words of the man himself: "Like the Founding Fathers, I hold my Truths to be self-evident. Which is why I did absolutely no research."



photos courtesy of www.colbertnation.com



**A Spoonful of Patriotism Makes the Medicine go down:** *What Stephen Colbert tastes like*

## A Play for all Seasons

By Brooks Newberry  
Staff writer

Over 2,000 people have been filling the San Diego Civic Theater to see the story of the Four Seasons, the famous pop group that had baby boomers snapping their fingers back in the 1960s. *Jersey Boys*, which premiered at the La Jolla Playhouse in 2004, became an award winning Broadway hit.

only pretending to strum their guitars, did, in one scene, sing and act a song choreographed to match the band's original moves. The video of their performance was projected onto the screen above the stage. The actors who played the band, whether playing



photos courtesy of www.jerseyboysinfo.com

**Sing like a Man:** *The Jersey Boys show how it is done.*

It follows the lives of the four founding members of the Four Seasons, from their conception singing under a New Jersey street lamp, to their induction into the Rock and Roll Hall of Fame. Four acts - spring, summer, fall, and winter - subtly characterize the changes of the band as they go through stages of the genesis of the band, their fame on the road, their decline and breakup, and then their reconciliation and legacy at the Hall of Fame. *Jersey Boys* appealed to an audience who still remembered a time before the British Invasion hit their record stores, and they clapped along to almost all of over 30 songs by the group. The actors, while

music or portraying the more private dramas of the four band members, were cast perfectly for their roles. The play starring Steve Gouveia as Frankie Valli was complimented by bright images of the era's comic book-style, projected onto screens during the livelier scenes, and a somber city skyline hanging over New Jersey for the more serious ones. The orchestra brought out the true feelings of the play, and used the songs of the old band to help the audience feel the story. For all audiences, *Jersey Boys* is a play that should not be missed.





photos courtesy of [www.bbc.co.uk](http://www.bbc.co.uk)

# PLANET EARTH

By Kelsey Pouk  
Staff writer




Why waste your time on *The Hills* when *Planet Earth* is on? Narrated by world-renowned naturalist David Attenborough, the DVD boxed set offers more extras than even the most dedicated fan could dream of. “It’s so interesting that it should be a part of the science curriculum,” sophomore Itto Kabbage said. The beautiful scenes and skillful cinematography make *Planet Earth* one of the most interesting educational documentaries yet. From the middle of the desert to the bottom of the ocean, the series takes the viewer in the air with astounding aerial views of animal herds, jutting rocks, and steep cliffs. It delves underground into the deepest, darkest caves full of crystals, blind animals, and twisting labyrinths. *Planet Earth* redefines beauty, leaving many travelers wondering why

they bothered going to Paris when they could have visited Mexico’s underwater caves. Every fifty-minute episode is followed by a captivating, DVD exclusive “Diary” on the filming of each segment. The shots shown on the DVD are seemingly impossible, but the post-episode clips show how the camera was held steady and what was risked with each recording. The filming conditions range from dangerous, ten-day excursion into a beautiful, highly inaccessible cave, to gross, like a trek through bat-dung, trying to operate camera shots as cockroaches crunched underfoot. Also included in the release are ninety minutes of footage never shown on the Discovery Channel. That means even those that watched the series religiously have a reason to go buy the DVDs. The unseen clips add even more to an already top rated show, making this boxed set almost

priceless in the eyes of tree-huggers and city slickers alike. “I think it is great many kids are watching this because the show is so accessible and enjoyable,” freshman Carl Reusser said. The bonus features don’t stop there, continuing with an amazing one hundred and fifty minute presentation of *Planet Earth - The Future*. This section does not preach or condemn, but rather states calmly what humans are doing to the planet, putting it into a global perspective. The foreboding information presents the future of the planet and what we are doing to destroy it. By first expanding on the subject of endangered species, then going on to the importance of wilderness, and finally showing all the obstacles facing conservation efforts, this last attempt to solidify the importance of saving the planet works to present the facts and instigate change. “*Planet Earth* is not only

entertaining on a visual level, it’s also important because it reminds today’s generation of the problems in our environment and our responsibility to help,” senior Laura Cummings said. *Planet Earth* is a series no one should miss. Now the Emmy award winning series is available at most retailers so that everyone can experience how beautiful and magnificent our planet is.

## Animal Facts

-  The largest colony of cockroaches in the world is in a cave in Belize, feasting on a mountain of bat dung.
-  The bumblebee bat from Thailand is the smallest mammal in the world. It is no bigger than a large bumblebee and weight about 0.06-0.07 oz.
-  The slowest animal is the three-toed Sloth of tropical South America.

## Free Tuesdays at Balboa Park

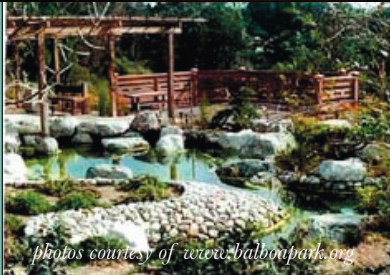
By Carey Kennedy  
Staff writer

Balboa Park holds an array of attractions from museums to various rides and performances. Each Tuesday the park offers free admission for certain sites. Here are some free favorites.

### MODEL RAILROAD MUSEUM

This popular attraction is a great spot for families, with a kid-friendly environment in the Toy Train Gallery. Many people are looking forward to its latest addition opening

on November 20, 2007. The museum’s engineers will construct a Lego-themed exhibit, which will contain a fascinating hydroelectric dam, undersea areas, and



photos courtesy of [www.balboapark.org](http://www.balboapark.org)

### MUSEUM OF PHOTOGRAPHIC ARTS

This museum is a great place for people who love the art of photography. It houses a large assortment of photographs with over 7,000 pictures in just the permanent collection. The brilliant, modern and contemporary pieces are a must see portion of this

collection, and are located in the each of the four main exhibits. “Right now we have a great exhibit called Public Privacy by Wendy Richmond who takes photos from her cell phone. It’s about the daily lives of people,” volunteer Rhiamo Thomas said.

### JAPANESE FRIENDSHIP GARDEN

The tranquil Japanese Friendship Garden is a crowd-pleasing attraction. The famous koi pond accommodates gorgeous fish. Zen garden is quiet; the atmosphere is intended to provoke an aura of meditation. “...The harmony is really good for self-balance, inner peace and

fulfillment of one’s life goals,” freshmen Tatiana Toronto said. Along the path, people can continue to visit other exhibits such as the Bonsai Exhibit. Many people find the Japanese Friendship Garden pleasing; someone can ever sign up for sushi making or calligraphy on the weekend.

“(TO BE A PHILOSOPHER) IS TO SOLVE SOME OF THE PROBLEMS OF LIFE, NOT ONLY THEORETICALLY, BUT PRACTICALLY.”

- HENRY DAVID THOREAU

## SUDOKU

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game courtesy of [www.sudoku.com](http://www.sudoku.com)