

HIGH TIDE

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photo courtesy media center

Civil leader: Inez Baskin speaks to juniors about the Montgomery Bus Boycott.

Civil rights activist speaks to juniors

by natalie reusser

staff writer

On March 23, 2007, La Jolla High School juniors were given the opportunity to listen to Inez Baskin, an African-American woman who captured history as it happened, a woman who lived through segregation and American civil rights movement.

As supporter and journalist of the Montgomery boycott, Baskin was deeply involved in the civil rights movement. This is the sixth year that the passionate and spunky woman has come to La Jolla High School to graphically describe the events of the civil rights movement in 1960's in Montgomery, Alabama.

Still passionate about the movement, Baskin promoted her beliefs on equality and harmony among all.

She told of the struggles and brutalities of the civil rights movement, hoping that the present generation will not repeat what past went through.

"History repeats, don't let it happen again," Baskin said. "If something is wrong, it's wrong." Baskin stressed that as individuals, people should make up their own minds, not base choices on other people's. "Think for yourself, think about it first," she said.

Working as a journalist for the Montgomery Advertiser, Baskin rose above her prior position at the paper and became the newspaper's "Negro News" writer. Working for a white boss during controversial times, Inez Baskin was able to overcome their differences and take advantage of what her boss was willing to teach her.

"It was exciting to be putting black people, those making a change for the better, in the spotlight," Baskin said. She captured the segregation that once plagued the southern United States, getting the real emotion of the people who were fighting for their rights. Her reporting covered

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Sculpture wins nat'l contest

by chelsea zeffiro

staff writer

Local reporters, a film crew, and a man with an envelope announced to the La Jolla High office that senior Stephanie Vinson was a grand prize winner in a national contest. Principal Dana Shelburne proceeded to lead the group of visitors to Martin Teachworth's room.

In Teachworth's 2nd period class, Joe Cochran from Johnson Controls presented an award to senior Stephanie Vinson, winner of the Igniting Creative Energy contest.

Stephanie made a sculpture of the Earth on a stand that poured water into a basin. The basin is covered with writing which describes how to use energy efficiently and how to clean up the environment.

"She absolutely impressed all of the judges with her submission," Virginia Wilkin from sponsor Philips Lighting said. "Her essay absolutely support-

ed what her vision was and we can't wait to see what she does in Washington."

Wilkin was referring to the sponsored trip Stephanie will make to Washington D.C. to participate in an "Energy Efficiency" conference. Along with the trip to D.C., Stephanie won an educational trip to Hawaii with her mother.

Julie Griffith, also from Philips Lighting, presented Stephanie with a digital photo frame and an automated external defibrillator for La Jolla High School.

Though Teachworth claims to have "threatened" his students into doing this project, Stephanie did it for different reasons.

"I just wanted to do it because it showed the Earth and how beautiful it could be," Vinson said. She clearly made an impact on the judges because the competition was open to thousands of students across the country.

"It was a total surprise. I was



photo courtesy stephanie vinson

Grand prize winner: This fountain won Stephanie Vinson a trip to Hawaii.

shocked when all these people came into the room," sophomore Kelley Satterlee said. Teachworth's class received cookies and leis from the Philips Lighting representatives. Teachworth said he was very proud of his student. Stephanie's mother and her sister, Jackie Vinson, were also there to watch Stephanie receive her award.

"I am so very proud of my sister. She's amazing," junior Jackie Vinson said.

Tapia gets her chance at the wheel

by sarah mook

staff writer



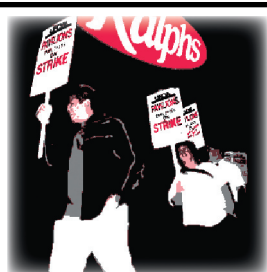
Childhood dream: Kari Tapia realized her dream of being on Wheel of Fortune.

Kari Tapia, an Algebra, Algebra II, and Pre-calculus teacher at LJHS, was chosen to be one of the contestants for the television show "Wheel of Fortune". Principal Dana Shelburne phoned Tapia about summer school and talked her into going into the library to get the materials, but instead of books, 20 teachers and a camera crew from NBC enthusiastically informed her of her selection.

"I played The Wheel of Fortune every day after school on

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The La Jolla High School

HIGH TIDE

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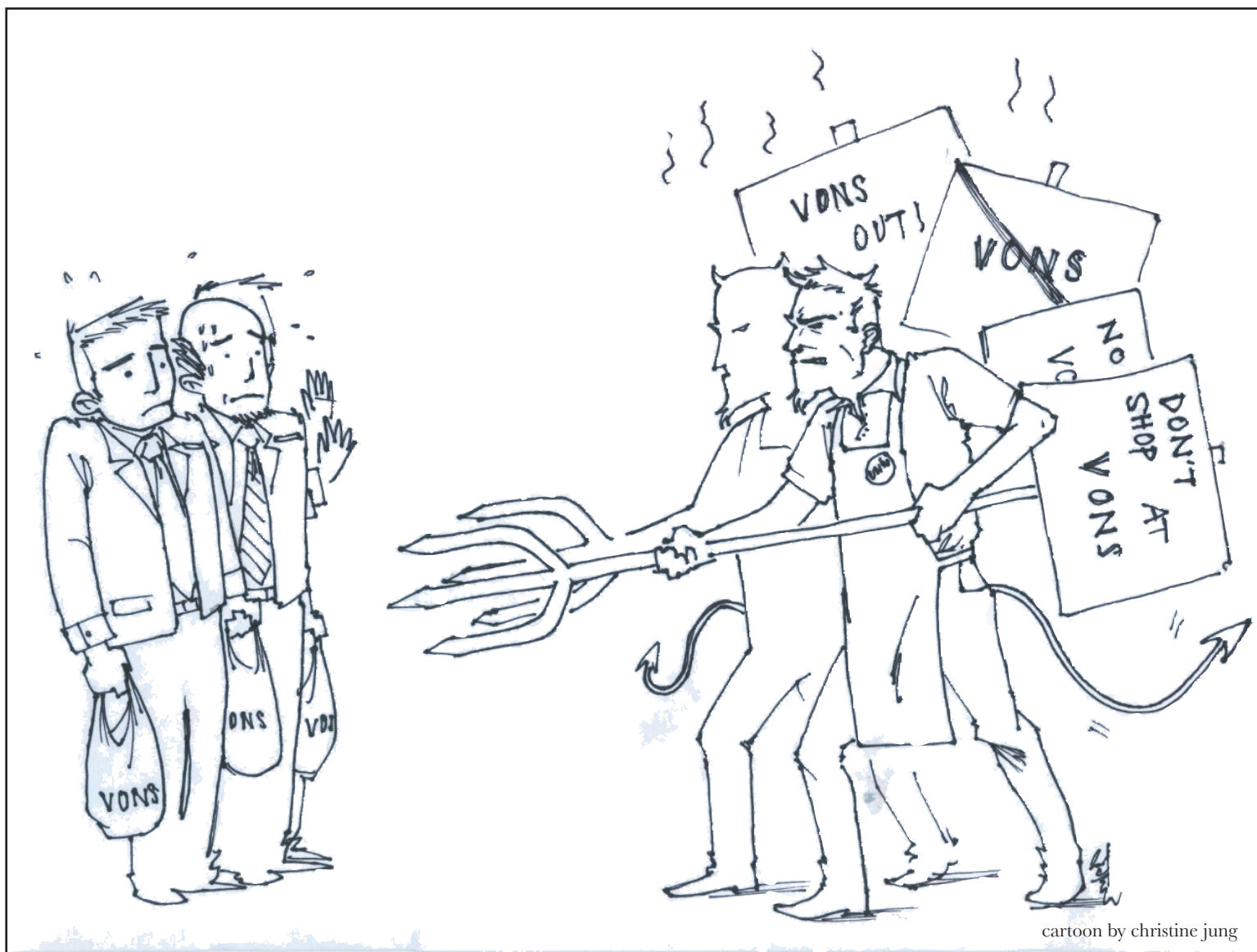
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Get back to work

Unions are asking for a repeat of the previous failed grocery strike



cartoon by christine jung

by abish simh
staff writer

United Food and Commercial Workers Union (UFCW) supposedly aims to help give workers equal opportunities, amazing jobs, safe working conditions, and good health care benefits. However, their intentions and the union's directions are pretty far off.

The biggest strike in the history of UFCW was the arrogant and failed four and a half month strike during October 2003 to February 2004.

After much waiting and anticipation, the unions ultimately lost the fight, with fewer health care, pension and job security benefits.

But more were disappointed because the Union did not boost their paychecks but instead hemorrhaged a significant amount of cash and public respect.

Beforehand, the three largest supermarkets in the Southern California market, Vons, Albertsons, and Ralph's were having their way by cutting health care benefits and retirement security.

"The Union you say? Well here is what I think. They need a big upgrade," said Bernard, a supervisor at Vons Girard Street.

The union charges up to 200 dollars in union dues per month; this is a significant -and compulsory union contribution whilst taking a big chunk out

of workers' weekly paychecks.

Depending on the job a worker has and how much they are making is how the Union decides on the dues they have to pay.

"For us kids, the union is a waste of time. We have no real reason to be part of the Union since we're covered under our parents till we're old enough. So I practically pay taxes twice," said Philip Who, a local Vons Employee.

On April 7, Albertsons voted about a possible strike, but the unions agreed to extend their contracts until April 9.

However, after this date, a strike could be imminent. Tension soon mounts and people become unwilling to choose the choice between pro

or anti union.

Nevertheless, many LJHS student-workers find unions in general to be a waste of time and precious resources, and are convinced that unions are out to scam their members.

"Even the Union has its flaws. This time when we go on strike I'm working, regardless, I get paid double and a half. Why not? What are they going to do? Hit me with a picket sign?" said Senior Tucker.

Unchanged union arrogance and history should prove that this impending strike will be fruitless, unnecessarily financially damaging the grocery chains.

Ironically, the strikers in the process, jeopardize their very own jobs.

Senior pet peeves: 47 days and counting

- In the center lane at the intersection of Pearl and Girard (right before Pan-kin), there's the option to turn right or go straight. Why must people going straight insist on being in that lane, thus blocking those behind them from turning right? There's a turn lane for a reason!

- Fifteen-day absence limit per semester. This is especially exasperating for seniors, who need to miss

school for educational reasons such as visiting colleges. On second thought, keeping track of high school absences is by far more important than deciding what to do with the next four years of one's life.

- No off-campus lunch. Honestly, is there a real reason it's not allowed? Truancies are truancies whether a student ate lunch at Los Dos or not. Of course, there is the issue of safety in shady

downtown La Jolla to consider...

- Underclassmen.

- College and scholarship interviewers who ask the SAME questions you answered in your essay, which they read. They look for obviously specific answers, which the student will give them if he has half a brain, so there's really no need to get all dressed up and travel halfway across the country

when it's clear a rejection letter is coming in the mail anyway.

- College rejection letters.

On the up side:

- Graduation is 47 days away, even less when STAR testing and finals days are taken away.

- Second semester of senior year is everything they said it would be.

Youth & politics today

by sean hamilton
staff writer

Very few students will ever have the opportunity to vote in a political election while in high school, but all students have political views.

Even if students don't know if they share their views with Democrats, Republicans, or another political party, their views have been influenced by those around them. Political scientists use the term, "political socialization" to describe when an individual acquires particular political orientations.

Students tend to take the same political views as those of their parents, but there are many other agents or influences by which students get political views. Teachers and peer groups at school also shape a student's political views.

Family, being the basic building block of our society, accounts as the leading agent of influence in building political views. Parents set standards and rules by which to raise their children.

Parents further influence their children when they interact with other people in the community, or what

news media their parents subscribe to. According to author Herbert Hyman, foremost among agencies of socialization into politics is the family.

"When I am at home my parents always talk to me about politics. Although they greatly influence strong conservative values on me, I have my own independent views," freshmen Jessica Silvers said.

School also presents children

history debates place students on the affirmative side of many political topics.

"Actually I get my political views from believing the opposite of the majority. Most kids at school I see are democrat, so I tend to agree more with the Republican Party," freshmen Andrew Hollyfield said.

"At home I read political theories and publications to build my own opinions, since my parents are both immigrants to the United States, they have not yet built political opinions in American politics," junior Zeyuan Zhang said.

The political view of a student is shaped by the many influences faced daily.

Whether it is inside the class, during lunch, or at the dinner table, political socialization will occur. Students can only choose their views by what they are exposed to.

Students' political views may also change with time as they change their social interaction with different people.

There is no right or wrong answer to a political outlook as long as there is one.

“There is no right or wrong answer to a political outlook as long as there is one.”

more opportunities to build a political outlook. Between the many lectures of teachers and the everyday conversations with friends, influences are being impressed upon children.

English and history classes often offer discussion about political views, either when literary analysis demonstrates the views of the writer or when

Uncle Sam wants girls too!

by cassie cook
staff-writer

For years, women have fought for equality: they have gained the right to vote and equality in the workplace. Now women may have achieved equal opportunity to be drafted into the military with men. The U.S. House of Representatives and Senate have attempted to introduce new legislation to ensure that if the draft was reinstated it would include not only men but women too.

The new draft states that women and men between the ages of 18 and 26 must enlist and could be selected in the draft. Including women in the draft would only create turmoil and animosity— they are meant to be at home regulating life and keeping things running smoothly.

Women have always been there to defend the home front. They have been the backbone of every war: taking care of the jobs, making the supplies, rationing, regulating home life, and keeping the economy up.

"If we included women in a draft our social norm would be violated. Men are the soldiers.

That is what we have read about in our history books. I'm not sure this country's military tradition can be drastically changed without chaos and rebellion. Also, if all men and women over 18 are all drafted, who is here to take over empty jobs and care for the home?" junior Olivia Jones said.

The reason that women have been excluded from the draft up to this point is because of the 1981 case of *Rostker v. Goldberg*. The Supreme Court maintained the "constitutionality of the exclusion of women"; reasoning that in the event of a draft, all non-combat military positions would have to be filled by those who qualify to be placed in combat positions.

Since the Department of Defense prohibited women from combat, women cannot be drafted. Due to the fact that men inherently possess more physical strength than women, the average woman is not made for the front lines. Women are more than qualified for a non combat position, however, ninety percent of military jobs are non-combat positions, many of which are available to female volunteers.

"There would be a substantial

number of positions in the services that could be filled by women both in peacetime and during mobilization, even though they are ineligible for combat," Justice White said.

Although since women are now accepted into armed forces for non and combat positions as volunteers, the case's ruling is no longer valid. So now that women are enlisted in combat positions, this makes them eligible for the draft. Although women are now eligible to be drafted it does not mean that it should be done.

Even though the equality of women has been advancing throughout the past century, it is still not as up to date in the military. Women are still not allowed to participate in elite forces such as: Special Forces, Rangers, Delta Force or SEALs and are purposely not placed in combat situations.

With so many women already serving in military positions, some may say that they should be included in the draft. Yes, that is true; however, they are there by choice and to instate a draft that included women would be violating the roles of women.

America needs sincerity

by amy twohig
staff writer

Hilary Rodham Clinton, a candidate for the Democrat presidential nomination, is seriously competing with other Democrat candidates for the vote of the gay community.

In fact, the only way Clinton could express her blessing for the gay community any clearer is if her campaign sponsored the Ice Capades, a competition for figure skaters who wear flamboyant costumes.

But while Clinton is trying to bond with all people same-sex oriented in America, she is also entertaining the possibility of receiving right wing votes.

Sadly, Clinton has diluted what she claims to truly support in order to win the votes of closed-minded Americans.

It seems that Clinton genuinely supports gay rights. While speaking to gays and lesbians at a Human Rights Convention this past March, Clinton promised that the White House door will always be open to homosexuals if she is elected president. Clinton recently expressed staunch support for gay couples who want to adopt children.

She also spoke of trying to pass legislation that would grant homosexual couples the right to civil unions with the same benefits as those given to "legal couples."

Many Americans feel relieved that a likely candidate for the presidency supports rights and equality for all.

"I think it's about time that someone fights for gay rights. The American government should protect all people — not just straight people," junior Sarah Wright said.

However, if Clinton supported gay rights as much as she claims to, then she would fight for the rights of homosexuals to obtain state-ratified marriages, not just civil unions.

While politicians and anti-gay activists may say that marriage and civil unions are "different but equal," the truth is that apples do not equal oranges and nothing different can be equal. One needs only to refer to the



racial segregation of the 1960s to realize that the idea of separate but equal is not just.

"Politicians like Clinton and Barack Obama know they can't come out officially for homosexual so-called marriage, so they don't take that final step," said Peter LaBarbera of the Americans For Truth, an anti-gay activist group in an interview with Jim Brown, a writer for One News Now online.

Clinton once mentioned the necessity for honesty in government and voiced her opinion that the American people "are tired of liars and people who pretend to be something they're not." This statement rings somewhat hypocritically.

"Hilary Clinton doesn't seem very honest or sincere. She shouldn't just change her opinion about things to please her audience," sophomore Merry Yuen said.

Clinton feels very strongly about gay rights while speaking to thousands of gays, but while speaking to America on ABC News, Clinton avoided the question of whether homosexuality is immoral by saying: "Well I'm going to leave that to others to conclude."

"America needs a strong president now more than ever, and that means someone who will really stand up for what he or she believes in," junior Matt Cordell said.

Unfortunately, it is not just Clinton but all politicians today who would change their opinions and sell their souls for a spike in voting numbers and popularity.

Clinton's ambiguity makes her seem weak and indecisive — traits that Americans probably will not tolerate in a presidential candidate.

Student Activists

These students love to get involved



Anton Swain-Gil

by qing yorkwilliams
staff writer

High Tide: What cause are you most interested in and why?

Anton Swain-Gil: I am concerned about the government trying to control our lives because one person controlling another goes against my beliefs. I am also interested in the environment, hunger, poverty and disease all over the world.

HT: What have you been involved in recently?

AS: I went to a rally to impeach President Bush where a few hundred other people and some friends of mine stood in the shape of the word "impeach" on the beach in Del Mar. I also did a canyon cleanup.

HT: What was your most memorable event?

AS: When I went to an anti-war/Bush demonstration downtown. People were getting really rowdy, and when I went into the streets there were tons of policemen everywhere blocking the protestors with cars and horses.

HT: What do you hope to achieve?

AS: I hope to become president so that I can make all the drastic changes I have dreamt of. I would implement sweeping reforms concerning the environment, education, and the protection of people's freedom, and I would advocate an increase in local government control.



Lindsay Olsen

High Tide: What causes are you most interested in?

Lindsay Olsen: Globally, I think that the atrocities committed in Africa, specifically Uganda and Darfur, deserve a lot more attention. I am also very much opposed to the way people are treating the planet. Mother Earth is a good friend of mine. Nationally, I think all the corruption in the government needs to stop. I like to be able to trust people.

HT: Is there a person in history you look up to?

LO: I look up to people who are non-violent and bring about change. I appreciate their message, their message of love. Mahatma Gandhi, Martin Luther King Jr., John Lennon, just to name a few. Rosa Parks for sure. Love thy enemy.

HT: How long have you been an activist?

LO: It all started in the womb. Hippie parents, you see. Especially my mom.

HT: What act of activism are you most proud of?

LO: I have been to a fair share of protests and the like, but I am most proud of the time when I talked to this twelve year-old girl on the bus. I told her about the world and my view of it, and the look on her face, like, "I'd never thought of it that way" was awesome. I even made up a song about it and sang it to her. You can make a difference just by making one person more aware of the world.



Summer Dunsmore

High Tide: When did you first become interested in activism?

Summer Dunsmore: When I was young I became a vegetarian and started educating myself about animal cruelty. People think animals are inferior, but I think that they deserve equal respect.

HT: What cause are you most interested in?

SD: I am interested in aiding the situation in Darfur and supporting all of Africa. In today's world a corrupt and ignorant government is the worst thing a country can have. We need to practice diplomacy and do what is right as a free country.

HT: What have you done that has been most memorable or effective?

SD: I rallied against the inclusion of bull fighting as an Olympic sport. We stood outside of the commencement ceremony in downtown San Diego. People were angry that we were using our freedom of speech in a "family area."

HT: What do people need to do to make the changes that you think need to be made?

SD: I think the biggest problem at our school is ignorance. Some people do not even know what Sunnis and Shi-ites are. People can live a pedantic life and be satisfied; they do not know or they do not want to know what is actually happening. It is important to know how to be a contributing member of society.

photos by brie bates

Political Profiles

Many politicians are picking up on the new trend of advertising themselves through Myspace.com

by aditi shah
staff writer

Wouldn't it be great to have Barack Obama or Hillary Clinton as your friend? Well, now that dream can be achieved through Myspace.com.

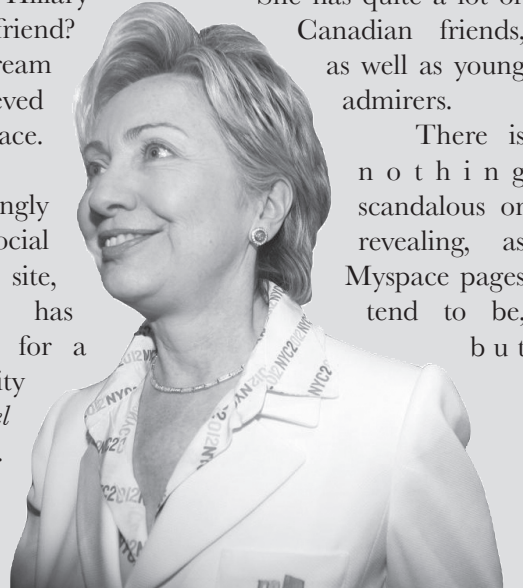
The seemingly ubiquitous social networking site, MySpace.com has become a center for a political community called *Impact Channel* on its Web site. This community has been designed to make it easier for politicians, non-profits and civic organizations to connect with a younger demographic. This is similar to the Music and Film Communities that Myspace has created in order to connect users.

As part of the launch of *Impact Channel*, ten presidential candidates, five Republicans and five

known, since she has 4,831 friends and 312 comments. Some of her friends aren't even of age or from the US.

She has quite a lot of Canadian friends, as well as young admirers.

There is nothing scandalous or revealing, as Myspace pages tend to be, but



Hillary Clinton

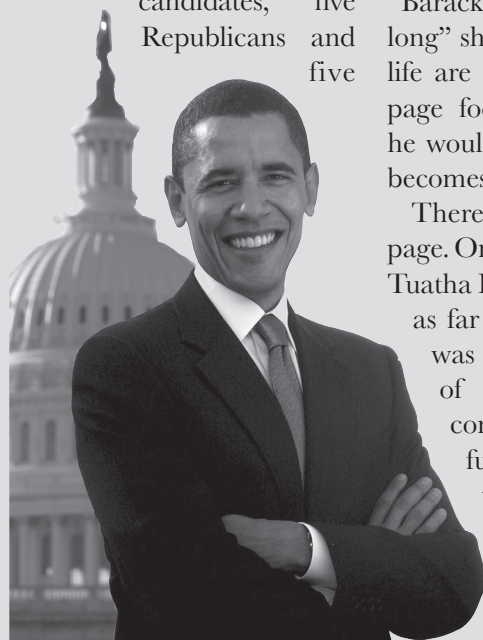
the page is sweet and to-the-point.

However, Barack Obama seems to have gotten the popularity vote with his 80,899 friends and 12,245 comments. His friends, especially the girls, show their pride with their "Barack and Roll all night long" shirts. His blurbs on his life are short, as his Myspace page focuses more on issues he would want to tackle if he becomes President.

There is a lot of love on this page. One friend, Brandi of the Tuatha De Dannon, even went as far to claim that Obama was the embodiment of love. Most of the comments are positive, full of suggestions on what to campaign on, or just comments with reassurances that Obama has got their vote.

The *Impact Channel*

political community will include a voter registration tool, links to all official candidate profiles, videos, events, news, and job listings relating to *Impact*. The new *Impact Channel* enables the MySpace community to learn about the candidates, communicate with other potential voters, experience political processes, and understand the issues debated and organizations being formed.

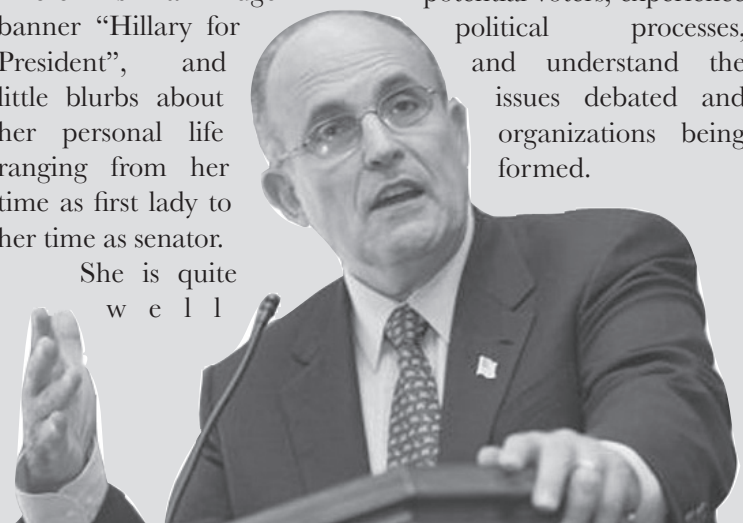


Barack Obama

Democrats launched their official MySpace profiles. The main names participating from the 2008 Presidential Election in the Myspace *Impact Channel* are Barack Obama, Hillary Clinton, Rudy Giuliani, and John McCain.

Clinton's site is very limited. There is a huge banner "Hillary for President", and little blurbs about her personal life ranging from her time as first lady to her time as senator.

She is quite well

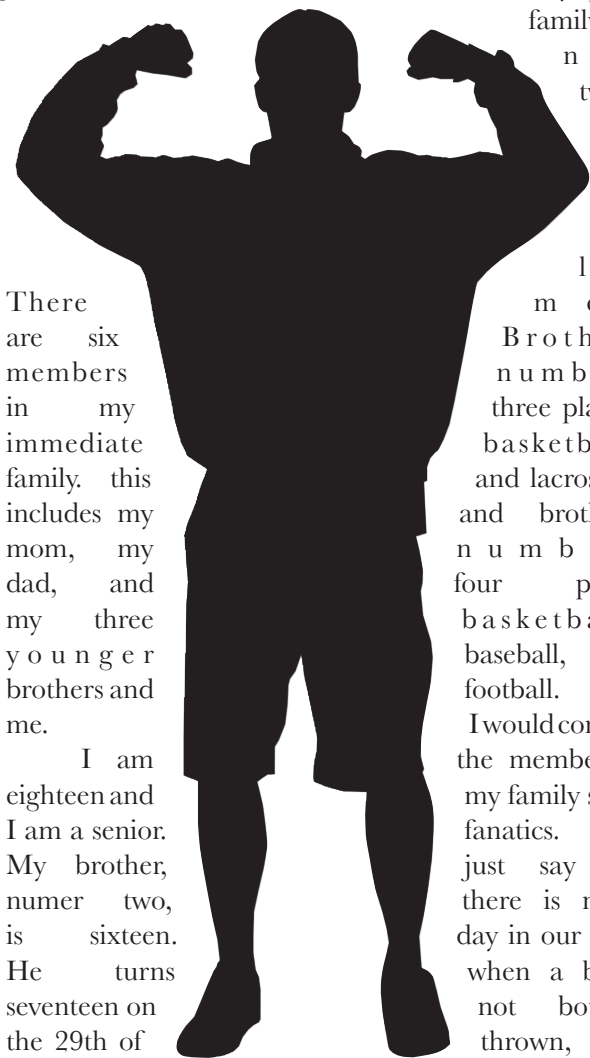


Rudy Giuliani

photos courtesy of flapsblog.com, myspace.com/barackobama, and www.posttimes.ee

Guess Who Family Edition

by **lauren murray**
features editor



There are six members in my immediate family. this includes my mom, my dad, and my three younger brothers and me.

I am eighteen and I am a senior. My brother, number two, is sixteen. He turns seventeen on the 29th of April, he is a junior. The third oldest is fourteen and is a little freshman. My brothers and I all go to La Jolla High except for my youngest brother, he is thirteen and goes to All

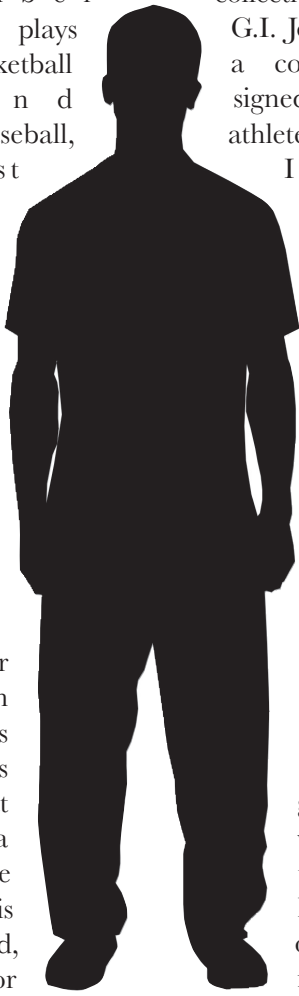
Hallows Academy.

We are a very sports oriented family. Brother number two plays basketball and baseball, just like me.

Brother number three plays basketball and lacrosse, and brother number four plays basketball, baseball, and football.

I would consider the members in my family sports fanatics. Let's just say that there is not a day in our house when a ball is not bounced, thrown, or shot.

My family has a couple of different sports teams. For football it is the Chargers and the Fighting Irish from Notre Dame. For baseball it is the Padres. We are all about the



San Diego teams. Our mom is the one who makes sure that the Padres are on every night, but we have to have our homework done before we sit down and watch.

My family has a couple of collections. We collect G.I. Joes and we have a collection of balls signed by professional athletes.

I would say that my family gets along pretty well especially for four boys. When it comes to sports, we get pretty competitive. Basketball, football, and wiffle ball all have sparked fights in the past. Now that we get along better, we work out together.

I recently went on a memorable family vacation with brother number two. We went to Newport Beach and bodysurfed the Wedge. It was fifteen feet and breaking on the shore. My whole family really enjoys going to the beach and

we spend most of our summer in the water.

My mom is well-know for her cookies they are legendary. All of our friends would say the same. She also makes the best spaghetti. It is a family recipe she got from her great grandmother. She is a great cook.

We used to have a dog named Sunny. Now we just have some fish. Everyone asks us their names, but we don't name them – fish don't need names.

My family enjoys watching movies. *Cinderella Man*, *The Godfather*, and *The Three Amigos*

definitely go down as family favorites. We don't watch too much T.V.

Our family is also very musical. Brother number two is a very good saxophone

player. Brother number three plays drums, and I play bass guitar. We have a little band with a friend of ours who plays keyboard.

We listen to a lot of Grateful Dead, The Allman Brother's Band, and the Beatles a.k.a. the best three bands of all time. Brother number two also plays the Irish Tin Whistle.

My family is mostly Irish, a little German, and a very little bit Italian. Our family is very close to our Irish heritage. Last summer we made a trip to Ireland to see our great-great-great-grandfather's grave.



**The Guess Who
contestant from
the previous issue
was...
Brady Miller**

photos by lauren murray

CRIME SCENE IMITATION

CRIME SHOWS POSE A THREAT TO POLICE FORCES

delaney maher
staff writer

As the reality television industry soars, producers are eager to find new, exciting ways to keep viewers tuned in to script-based programs. Shows such as *Crime Scene Investigation* (CSI) and *Law & Order* cleverly combine on-screen drama with actual forensic cases and lawsuits to make the programs seem extremely realistic.

Critics are skeptical as to how realistic these shows are and some say these shows may even be too vivid to the point of being dangerous.

Recent studies show that families are not the only people tuning into these programs. Real life comen have been known to study CSI-like shows and vigorously memorize the process of cracking a case.

According to Ray Peavy, the head of Los Angeles County Sheriff's Homicide Department things like cigarette butts, coke cans, beer cans, sweaty hat bands, blood, semen, or hairs, are no longer being left at crime scenes.

Critics worry that the shows

that aim to imitate crime scenes and murder cases can make it more difficult for the investigators as criminals may have learned new and more effective ways to get away with crimes.

Crime scene investigators must now vigorously search the premises of the entire crime location, contrary to earlier times, when any evidence left behind was outstandingly obvious. By watching *CSI*, criminals can get an advantage on their situation and learn helpful tactics from the show.

What prosecutors have come to call this "The CSI Effect" it is a process in which criminals are extremely prepared to cover their tracks, due to the insight they have gained from watching the show.

Convicted of manslaughter in Ohio, Jermaine McKinley admits to watching *CSI* and taking mental notes on different situations. He blames his knowledge of criminal techniques, such as using bleach to remove any evidence of blood, on watching *CSI*, or being hit by the "CSI Effect."

Criminals are not the only

people affected by this television frenzy. Judges and jurors now have high expectations for the amount of evidence to be presented in a case. On the shows, the amount of evidence can be unrealistic and might lead *CSI*-watching jurors to be disappointed in their own real-life cases.

"If I am able to learn so much from an investigation show, why can't criminals?" freshman Kayli Ver Steeg, a *CSI* Las Vegas fan said, "it worries me that criminals might be watching the show and learning things from the information it provides."

Others have come to believe that *CSI* is so far from realistic that the public shouldn't even

think twice about their safety. While some of *CSI*'s law and scientific reasoning is real, a lot of it is fictional, and many take comfort in the fact criminals will benefit in no way by watching reruns.

"I watch *CSI* all of the time...I think it's great," senior Tiffany Stidman said, "I'm not worried at all about criminals learning from the show. It is more of a drama than a science show."

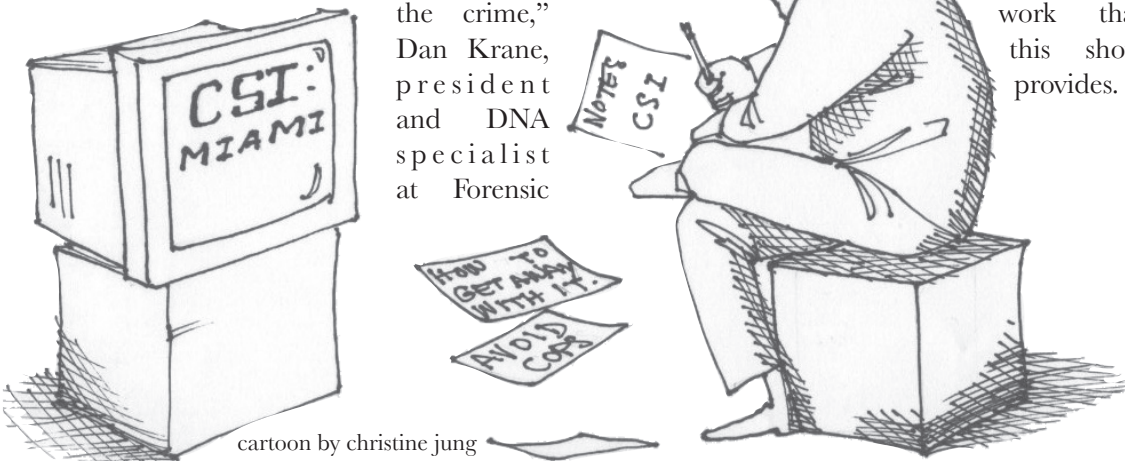
Like Stidman, many watch the show for the main characters and the continous plot line instead of the scientific background.

"You never see a case where the sample is degraded or the lab work is faulty or the test results don't solve the crime," Dan Krane, president and DNA specialist at Forensic

Bioinformatics in Fairborn, Ohio, said, "these things happen all the time in the real world."

With over 40 million viewers tuning into *CSI* and its multiple spin-off shows, it is no wonder that this show has caused controversy. It seems that people who are actually involved in law or science tend to like these shows less because of the unrealistic, quickly-solved cases.

Those viewers who watch the show for pure pleasure admit to having learned a lot from the show, and fear that criminals might be benefiting from the behind-the-scenes look at forensic work that this show provides.



cartoon by christine jung

Sweet sixteen

by chelsea zeffiro
staff writer

During March Madness, chaos among college basketball fans sweeps the nation.

In four pods, the lowest and highest of sixteen seeds are paired against each other to compete in the tournament. The high and low ranking extremes are paired against each other; thus making it possible for critics to give the public odds.

The tournament is set up to give the underdog a chance to compete against the very best. However, when the underdog, or lowest seed, wins, it is a huge upset. For this reason, March Madness is a tournament that the American public looks forward to every year.

Excitement is raised by the nail-biting and buzzer-beating games that rivet the audience. Underdogs can pull top seeds into overtime for an especially exciting

victory.

Just last year, a barely known George Mason University made it to the semi-finals. This year, there have been few upsets, making it less exciting and more predictable for sports fans.



Purdue beat Arizona, Winthrop beat Notre Dame, ECU beat Duke, and Xavier beat BYU, all as expected. The lowest seeds to move on were two #11 ranked teams.

The usual excitement occurs during the #5 vs. #12 matchups, but this year there was little to be left to the imagination.

Fortunately, the second round of March Madness was a bit more exciting. Against all odds and expectations, Butler beat Maryland. An even bigger upset than Butler was #7 seed, UNLV, beating #2 seed, Wisconsin in the Midwest.

Other unpredicted outcomes were USC beating Texas, Vanderbilt beating Washington State, and Tennessee beating University of Virginia. Though the second round was much more exciting than the first, it is still not comparable to the excitement of last season's tournament.

In round three, where only sixteen teams remain, there

were no upsets.

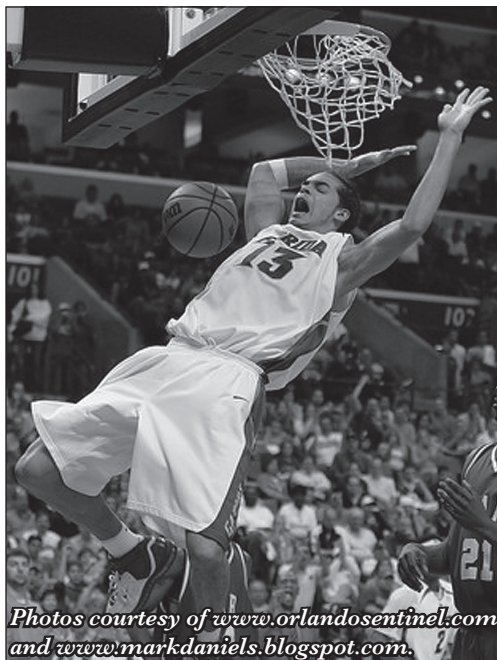
"The 2007 Sweet Sixteen games were the most boring games I have watched in the NCAA. All of the games were close, but there were no upsets. George Washington and Ohio State almost lost but did not. UNLV had a good run but wasn't able to beat Oregon," senior Kevin Jones said.

The Elite Eight went according to plan. There were a few upsets but the teams that were expected to play, were in.

The surprising loss was North Carolina.

Many fans believe that the best part of March Madness is the Final Four because the four top teams battle for the title. Florida, who was ranked first, was matched up against second place UCLA.

Last year, in the National Championship, UCLA and Florida were also matched up in the so there was a lot of rivalry between each of the



Photos courtesy of www.orlandosentinel.com and www.markdaniels.blogspot.com.

Slam dunk: (Above) Joakim Noah of the Florida Gators goes up for a basket during the final game of the NCAA Championship. (Right) Noah and David Lighty of Ohio State join in on the excitement of the game.

teams and their respective fans.

"My sister's boyfriend was rooting for UCLA all the way," sophomore, Kelley Satterlee, said.

The other game was between Georgetown and Ohio State.

"Ohio State is solid all around and have proven that they belong in the number one seed," junior, Natalie Barringer, said.

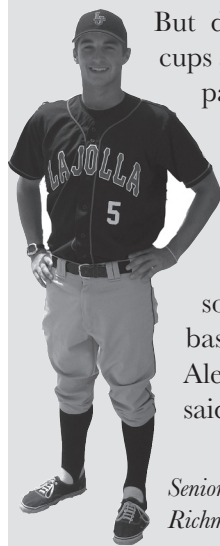
The Florida Gators ended up winning 84-75 against Ohio State., defending their title.

RANK YOUR UNIFORM

by sean hamilton
staff writer

Baseball: "I think this years baseball uniforms are the best they have ever been. The home game jerseys this year are sleeveless, and the hats are flex fit. I also like the logo on the hats, but the hats get really dirty especially when we are sweating out there.

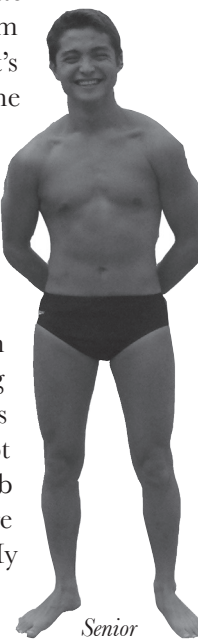
But definitely the cups are the worst part of the uniforms - no need to explain. But better safe than sorry," varsity baseball pitcher Alex Abbot said.



Senior Casey Richmond

Waterpolo:

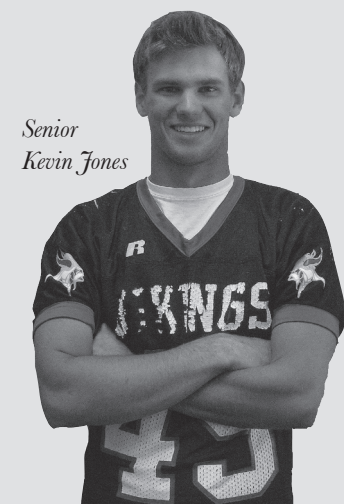
"I like my water polo uniform because it's basic. The whole uniform is only a Speedo. I like the feel of liberation when swimming in it, plus there is a lot less to grab when you're in a game. My favorite part about the Speedo is the number on the side. But it is really constricting and gives me the worse tan lines," varsity boys water polo player Hunter Brown said.



Senior Vincent Kennedy

Football:

"Wearing the football uniform is really sick because it feels real. Looking sick is the most important part of football. The silky smooth jersey helps me run like the wind across the field. The ladies say 'Damn, you look good,' but I just tell them it feels real," varsity football player, senior Rob Sprong, said.

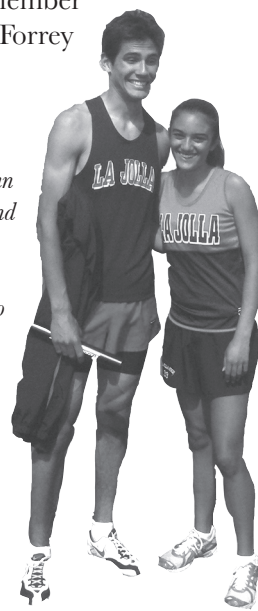


Senior Kevin Jones

Track:

"The track uniforms suck. The shorts are like parachutes when you run, but the shirts are sleek, so I guess it's better than the Volleyball uniforms because they are really old and baggy," JV girls volleyball player and track member Megan Forrey said.

Junior John Jackson and sophomore Courtney Courtney



Photos by Haley Hammershaimb, Hana Francisco, and Jennie Matusova

Lacrosse:

"The worst part about the uniforms for lacrosse is the skirt; they are so long that they go above your belly button. The shirts are just regular cotton so they aren't that bad, but I like the goggles. I would much rather wear goggles than a helmet like the boys any day," JV girls lacrosse player Nikki Exjergin said.

Sophomore Delfina Boudou



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Standout Athlete Ian and Mitch Perlman

by **ilya altshteyn**
staff writer

High Tide: First things first. What sports do you guys enjoy most?

Mitch Perlman: I would have to say golf, basketball and ping-pong.

Ian Perlman: And my favorites are golf and

basketball.

HT: What sports have you played while at La Jolla High?

MP: We have both played basketball and golf. However, we are currently only playing golf.

HT: Out of all the sports there is to choose from, why did you decide on golf?

MP: Because I'm 6 feet tall and white...

HT: Who would you say is the better player of the two?

MP: Ian.

IP: Mitch.

HT: But one of you has to be

better...

MP: Well, Ian has the better score but that's not the only thing that matters.

HT: Which of you takes the sport more seriously and why?

MP: Ian is probably the more serious one because he is more technical with the sport.

HT: What have been your greatest athletic accomplishments?

IP: Injuring Cavi during the Senior vs. Faculty basketball game. Oh, and I've also had two hole-in-ones.

HT: Who is your favorite professional golfer?

MP: Tiger Woods because everything he does within the sport of golf is perfect.

HT: Have you ever met a professional athlete?

IP: I golf with the Chargers football coach sometimes.

HT: Do you have any embarrassing moments while out on the course?

IP: Mitch has been pooped on by a bird twice.

MP: Hey, it's good luck.

HT: Can you give us any insight into the La Jolla High golf season this year?

IP: We will probably be one of the top schools in the county, and even better we'll

hopefully go to state.

HT: Who will be your biggest rival this season?

MP: Bishops.

IP: Cathedral.

HT: Which match do you think will be the most important of the season?

IP: The match against Saints will be the most difficult because they are usually the best team, and will probably be again this year.

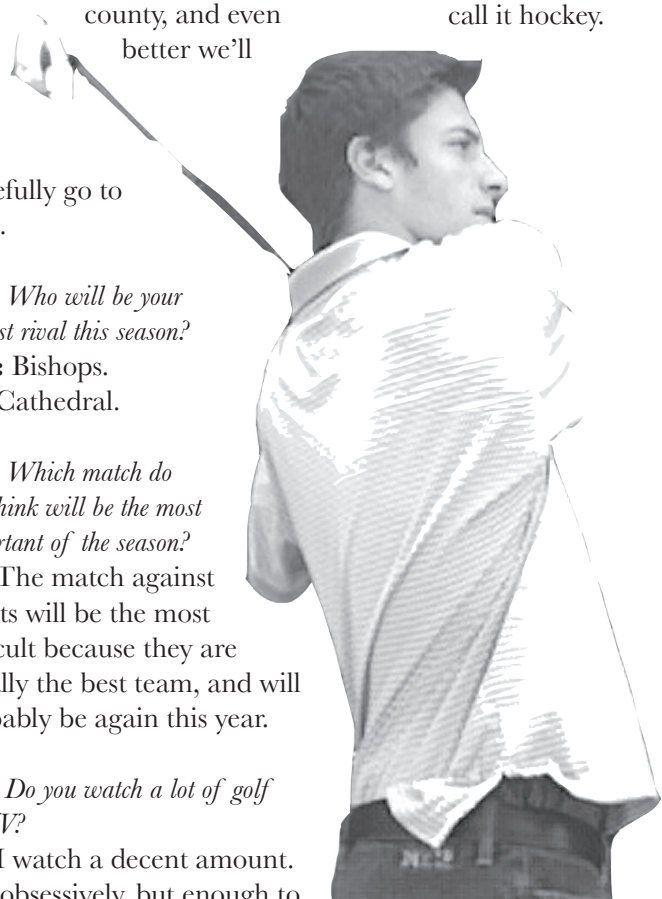
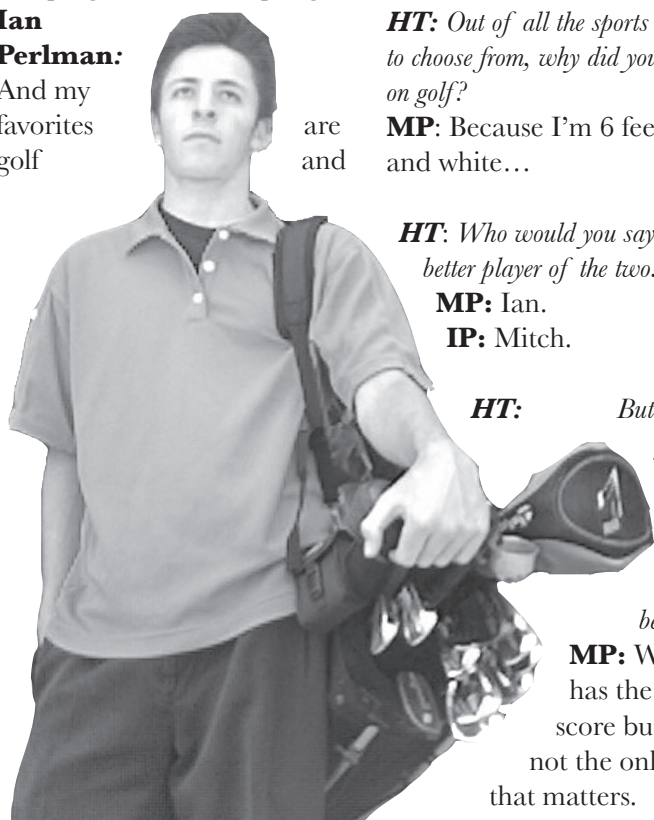
HT: Do you watch a lot of golf on TV?

IP: I watch a decent amount. Not obsessively, but enough to keep up with current events in the sport.

HT: A lot of people think golf is

boring; how do you feel about that?

MP: If golf was easy, they'd call it hockey.



Left: Mitch prepares for match
Above: Ian practices his swing :
Photos Courtesy of Ian and Mitch Perlman

Viking sports spring into action

Badminton

by **natalie reusser**
staff writer

Once again it is that time to "rock the shuttlecock." More than just a fun sport to play in P.E., badminton is a sport of aerobic stamina, strength and speed. It requires good hand-eye coordination combined with sophisticated racket skills. In each game there are 17 simultaneous matches being played, and the winner of each match is determined by two out of three rounds won.

Each game is played to 15 points, except for women

singles which are played to 11 points. Matches are played by singles or doubles, mixed with both boys and girls. Badminton is the only sport on campus that both boys and girls play and compete against each other.

Two promising star athletes on the team are sophomore Will Howard and senior Chelsea Raley, both known for their excellent racket skills.

"It's hard work, and can be very tiring," junior Whitney Wing said about the quick and intense sport.

The badminton team uses shots such as the smash, backcourt, drop and drive

shots. So far the Vikings have won several key games, and are hoping to have more victories as the season progresses, especially against their biggest rival Cathedral Catholic High School.

The LJHS badminton team is dedicated and full of team spirit. The team members are known to shout "rock the shuttlecock" and "stroke it, don't poke it," as they cheer on their team mates.

"People should come see all our home games. It doesn't matter which one because we win them all," team player senior Gabe Roudolf said.

Swimming

by **aditi shah**
staff writer

All those hours of practice the girls and boys varsity team has endured are finally paying off. The team is getting pumped up for their upcoming meets this season.

The swim team, led by Coach Tom Atwell, practices for a minimum of three hours a day, combining swimming with weights and other physical training. They practice under all weather conditions, except for thunder and lightning.

The school practices only



Photo by Jennie Matusova

Flying birdie: Badminton team members seniors Chelsea Raley and Thien-Thao Trinh focus intensely on bringing home a Viking victory.

makes up a fragment of some swimmers lives, as club practices are held at 5:00 AM, as well as on the weekends. The team, which consists of about 50 kids, is looking towards a bright season, especially after easily defeating Coronado High on March 21.

The CIF, City Conference and the Western League meets are what the Vikings are working hard to win. They pose quite the challenge, however, considering how hugely competitive swimming is.

There is a lot of motivation for these swimmers, since the sport possesses many

rewarding benefits. Swimming is physically demanding and Coach Atwell's workouts are notorious for their intensity.

The swim meets are known to be chaotic, considering the number of participants and all the events constantly being called one after the other.

"I am sure that we are going to City and CIFs. We have been practicing and will continue to practice really hard, and we have some great swimmers this year, so I am excited!" swimmer Senior Grace Benefield said.

The season looks promising for the team and they are hoping to bring home the titles.



Photo by Hana Francisco

Splashing around: Swimmers make their way down the pool lanes as they get in shape for the upcoming meet.

Baskin
cont'd from Page 1

not only the widely viewed and photographed boycott events, the public marches, and the emergence of Martin Luther King Jr. as a leader of the movement, but also the tragic happenings that affected her friends and neighbors. As a journalist, Baskin tried to maintain an objective view on the topic, but due to its dramatic effect on the nation as a whole, it was hard for her not to get her emotions involved. With strong wit and passionate public speaking skills, Baskin was able to captivate her audience. She tried to make people really think about the past and the struggle for black civil rights. She told the juniors about how the United States has come so far and how easy it would be to fall back on such awful terms.

Baskin hasn't given up her days as a journalist; she still is writing, but now for the Monitor. Even at the age of 90, Baskin is just as passionate and strong at heart as she was in her start.

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Eating out to benefit AIDS

by brie bates
creative director

San Diego will be participating in Dining Out for Life on April 26th, an international benefit involving restaurants, AIDS groups, sponsors, and hungry participants. Dining Out for Life (DOFL) was created in 1991 in Philadelphia, and became an international event by 1993.

In North America alone, more than 2,500 restaurants a year donate over \$2 million dollars to HIV/AIDS prevention programs. More than 40 restaurants in San Diego will be pledging 25% of their funds to San Diego's The Center's (Lesbian Gay Bisexual Transgender Center) AIDS, Latino, and youth services and programs.

Locally sponsored by KPBS, Subaru, Gay and Lesbian Times, and American Airlines, among others, many popular restaurants and night clubs such as Taste of Italy, Saigon on Fifth, Urban Mo's, and the Brass Rail Nightclub will be participating. The world-renowned fundraiser is happening all across California's coast and in twenty-seven other states across the country. For a complete list of participating San Diego restaurants, visit www.thecentersd.org.

Wheel cont'd from Page 1

my friend's Super Nintendo" Tapia said. "It's so nerdy to have it as a dream."

She hoped to win \$100,000 and go on a honeymoon with her husband "to Europe and go everywhere and see everything." At the March 24 taping of the show, Tapia lead throughout the show. She won over 10,000 dollars, a trip to Switzerland, and even filled in all the letters to the word that would get her to the bonus round. But faced with "PICTURES_UE," she incorrectly guessed "H" which cost her the bonus round as well as the trip to Switzerland.

Tapia said that she was going to put 5,000 dollars in the bank for her honeymoon fund.

Getting on the show was a long process. Tapia had attended one of the open auditions at Barona Casino along with 1000 other people and turned in her application. After few weeks she was invited to come to an audition to compete with 50 other contestants for four hours. All of the contestants got a chance to spin the wheel and solve puzzles. The contestants were not allowed to talk to one another. In fact, even just making eye-contact were grounds for disqualification. Many viewers wonder why people do not time the spin in their favor; it has to do with the fact it is difficult to even make a full cycle on the wheel due to its sheer weight and because it is grounds for disqualification.

The show will air Wednesday, May 19 on NBC.

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LJHS Performance of THE CRUCIBLE

by sarah mook
staff writer

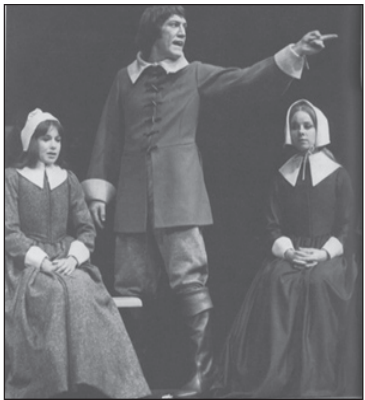
A society is thrust into turmoil at the hands of self-serving manipulators and sinners in *The Crucible*.

This time the La Jolla High drama department is leaving behind the refined humor of *The Importance of Earnest* in favor of a serious tragedy loaded with symbolism.

Sophomores Max Cenoz and Jennifer Bendelstein lead the play as John Proctor, the honest protagonist, and Abigail Williams, the cunning adulteress who began all of the witchcraft lies.

The play uses the Salem witch trials as a backdrop for the moral struggles of John Proctor. Proctor must choose between telling the truth and risking his life and marriage or staying silent and safe.

“This may be a play based on the Puritan witch trials, but it’s pretty



modern with all the backstabbing and attitude,” sophomore Deepti Kingra, who plays Tituba, said.

The Crucible was a rather difficult endeavor. Erratic practice schedules and the change of lead actors dramatically impacted the time it has took to produce the play.

“The lead [actor] changed because he was busy and [the play] would have been too much of a hassle for him,” sophomore Ryan Luster said.

Despite being canceled twice thus far, the drama department feels confident about the quality of the play.

“I’m excited and we worked hard on it,” sophomore Lilia Houshmand said.

The Crucible opened on April 12 and will continue to perform until the 28.

This could possibly be the last play Ann Boutelle will direct.



photos courtesy of www.withcraft_crucible.com

COACHELLA 07

tatiana soutar
staff writer

The Coachella Valley Music and Arts Festival is back this year and it is bigger than ever.

The event has been expanded to three days from the traditional two, and over ninety bands are set to perform.

The festival is held at the Empire Polo fields, in Indio, California, just outside of Palm Springs, which is three or four hours from San Diego, depending on traffic.

The hype this year is over Rage Against the Machine, headlining Sunday night, which has reunited after breaking up in 2000.

Coachella is famous for its wide variety of music. This year it boasts one of largest and most diverse line-ups in its eight year history.

Included on this year’s bill are Brit pop sensations

the Arctic Monkeys and the Kaiser Chiefs, underground rap acts such as the Coup and Lupe Fiasco.

Indie favorites Travis and Blonde Redhead, and, to round it out, country legend Willie Nelson.

Also headlining are Bjork and the Red Hot Chili Peppers.

The festival starts at noon on Friday, April 27th and closes with Rage’s set on April 29th.

“I can’t wait to see Benny Benassi, Tiesto, and the Red Hot Chili Peppers. It’ll be like a modern Woodstock - 65,000 people will join together and feel the music as one,” senior Cristina Cheng, who will be attending the festival this year, said.

Junior Zach Clemente will also make the journey to Coachella.

“I’m excited about all the DJs that will be there, certainly DJ Shadow, Infected Mushroom, Tiesto and maybe Hot Chip” Clemente said.

“I’m glad Rage Against the Machine is back together and are playing more shows. I’m sure it will be the event of a lifetime, if it



doesn’t kill me,” he said.

Rage’s reunion has made tickets for the festival a hot commodity, and three day passes as well as individual tickets for Saturday and Sunday have already sold out.

Sunday tickets are going for high prices on websites like eBay and Craigslist, sometimes selling for up to a thousand dollars.

Accommodations will also be hard to come by.

Many hotels in the area have been booked up for months, and camping is restricted to those under eighteen.

For those willing to go all-out, renting a condo or a vacation rental is a an option, and it is a great way to stay with many friends and avoid the hassles of camping, like having to fight with other festival goers over showers.

Coachella this year is going to be a once in a lifetime event, certainly worth the heat and expense.

photos courtesy of www.ivent2coachella.com



A Crowd In The Desert: (above) Fans enjoy *The Flaming Lips* at last year’s festival. (Top Right) Many crowds enjoy the vast array of artists that perform at Coachella. (Top Right, Bottom) Rage Against the Machine make their comeback this year.

Movie Reviews

by amy twohig
staff writer

Reign Over Me

In *Reign Over Me*, Adam Sandler delivers an excellent performance as a man heart-broken over the death of his wife and three daughters who died in the 9/11 tragedy.

Sandler creates the film’s emotional climax when his character opens up to his friend Alan Johnson (played by Don Cheadle) and finally admits his incredible grief and loss.

Don Cheadle believably plays a devoted family man and dentist determined to help his old friend overcome



Bob Dylan?: Sandler and Cheadle get cozy on the set.

overwhelming pain.

Cheadle’s performance in *Reign Over Me* seems lackluster when compared to his performances in other movies such as *Hotel Rwanda* and *Crash*.

Sandler and Cheadle have great chemistry together and truly seem like close friends.

Although Sandler’s and Cheadle’s individual performances are memorable, ultimately the film is forgettable. *Reign Over Me* feels like it runs much longer than the actual 128 minutes.

The editors included too many superfluous scenes and the movie drags on so that viewers lose interest.

Sandler delivers so many emotional outbursts that viewers end up feeling exhausted by the movie’s end.

The Hi-Tide grants this film two out of five possible stars.



Black Snake Moan

Christina Ricci delivers her best performance ever in one of the most odd and morbid films recently made.

For the first three quarters of *Black Snake Moan*, Ricci’s character, Rae, shocks viewers with her insatiable appetite for sex and her willingness to exploit her body for any random man. Rae’s intense nymphomania confuses viewers until the end of the film when Rae admits to her traumatic childhood secret.

The extremely talented Samuel L. Jackson plays a Southern farmer named Lazarus. He perfectly inhabits the role and gives the raw film warmth and color.

Lazarus becomes a sort of father figure and healer to Rae, inspiring her to stop seeking love from everyone, and that sex does not equate love.

Justin Timberlake, who plays Rae’s boyfriend Ronnie, portrays an overly emotional and teary-eyed wimp.

There is very little emotional

chemistry between Ricci and Timberlake. It is clear that Timberlake should try to stay out of the movie industry.

Despite some weak performances, the High Tide gives this unusual and intense drama three out of five possible stars.



It’s Hard Out Here For A Nymph: Ricci plays a nymphomaniac in this intense film.



Blades of Glory

In this classic Will Ferrell film, the master of slapstick comedy brings home another Blockbuster hit. This storyline consists of two male ice skaters, Chazz Michael Michaels (Ferrell) along with rival Jimmy Macelroy (played by John Heder).

When the two get kicked out of professional figure skating, they are forced to join together and enter the competition as a pair.

The vast amount of man on man contact between Ferrell and Heder leaves the viewer somewhat uncomfortable. However, the audience stays laughing throughout the film. The High Tide gives *Blades of Glory* four out of five stars.



SAN DIEGO BANDS TO LOOK OUT FOR

Diego Roots, Higher Minds, and Dare Devil Jane make up part of the growing music industry in San Diego. These three popular bands travel across California from their hometown of San Diego all the way up to Sacramento when they are on tour. The responsibility of making their songs genuine is tough, but these bands have pulled together and have made an honest selection of music.

by **abish simh**
staff writer

DARE DEVIL JANE

Dare Devil Jane's music originated in the beginning of 2005.

Their style is relentlessly contagious and has spread across the United States.

Comprised of vocalist Adrian Gunner, lead guitarist Micah Anderson, guitarist Matt Anderson, bassist Chris O'Brien and drummer Trevor Armstrong.

As their music grew so did their visions to expand. "Everything just seemed to click from early on." Daredevil Jane stated.

With that said Dare Devil Jane has sprouted a seed for true talented rock music.

"Well out of the three bands [Diego Roots, Higher Minds, and Dare Devil Jane] I would say for sure that Dare Devil Jane is the most popular of the three," junior Ernesto Corrales said.

Today's population values music as much as the old values literature and art.

Dare Devil Jane's music can be heard, and fans can be informed of upcoming shows at www.myspace.com/daredeviljane.



Dare to rock: (above) pictures of daredevil jane performing and lead singer Gunner screams into the microphone (bottom right) band members pose for the camera. photos courtesy of www.myspace.com/daredeviljane/music.html



DIEGO ROOTS

Diego Roots is inspired by some of the most popular bands ever. The Police, Sublime, and even Bob Marley had his part to play.

The group has four members: vocalists Chris McConnaughey, guitarist Ryan Kelley, drummer Josiah Panella and bassist Brandon Jensen.

All four of these members are San Diego Natives and the birth of their rock music was born in 2001.

The band also has a large inventory of original music as well as dedicated fans, which makes them one of the most reputable bands in San Diego.

"I have heard of them but I did not know that they were actually a tour[ing] band. I just thought they were a garage band, but now that I know, I'll check them out," sophomore Dylan Boyce said.

Diego Roots can be reached at their Myspace page (www.myspace.com/diegoroots).

photos courtesy of www.myspace.com/diegoroots/pictures.html

HIGHER MINDS

Unlike most of the bands in San Diego who go after a rock scene, Higher Minds makes up the population of those who take the other route, hip-hop.

"Yeah, they're actually really good. It's more like underground hip-hop and it's old-fashioned, it's oldies. I love them especially since you can use their MySpace music on your [own] page," sophomore Juan Dominguez said.

Band Members MileSeven and Stevie-b are both from San Diego and have both grown up in a city where hip-hop isn't as popular as places like New York and L.A.

However, these two artists

are determined to change that stereotype.

Both Stevie-b and MileSeven had one goal, to sharpen their lyrical skills and release their first album, "Evolution."

Shortly after forming the band, the album came out and was soon followed by their new album Higher Minds "EP 1."

This was only the beginning allowing Higher Minds to release new albums one-by-one and go on tour in all of California, spreading their hip-hop influence everywhere.

Higher Minds can be previewed at www.myspace.com/higherminds.

photos by www.myspace.com/higherminds



Flying High: pictures of the bands (above right) album cover and (above left) performance (left bottom) Diego Roots performs their hit single with passion.



Thursday is the new Friday

The MoCA offers students a weekday attraction

by **chelsea zeffirio**
staff writer

On the first Thursday of every month, the Museum of Contemporary Art in downtown San Diego hosts a program of 'intriguing events.'

For example, the last TNT was a themed 'retro night' and everyone dressed mod.

"You get to meet lots of interesting people, and see a lot of new, interesting artwork," senior Susie Dershowitz said.

'TNT' stands for 'Thursday Night Thing' and is organized by the MCASD to showcase different and daring new exhibitions.

It gives all Museum members a great chance to get involved with the Museum. It is also a fun event for all ages.

These Thursday nights are organized, but are not limited to, members of the museum.

All sponsors come together to give the community a chance to get involved with San Diego's contemporary art scene.

Past TNT's have included live music, poetry readings, and artists' productions.

April 5th's TNT was inspired by the work of artist Hector Zamora who unites art and architecture in his exhibit, Cerca Series.

It was not a boring art exhibition, but a moving event where everyone was invited to participate.

The artist invited the audience to join in his art.

The Museum followed the artist's act up with music by local acts The Atoms, The Power-Chords, and Swami Sound System.

The bands gave the night a great atmosphere and brought a unique element to the exhibit.

TNT is an opportunity to get in touch with the artistic community of San Diego.

TNT is supported by a diverse pool of sponsors.

Ranging from the JP Morgan Chase Foundation to the San Diego CityBeat.

background logo courtesy of www.mcsad.com

DRUM CIRCLES

by **tatiana soutar and sarah mook**
staff writers

Drum circles aren't limited to drum enthusiasts; anyone who just wants to relax and talk.

The San Diego Rainbow Family Full Moon Circle was established 14 years ago and has met on full moons at Black's Beach.

Recently, violence caused by alleged drug- and alcohol-induced participants led to the cancellation of the entire event: the last meeting is to take place on May 2nd.

The organizers intended

the drum circle to be a peaceful and supportive community gathering.

People who attended the circles generally consisted of older teens and those in their twenties, but children also attended.

The early participants prohibited alcohol and discouraged drug use as they explicitly stated on their website: "The Rainbow Gathering is a peace and prayer sanctuary, not a booze party."

However, their philosophy did not stop people from consuming alcohol and getting into fights with other attendees at the event.

There were repeated attempts to subdue the chaos by asking assistance from the participants.

The event was shut down considering that people continued to



drum and play music while other people were physically assaulted by disgruntled drunks.

The organizers threatened to cancel the circle altogether if this continued, but despite the warnings and requests the violence persisted.

Though the circles at Black's Beach will be no more, Balboa Park and San Dieguito Park in Solana Beach continue to offer drum circles open to all ages.

photos courtesy of [iliya altshetyn](http://www.myspace.com/iliyaaltshetyn)



Full Moon: (above, top right and bottom right) Here, many gather on Black's Beach in La Jolla to celebrate the monthly drum and bonfire event. Above photo courtesy of [Iliya Altshetyn](http://www.myspace.com/iliyaaltshetyn)